WELLNESS OPPORTUNITIES — OCTOBER 14—20, 2024

DATE	EX	ERCISE CLASSE	S	GROL	IPS, GAMES, EV	ENTS_
MONDAY, OCTOBER 14	1				•	
Happy Birthday	8:25 am 9:30 am	Low Impact Aerobics	BEC WC WWC	9:00 am 9:30 am	Coffee & Chat	EV BB RW AS
Jan Lippincott	10:15 am	Senior Circuit Sit 'n Bee Fit	BEC WC	10:00 am	Quilters Group	MSP
Jan Elppineott	10:15 am		WWC		Cmty Resource Mtg Card Games	RW GR
and the Contract		Chair Yoga		1:00 pm		
	11:00 am 11:00 am	Mat Yoga	WWC	1:00 pm	Open Studio Time	EV AS
		Weights/Theraband Shallow Circuit	BEC WC	1:30 pm	Food Committee	MSP
	11:50 am		BEC AC BEC AC	1:30 pm	Card Games Mindfulness	EV BB
	1:15 pm 2:00 pm	Cardio Splash Talk and Tread	BEC AC	2:00 pm	Meditation	Chapel
	2.00 pm	raik allu rreau	DEC AC	4:00 pm	Social	MSP
				6:15 pm	Cribbage	EV BB
TUESDAY, OCTOBER 15	0.05		DEC.146	· ·		
•	8:25 am	Low Impact Aerobics	BEC WC	9:00 am	Coffee & Chat	EV BB
Happy Birthday Charlotte Cairns	9:30 am	Senior Circuit	WWC	9:30 am	Coffee Talk	RWR
Carole Haynes	10:15 am	Balance and Breathing	WWC	9:30 am	Writing Club	EV CR
Marge Robards	11:30 am	Fall Prevention Tai Chi	WWC	10:00 am	Tea Towel Tuesday	RW AS
Kay Stephens	1:15 pm	B Chi	BEC AC	1:00 pm	Open Studio Time	RW AS
Connie Spencer (BC)	2:00 pm	Talk and Tread	BEC AC	2:00 pm	Gino Bueno Sings	CAC
				6:30 pm	Rummikub	EV BB
WEDNESDAY, OCTOBER 16	8:25 am	Low Impact Aerobics	BEC WC	9:00 am	Coffee & Chat	EV BB
	9:30 am	Senior Circuit	WWC		Aldi's Shopping	Shuttle
	10:15 am	Sit 'n Bee Fit	BEC WC	10:00 am	Lunch at Aunt Netters	Shuttle
	11:00 am	Weights/Theraband	BEC WC		and Drive	
	1:20 pm	Shallow Circuit	BEC AC	2:00 pm	AA Meeting	BEC WC
	2:00 pm	Talk and Tread	BEC AC	6:00 pm	Cyber Fraud with City	CAC
				6.20	of Topeka	5) / 55
				6:30 pm	Mex Train Dominoes	EV BB
THURSDAY, OCTOBER 17	8:25 am	Low Impact Aerobics	BEC WC	9:00 am	Coffee & Chat	EV BB
Happy Birthday	9:30 am	Senior Circuit	WWC	9:30 am	Coffee Talk	RWR
Robert Hecht	10:15 am	Balance and Breathing			Cmty Resource Mtg	EV CR
Shirley Moses	12:30 pm	Cardio Splash	BEC AC	-	Open Studio	RW AS
	1:15 pm	B Chi Talk and Tread	BEC AC	1:00 pm	Rummikub	RW GR
		Talk and Tread	BEC AC	1:30 pm	Gardens/Grounds	Canceled
	2:00 pm	raik and rieda		I	•	Caricerea
	2:00 pm	raik and rieda		2 00	Committee	
	2:00 pm	raik and Tread		2:00 pm	Committee Sara Tucker Presents	CAC
	2:00 pm	raik and Tread		3:00 pm	Committee Sara Tucker Presents Diversity Committee	CAC Chapel
EDIDAY OCTODED 40	·			3:00 pm 6:00 pm	Committee Sara Tucker Presents Diversity Committee 3-13 Card Game	CAC Chapel RW GR
•	·	Chair Yoga	BEC WC	3:00 pm 6:00 pm 9:00 am	Committee Sara Tucker Presents Diversity Committee 3-13 Card Game Coffee & Chat	CAC Chapel RW GR
Happy Birthday	10:15 am	Chair Yoga		3:00 pm 6:00 pm 9:00 am 9:30 am	Committee Sara Tucker Presents Diversity Committee 3-13 Card Game Coffee & Chat Quilters Group	CAC Chapel RW GR EV BB RW AS
Happy Birthday Wanda Meyer	10:15 am	Chair Yoga BAZAAR DEADLINE		3:00 pm 6:00 pm 9:00 am 9:30 am 10:00 am	Committee Sara Tucker Presents Diversity Committee 3-13 Card Game Coffee & Chat Quilters Group Shopping at Dillons	CAC Chapel RW GR EV BB RW AS Shuttle
Happy Birthday	10:15 am	Chair Yoga BAZAAR DEADLINE If you made items for the	BEC WC	3:00 pm 6:00 pm 9:00 am 9:30 am 10:00 am 1:00 pm	Committee Sara Tucker Presents Diversity Committee 3-13 Card Game Coffee & Chat Quilters Group Shopping at Dillons Open Studio	CAC Chapel RW GR EV BB RW AS Shuttle EV AS
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Happy Birthday Wanda Meyer	10:15 am	Chair Yoga BAZAAR DEADLINE If you made items for the ovember 8th Bazaar, please	BEC WC	3:00 pm 6:00 pm 9:00 am 9:30 am 10:00 am 1:00 pm 1:00 pm 1:30 pm	Committee Sara Tucker Presents Diversity Committee 3-13 Card Game Coffee & Chat Quilters Group Shopping at Dillons Open Studio BINGO Rummikub	CAC Chapel RW GR EV BB RW AS Shuttle EV AS MSP EV BB
Happy Birthday Wanda Meyer	10:15 am No brin toda	Chair Yoga BAZAAR DEADLINE If you made items for the ovember 8th Bazaar, please g them to The Evergreens	BEC WC	3:00 pm 6:00 pm 9:00 am 9:30 am 10:00 am 1:00 pm 1:30 pm 1:30 pm	Committee Sara Tucker Presents Diversity Committee 3-13 Card Game Coffee & Chat Quilters Group Shopping at Dillons Open Studio BINGO Rummikub Play Pool	CAC Chapel RW GR EV BB RW AS Shuttle EV AS MSP EV BB KAC
Happy Birthday Wanda Meyer	10:15 am No brin toda	Chair Yoga BAZAAR DEADLINE If you made items for the ovember 8th Bazaar, please g them to The Evergreens by! Volunteers are working	BEC WC	3:00 pm 6:00 pm 9:00 am 9:30 am 10:00 am 1:00 pm 1:30 pm 1:30 pm 1:30 pm	Committee Sara Tucker Presents Diversity Committee 3-13 Card Game Coffee & Chat Quilters Group Shopping at Dillons Open Studio BINGO Rummikub Play Pool Games for All	CAC Chapel RW GR EV BB RW AS Shuttle EV AS MSP EV BB KAC EV BB
Happy Birthday Wanda Meyer Don Kready (BC)	10:15 am No brin toda price	Chair Yoga BAZAAR DEADLINE If you made items for the ovember 8th Bazaar, please g them to The Evergreens by! Volunteers are working e, tag, and inventory all item—Thank you!	BEC WC e by to ms.	3:00 pm 6:00 pm 9:00 am 9:30 am 10:00 am 1:00 pm 1:30 pm 1:30 pm 1:30 pm 4:00 pm	Committee Sara Tucker Presents Diversity Committee 3-13 Card Game Coffee & Chat Quilters Group Shopping at Dillons Open Studio BINGO Rummikub Play Pool Games for All Happy Hour	CAC Chapel RW GR EV BB RW AS Shuttle EV AS MSP EV BB KAC EV BB EV BB
Happy Birthday Wanda Meyer Don Kready (BC) SATURDAY, OCTOBER 19	10:15 am No brin toda price	Chair Yoga BAZAAR DEADLINE If you made items for the ovember 8th Bazaar, please g them to The Evergreens by! Volunteers are working them, and inventory all item—Thank you! Chair Yoga	BEC WC e by to ms.	3:00 pm 6:00 pm 9:00 am 9:30 am 10:00 am 1:00 pm 1:30 pm 1:30 pm 1:30 pm 4:00 pm	Committee Sara Tucker Presents Diversity Committee 3-13 Card Game Coffee & Chat Quilters Group Shopping at Dillons Open Studio BINGO Rummikub Play Pool Games for All Happy Hour Coffee & Chat	CAC Chapel RW GR EV BB RW AS Shuttle EV AS MSP EV BB KAC EV BB EV BB
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Wanda Meyer Don Kready (BC) SATURDAY, OCTOBER 19 Happy Birthday Pat Gideon	10:15 am No brin toda price	Chair Yoga BAZAAR DEADLINE If you made items for the ovember 8th Bazaar, please g them to The Evergreens by! Volunteers are working them, and inventory all item—Thank you! Chair Yoga	BEC WC e by to ms.	3:00 pm 6:00 pm 9:00 am 9:30 am 10:00 am 1:00 pm 1:30 pm 1:30 pm 1:30 pm 4:00 pm 9:00 am 10:00 am	Committee Sara Tucker Presents Diversity Committee 3-13 Card Game Coffee & Chat Quilters Group Shopping at Dillons Open Studio BINGO Rummikub Play Pool Games for All Happy Hour Coffee & Chat Genealogy Group Storywise Chat	CAC Chapel RW GR EV BB RW AS Shuttle EV AS MSP EV BB KAC EV BB EV BB EV CR MSP
Happy Birthday Wanda Meyer Don Kready (BC) SATURDAY, OCTOBER 19 Happy Birthday Pat Gideon Linda Miller (BC)	10:15 am No brin toda price	Chair Yoga BAZAAR DEADLINE If you made items for the ovember 8th Bazaar, please g them to The Evergreens by! Volunteers are working them, and inventory all item—Thank you! Chair Yoga	BEC WC e by to ms.	3:00 pm 6:00 pm 9:00 am 9:30 am 10:00 am 1:00 pm 1:30 pm 1:30 pm 1:30 pm 4:00 pm	Committee Sara Tucker Presents Diversity Committee 3-13 Card Game Coffee & Chat Quilters Group Shopping at Dillons Open Studio BINGO Rummikub Play Pool Games for All Happy Hour Coffee & Chat Genealogy Group	CAC Chapel RW GR EV BB RW AS Shuttle EV AS MSP EV BB KAC EV BB EV BB EV CR
Happy Birthday Wanda Meyer Don Kready (BC) SATURDAY, OCTOBER 19 Happy Birthday Pat Gideon Linda Miller (BC) SUNDAY, OCTOBER 20	10:15 am No brin toda price	Chair Yoga BAZAAR DEADLINE If you made items for the ovember 8th Bazaar, please g them to The Evergreens by! Volunteers are working them, and inventory all item—Thank you! Chair Yoga	BEC WC e by to ms.	3:00 pm 6:00 pm 9:00 am 9:30 am 10:00 am 1:00 pm 1:30 pm 1:30 pm 1:30 pm 4:00 pm 9:00 am 10:00 am 4:00 pm	Committee Sara Tucker Presents Diversity Committee 3-13 Card Game Coffee & Chat Quilters Group Shopping at Dillons Open Studio BINGO Rummikub Play Pool Games for All Happy Hour Coffee & Chat Genealogy Group Storywise Chat Saturday Social Morning Devotions	CAC Chapel RW GR EV BB RW AS Shuttle EV AS MSP EV BB KAC EV BB EV BB EV BB EV BB EV BB EV BB
Happy Birthday Wanda Meyer Don Kready (BC) SATURDAY, OCTOBER 19 Happy Birthday Pat Gideon Linda Miller (BC) SUNDAY, OCTOBER 20 Happy Birthday	10:15 am No brin toda price	Chair Yoga BAZAAR DEADLINE If you made items for the ovember 8th Bazaar, please g them to The Evergreens by! Volunteers are working them, and inventory all item—Thank you! Chair Yoga	BEC WC e by to ms.	3:00 pm 6:00 pm 9:00 am 9:30 am 10:00 am 1:00 pm 1:30 pm 1:30 pm 1:30 pm 4:00 pm 9:00 am 10:00 am 4:00 pm 9:30 am 1:00 pm	Committee Sara Tucker Presents Diversity Committee 3-13 Card Game Coffee & Chat Quilters Group Shopping at Dillons Open Studio BINGO Rummikub Play Pool Games for All Happy Hour Coffee & Chat Genealogy Group Storywise Chat Saturday Social Morning Devotions Worship Service	CAC Chapel RW GR EV BB RW AS Shuttle EV AS MSP EV BB KAC EV BB EV BB EV CR MSP EV BB EV CR MSP EV BB EV BB
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Happy Birthday Wanda Meyer Don Kready (BC) SATURDAY, OCTOBER 19 Happy Birthday Pat Gideon Linda Miller (BC) SUNDAY, OCTOBER 20 Happy Birthday Debby Hunt Happy Anniversary	10:15 am No brin toda price	Chair Yoga BAZAAR DEADLINE If you made items for the ovember 8th Bazaar, please g them to The Evergreens by! Volunteers are working them, and inventory all item—Thank you! Chair Yoga	BEC WC e by to ms.	3:00 pm 6:00 pm 9:00 am 9:30 am 10:00 am 1:00 pm 1:30 pm 1:30 pm 1:30 pm 4:00 pm 9:00 am 10:00 am 4:00 pm 9:30 am 1:00 pm	Committee Sara Tucker Presents Diversity Committee 3-13 Card Game Coffee & Chat Quilters Group Shopping at Dillons Open Studio BINGO Rummikub Play Pool Games for All Happy Hour Coffee & Chat Genealogy Group Storywise Chat Saturday Social Morning Devotions Worship Service	CAC Chapel RW GR EV BB RW AS Shuttle EV AS MSP EV BB KAC EV BB EV BB EV CR MSP EV BB EV CR MSP EV BB EV BB
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THIS WEEK'S MOVIES on BPTV 1960

TUESDAY at 2:00 pm and SATURDAY at 3:00 pm Lonely Planet (2024 romantic drama)

At an idyllic writers retreat in Morocco, a newly single novelist finds an unexpected connection with a younger man who's reevaluating his life choices. (starring Laura Dern and Liam Hemsworth)

THURSDAY at 2:00 pm and SUNDAY at 6:00 pm Moneyball (2011 biographical sports drama)

Billy Beane (Brad Pitt), general manager of the Oakland A's, one day has an epiphany: Baseball's conventional wisdom is all wrong. Faced with a tight budget, Beane must reinvent his team by outsmarting the richer ball clubs. Joining forces with Ivy League graduate Peter Brand (Jonah Hill), Beane prepares to challenge old-school traditions. He recruits bargain-bin players whom the scouts have labeled as flawed, but have game-winning potential. Based on the book by Michael Lewis.