



WELLNESS OPPORTUNITIES — JUNE 1—7, 2026

DATE	EXERCISE CLASSES	GROUPS, GAMES, EVENTS
<p>MONDAY, JUNE 1</p> <p>Happy Anniversary Forrest and Patricia Haskins</p> 	<p>8:25 am Low Impact Aerobics BEC WC</p> <p>9:30 am Senior Circuit WWC</p> <p>10:15 am Sit 'n Bee Fit BEC WC</p> <p>10:15 am Chair Yoga WWC</p> <p>11:00 am Weights/Theraband BEC WC</p> <p>11:50 am Shallow Circuit BEC AC</p> <p>1:15 pm Cardio Splash BEC AC</p> <p>2:00 pm Talk and Tread BEC AC</p>	<p>9:00 am Coffee & Chat EV BB</p> <p>9:30 am Quilting Group RW AS</p> <p>1:00 pm Card Games RW GR</p> <p>1:00 pm Open Studio EV AS</p> <p>1:30 pm Card Games EV BB</p> <p>4:00 pm Social MSP</p> <p>6:00 pm 313 Game Group RW GR</p> <p>6:15 pm Cribbage EV BB</p>
<p>TUESDAY, JUNE 2</p> <p>Happy Birthday Jane Romig Ronald Mollohan (BC)</p>	<p>8:25 am Low Impact Aerobics BEC WC</p> <p>9:30 am Senior Circuit WWC</p> <p>10:15 am Balance and Breathing WWC</p> <p>11:30 am Fall Prevention Tai Chi WWC</p> <p>1:15 pm B Chi BEC AC</p> <p>2:00 pm Talk and Tread BEC AC</p>	<p>9:00 am Coffee & Chat EV BB</p> <p>9:30 am Writing Club EV CR</p> <p>9:30 am Red Carpet MSP</p> <p>10:00 am Knitters/Crocheters RW AS</p> <p>1:00 pm Operation Warmth RW AS</p> <p>1:00 pm Red Carpet BEC</p> <p>2:00 pm Trivia Tuesday CAC</p> <p>3:30 pm Sign Language Class EV CR</p> <p>6:00 pm Mex Train Dominoes RW GR</p> <p>6:30 pm Rummikub EV BB</p>
<p>WEDNESDAY, JUNE 3</p> <p>Happy Anniversary Dick and Ellen Roach</p>	<p>8:25 am Low Impact Aerobics BEC WC</p> <p>9:30 am Senior Circuit WWC</p> <p>10:15 am Sit 'n Bee Fit BEC WC</p> <p>11:00 am Weights/Theraband BEC WC</p> <p>1:10 pm Shallow Circuit BEC AC</p> <p>2:00 pm Talk and Tread BEC AC</p>	<p>9:00 am Coffee & Chat EV BB</p> <p>10:00 am Walmart Shopping Shuttle</p> <p>1:30 pm Blood Pressure Clinic EV Library</p> <p>1:30 pm Therapy Dog Canceled</p> <p>6:30 pm Mex Train Dominoes EV BB</p>
<p>THURSDAY, JUNE 4</p> <p>Happy Anniversary Tom and Betty Simpson</p>	<p>8:25 am Low Impact Aerobics BEC WC</p> <p>9:30 am Senior Circuit WWC</p> <p>10:15 am Balance and Breathing WWC</p> <p>12:30 pm Cardio Splash BEC AC</p> <p>1:15 pm B Chi BEC AC</p> <p>2:00 pm Talk and Tread BEC AC</p>	<p>9:00 am Coffee & Chat EV BB</p> <p>9:00 am New Resident Orientation EV Grill</p> <p>10:00 am Community Chat CAC</p> <p>1:00 pm Bridge RW GR</p> <p>1:00 pm Open Studio RW AS</p> <p>1:00 pm Supreme Court CAC Justice Carol Beier, Retired</p> <p>3:30 pm Sign Language Class EV CR</p> <p>3:30 pm Choir Practice Chapel</p> <p>6:00 pm 313 Game Group RW GR</p>
<p>FRIDAY, JUNE 5</p> <p>Happy Birthday Mary Johnson Phyllis Reynolds</p>	<p>10:15 am Chair Yoga BEC WC</p> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;">  <p style="text-align: center;">Flag Raising Ceremony <i>Capitol Federal® is honored to present Brewster Place a United States flag that was flown over the United States Capitol to honor Flag Day.</i></p> <p style="text-align: center;">10:00 am Brewster Events Center Circle Drive We will move inside in case of inclement weather. Refreshments following.</p> </div>	<p>9:00 am Coffee & Chat EV BB</p> <p>10:00 am Flag Raising Ceremony BEC Circle Drive</p> <p>11:00 am Catholic Mass Chapel</p> <p>10:00 am Shopping at Dillons Shuttle</p> <p>1:00 pm BINGO MSP</p> <p>1:30 pm Rummikub EV BB</p> <p>1:30 pm Play Pool KAC</p> <p>1:30 pm Games for All EV BB</p> <p>4:00 pm Happy Hour EV BB</p> <p>6:00 pm Skip Bo RW GR</p>
<p>SATURDAY, JUNE 6</p> <p>Happy Birthday Wanda Walter Carolyn Jones (BC)</p> <p>Happy Anniversary Tom and Lynette Glotzbach</p>	<p>7:00 am Pickleball CAC</p> <p>10:15 am Chair Yoga BEC WC</p>	<p>9:00 am Coffee & Chat EV BB</p> <p>10:00 am Genealogy Group EV CR</p> <p>10:00 am Storywise Chat MSP</p> <p>4:00 pm Saturday Social EV BB</p> <p>6:00 pm Rummikub RW GR</p>
<p>SUNDAY, JUNE 7</p> <p>Happy Anniversary Thaine and Carol Hoffman</p>		<p>9:30 am Morning Devotions EV BB</p> <p>1:00 pm Worship Service BHC</p> <p>2:30 pm Vespers Chapel</p> <p>4:00 pm Sunday Supper Club EV BB</p> <p>6:00 pm Mex Train Dominoes RW GR</p>

THIS WEEK'S MOVIES on BPTV 1960

TUESDAY at 2:00 pm & 7:00 pm; SATURDAY at 3:00 pm
Elvis (2022 musical based on real life) From his rise to fame to his unprecedented superstardom, rock 'n' roll icon Elvis Presley maintains a complicated relationship with his enigmatic manager, Colonel Tom Parker, over the course of 20 years. Central to Presley's journey and happiness is one of the most influential people in his life -- Priscilla.

THURSDAY at 2:00 pm & 7:00 pm; SUNDAY at 6:00 pm
Set It Up (2018 romantic comedy) In this zippy romantic comedy, two overworked assistants hatch a scheme to play matchmakers for their bosses. (starring Zoey Deutch and Glen Powell)