

WELLNESS OPPORTUNITIES — MAY 12—19, 2025

DATE	EXERCISE CLASSES			GROUPS, GAMES, EVENTS		
MONDAY, MAY 12 Happy Birthday Russell Reynolds Ford Ross Patricia Davis (BC) <div> Tapestry of Life Skilled Nursing Care Week</div>	8:25 am	Low Impact Aerobics	BEC WC	9:00 am	Coffee & Chat	EV BB
	9:30 am	Senior Circuit	WWC	9:30 am	Quilting Group	RW AS
	10:15 am	Sit ‘n Bee Fit	BEC WC	1:00 pm	Card Games	RW GR
	10:15 am	Chair Yoga	WWC	1:00 pm	Open Studio Time	EV AS
	11:00 am	Weights/Theraband	BEC WC	1:30 pm	Blood Pressure Clinic	WWC
	11:50 am	Shallow Circuit	BEC AC	1:30 pm	Food Committee	MSP
	1:15 pm	Cardio Splash	BEC AC	1:30 pm	Card Games	EV BB
	2:00 pm	Talk and Tread	BEC AC	2:00 pm	Mindfulness Meditation	Chapel
				4:00 pm	Social	MSP
				6:15 pm	Cribbage	EV BB
TUESDAY, MAY 13 Happy Birthday Barbara Amos Happy Anniversary Lawrence and Marilyn Brock	8:25 am	Low Impact Aerobics	BEC WC	9:00 am	Coffee & Chat	EV BB
	9:30 am	Senior Circuit	WWC	10:00 am	Caregiver’s Support	Chapel
	10:15 am	Balance and Breathing	WWC	10:00 am	Let’s Paint	EV AS
	11:30 am	Fall Prevention Tai Chi	WWC	10:15 am	Resident Marketing Committee	EV CR
	1:15 pm	B Chi	BEC AC	2:00 pm	Sara Tucker Presents: US Post Office	CAC
	2:00 pm	Talk and Tread	BEC AC			
				6:00 pm	Mex Train Dominoes	RW GR
				6:30 pm	Rummikub	EV BB
WEDNESDAY, MAY 14 Happy Birthday Joyce Funk Norma Pettijohn (BC)	8:25 am	Low Impact Aerobics	BEC WC	9:00 am	Coffee & Chat	EV BB
	9:30 am	Senior Circuit	WWC	10:00 am	Aldi’s Shopping	Shuttle
	10:15 am	Sit ‘n Bee Fit	BEC WC	10:00 am	Block of the Month	RW AS
	11:00 am	Weights/Theraband	BEC WC	10:00 am	Day Out in the Flint Hills	Shuttle
	1:10 pm	Shallow Circuit	BEC AC	1:00 pm	Stitch in the Ditch Table Runners	EV AS
	2:00 pm	Talk and Tread	BEC AC			
				2:00 pm	AA Meeting	BEC WC
				6:30 pm	Mex Train Dominoes	EV BB
THURSDAY, MAY 15 Happy Birthday Dick Crawford Melody DeBuhr John Reinecke Albert Lei (BC)	8:25 am	Low Impact Aerobics	BEC WC	9:00 am	Coffee & Chat	EV BB
	9:30 am	Senior Circuit	WWC	10:00 am	News & Views with Kevin McFarland	Chapel
	10:15 am	Balance and Breathing	WWC	10:00 am	Show and Share	RW AS
	12:30 pm	Cardio Splash	Canceled	1:00 pm	Personality Class with Larry Beam	EV CR
	1:15 pm	B Chi	Canceled			
	2:00 pm	Talk and Tread	BEC AC	1:00 pm	Rummikub	RW GR
				1:00 pm	Open Studio	RW AS
				1:30 pm	Gardens and Grounds Committee	Chapel
				3:00 pm	Diversity and Inclusion Group	Chapel
				6:00 pm	313 Game Group	RW GR
FRIDAY, MAY 16 Happy Birthday Dick Roach Deborah Feyh (BC)	10:15 am	Chair Yoga	BEC WC	9:00 am	Coffee & Chat	EV BB
				9:30 am	Quilting Group	RW AS
				10:00 am	Shopping at Dillons	Shuttle
				1:00 pm	BINGO	MSP
				1:30 pm	Rummikub	EV BB
				1:30 pm	Play Pool	KAC
				1:30 pm	Games for All	EV BB
				4:00 pm	Happy Hour	EV BB
SATURDAY, MAY 17 Happy Birthday Jim Wilson Jeanette Benson (BC)	10:15 am	Chair Yoga	BEC WC	9:00 am	Coffee & Chat	EV BB
	1:30 pm	Pickleball	CAC	10:00 am	Storywise Chat	MSP
				10:00 am	Genealogy Group	EV CR
				4:00 pm	Saturday Social	EV BB
SUNDAY, MAY 18 Happy Birthday Jack Hamilton				9:30 am	Morning Devotions	EV BB
				1:00 pm	Worship Service	BHC
				2:30 pm	Vespers	Chapel

THIS WEEK’S MOVIES on BPTV 1960

TUESDAY at 2:00 pm & 7:00 pm
SATURDAY at 3:00 pm

Aloha (2015 romantic comedy)

A celebrated military contractor returns to the site of his greatest career triumphs and reconnects with a long-ago love while unexpectedly falling for the hard-charging Air Force watchdog assigned to him. (starring Bradley Cooper)

THURSDAY at 2:00 pm & 7:00 pm
SUNDAY at 6:00 pm

Mission Joy (2021 documentary)

An exploration of the remarkable friendship between Archbishop Desmond Tutu and His Holiness the Dalai Lama. These two Nobel Peace Prize Laureates united for one final mission: to show the world how to live with JOY, even in troubled times.