

WELLNESS OPPORTUNITIES — APRIL 21—27, 2025

DATE	EXERCISE CLASSES			GROUPS, GAMES, EVENTS		
<b>MONDAY, APRIL 21</b>	8:25 am	Low Impact Aerobics	BEC WC	9:00 am	Coffee & Chat	EV BB
	9:30 am	Senior Circuit	WWC	<b>9:30 am</b>	<b>Quilting Group</b>	<b>RW AS</b>
	10:15 am	Sit ‘n Bee Fit	BEC WC	1:00 pm	Card Games	RW GR
	10:15 am	Chair Yoga	WWC	1:00 pm	Open Studio Time	EV AS
	11:00 am	Weights/Theraband	BEC WC	1:30 pm	Card Games	EV BB
	11:50 am	Shallow Circuit	BEC AC	<b>2:00 pm</b>	<b>Grief/Gratitude Group</b>	<b>Chapel</b>
	1:15 pm	Cardio Splash	BEC AC			
	2:00 pm	Talk and Tread	BEC AC	<b>4:00 pm</b>	<b>Social</b>	<b>MSP</b>
				6:15 pm	Cribbage	EV BB
<b>TUESDAY, APRIL 22</b>	8:25 am	Low Impact Aerobics	BEC WC	9:00 am	Coffee & Chat	EV BB
<b>Happy Birthday</b>	9:30 am	Senior Circuit	WWC	<b>9:30 am</b>	<b>Red Carpet</b>	<b>MSP</b>
Joyce Hazelton	10:15 am	Balance and Breathing	WWC	<b>10:00 am</b>	<b>Tea Towel Tuesday</b>	<b>RW AS</b>
	11:30 am	Fall Prevention Tai Chi	WWC	<b>10:30 am</b>	<b>4th Tuesday Book Club</b>	<b>Chapel</b>
<b>Earth Day</b>	1:15 pm	B Chi	BEC AC	<b>1:00 pm</b>	<b>Red Carpet</b>	<b>BEC</b>
	2:00 pm	Talk and Tread	BEC AC	<b>1:30 pm</b>	<b>Teddy Bear Challenge Work Time</b>	<b>RW AS</b>
				6:00 pm	Mex Train Dominoes	RW GR
				6:30 pm	Rummikub	EV BB
<b>WEDNESDAY, APRIL 23</b>	8:25 am	Low Impact Aerobics	BEC WC	9:00 am	Coffee & Chat	EV BB
<b>Happy Birthday</b>	9:30 am	Senior Circuit	WWC	10:00 am	Walmart Shopping	Shuttle
Joyce Bowman	10:15 am	Sit ‘n Bee Fit	BEC WC	<b>10:00 am</b>	<b>Decorative Needle Tins</b>	<b>EV AS</b>
Robert Brooks	11:00 am	Weights/Theraband	BEC WC	<b>1:30 pm</b>	<b>Blood Pressure Clinic</b>	<b>EV Library</b>
Doris Davidson	1:10 pm	Shallow Circuit	BEC AC	2:00 pm	AA Meeting	BEC WC
	2:00 pm	Talk and Tread	BEC AC	<b>4:30 pm</b>	<b>Gratitude Crew Family Movie Night</b>	<b>CAC</b>
				6:30 pm	Mex Train Dominoes	EV BB
<b>THURSDAY, APRIL 24</b>	8:25 am	Low Impact Aerobics	BEC WC	9:00 am	Coffee & Chat	EV BB
<b>Happy Birthday</b>	9:30 am	Senior Circuit	WWC	<b>11:00 am</b>	<b>Episcopal Service</b>	<b>Chapel</b>
Bill Ramser	10:15 am	Balance and Breathing	WWC	1:00 pm	Rummikub	RW GR
	12:30 pm	Cardio Splash	BEC AC	<b>1:00 pm</b>	<b>Open Studio</b>	<b>RW AS</b>
	1:15 pm	B Chi	BEC AC	<b>2:00 pm</b>	<b>Birthday Party</b>	<b>CAC</b>
	2:00 pm	Talk and Tread	BEC AC	6:00 pm	313 Game Group	RW GR
<b>FRIDAY, APRIL 25</b>	10:15 am	Chair Yoga	BEC WC	9:00 am	Coffee & Chat	EV BB
<b>Happy Birthday</b>				9:30 am	Quilting Group	RW AS
Juanita Hopkins				10:00 am	Shopping at Dillons	Shuttle
				1:00 pm	BINGO	MSP
				1:30 pm	Rummikub	EV BB
				1:30 pm	Play Pool	KAC
				1:30 pm	Games for All	EV BB
				4:00 pm	Happy Hour	EV BB
<b>SATURDAY, APRIL 26</b>	10:15 am	Chair Yoga	BEC WC	9:00 am	Coffee & Chat	EV BB
<b>Happy Birthday</b>	1:30 pm	Pickleball	CAC	10:00 am	Storywise Chat	MSP
Lawrence Foth				<b>4:00 pm</b>	<b>Saturday Social</b>	<b>EV BB</b>
Karen Vorhees						
Linda Barger (BC)						
<b>SUNDAY, APRIL 27</b>				9:30 am	Morning Devotions	EV BB
<b>Happy Birthday</b>				<b>1:00 pm</b>	<b>Worship Service</b>	<b>BHC</b>
Rosemary Simon				<b>2:30 pm</b>	<b>Vespers</b>	<b>Chapel</b>
Lynn Van Buren						

THIS WEEK’S MOVIES on BPTV 1960

TUESDAY at 2:00 pm & 7:00 pm; SATURDAY at 3:00 pm

Pride and Prejudice (2005 drama)

In this adaptation of Jane Austen's beloved novel, Elizabeth Bennet (Keira Knightley) lives with her mother, father and sisters in the English countryside. As the eldest, she faces mounting pressure from her parents to marry. When the outspoken Elizabeth is introduced to the handsome and upper-class Mr. Darcy (Matthew Macfadyen), sparks fly. Although there is obvious chemistry between the two, Darcy's overly reserved nature threatens the fledgling relationship.

THURSDAY at 2:00 pm & 7:00 pm

SUNDAY at 6:00 pm

Irish Wish (2024 romantic comedy)

When the love of her life gets engaged to her friend, Maddie puts her feelings aside to be a bridesmaid at their wedding in Ireland. Days before the wedding, Maddie makes a spontaneous wish for true love, only to wake up as the bride-to-be.