



SAVE THE DATE for the **BREWSTER BAZAAR**

It's not quite Christmas in July but it is close enough to November to remind you of the **Annual Brewster Place Holiday Craft Bazaar** planned for Friday, November 7. Yes, this longtime tradition is only four months away, and with the leadership of Creative Arts Coordinator Kathy Pflaum, residents have been working since January to make this year's Bazaar the best in years.

Kathy and her group have set some hefty goals, including making 200 tea towels (180 of which are already completed). They are making quilts, cards, ornaments, table runners, jewelry, planter boxes, wood items and much more.

In addition, have you heard, they are making a doll house out of antique dresser? They are making progress on the house and will soon begin to install wallpaper and finish the outside of the doll house. The house will include a kitchen, dining room, living room (with a grand piano), two bedrooms and a bathroom along with a roof top garden. The quilters have also been hard at work and they anticipate having two quilts for the quilt drawing. Both quilts are beautiful!

Many items are created in workshops, but a lot of inventory is created by residents on their own time at home. If you'd like to join in the fun, please let Kathy know what you are making. In August, we will plan a preview of items being made for all to view (the items will not be for sale at this time).

**Brewster Place
Annual Holiday
Craft Bazaar**



**Friday, Nov 7
10 am—4 pm
Cultural Arts Center**

Handcrafted Items

- ◆ Tea towels
- ◆ Hand towels
- ◆ Scrubbies
- ◆ Lap quilts
- ◆ Baby and youth quilts
- ◆ Seasonal table runners
- ◆ Pin cushions
- ◆ Original artwork
- ◆ Planter boxes
- ◆ Holiday ornaments
- ◆ Doll clothes
- ◆ Holiday decorations
- ◆ Wreaths
- ◆ Jewelry
- ◆ Cards
- ◆ Bags
- ◆ Kitchen items
- ◆ Wood items
- ◆ Hair barretts
- ◆ Brooches
- ◆ Floral arrangements
- ◆ Artful containers
- ◆ Small purses
- ◆ Cross stitch items
- ◆ Crocheted scarves and hats
- ◆ Silk scarves

Would you like to help? Here are a few suggestions:

- ◆ Doll quilts
- ◆ Burp cloths
- ◆ Bibs
- ◆ Zipper bags
- ◆ Gift bags
- ◆ Ornaments
- ◆ Walker bags
- ◆ Small wooden toys
- ◆ Holiday stockings
- ◆ Handmade bags
- ◆ Holiday items

Proceeds from the Bazaar benefit the Brewster Service Fund and support programs at Brewster Place.

For more information please contact Kathy Pflaum, Creative Arts Coordinator, at 785-274-3317. ■



MISSION

Brewster Place is a retirement community providing all of its residents opportunities for an optimal quality of life.



THE ART OF DAILY RENEWAL: A LESSON FROM MILES DAVIS

BY CHAPLAIN JULIE FREEMAN, M.DIV

“My future starts when I wake up every day...Every day I find something creative to do with my life.”

– Miles Davis

Jazz legend Miles Davis wasn't just speaking about music when he said this. He was speaking about life itself—about the opportunity each new day brings to shape our future through creativity, intention, and presence.

In a world that often pressures us to focus on long-term plans and distant goals, Davis reminds us that the future is not some abstract place we arrive at. As people of faith, we hear echoes of divine wisdom in his words — steadfast love never ceases, mercies are new every morning.

Each morning, we begin in the quiet moment we open our eyes and decide how to engage with the day ahead. The power of this mindset lies in its simplicity: each day is a blank canvas, and creativity is not limited

to artists or musicians. It lives in the choices we make, the problems we solve, the kindness we offer, and the curiosity we pursue.

To find "something creative to do" with your life every day doesn't mean making masterpieces—it means living mindfully, embracing change, and allowing space for growth. Whether you're writing a song, planting a garden, reimagining a routine, or simply choosing a new way to approach an old problem, you are shaping your future.

Like Davis's music, life thrives when it's lived improvisationally, with courage and expression. Let his words be a daily call to action: Wake up. Be present. Create something—anything—that moves you forward. Because your future? It starts today.

SPIRITUAL LIFE OPPORTUNITIES

Biannual Memorial Service

Thursday, July 31

10:00 am | Main Street Chapel

Biannual remembrance service for those members of the Brewster community that we've lost this year.

Morning Devotions

Sundays at 9:30 am

The Evergreens Brewster Bean

Join us for coffee and a short devotion with Chaplain Julie.

Sunday Supper Club

Sunday, July 6 | 4:00 pm

The Evergreens Brewster Bean

Bring your dinner or snack and join us for fun, fellowship and curious conversations.

Mindfulness Meditation

Mondays, July 14 and 28

2:00 pm | Main Street Chapel

The Mindfulness Meditation group offers a chance to slow down and center yourself in the present moment. All are welcome.

Grief & Gratitude Group

We are pausing this group this month. If you need grief support, please reach out to Chaplain Julie by calling 785-274-3349 to set up a visit. ■



CREATIVE ARTS

WITH KATHY PHLAUM, CREATIVE ARTS COORDINATOR

SHOW US YOUR ART UPCOMING OPPORTUNITY

TOPEKA ART GUILD EXHIBIT **August 2025**

Deadline to Submit Art to Kathy Pflaum
No Later than Monday, July 7

We have an opportunity to showcase Brewster Place art on a small scale inside of the Topeka Art Guild Gallery in August. The exhibit will hang for one month. The theme for this show is, "Places." This theme should be about places you have been, seen or dream about. We all have favorite places, so create art that shows us what/where your favorite place is. This will be a juried show as not all submitted pieces will fit in the space the guild has given us. Once art has been chosen for the exhibit, we will notify entrants with further instructions.

BUBBLES

Tuesday, July 8

9:30 am | Redwood Art Studio

Want to make some fun paper? Remember when you were a kid and blew bubbles in the backyard? This is kind of like that, except the bubbles will have color and we will try to land them on watercolor paper. These make create cards or pages for a handmade book. This will be weather permitting. If it rains, we will need to postpone the fun.

SHOW AND SHARE

Wednesday, July 9

10:00 am | Evergreens Art Studio

Calling all artists and crafts people to come and show us what you are doing. This is a great opportunity to learn something new about your neighbors. We will also showcase some items we will have for the Bazaar.

BLOCK OF THE MONTH

Thursday, July 10

10:00 am | Redwood Art Studio

Kathy will give a demonstration on how to make a disappearing 9-patch block.

LET'S GET MESSY! **MAKE PASTE PAPERS**

Wednesday, July 16

10:00 am | Evergreens Art Studio

We are going to make paste paper with flour, color it and in general, make a big mess in the Evergreen Studio. We will use our fingers and other mark making tools to make papers we can use for cards or make basic small books in a book binding class to come this fall.

GIFT BAGS

Tuesday, July 22

10:00 am | Evergreens Art Studio

Calling all sewists and those that do not sew. We are going to make some small sewn gift bags for the Bazaar. Kathy will guide you through this straightforward bag. For those that do not sew and want to assist, we have opportunities for you too. We will need pressing and other assistance.

TEA TOWEL TUESDAY

Tuesday, July 29

10:00 am | Redwood Art Studio

We will continue to learn new stitches that can be used on the tea towels. We have received 180 tea towels to date and they are beautiful. In addition to tea towels, we have received 14 of the hand towels. Great work everyone!

Continued on page 4...

...continued from page 3

WOOD CARVING GROUP

Wednesday, July 30

10:00 am | Redwood Art Studio

We have several residents who do wood carving and others who might like to learn.

TEDDY BEAR CHALLENGE

We would like to have all quilts completed by September 30 so we can have them priced and ready for the Bazaar.

OTHER MONTHLY CLASSES

Don't forget about the following ongoing classes that happen each month. Check the activities calendar for dates and times.

KNITTING AND CROCHET

Come join in the fun to learn new stitches from other and chat a bit too!

OPEN STUDIO

This session gives us a chance to gather, chat, get assistance for projects and have fun. Come join us! ■



NEW PROGRAM AND EVENT COORDINATOR HIRED

We are pleased to welcome Jennifer “Jen” Van Dalsem to the Resident Services team at Brewster Place. Jen began her duties in June as the Program and Event Coordinator (formerly called Activities Coordinator).

Jen brings a wealth of experience to Brewster Place that includes program planning for a local organization that served youth with disabilities. Jen is passionate about serving others and creating programs that provide new experiences and learning opportunities while also enhancing and building relationships with others. Jen is well connected in the Topeka community and has served on various boards. She currently serves on the board of Helping Hands Humane Society.

Jen's office is at The Evergreens behind the welcome center. She can be reached at 785-274-3398 or by email at jenniferv@brewsterplace.org. Please welcome Jen as she begins her new role! ■

BREWSTER EVENTS CENTER ART GALLERY

UPCOMING EXHIBIT WILL FEATURE BREWSTER STAFF ARTWORK

We hope you've had the chance to view the current exhibit at the Brewster Events Center Art Gallery. This exhibit that runs through July features artwork created by Brewster Place residents. We have so many talented artists on campus who use a variety of mediums and wide ranging subject matter.

The next exhibit is very exciting as well. Brewster Place staff have been asked

to submit their work for the **Staff Art Show** which will be on display during August and September. A **Call for Entries** email was sent to staff in late June and Creative Arts Coordinator Kathy Pflaum will begin selecting pieces for the exhibit.

We hope you will encourage staff to submit their creations for this unique show. ■



KU OSHER LIFELONG LEARNING INSTITUTE

LAST SUMMER CLASS OF 2025...

Significant United States First Ladies of the Modern Era

Tuesdays, August 5, 12 and 19 | 1:00—3:00 pm | Cultural Arts Center

Instructor: Anita Tebbe

We will look at eight U.S. first ladies who lived in the 20th and 21st centuries. They are not as well known as some of the other first ladies, but they made impressive contributions to the United States. We will study Lou Hoover, Bess Truman, Mamie Eisenhower, Lady Bird Johnson, Pat Nixon, Rosalynn Carter, Barbara Bush, and Laura Bush.

COMING THIS FALL...

Stories and Songs of Rivers and Lakes

Tuesdays, September 16, 23 and 30

1:00—3:00 pm | Cultural Arts Center

The Mississippi, Missouri, and Ohio Rivers and the Great Lakes are rich in history, tall tales, and music. Come learn how canal boats, steamboats, tugs, barges, and Great Lakes freighters played a major role in U.S. territorial and economic expansion. We will review the Steamboat Arabia, wreck of the Edmund Fitzgerald, and more. The grandson of a Great Lakes sailor, the instructor has visited the Great Lakes and rivers covered in the class and will share his photos plus films of vessels and a wide range of exciting music and stories.

Instructor: Carl Graves, Ph.D.

The Growth and Evolution of American Military Power

Thursdays, October 16, 23 and 30

1:00—3:00 pm | Cultural Arts Center

Class description not available at press time.

Instructor: Bob Smith

Non Brewster Place residents must register online or by phone:
Online osher.ku.edu | Phone 785-864-6779

Brewster Place residents and BrewsterConnect members attend for free. Please call 785-274-3398 to register.

Tales of Atlantis

Tuesdays, November 11 and 18

(This class will be condensed into two weeks due to the speaker's schedule)

1:00—3:00 pm | Cultural Arts Center

Among the many legends of lost cities and vanished ancient civilizations none has captured the popular imagination quite like the lost continent of Atlantis. First described in a tale told more than two thousand years ago, Atlantis has been "found" many times since (and in many different places!). Was it a real place or just an allegory? Can modern archeological methods and satellite imagery lend credence to the legend? Join us to look at the leading theories of its whereabouts and for the tales of those intrepid sleuths who believe they have solved the mystery.

Instructor: David Manning

Christmas Carols

Tuesday, November 25

1:00—3:00 pm | Cultural Arts Center

A special one session class for the holidays!

Join us for a Christmas carol celebration, featuring stories behind the music and lyrics, inspiring video performances, and visual art to enhance your holiday season. As Sir David Willcocks said, "In our technological age, the simple pleasure of communal singing at Christmas has endured, and carol music, 'the ancient unalterable music of the people' still brings cheer."

Instructor: Jean Hein ■



School is starting soon!

SCHOOL SUPPLY GIVEAWAY

**SUPPORTING BREWSTER PLACE STAFF
AND THEIR DEPENDENTS**

Each year the Brewster Place Human Resources Team coordinates a school supply giveaway for Brewster Place employees. Last year, we were able to help over 100 students that were either Brewster Place employees or their dependents. It is time to begin collecting donations.

Beginning **Monday, June 30**, there will be a donation bin available at each of the main entrances for Redwood, The Evergreens and Brewster Health Center. Donations can be left in the bins and will be collected through **Friday, July 25**.

If you would like to make a monetary donation, please make checks out to Brewster Place and note **“School Supply Giveaway”** in the memo line. You may bring checks to Sue at The Evergreens or Marianne at Redwood. Thank you for your support. ***Please note donating to this project is purely voluntary. We appreciate any donation to this project.***

Needs:

- Kleenex
- Black Expo Markers
- Clorox Wipes
- Glue Sticks/Bottles
- Post It Notes
- Pencil Boxes and Pouches
- Two Pocket Folders (paper not slick)
- Pens
- Pencils (#2 and mechanical)
- Crayons – 24 count packs
- Markers – 10 count packs
- Colored Pencils – 12 count packs
- Big Pink Erasers
- Yellow Highlighters
- Composition Notebook ■

ELECTION 2025 — DATES TO REMEMBER

Reminder: If since the last election you have moved to Brewster Place or have moved to a different address at Brewster Place, you must re-register to vote. Your voting place is the Cultural Arts Center. Below are important dates to remember for this year’s election:

- **Tuesday, July 15 — Last Day to Register**
- **Wednesday, July 16 — Advance Voting by Mail Begins**
- **Monday, July 21 — Early Voting in Office Begins**
- **Friday, August 1 — Last Full Day of Early Voting in Office**
- **Tuesday, August 5 — Primary Election Day**

4th TUESDAY BOOK GROUP

Join us each month for rich discussion facilitated by Sara Tucker. Books can be picked up/turned in at each meeting or at Chaplain Julie's office located at The Evergreens. Contact Chaplain Julie at 785-274-3349 with any questions.

Appetite for America by Stephen Fried

Discussion | Tuesday, July 22

10:30 am | Main Street Chapel

Appetite for America is the incredible real-life story of Fred Harvey—told in depth for the first time ever—as well as the story of this country's expansion into the Wild West of Bat Masterson and Billy the Kid, of the great days of the railroad, of a time when a deal could still be made with a handshake and the United States was still uniting. As a young immigrant, Fred Harvey worked his way up from dishwasher to household name: He was Ray Kroc before McDonald's, J. Willard Marriott before Marriott Hotels, Howard Schultz before Starbucks. His eating houses and hotels along the Atchison, Topeka, and Santa Fe railroad (including historic lodges still in use at the Grand Canyon) were patronized by princes, presidents, and countless ordinary travelers looking for the best cup of coffee in the country. Harvey's staff of carefully screened single young women—the celebrated Harvey Girls—were the country's first female workforce and became genuine Americana, even inspiring an MGM musical starring Judy Garland. With the verve and passion of Fred Harvey himself, Stephen Fried tells the story of how this visionary built his business from a single lunch counter into a family empire whose marketing and innovations we still encounter in myriad ways. Inspiring, instructive, and hugely entertaining, *Appetite for America* is historical biography that is as richly rewarding as a slice of fresh apple pie—and every bit as satisfying.

Coming Up...

August

Grandma Gatewood's Walk

by Ben Montgomery

Pickup Date — Tuesday, July 22

Discussion Date — Tuesday, August 26

Emma Gatewood told her family she was going on a walk and left her small Ohio hometown with a change of clothes and less than two hundred dollars. The next anybody heard from her, this genteel, farm-reared, 67 year-old great-grandmother had walked 800 miles along the 2,050-mile Appalachian Trail. And in September 1955, atop Maine's Mount Katahdin, she sang the first verse of "America, the Beautiful" and proclaimed, "I said I'll do it, and I've done it." Grandma Gatewood, as the reporters called her, became the first woman to hike the entire Appalachian Trail alone, as well as the first person — man or woman — to walk it twice and three times. The public attention she brought to the little-known footpath was unprecedented. Her vocal criticism of the lousy, difficult stretches led to bolstered maintenance and very likely saved the trail from extinction.

September

Dutch Girl by Robert Matzen

Pickup Date — Tuesday, August 26

Discussion Date — Tuesday, September 23

October

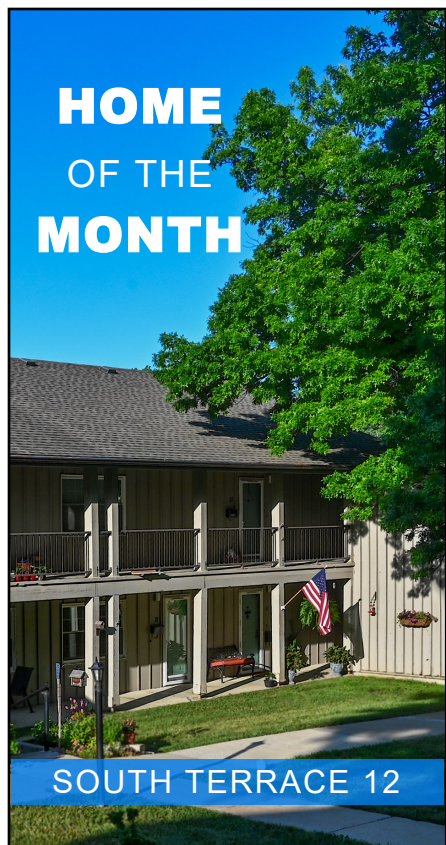
Zookeeper's Wife: a War Story

by Diane Ackerman

Pickup Date — Tuesday, September 23

Discussion Date — Tuesday, October 28 ■

LIVE THE DREAM AT BREWSTER PLACE



South Terrace 12 is cozy, stylish, and could be all yours! Step into a world of comfort and convenience with this delightful ground-floor, one-bedroom apartment. Spanning 500 square feet, it's the perfect space if you are seeking a stylish, low-maintenance lifestyle.

Features You'll Love:

- **Bright & Airy Living Space:** Large windows flood the open-plan layout with natural light, creating a warm and inviting atmosphere.
- **Functional Kitchen:** Thoughtfully designed kitchen maximizes every inch of space to offer an abundance of cabinets. This layout ensures efficiency without compromising on style.
- **Relaxing Bedroom Retreat:** Ample space for relaxation and storage ensures your personal haven is both comfortable and organized.
- **Modern Bathroom:** Enjoy a sleek, efficiently designed bathroom that complements the apartment's overall aesthetic.
- **Easy Access:** With no stairs to climb, stepping out into the outdoors is a hassle-free experience.

July Move-In Special:

To make your move even sweeter, we are offering a limited-time promotion: Sign a lease by July 31st and receive \$1,000 towards your moving expenses! This generous offer is designed to help you settle in with ease. For more information please call Sales and Marketing at 785-274-3351.

OPPORTUNITIES FOR AN OPTIMAL QUALITY OF LIFE



Ford Ross enjoyed a visit to the Topeka Zoo. Brewster Health Center staff and volunteers made this trip happen and we thank them!



Elaine and Max Prosser attended the annual Red, White and Brewster celebration. The program was wonderful and afterward everyone enjoyed an ice cream sundae from Sheridan's thanks to the Gratitude Crew.



Joan Farmer in her summer sun hat at the Topeka Zoo. Brewster Place provides opportunities for an optimal quality of life to ALL of our residents.



OFF CAMPUS — A few highlights!

CAPITOL MID-WEEK FARMERS MARKET

Wednesday, July 2 | 9:30 am | Shuttle pick-up at EV and RW

Enjoy exploring the farmers market at the scenic Topeka State Capitol building located at the corner of 10th and Jackson. Some items for sale at this might include – baked goods, flowers, eggs, herbs, vegetables, honey, fruits, nuts and more! Please call Jen at 785-274-3398 as space is limited.

TOPEKA ZOO AND TRAIN RIDE

Wednesday, July 9 | 9:00 am | Shuttle pick up in EV Lobby and RW

Spend an hour exploring the World Famous Topeka Zoo and a thrilling train ride following our walk. Cost is \$12 per person. Please call Jen at 785-274-3398 as space is limited.

DINNER AT LONGHORN STEAKHOUSE

Wednesday, July 16 | 4:30 pm | Shuttle pick-up at EV and RW

You will experience expertly grilled steak uniquely seasoned in a secret signature spice blend, ice-cold beer and beverages, freshly baked honey wheat bread, hand-chopped salad, seasonal sides, and signature desserts. Dinner is Dutch treat. Please call Jen at 785-274-3398 as space is limited.

SCENIC DRIVE TO AUNT NETTERS

Wednesday, July 30 | 10:15 am | Shuttle pick-up at EV and RW

Make the short trip up the River Road to Historic Lecompton for homestyle food, gourmet cupcakes, and small-town service. Lunch is Dutch treat. Please call Jen at 785-274-3398 as space is limited

FUTURE EVENTS

NEW THEATRE AND RESTAURANT

Wednesday, August 6 | 9:30 am | Shuttle pick up At Brewster Event Center

New Theatre presents *Clue* (yes they scheduled the same show as Topeka Civic Theatre). It is a show about a bizarre group of strangers that are invited to the ominous Boddy Manor. Their evening together turns into a real mystery of whodunit! Who could the murderer be? Professor Plum with the lead pipe, Mrs. Peacock with the candlestick, or Colonel Mustard with the revolver? Murder, blackmail, and hilarious twists & turns will draw the audience into a murder case filled with non-stop laughs! Tickets are \$40 and include lunch. Transportation is \$13. Please call Jamie at 785-274-3398 as space is limited.

ON CAMPUS — A few highlights!

RESIDENT COUNCIL MEETING

Thursday, July 10 | 10:00 am | Cultural Arts Center

As a Brewster Place resident, you are a member of the Resident Council. Resident Council meetings occur six times per year and provide an opportunity to hear about updates and news from officers and committee chairs. All residents are invited to attend.

MOVIE DAY IN: NONNAS

Thursday, July 10 | 1:00 pm | Cultural Arts Center

After losing his beloved mother, a man risks everything to honor her by opening an Italian restaurant with actual nonnas (means grandmother in Italian), as the chefs. Based on the true story of Jody “Joe” Scaravella and the real-life Enoteca Maria restaurant in New York City. Starring Vince Vaughn, Susan Sarandon, Talia Shire, Lorraine Bracco, and Brenda Vaccaro.

SARA TUCKER PRESENTS: GERMANS IN KANSAS

Tuesday, July 15 | 2:00 pm | Cultural Arts Center

Join us for an engaging presentation as historian Sara Tucker—former professor at Washburn University—presents a in-depth look at Germans in Kansas.

NEWS & VIEWS WITH KEVIN MCFARLAND

Thursday, July 17 | 10:00 am | Main Street Chapel

Join Kevin for another discussion of current events from local, state, national and international news. Kevin leads an informed, balanced and objective discussion while making it fun as well.

SPECIAL PRESENTATION WITH MARVIN BURRIS: HISTORY OF ABILENE

Tuesday, July 22 | 1:00 pm | Cultural Arts Center

Join Abilene native Marvin Burris who will talk about *Abilene: The First Kansas Cowtown*. Marvin will talk about the founding of Abilene and its development as a major shipping point to the East for Texas cattle, including the role of peace officers such as Wild Bill Hickok. He will also speak to the role of Abilene in popular culture, such as television and movie westerns. Marvin was born and raised in Abilene, Kansas, graduating from Abilene High School. He earned a bachelor's degree in business from The University of Kansas in 1970, and a Master of Business Administration from Washburn University of Topeka in 1988. He became a certified public accountant in 1972. In 1980, after several years in public accounting, Marvin became a member of the staff of the Kansas Board of Regents. He retired in 2005 as Vice-President for Finance and Administration, having also served as Interim President and CEO. Marvin has been to Brewster Place before as a speaker for the KU Osher Lifelong Learning Series.

MOVIE DAY IN: HACKSHAW RIDGE

Wednesday, July 23 | 2:00 pm | Cultural Arts Center

Hackshaw Ridge is the extraordinary true story of Pfc. Desmond T. Doss who won the Congressional Medal of Honor despite refusing to bear arms during World War II on religious grounds. Doss was drafted and ostracized by fellow soldiers for his pacifist stance but went on to earn respect and adoration for his bravery, selflessness and compassion after he risked his life – without firing a shot – to save 75 men in the Battle of Okinawa, the bloodiest battle of WWII. (This film does include some violent war scenes)