
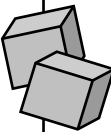


WELLNESS OPPORTUNITIES — JUNE 2—8, 2025

DATE	EXERCISE CLASSES			GROUPS, GAMES, EVENTS		
MONDAY, JUNE 2 Happy Birthday Jane Romig Cindy Dennison (BC) Happy Anniversary Bill and Shirley Streeter	8:25 am	Low Impact Aerobics	BEC WC	9:00 am	Coffee & Chat	EV BB
	9:30 am	Senior Circuit	WWC	9:30 am	Quilting Group	RW AS
	10:15 am	Sit ‘n Bee Fit	BEC WC	1:00 pm	Card Games	RW GR
	10:15 am	Chair Yoga	WWC	1:00 pm	Open Studio Time	EV AS
	11:00 am	Weights/Theraband	BEC WC	1:30 pm	Card Games	EV BB
	11:50 am	Shallow Circuit	BEC AC	4:00 pm	Social	MSP
	1:15 pm	Cardio Splash	BEC AC	6:15 pm	Cribbage	EV BB
	2:00 pm	Talk and Tread	BEC AC			
TUESDAY, JUNE 3 Happy Anniversary Dick and Ellen Roach	8:25 am	Low Impact Aerobics	BEC WC	9:00 am	Coffee & Chat	EV BB
	9:30 am	Senior Circuit	WWC	9:30 am	Red Carpet	MSP
	10:15 am	Balance and Breathing	WWC	9:30 am	Writing Club	EV CR
	11:30 am	Fall Prevention Tai Chi	Canceled	10:00 am	Knitters/Crocheters	RW AS
	1:15 pm	B Chi	BEC AC	1:00 pm	KU Osher: JFK	CAC
	2:00 pm	Talk and Tread	BEC AC		Assassination	
	<div><div></div><div>New Osher Class Begins Today! JFK Assassination</div></div>			1:00 pm	Red Carpet	BEC
				3:30 pm	Brewster Choir Practice	Chapel
				6:00 pm	Mex Train Dominoes	RW GR
				6:30 pm	Rummikub	EV BB
WEDNESDAY, JUNE 4	8:25 am	Low Impact Aerobics	BEC WC	9:00 am	Coffee & Chat	EV BB
	9:30 am	Senior Circuit	WWC	9:00 am	Topeka Garden Tour	Shuttle
	10:15 am	Sit ‘n Bee Fit	BEC WC	10:00 am	Walmart Shopping	Shuttle
	11:00 am	Weights/Theraband	BEC WC	10:00 am	Hang New Art Exhibit	BEC
	1:10 pm	Shallow Circuit	BEC AC	1:30 pm	Therapy Dog Visit	AL
	2:00 pm	Talk and Tread	BEC AC	1:30 pm	Blood Pressure Clinic	EV Library
				2:00 pm	AA Meeting	BEC WC
				6:30 pm	Mex Train Dominoes	EV BB
THURSDAY, JUNE 5 Happy Birthday Mary Johnson Phyllis Reynolds	8:25 am	Low Impact Aerobics	BEC WC	9:00 am	Coffee & Chat	EV BB
	9:30 am	Senior Circuit	WWC	9:00 am	New Resident Orientation	EV Grill
	10:15 am	Balance and Breathing	WWC	10:00 am	Brewster Chat	CAC
	12:30 pm	Cardio Splash	BEC AC	1:00 pm	Stronger Together Support Group	Chapel
	1:15 pm	B Chi	BEC AC			
	2:00 pm	Talk and Tread	BEC AC	1:00 pm	Rummikub	RW GR
				1:00 pm	Open Studio	RW AS
				2:30 pm	Cyanotype Printing	RW AS
				6:00 pm	313 Game Group	RW GR
				6:00 pm	Topeka Civic Theatre	Shuttle
FRIDAY, JUNE 6 Happy Birthday Wanda Walter Wallace Weber (BC) Happy Anniversary Tom and Lynette Glotzbach John and Lonna Reinecke	10:15 am	Chair Yoga	BEC WC	9:00 am	Coffee & Chat	EV BB
	<div><div></div><div>You Are Invited! Block Party to Celebrate Maintenance Tech Bob Coats 10:00—11:00 am Redwood lower level hallway After 40 years of service, Bob is transitioning from full-time to PRN.</div></div>			9:30 am	Quilting Group	RW AS
				10:00 am	Block Party for Bob Coats	RW lower level hall
				10:00 am	Shopping at Dillons	Shuttle
				11:00 am	Catholic Mass	Chapel
				1:00 pm	BINGO	MSP
				1:30 pm	Rummikub	EV BB
				1:30 pm	Play Pool	KAC
				1:30 pm	Games for All	EV BB
				4:00 pm	Happy Hour	EV BB
SATURDAY, JUNE 7 Happy Anniversary Thaine and Carol Hoffman	10:15 am	Chair Yoga	BEC WC	9:00 am	Coffee & Chat	EV BB
	1:30 pm	Pickleball	CAC	10:00 am	Storywise Chat	MSP
				10:00 am	Genealogy Group	EV CR
				4:00 pm	Saturday Social	EV BB <i>or</i> Gazebo
SUNDAY, JUNE 8 Happy Anniversary Maurice and Naomi Cashman				9:30 am	Morning Devotions	EV BB
				1:00 pm	Worship Service	BHC
				2:30 pm	Vespers	Chapel

THIS WEEK’S MOVIES on BPTV 1960

TUESDAY at 2:00 pm & 7:00 pm; SATURDAY at 3:00 pm
Our Souls at Night (2017 romance)
Jane Fonda and Robert Redford star as Addie Moore and Louis Waters, a widow and widower who've lived next to each other for years. The pair have almost no relationship, but that all changes when Addie tries to make a connection with her neighbor.

THURSDAY at 2:00 pm & 7:00 pm; SUNDAY at 6:00 pm
A Man Called Otto (2022 comedy drama)
Otto (Tom Hanks) is a grump who's given up on life following the loss of his wife and wants to end it all. When a young family moves in nearby, he meets his match in quick-witted Marisol, leading to a friendship that will turn his world around.