Copy of BHC - Fall/Winter 2026 - Week 1

Diet: Regular / Texture: Regular

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST						
Apple Juice	**Apple Juice**	**Apple Juice**	**Apple Juice**	**Apple Juice**	**Apple Juice**	**Apple Juice**
Oatmeal	**Oatmeal**	**Oatmeal**	**Oatmeal**	**Oatmeal**	**Oatmeal**	**Oatmeal**
Fruit Cup	**Fruit Cup**	**Fruit Cup**	**Fruit Cup**	**Fruit Cup**	**Fruit Cup**	**Fruit Cup**
Fried Egg	**Fried Egg**	**Fried Egg**	**Fried Egg**	**Fried Egg**	**Fried Egg**	**Fried Egg**
Sausage Patty	**Sausage Patty**	**Bacon**	**Sausage Patty**	**Sausage Patty**	**Sausage Patty**	**Bacon**
Pancakes	**Pancakes**	**Pancakes**	**Pancakes**	**Pancakes**	**Pancakes**	**Pancakes**
2% Milk	**2% Milk**	**2% Milk**	**2% Milk**	**2% Milk**	**2% Milk**	**2% Milk**
LUNCH						
Lobster Bisque	**Minestrone Soup**	**Kale Sausage Soup**	**Vegetable Garden Soup**	**Broccoli Cheese Soup**	**Beef Noodle Soup**	**Italian Wedding Soup**
Beef Stroganoff	**Ham & Pea Carbonara**	**Chicken & Broccoli Casserole**	**Meatloaf**	**Beer Battered Cod**	**Lasagna**	**Meatballs with Noodles**
Roast Turkey	Southern Fried Chicken	Braised Stew Beef Tips w/ Gravy	Baked Lemon Chicken	Pot Roast	Smothered Chicken	BBQ Pork Chop
Egg Noodles	**Brown Gravy**	**Paprika Buttered Potatoes**	**Rice Pilaf**	**Baked Potato**	**Brown Rice**	**Pan Fried Potatoes**
Glazed Carrots	**Mashed Potatoes**	**Mixed Vegetables**	**Capri Vegetable Blend**	**Green Beans Almondine**	**Broccoli Florets**	**Sauteed Cabbage**
Garlic Bread	**Green Beans**	**Wheat Dinner Roll**	**Wheat Dinner Roll**	**Cheddar Garlic Biscuit**	**Breadstick**	**Wheat Dinner Roll**
Strawberry Short Cake	**Buttermilk Biscuit**	**Pumpkin Pie**	**Fruit Crisp**	**White Cake with Vanilla Frosting**	**Tiramisu**	**Dessert of the Day**
2% Milk	**Tapioca Pudding**	**2% Milk**	**2% Milk**	**2% Milk**	**2% Milk**	**2% Milk**
	2% Milk					
DINNER						
Lobster Bisque	**Minestrone Soup**	**Kale Sausage Soup**	**Vegetable Garden Soup**	**Broccoli Cheese Soup**	**Beef Noodle Soup**	**Italian Wedding Soup**
Beef Chili	**Pulled BBQ Chicken**	**Shrimp Alfredo**	**Beef Vegetable Stew**	**Beef Pot Pie**	**Hamburger on a Bun**	**Ham & Potato Casserole**
Hot Dog	Taco Salad	Chicken Nuggets	Chicken Bacon Ranch Wrap	Chicken Salad Croissant Sandwich	Garlic Parmesan Shrimp	Egg Salad Sandwich
Crispy Curly Fries	**Pinto Beans**	Noodles	**Macaroni and Cheese**	**Baked Potato Chips**	**Breaded Onion Rings**	**Lima Beans**
Beet Salad	**Guacamole Salad**	**Garden Salad with Dressing**	**Italian Vegetable Blend**	**Steamed Zucchini**	**Three Bean Salad**	**Marinated Tomato Salad**
Saltine Crackers	Tortilla Chips	Garlic Bread	**Cornbread**	**Banana Pudding**	Wheat Dinner Roll	**Wheat Dinner Roll**
Pineapple	**Cinnamon Roll Cream Churro**	**Peaches & Yogurt**	**Cookie**	**2% Milk**	**Diced Pears**	**Dessert of the Day**
2% Milk	**2% Milk**	**2% Milk**	**2% Milk**		**2% Milk**	**2% Milk**