

# **Redwood Restaurant**

The Evergreens Grill Served 4:00—6:30 pm

Served 11:00 am—2:00 pm

### **CHRISTMAS DAY MENU**

- Prime Rib served with Au Jus and/or **Horseradish Sauce**
- **Bourbon Apple Glazed Pork Tenderloin**
- **Loaded Mashed Potatoes**
- **Roasted Glazed Sweet Potatoes**
- **Roasted Brussel Sprouts**
- **Cream Corn**
- **Dinner Roll**

#### Dessert

- Cherry Pie or
- **Brownie Topped with Peppermint Ice Cream**



## **WELLNESS OPPORTUNITIES — DECEMBER 23—29, 2024**

DATE	ΕY	ERCISE CLASSE	9	GPOL	JPS, GAMES, EV	ENTS
MONDAY, DECEMBER 23  Happy Birthday  Virginia Thompson  Gisela Bartling (BC)	8:25 am 9:30 am 10:15 am 10:15 am 11:00 am 11:00 am 11:50 am 1:15 pm 2:00 pm	Low Impact Aerobics Senior Circuit Sit 'n Bee Fit Chair Yoga Mat Yoga Weights/Theraband Shallow Circuit Cardio Splash Talk and Tread	BEC WC WWC WWC BEC WC BEC AC BEC AC BEC AC	9:00 am 1:00 pm 1:00 pm 1:30 pm <b>4:00 pm</b>	Coffee & Chat Card Games Open Studio Time Card Games Social—Wear your favorite holiday sweater! Cribbage	EV BB RW GR EV AS EV BB MSP
TUESDAY, DECEMBER 24  Christmas  Eve	8:25 am 9:30 am 10:15 am 11:30 am 1:15 pm 2:00 pm	Low Impact Aerobics Senior Circuit Balance and Breathing Fall Prevention Tai Chi B Chi Talk and Tread		9:00 am 9:30 am 1:00 pm <b>3:00 pm</b> 6:30 pm	Coffee & Chat Coffee Talk Open Studio Time Christmas Eve Candlelight Service Rummikub	EV BB RWR RW AS <b>Chapel</b> EV BB
WEDNESDAY, DECEMBER 25  Happy Birthday  Linda Douglass			erry stmas!			
THURSDAY, DECEMBER 26  Happy Birthday  Ann Newell (BC)	8:25 am 9:30 am 10:15 am 12:30 pm 1:15 pm 2:00 pm	Low Impact Aerobics Senior Circuit Balance and Breathing Cardio Splash B Chi Talk and Tread	Canceled Canceled Canceled BEC AC BEC AC BEC AC	9:00 am 9:30 am 1:00 pm 1:00 pm 2:00 pm 2:00 pm 6:30 pm	Coffee & Chat Coffee Talk Open Studio Rummikub Birthday Party Blood Pressure Clinic Mex Train Dominoes	EV BB RWR RW AS RW GR CAC BEC WC EV BB
FRIDAY, DECEMBER 27  Happy Birthday Carroll Roth Mary Wanless (BC)  Happy Anniversary Jim and Mary Beth Schroff  SATURDAY, DECEMBER 28		Chair Yoga	BEC WC	9:00 am 10:00 am 1:00 pm 1:30 pm 1:30 pm 1:30 pm 4:00 pm	BINGO Rummikub Play Pool Games for All Happy Hour	EV BB Shuttle MSP EV BB KAC EV BB
Happy Birthday Sondra Elliott (BC)  Happy Anniversary Truman and Beverly Nicholas	10:15 am 2:00 pm	Chair Yoga Pickleball	BEC WC CAC	9:00 am 10:00 am 4:00 pm	Coffee & Chat Storywise Chat Saturday Social	EV BB MSP EV BB
SUNDAY, DECEMBER 29  Happy Birthday  Margean Cress  Gary Scoggin				9:30 am 1:00 pm 2:30 pm 6:00 pm	Morning Devotions Worship Service Vespers Mex Train Dominoes	EV BB BHC Chapel RW GR

### THIS WEEK'S MOVIES on BPTV 1960

### TUESDAY at 2:00 pm and SATURDAY at 3:00 pm White Christmas (1954 classic)

Two talented song and dance men (Bing Crosby and Danny Kaye) team up after the war to become one of the hottest acts in show business. One winter they join forces with a sister act (Rosemary Clooney and Vera Ellen) and trek to Vermont for a white Christmas. The result is stuff dreams are made of.

### THURSDAY at 2:00 pm and SUNDAY at 6:00 pm Barbie (2023 comedy)

Barbie and Ken are having the time of their lives in the colorful and seemingly perfect world of Barbie Land. However, when they get a chance to go to the real world, they soon discover the joys and perils of living among humans. (starring Margot Robbie and Ryan Gosling)