


WELLNESS OPPORTUNITIES — APRIL 7—13, 2025

DATE	EXERCISE CLASSES			GROUPS, GAMES, EVENTS		
<div>MONDAY, APRIL 7</div> <div></div>	8:25 am	Low Impact Aerobics	BEC WC	9:00 am	Coffee & Chat	EV BB
	9:30 am	Senior Circuit	WWC	9:30 am	Quilting Group	RW AS
	10:15 am	Sit ‘n Bee Fit	BEC WC	10:00 am	Make Dog Kerchiefs	RW AS
	10:15 am	Chair Yoga	WWC	1:00 pm	Card Games	RW GR
	11:00 am	Weights/Theraband	BEC WC	1:00 pm	Open Studio Time	EV AS
	11:50 am	Shallow Circuit	BEC AC	1:30 pm	Card Games	EVBB
	1:15 pm	Cardio Splash	BEC AC	4:00 pm	Social	MSP
	2:00 pm	Talk and Tread	BEC AC	6:15 pm	Cribbage	EV BB
<div>TUESDAY, APRIL 8</div> <div>Happy Birthday Jane Hall (BC) John Stauffer (BC)</div>	8:25 am	Low Impact Aerobics	BEC WC	9:00 am	Coffee & Chat	EV BB
	9:30 am	Senior Circuit	WWC	9:30 am	Red Carpet	MSP
	10:15 am	Balance and Breathing	WWC	10:00 am	Papermaking	EV AS
	11:30 am	Fall Prevention Tai Chi	WWC	10:00 am	Caregiver’s Support Group	Chapel
	1:15 pm	B Chi	BEC AC	10:15 am	Resident Marketing Committee	EV CR
	2:00 pm	Talk and Tread	BEC AC	1:00 pm	Red Carpet	BEC
				1:00 pm	Osher: America’s Forgotten Wars	CAC
				2:00 pm	Show and Share	RW AS
				6:00 pm	Mex Train Dominoes	RW GR
				6:30 pm	Rummikub	EV BB
<div>WEDNESDAY, APRIL 9</div>	8:25 am	Low Impact Aerobics	BEC WC	9:00 am	Coffee & Chat	EV BB
	9:30 am	Senior Circuit	WWC	9:45 am	New Dinner Theatre	Shuttle
	10:15 am	Sit ‘n Bee Fit	BEC WC	10:00 am	Walmart Shopping	Shuttle
	11:00 am	Weights/Theraband	BEC WC	1:30 pm	Blood Pressure Clinic	EV Library
	1:10 pm	Shallow Circuit	BEC AC	2:00 pm	AA Meeting	BEC WC
	2:00 pm	Talk and Tread	BEC AC	6:30 pm	Mex Train Dominoes	EV BB
<div>THURSDAY, APRIL 10</div>	8:25 am	Low Impact Aerobics	Canceled	9:00 am	Coffee & Chat	EV BB
	9:30 am	Senior Circuit	Canceled	9:00 am	New Resident Orientation	EV Grill
	10:15 am	Balance and Breathing	Canceled	10:00 am	Block of the Month	RW AS
	12:30 pm	Cardio Splash	BEC AC	1:00 pm	Rummikub	RW GR
	1:15 pm	B Chi	BEC AC	1:00 pm	Open Studio	RW AS
	2:00 pm	Talk and Tread	BEC AC	2:00 pm	Special Music	CAC
				3:00 pm	Spiritual Life Committee	Chapel
				6:00 pm	313 Game Group	RW GR
<div>FRIDAY, APRIL 11</div> <div>Happy Birthday Bernadette Cimino Glenn Feuerborn</div>	10:15 am	Chair Yoga	BEC WC	9:00 am	Coffee & Chat	EV BB
				9:30 am	Quilting Group	RW AS
				9:30 am	Bazaar Ornaments	RW AS
				10:00 am	Shopping at Dillons	Shuttle
				1:00 pm	BINGO	MSP
				1:30 pm	Rummikub	EV BB
				1:30 pm	Play Pool	KAC
				1:30 pm	Games for All	EV BB
				4:00 pm	Happy Hour	EV BB
<div>SATURDAY, APRIL 12</div> <div>Happy Birthday Sharon Aderman Tina Rajala Paula Harbert (BC) Virginia Schoeller (BC)</div>	10:15 am	Chair Yoga	BEC WC	9:00 am	Coffee & Chat	EV BB
	1:30 pm	Pickleball	CAC	10:00 am	Storywise Chat	MSP
				4:00 pm	Saturday Social	EV BB
<div>SUNDAY, APRIL 13</div> <div>Happy Birthday Bill Streeter Barbara Wehking Mary Lou Weidenbach (BC)</div>	<div>PALM Sunday</div>			9:30 am	Morning Devotions	EV BB
				1:00 pm	Worship Service	BHC
				2:30 pm	Vespers	Chapel

THIS WEEK’S MOVIES on BPTV 1960

TUESDAY at 2:00 pm & 7:00 pm; SATURDAY at 3:00 pm  
First Man (2018 drama based on real life)

Hoping to reach the moon by the end of the decade, NASA plans a series of extremely dangerous, unprecedented missions in the early 1960s. Engineer Neil Armstrong joins the space program, spending years in training and risking his life during test flights. On July 16, 1969, the nation and world watch in wonder as Armstrong and fellow astronauts Buzz Aldrin and Michael Collins embark on the historic Apollo 11 spaceflight.

THURSDAY at 2:00 pm & 7:00 pm; SUNDAY at 6:00 pm  
The Judge (2014 drama)

Hank Palmer (Robert Downey Jr.), a brilliant but shady attorney, returns to his Indiana hometown after learning that his mother has passed away. His arrival triggers renewed tension between himself and his father, Judge Joseph Palmer (Robert Duvall). As the lawyer prepares to depart, his father is arrested for a hit-and-run death. Hank takes on his father's defense, despite the objections of the resentful old man.