WELLNESS OPPORTUNITIES | NOVEMBER 2 - 8, 2026

DATE	EXERCISE CLASSES			GROUPS, GAMES, EVENTS		
MONDAY, NOVEMBER 2 **BREWSTER BAZAAR IS FRIDAY!**	8:25 am	Low Impact Aerobics	BEC WC	9:00 am	Coffee and Chat	EV BB
	9:30 am	Senior Circuit	WWC	9:30 am	Quilting Group	RW AS
	10:15 am	Sit 'n Bee Fit	BEC WC	1:00 pm	Card Games	RW GR
	10:15 am	Chair Yoga	WWC	1:00 pm	Open Studio	EV AS
	11:00 am	Weights/Theraband	BEC WC	1:30 pm	Card Games	EV BB
	12:15 pm	Aquacize	BEC AC	4:00 pm	Social	MSP
	1:15 pm	B Chi	BEC AC	6:00 pm	313 Game Group	RW GR
	2:00 pm	Aqua Strong	BEC AC			
TUESDAY, NOVEMBER 3 **HAPPY BIRTHDAY** Paul Beck Susan Sebring Glenda Sleeper Ann Uhl Deanna Jones (BC)	8:25 am	Low Impact Aerobics	BEC WC	9:00 am	Coffee and Chat	EV BB
	9:30 am	Senior Circuit	WWC	**9:30 am**	**Writing Club**	**EV CR**
	10:15 am	Balance/Breathing	WWC	**9:30 am**	**Red Carpet**	**MSP**
	11:30 am	Fall Prevention Tai Chi	WWC	**1:00 pm**	**Bazaar Baking Session**	**KAC**
	1:15 pm	Cardio Splash	BEC AC	**1:00 pm**	**Red Carpet**	**BEC**
	2:00 pm	Aqua Strong	BEC AC	**2:00 pm**	**Seasons of Grief**	**Chapel**
ELECTION DAY **Polls Open 7:00 am - 7:00 pm** Cultural Arts Center Call 785-274-3320 if you need a ride on campus.				**3:30 pm**	**Brew Choir Practice**	**Chapel**
				6:00 pm	Mex Train Dominoes	RW GR
				6:30 pm	Rummikub	EV BB
WEDNESDAY, NOVEMBER 4 **HAPPY BIRTHDAY** Dorothy Funk **VIDEO on BPTV 1992** **CEO Tyrone Wilkens and Guests** Importance of Infection Control 1:00 pm and 4:00 pm	8:25 am	Low Impact Aerobics	BEC WC	9:00 am	Coffee and Chat	EV BB
	9:30 am	Senior Circuit	WWC	**9:30 am**	**Cheap & Cheerful Shopping**	**Shuttle**
	10:15 am	Sit 'n Bee Fit	BEC WC			
	11:00 am	Weights/Theraband	BEC WC	10:00 am	Walmart Shopping	Shuttle
	12:15 pm	Aquacize	BEC AC	**1:30 pm**	**Therapy Dog Visit**	**AL**
	1:15 pm	B Chi	BEC AC	**1:30 pm**	**Blood Pressure Clinic**	**EV Library**
	2:00 pm	Aqua Strong	BEC AC	**4:00 pm**	**Sign Language Class**	**EV CR**
				6:00 pm	Spinner Dom/Skip Bo	RW GR
				6:30 pm	Mex Train Dominoes	EV BB
THURSDAY, NOVEMBER 5 **HAPPY BIRTHDAY** Judy Bromich (BC) Jana Roberts (BC)	8:25 am	Low Impact Aerobics	BEC WC	9:00 am	Coffee and Chat	EV BB
	9:30 am	Senior Circuit	WWC	**9:00 am**	**News & Views with Kevin McFarland**	**Chapel**
	10:15 am	Balance/Breathing	WWC			
	1:15 pm	Cardio Splash	BEC AC	1:00 pm	Bridge	RW GR
	2:00 pm	Aqua Strong	BEC AC	1:00 pm	Open Studio	RW AS
				6:00 pm	313 Game Group	RW GR
				6:00 pm	**Topeka Civic Theatre**	**Shuttle**
FRIDAY, NOVEMBER 6 **HAPPY ANNIVERSARY** Fred and Sally Gilliland	8:25 am	Low Impact Aerobics	Canceled	9:00 am	Coffee and Chat	EV BB
	9:30 am	Senior Circuit		9:30 am	Quilting Group	RW AS
	10:15 am	Chair Yoga		**10:00 am**	**Brewster Bazaar**	**CAC**
	11:00 am	Weights/Theraband		10:00 am	Shopping at Dillons	Shuttle
	1:15 pm	Aquacize		**11:00 am**	**Catholic Mass**	**Chapel**
	2:00 pm	Aqua Strong		1:00 pm	BINGO	MSP
				1:30 pm	Rummikub	EV BB
				1:30 pm	Play Pool	KAC
				1:30 pm	Games for All	EV BB
				4:00 pm	Happy Hour	EV BB
				6:00 pm	Skip Bo	RW GR
 BREWSTER BAZAAR **10:00 am - 3:00 pm** Cultural Arts Center ***Proceeds benefit the Brewster Service Fund. Open to the public!***						
SATURDAY, NOVEMBER 7 **HAPPY BIRTHDAY** Martin Donaldson Nancy Gray David Rake Judy Bray (BC) Marcia Jones (BC)	7:00 am	Pickleball	CAC	9:00 am	Coffee and Chat	EV BB
	10:15 am	Chair Yoga	BEC WC	**10:00 am**	**Genealogy Group**	**EV CR**
VIDEO on BPTV 1992 **CEO Tyrone Wilkens and Guests** Importance of Infection Control 10:00 am and 2:00 pm				10:00 am	Storywise Chat	MSP
				1:30 pm	Games for All	EV BB
				4:00 pm	Saturday Social	EV Gazebo
				6:00 pm	Rummikub	RW GR
				6:45 pm	**Topeka Symphony**	**Shuttle**
SUNDAY, NOVEMBER 8 **HAPPY 104th BIRTHDAY** Julie Reeves				9:30 am	Morning Devotions	EV BB
				1:00 pm	Worship Service	BHC
HAPPY BIRTHDAY Jayne Cafer Marcia Cassidy				2:30 pm	Vespers	Chapel
				6:00 pm	Mex Train Dominoes	RW GR

THIS WEEK'S MOVIES ON BPTV 1992

TUESDAY at 2:00 pm and 7:00 pm
SATURDAY at 3:00 pm

The American President (1995 romantic comedy)

With the end of his first term in sight, widowed U.S. President Andrew Shepherd knows that overwhelming public support will guarantee his re-election. But when he falls in love with lobbyist Sydney Ellen Wade, Shepherd's supporters question the relationship, and his approval ratings drop.

THURSDAY at 2:00 pm and 7:00 pm
SUNDAY at 6:00 pm

Downton Abbey: The Movie (2019 drama)

Set in July 1927, the film follows the Crawley family and their staff as they prepare for a historic and royal visit from King George V and Queen Mary to their Yorkshire estate.