Copy of BHC - Fall/Winter 2026 - Week 5

Diet: Regular / Texture: Regular

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST						
Apple Juice	**Apple Juice**	**Apple Juice**	**Apple Juice**	**Apple Juice**	**Apple Juice**	**Apple Juice**
Oatmeal	**Oatmeal**	**Oatmeal**	**Oatmeal**	**Oatmeal**	**Oatmeal**	**Oatmeal**
Fruit Cup	**Fruit Cup**	**Fruit Cup**	**Fruit Cup**	**Fruit Cup**	**Fruit Cup**	**Fruit Cup**
Fried Egg	**Fried Egg**	**Fried Egg**	**Fried Egg**	**Fried Egg**	**Fried Egg**	**Fried Egg**
Sausage Patty	**Sausage Patty**	**Sausage Patty**	**Sausage Patty**	**Sausage Patty**	**Sausage Patty**	**Sausage Patty**
Pancakes	**Pancakes**	**Pancakes**	**Pancakes**	**Pancakes**	**Pancakes**	**Pancakes**
2% Milk	**2% Milk**	**2% Milk**	**2% Milk**	**2% Milk**	**2% Milk**	**2% Milk**
LUNCH						
Tomato Red Pepper Bisque Soup	**Chili Con Carne with Beans**	**Broccoli Cheddar Soup**	**Baked Potato Soup**	**Chicken & Dumplings**	**Sweet Potato Soup**	**Chicken Chili**
Chicken Caesar Salad	**Cheese Tortellini w/ Alfredo**	**Beef w/BBQ Sauce**	**Rotisserie Chicken**	**Bacon Wrapped Beef Patty**	**Country Pork Ribs**	**Pot Roast**
Meatloaf	Beef Pot Pie	Baked Cod	Cheddar Baked Pollock	Breaded Fish Sandwich	Veggie Chicken Vegetable Stew	Breaded Chicken Strips
Mashed Potatoes	**Brown Rice Pilaf**	**Baked Potato**	**Baked Sweet Potatoes**	**Potato Wedges**	**Potato Salad**	**New Boiled Potatoes**
Green Beans	**California Vegetable Blend**	**Creamed Peas**	**Garden Salad with Dressing**	**Mixed Vegetables**	**Green Beans**	**Sliced Carrots**
Garlic Knot	**Garlic Breadstick**	**Wheat Dinner Roll**	**Buttermilk Biscuit**	**Wheat Dinner Roll**	**Cornbread**	**Wheat Dinner Roll**
Pumpkin Pie	**Raspberry Cheesecake**	**Apple Pie**	**Pound Cake**	**Cherry Pie**	**Chocolate Brownie**	**Dessert of the Day**
2% Milk	**2% Milk**	**2% Milk**	**2% Milk**	**2% Milk**	**2% Milk**	**2% Milk**
DINNER						
Tomato Red Pepper Bisque Soup	**Chili Con Carne with Beans**	**Broccoli Cheddar Soup**	**Baked Potato Soup**	**Chicken & Dumpling Soup**	**Sweet Potato Soup**	**Chicken Chili**
Philly Cheese Steak Sandwich	**Shrimp Stir Fry with Vegetables**	**Cheeseburger Pie**	**Grilled Chicken Salad**	**Shrimp Cocktail**	**Beef Tips & Gravy**	**Tuna Melt**
Fish Sticks	Corn Dog	BLT with Cheese on a Croissant	Open-Faced Turkey Sandwich	Chicken Nuggets	Tomato Basil Pasta	Baked Lemon Chicken
French Fries	**Tater Tots**	**Italian Pasta Salad**	**Mashed Potatoes**	**Macaroni & Cheese**	**Whipped Garlic Potatoes**	**Macaroni Salad**
Spring Mix Salad & Dressing	**Stewed Cabbage**	**Chuckwagon Corn**	Honey Glazed Carrots	**Spring Mix Salad & Dressing**	**Herbed Zucchini**	**Broccoli & Cauli w/ Cheese Sauce**
Wheat Dinner Roll	**Garlic Knot**	**Sugar Cookies**	**Saltine Crackers**	Wheat Dinner Roll	**Garlic Breadstick**	**Wheat Dinner Roll**
Apple Cobbler	**Chocolate Cake**	**2% Milk**	**Fruit Mix**	**Apple Tart**	**Boston Cream Pie**	**Dessert of the Day**
2% Milk	**2% Milk**		**2% Milk**	**2% Milk**	**2% Milk**	**2% Milk**