

WELLNESS OPPORTUNITIES — FEBRUARY 17—23, 2025

DATE	EXERCISE CLASSES			GROUPS, GAMES, EVENTS		
MONDAY, FEBRUARY 17 Happy Birthday Jack Wisman 	8:25 am	Low Impact Aerobics	BEC WC	9:00 am	Coffee & Chat	EV BB
	9:30 am	Senior Circuit	WWC	10:00 am	Knitters and Crocheters	EV AS
	10:15 am	Sit 'n Bee Fit	BEC WC			
	10:15 am	Chair Yoga	WWC	1:00 pm	Card Games	RW GR
	11:00 am	Weights/Theraband	BEC WC	1:00 pm	Open Studio Time	EV AS
	11:50 am	Shallow Circuit	BEC AC	1:30 pm	Card Games	EVBB
	1:15 pm	Cardio Splash	BEC AC	4:00 pm	Social	MSP
	2:00 pm	Talk and Tread	BEC AC	6:15 pm	Cribbage	EV BB
TUESDAY, FEBRUARY 18 Happy Birthday Lawrence Brock Bill Jenkins Roseann Schroeder Karen Sutton Rhoda Wisman	8:25 am	Low Impact Aerobics	BEC WC	9:00 am	Coffee & Chat	EV BB
	9:30 am	Senior Circuit	WWC	9:30 am	Writing Club	EV CR
	10:15 am	Balance and Breathing	WWC	10:00 am	Let's Talk About Color	RW AS
	11:30 am	Fall Prevention Tai Chi	WWC	11:00 am	Tune Up Tuesday	RW GR
	1:15 pm	B Chi	BEC AC	1:00 pm	Let's Paint	EV AS
	2:00 pm	Talk and Tread	BEC AC	6:00 pm	Mex Train Dominoes	RW GR
				6:30 pm	Rummikub	EV BB
WEDNESDAY, FEBRUARY 19 Happy Birthday Marjorie Van Buren	8:25 am	Low Impact Aerobics	BEC WC	9:00 am	Coffee & Chat	EV BB
	9:30 am	Senior Circuit	WWC	10:00 am	Aldi's Shopping	Shuttle
	10:15 am	Sit 'n Bee Fit	BEC WC	10:00 am	Papermaking	RW AS
	11:00 am	Weights/Theraband	BEC WC	2:00 pm	AA Meeting	BEC WC
	1:10 pm	Shallow Circuit	BEC AC	6:30 pm	Mex Train Dominoes	EV BB
	2:00 pm	Talk and Tread	BEC AC			
THURSDAY, FEBRUARY 20	8:25 am	Low Impact Aerobics	BEC WC	9:00 am	Coffee & Chat	EV BB
	9:30 am	Senior Circuit	WWC	10:00 am	Bazaar Item Build	EV AS
	10:15 am	Balance and Breathing	WWC	1:00 pm	Rummikub	RW GR
	12:30 pm	Cardio Splash	BEC AC	1:00 pm	Open Studio	RW AS
	1:15 pm	B Chi	BEC AC	1:30 pm	Gardens and Grounds Committee	Chapel
	2:00 pm	Talk and Tread	BEC AC	3:00 pm	Diversity and Inclusion Group	Chapel
				6:00 pm	313 Game Group	RW GR
FRIDAY, FEBRUARY 21 Happy Birthday Margaret Payne	10:15 am	Chair Yoga	BEC WC	9:00 am	Coffee & Chat	EV BB
				10:00 am	Shopping at Dillons	Shuttle
				1:00 pm	BINGO	MSP
				1:30 pm	Rummikub	EV BB
				1:30 pm	Play Pool	KAC
				1:30 pm	Games for All	EV BB
				4:00 pm	Happy Hour	EV BB
SATURDAY, FEBRUARY 22 Happy Birthday Thaine Hoffman Gail Carlson (BC)	10:15 am	Chair Yoga	BEC WC	9:00 am	Coffee & Chat	EV BB
	2:00 pm	Pickleball	CAC	9:30 am	EV 2nd Floor Coffee	EV BB
				10:00 am	Storywise Chat	MSP
				4:00 pm	Saturday Social	EV BB
SUNDAY, FEBRUARY 23 Happy Birthday Lynne Dillon Virgil Funk Beverly Hammond Stew Karrer Margaret Kellerman Carol Snelson				9:30 am	Morning Devotions	EV BB
				1:00 pm	Worship Service	BHC
				2:30 pm	Vespers	Chapel

THIS WEEK'S MOVIES on BPTV 1960

TUESDAY at 2:00 pm and 7:00 pm
SATURDAY at 3:00 pm

La Dolce Villa (2025 romantic comedy)

A crumbling Italian villa helps a widower reconnect with his daughter and restore his passion for life in this rom-com from the director of "Mean Girls." (starring Scott Foley)

THURSDAY at 2:00 pm and 7:00 pm
SUNDAY at 6:00 pm

Spencer (2021 drama)

Kristen Stewart delivers a "riveting performance" in Pablo Larrain's "audaciously original" study of Princess Diana, writes the Hollywood Reporter. (starring Kristen Stewart and Timothy Spall)