WELLNESS OPPORTUNITIES | NOVEMBER 16 - 22, 2026

DATE	EXERCISE CLASSES			GROUPS, GAMES, EVENTS		
MONDAY, NOVEMBER 16 **HAPPY BIRTHDAY** Shirley Albright Lila McClaflin Diana Siegal	8:25 am	Low Impact Aerobics	BEC WC	9:00 am	Coffee and Chat	EV BB
	9:30 am	Senior Circuit	WWC	9:30 am	Quilting Group	RW AS
	10:15 am	Sit and Stand Cardio	BEC WC	**10:00 am**	**CATIE Online Dining Ordering Demo**	**CAC**
	10:15 am	Chair Yoga	WWC			
	11:00 am	Weights and Bands	BEC WC	1:00 pm	Card Games	RW GR
	12:15 pm	Aquacize	BEC AC	1:00 pm	Open Studio	EV AS
	1:15 pm	B Chi	BEC AC	1:30 pm	Card Games	EV BB
	2:00 pm	Aqua Strong	BEC AC	**2:00 pm**	**Pathways**	**Chapel**
				4:00 pm	Social	MSP
				6:00 pm	313 Game Group	RW GR
TUESDAY, NOVEMBER 17 **REMINDER** **Resident Directory** If you want a **printed copy** of the 2027 Resident Directory (it will be ready in January), **you must sign up** with Detria at Redwood or Sue at Evergreens.	8:25 am	Low Impact Aerobics	BEC WC	9:00 am	Coffee and Chat	EV BB
	9:30 am	Senior Circuit	WWC	**9:30 am**	**Writing Club**	**EV CR**
	10:15 am	Balance/Breathing	WWC	**9:30 am**	**Red Carpet**	**MSP**
	11:30 am	Fall Prevention Tai Chi	WWC	**10:00 am**	**Open Prayers**	**Chapel**
	1:15 pm	Cardio Splash	BEC AC	**11:00 am**	**Tune Up Tuesday**	**EV CR**
	2:00 pm	Aqua Strong	BEC AC	**1:00 pm**	**Sara Tucker Presents: Dolly Parton**	**CAC**
				1:00 pm	**Red Carpet**	**BEC**
				2:00 pm	**Seasons of Grief**	**Chapel**
				3:30 pm	**Brew Choir Practice**	**Chapel**
				6:00 pm	Mex Train Dominoes	RW GR
				6:30 pm	Rummikub	EV BB
WEDNESDAY, NOVEMBER 18 **HAPPY BIRTHDAY** Richard Groyon (BC)	8:25 am	Low Impact Aerobics	BEC WC	9:00 am	Coffee and Chat	EV BB
	9:30 am	Senior Circuit	WWC	**10:00 am**	**BHC Educational Series: Eat Well, Live Well**	**BHC FLR**
	10:15 am	Sit and Stand Cardio	BEC WC			
	11:00 am	Weights and Bands	BEC WC			
	12:15 pm	Aquacize	BEC AC	**10:00 am**	**World War I Museum**	**Canceled**
	1:15 pm	B Chi	BEC AC	10:00 am	Walmart Shopping	Shuttle
	2:00 pm	Aqua Strong	BEC AC	**1:30 pm**	**Blood Pressure Clinic**	**EV Library**
				4:00 pm	**Sign Language Class**	**EV CR**
				6:00 pm	Spinner Dom/Skip Bo	RW GR
				6:30 pm	Mex Train Dominoes	EV BB
THURSDAY, NOVEMBER 19 **HAPPY BIRTHDAY** Roberta Foth	8:25 am	Low Impact Aerobics	BEC WC	9:00 am	Coffee and Chat	EV BB
	9:30 am	Senior Circuit	WWC	**11:00 am**	**Episcopal Service**	**Chapel**
	10:15 am	Balance/Breathing	WWC	**1:00 pm**	**KU Osher: Civil War**	**CAC**
	1:15 pm	Cardio Splash	BEC AC	1:00 pm	Bridge	RW GR
	2:00 pm	Aqua Strong	BEC AC	1:00 pm	Open Studio	RW AS
				1:30 pm	**Gardens and Grounds Committee**	**EV CR**
				3:00 pm	**Diversity Group**	**Chapel**
				6:00 pm	313 Game Group	RW GR
FRIDAY, NOVEMBER 20	8:25 am	Low Impact Aerobics	BEC WC	9:00 am	Coffee and Chat	EV BB
	9:30 am	Senior Circuit	WWC	9:30 am	Quilting Group	RW AS
	10:15 am	Chair Yoga	BEC WC	10:00 am	Shopping at Dillons	Shuttle
	11:00 am	Weights and Bands	BEC WC	1:00 pm	BINGO	MSP
	1:15 pm	Aquacize	BEC AC	1:30 pm	Rummikub	EV BB
	2:00 pm	Aqua Strong	BEC AC	1:30 pm	Play Pool	KAC
				1:30 pm	Games for All	EV BB
				4:00 pm	Happy Hour	EV BB
				6:00 pm	Skip Bo	RW GR
SATURDAY, NOVEMBER 21 **HAPPY BIRTHDAY** Susan Anderson Jan Litfin Stefani Jehlik (BC)	7:00 am	Pickleball	Canceled	9:00 am	Coffee and Chat	EV BB
	10:15 am	Chair Yoga	BEC WC	**10:00 am**	**Genealogy Group**	**EV CR**
				10:00 am	Storywise Chat	MSP
				1:30 pm	Games for All	EV BB
				4:00 pm	Saturday Social	EV Gazebo
				6:00 pm	Rummikub	RW GR
SUNDAY, NOVEMBER 22 **HAPPY BIRTHDAY** Jett Elmer				9:30 am	Morning Devotions	EV BB
				1:00 pm	Worship Service	BHC
				2:30 pm	Vespers	Chapel
				6:00 pm	Mex Train Dominoes	RW GR

THANKSGIVING BREAKFAST
For residents, staff and BrewsterConnect
Monday, November 23 (not the 30th) from 8:00 - 10:30 am in the CAC. Enjoy breakfast, fellowship, ornament making and pick up your complimentary Brewster Place t-shirt. See you there!

THIS WEEK'S MOVIES ON BPTV 1992

TUESDAY at 2:00 pm and 7:00 pm
SATURDAY at 3:00 pm

How to Fall In Love by Christmas (2023 romance) To save her lifestyle company, a writer-turned-CEO must write a column about finding love while working alongside a charming photographer.

THURSDAY at 2:00 pm and 7:00 pm
SUNDAY at 6:00 pm

The Secret: Dare to Dream (2020 romance drama)
Miranda Wells is a hardworking young widow who's struggling to raise three children on her own. A powerful storm soon brings a devastating challenge and a mysterious man, Bray Johnson, into her life.