



READ & DISCUSS 4th TUESDAY BOOK CLUB

The 4th Tuesday Book Club was organized in April and if you love to read and discuss books, they invite you to join. Each month the discussion will be lead by **Sara Tucker, Ph.D.**, who is a Brewster Place resident known for her wonderful history presentations. Sara is professor emeritus of history at Washburn University. She holds a Ph.D. in history from Indiana University.

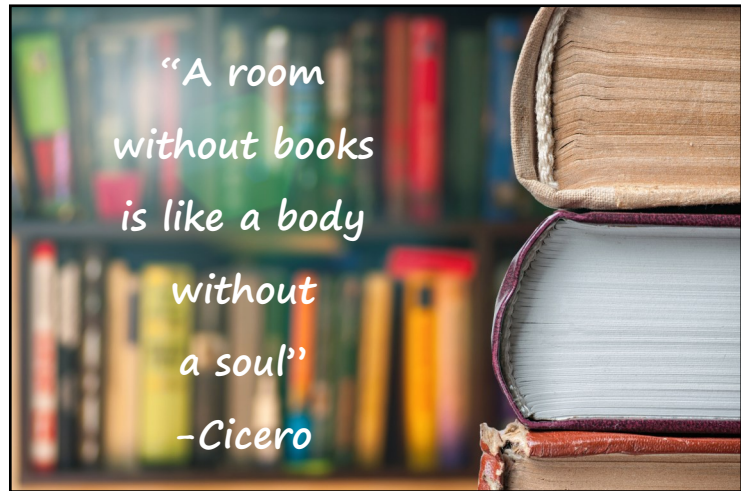
Please read the following to see what's on tap for the rest of 2024. If you are interested in taking part, books can be picked up (and dropped off) at each meeting or you may stop by Chaplain Julie Freeman's office at The Evergreens to pick up/drop off books. You can reach Chaplain Julie at 785-274-3349 for more information.

Save the Dates!

Upcoming Book Discussions

4th Tuesday of Each Month
10:30 am | Main Street Chapel

- Tuesday, August 27
- Tuesday, September 24
- Tuesday, October 22
- Tuesday, November 26



August Book Discussion

Fly Girls by Keith O'Brien

Tuesday, August 27

10:30 am | Main Street Chapel

"High adventure and high ideals merge when a corps of intrepid female aviators battle to take part in the hugely popular air shows of the 1920s and 1930s. Ultimately, one of our heroines would win a race that earned her the right to be called America's best pilot"-- Provided by publisher.

Upcoming Books

A Man Called Ove by Fredrik Backman

Pickup Date | Tuesday, August 27

Discussion Date | Tuesday, September 24

Meet Ove. He's a curmudgeon; the kind of man who points at people he dislikes as if they were burglars caught outside his bedroom window. He has staunch principles, strict routines, and a short fuse. People call him 'the bitter neighbour from hell'. But must Ove be bitter just because he doesn't walk around with a smile plastered to his face all the time? Behind the cranky exterior there is a story and a sadness. So when one November morning a chatty young couple with two chatty young daughters move in next door and accidentally flatten Ove's mailbox, it is the lead-in to a comical and heartwarming tale of unkempt cats, unexpected friendship, and the ancient art of backing up a U-Haul. All of which will change one cranky old man and a local residents' association to their very foundations.

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MISSION

Brewster Place is a retirement community providing all of its residents opportunities for an optimal quality of life.



BUILDING OUR EMOTIONAL INTELLIGENCE

BY CHAPLAIN JULIE FREEMAN, M.DIV

“Do you ever look at someone and wonder what is going on inside their head?” -Joy (Inside Out)

Emotions are hard. They can be big and overwhelming or small and quiet. They can send all kinds of signals in our bodies that give us headaches, stomach aches, tension in various muscles, high blood pressure, high or low blood sugar, and many other sensations. We don't always know why we feel the way we do physically or emotionally, but it's important for our wellbeing to understand. All emotions build connections between us. Joy leads us to growth. Anger helps protect us. Fear keeps us safe. Sadness triggers compassion and brings people around us when we need help. Emotions aren't good or bad. They are a natural part of being human. The more emotional intelligence we build the more resilient we become. Join me this month to watch *Inside Out* together and talk about our emotions. ■

Movie & Chat

Inside Out (part 1)

Tuesday, August 20

1:00 pm

Main Street Chapel

After young Riley is uprooted from her Midwest life and moved to San Francisco, her emotions - Joy, Fear, Anger, Disgust and Sadness - conflict on how best to navigate a new city, house, and school. (IMDB)

JOIN CHAPLAIN JULIE FOR THESE EVENTS

Sunday Supper Club

Sunday, August 4

4:00 pm | The Evergreens Brewster Bean

Bring your dinner and join us for fun, fellowship and curious conversations.

Grief & Gratitude Group

Monday, August 19

2:00 pm | Main Street Chapel

Finding life again after loss through gratitude with Chaplain Julie.

Back to Bible School Trivia Games

Thursday, August 22

2:00 pm | Main Street Pavilion

The Spiritual Life Committee hosts a Bible trivia game day with prizes. Let's have fun and see what we know about the Bible. Everyone is welcome.

Mindfulness Meditation

Monday, August 12

2:00 pm | Main Street Chapel

The Mindfulness Meditation group offers a chance to slow down and center yourself in the present moment. All are welcome.

Morning Devotions

Sunday mornings

9:30 am | The Evergreens Brewster Bean

Join us for coffee and a short devotion with Chaplain Julie.

Weekly Worship Service

Every Sunday

1:00 pm | Brewster Health Center

Weekly Vespers

Every Sunday

2:30 pm | Main Street Chapel ■



CREATIVE ARTS | WITH JASON BERRYMAN

Watercolor for Everyone

Thursdays, August 1 and 15

Wednesday, August 21

9:00 am | Redwood Art Studio

If you've ever wanted to paint with watercolor (or haven't in a while) then this art workshop is for you! Come to the Redwood Art Studio and have fun painting with others, regardless of experience.

Morning Movie

Robot and Frank

Wednesday, August 7

10:00 am | Cultural Arts Center

In the near future, an ex-jewel thief receives a gift from his son: a robot butler programmed to look after him. But soon the two companions try their luck as a heist team.

Bazaar Craft Workshop

Shaving Cream Totes

Tuesday, August 27

10:00 am

Redwood Art Studio

Whether you have made one before, the shaving cream totes are back...but this time to be sold at this year's Bazaar. Have fun with others making unique creations!!

Woodworkers Meeting

Wednesday, August 28

2:00 pm

Brewster Events Center

Wood Shop (lower level)

Open Art Studio

Mondays and Fridays

1:00—3:00 pm

The Evergreens Art Studio

Tuesdays and Thursdays

1:00—3:00 pm

Redwood Art Studio

Did you miss a class you wanted to attend? Would you like help with a project you are currently working on? Open studio time is a great opportunity to learn about art from others or chatting while you work on your own creations!

Quilters Group

Every Monday and Friday

9:30 am

Redwood Art Studio

This group of hand quilters is working on the quilt for the drawing at the November Bazaar.

Tea Towel Tuesdays

Tuesdays, August 6 and 20

10:00 am | Redwood Art Studio

**SAVE
THE
DATE!**



Brewster Place Annual Holiday Craft

BAZAAR

Friday, November 8

9:00 am—3:00 pm

Cultural Arts Center

The Bazaar is a tradition at Brewster Place and proceeds over the past 60 years have benefitted charities in our community as well as programs at Brewster Place. Literally hundreds of thousands of dollars has been raised because of the dedication and hard work of residents over the years. We hope you will mark November 8 on your calendar and join us for this holiday tradition. More information to come! ■

THE 1980s | EXPANSION, GROWTH AND PROGRESS

THE BREWSTER PLACE STORY PART 8 | COMPILED BY JANIS SWANSON, EDITOR

*This article was compiled using **The Brewster Place Story II: 1981—1989***



The 1960s and 1970s were years of planning, building and growth for Brewster Place. This period also saw a major leadership change after the retirement of Executive Director Nathan Barr at the end of 1978 and the beginning of Ron Schmoller's tenure as Executive Director beginning on January 1, 1979. As mentioned last month, The Congregational Home, Inc., and Brewster West, Inc., were merged into a single corporation at the end of 1980. The value of the merged corporation was estimated at near \$10,000,000 with liabilities of \$3,500,000.

Brewster Place has always been known for its beautiful grounds and in 1981, for the third time, Brewster Place won first place in the Topeka Yard Beautification contest. This honor would be repeated in 1982, 1983, 1985 and 1986. J. Glenn Logan, a resident of Brewster Place and member of the Association, noted that the, "honor of winning was not the result of any individual effort and must be shared by all

Brewster Place people, including the staff, the residents who uniformly displayed colorful flowers on patios and balconies, resident gardeners who grew lush vegetables, and the contractor who did a splendid job of caring for the grass and shrubs."

Cable TV made its debut at Brewster Place in the Main Building in 1982 — for those who wished to subscribe. In addition, in May 1982 the Executive Committee discussed the possibility, but took no action on the purchase of the Country Club Apartments for further expansion. This topic would arise several times in the future.

Most interestingly, the Executive Committee also considered and rejected a suggestion of removal of the Stone House in favor of building a tower. Can you even imagine Brewster Place without the Stone House?

During the summer of 1983, 24 carports were constructed east of the Main Building (Redwood). By November of that year, a Respite Care Program began in the

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Medical Unit and in December the Long-Range Planning Committee recommended the purchase of six properties adjacent to the Commerce Bank and Trust parking lot. Purchase of these properties would be to expand Brewster Place with two-bedroom facilities.

The year 1984 saw the addition of computer equipment to the Main Office as well as planning for the 20th anniversary of Brewster Place in May. The Topeka Capital-Journal reported on May 18, 1984 that Executive Director Ron Schmoller said there were 290 residents in the 220 apartments and cottages at Brewster Place, with a waiting list of about 200 people. The rest of the year was noteworthy for the purchase of properties on SW 31st Street and the addition of a donated property from Commerce Bank and Trust on the same street.

Beginning in 1985 only two more properties on SW 31st Street needed to be acquired before any plans for a possible expansion could move forward. In the June 1985 issue of the Brewster News the first mention of Brewster East (now The Evergreens) was addressed in a column by Executive Director Ron Schmoller. An agreement was reached with the architectural firm of Knight & Remmele to prepare a design of the proposed addition. The first design showed three buildings, but because of possible fire problems, bus traffic, street entrances, and probable construction of a holding pond to alleviate flooding issues, the building would be U-shaped with 80 large apartments.

The Brewster East expansion financing was arranged in early 1986 with Capital Federal Savings & Loan and in May of that year, R.D. Anderson Co. was the successful

bidder on the project with a bid of \$4,555,000. The project was to be completed in one year and would increase the size of the Brewster Place campus to 14 acres.

Brewster East was completed and the ribbon cutting and Open House occurred on June 21, 1987. The next day the first residents moved in with others following the next few weeks.

By 1988 Brewster Place had 150 employees and was preparing for the 25th anniversary celebration in 1989. The Executive Committee also approved the recommendation to lower the age for admission to persons 62 years of age and older. And, there would no longer be a cap of 83 years of age to be considered for admission.

Other happenings included the proposal by the Long Range Planning Committee to add a Wellness Center that would house a pool. A survey of residents was conducted and the majority of responses were negative.

In the early 1980s, the Stone House had been converted into a duplex and by 1988 was vacant. Mr. and Mrs. Emery Fager entered into an agreement to become residents of the Stone House which included letting them convert the house back into a single family home. The Fagers spent \$60,000 on the renovation and moved into the Stone House in early 1989.

Brewster Place celebrated its 25th anniversary with five days of events beginning on May 12. The first 25 years of Brewster Place was indeed full of progress, expansion, and steady growth of occupancy and staff to serve the growing number of residents.

Next month we will review the events of the 1990s. ■

MAINTENANCE FREE... MAY NOT MEAN FREE MAINTENANCE

BY MATT BURNS, VICE PRESIDENT OF COMMUNITY SERVICES

I would like to take an opportunity to clarify a few issues that came up at our last Resident Council meeting in July. Questions were asked regarding fees that are charged for extra services provided by Environmental Services as well as what the responsibilities of Brewster's IT department include.

First and foremost, the staff at Brewster Place are a very caring group of people. Staff will often do something for you that is not in accordance with Brewster Place policy because they like you and they want to serve you. Over time, their assistance and extra help becomes an expectation that these services will be provided across campus at no charge. Brewster Place management then has to step in and remind staff and residents what services are provided for free and those that are fee-based. Fees are charged for extra services to keep costs and workloads in conformity with Brewster Place operational procedures.

Those who live in Independent Living want to maintain their independence just like those who live in other maintenance-free communities in town. Brewster Place cannot afford to provide the same level of support and services provided to Assisted Living and Brewster Health Center residents. Residents in those areas pay more per month to cover the extra services and care they need.

Therefore, some requests do incur additional charges. Many of these things are spelled out in your Resident Handbook and should not be a surprise.

MAINTENANCE REQUESTS

Not all maintenance services are gratis at Brewster Place. The Brewster Environmental Services team is here to take care of your needs. Maintaining Brewster Place assets and property is a service this team will perform at no extra charge to the resident. Items that are resident owned, or special requests outside of the standards of Brewster Place will be completed but will incur a charge to the resident. You should be informed whether your requested item is chargeable to you or not when you place the work request. Residents are offered two hours of free services upon move in to hang pictures, tv's etc. After this initial period, requests may be chargeable. New installations of lighting, outlets, fountains, window coverings, etc.... are all examples of chargeable items. A cost sheet can be requested from the help desk at 785-274-3399.

IT REQUESTS

The IT department works solely on Brewster business equipment and systems. The IT department does not work on personal computers, cell phones, or other technology devices. We have tried different methods of assisting with these devices, but we feel there is too much liability with your personal equipment and information for Brewster to get involved in this area. We recommend you ask family, friends, or call an off campus technical company to assist you with your devices. TV remotes, modems, cabling, Brewster phones and phone lines, are items that Brewster Maintenance cares for in your residential units. ■



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***The Graveyard Book* by Neil Gaiman**

Pickup Date | Tuesday, September 24

Discussion Date | Tuesday, October 22

Nobody Owens, known to his friends as Bod, is a normal boy. He would be completely normal if he didn't live in a sprawling graveyard, bring raised and educated by ghosts, with a solitary guardian who belongs to neither the world of the living nor of the dead. There are dangers and adventures in the graveyard for a boy--an ancient Indigo Man beneath the hill, a gateway to a desert leading to an abandoned city of ghouls, the strange and terrible menace of the Sleer. But if Bod leaves the graveyard, then he will come under attack from the man Jack--who has already killed Bod's family....Beloved master storyteller Neil Gaiman returns with a luminous new novel for the audience that embraced his New York Times bestselling modern classic *Coraline*. Magical, terrifying, and filled with breathtaking adventures, the *Graveyard Book* is sure to enthrall readers of all ages. -- From dust jacket.

The Guernsey Literary and Potato

***Peel Pie Society* by Mary Ann Shaffer**

Pickup Date | Tuesday, October 22

Discussion Date | Tuesday, November 26

As London is emerging from the shadow of World War II, writer Juliet Ashton discovers her next subject in a book club on Guernsey--a club born as a spur-of-the-moment alibi after its members are discovered breaking curfew by the Germans occupying their island.



**KU OSHER
LIFELONG
LEARNING
INSTITUTE**

NO HOMEWORK. NO PRESSURE.
JUST LEARNING FOR THE JOY OF IT!

FALL 2024

Presidential Campaigns

with Diana Carlin

Tuesdays, September 17, 24; October 1

1:00—3:00 pm

Cultural Arts Center

**Nature Wars: Human Conflicts
with Wildlife, Vegetation and
Water**

with Tom Luellen

Tuesdays, November 19, 26; December 3

1:00—3:00 pm

Cultural Arts Center

Full class descriptions will be available soon. Please call Jamie at 785-274-3398 to register. Brewster Place residents and BrewsterConnect members attend for free. ■

UPDATES & REMINDERS

Primary Election 2024

Monday, August 5

In-person advance voting ends at 12:00 pm

Tuesday, August 6

Primary Election

(All advance ballots by mail must be postmarked by Election Day and received by Friday, August 9.)

The Market on Main Street

The Market on Main Street will begin using paper products once the supply of Styrofoam items has been used.

Gratitude Crew Shout Outs

Staff LOVE to receive Shout Outs from residents and friends. Shout Out boxes are located at The Evergreens (across from Maxine's desk), Main Street and the Brewster Health Center. Shout outs are included in a weekly email to staff. Share your gratitude! ■

CATERED LIVING — TOUR MORE ON FOUR

The redesign of Redwood is complete and the results are beautiful. The soft colors of the dining venue, the chic lighting in the bistro, the expanded gaming area, and the three art studios make Redwood an active and lovely place to call home. Several of these homes can be found on the fourth floor. There are **more on four**, so take a tour!



Apartment homes ranging from a cozy 500 square feet home to a large two-bedroom, two-bath 1,040 square feet are available. The view is a tree top oasis with the west side apartments taking in the marvelous Kansas sunsets. The east side showcases the reinstated greenspace with a park-like feel and the gentle glow of sunrise to start your day.

For a limited time, Brewster Place is offering a 15% discount on entrance fees for all **Catered Living** Redwood apartments. The amenities of Catered Living include all of your meals with free delivery to your apartment upon request, as well as linen service and weekly laundry service. The discount is offered on the entrance fee of Catered Living only and is available through the fall.

For information on how to begin your own neighborhood of new friends in Redwood, call Marketing at 785-274-3351. Independent Living Residents who make a referral will receive one month's free rent once the friend moves in! **For Villa apartments, residents will receive two months' free rent** if the friend is new to campus and not currently on a wait list. ■

CELEBRATING FREEDOM AND TEAM USA



Frances Wood is a champion table tennis player. She provided a demonstration at the Summer Olympics Darty (Party) in July. So much fun!



Susan Harper attended the Red, White and Brewster event at the end of July. She was all decked out in her patriotic gear and enjoyed the celebration with a full house at the Cultural Arts Center.



Stew Karrer is always a good sport and agreed to carry the Olympic torch at the Summer Olympics Darty (Party). He was the hit of the day and by looking at his smile, we think he enjoyed his debut as an Olympian.



BrewsterLiving.org



OFF CAMPUS — A few highlights!

NEW THEATRE AND RESTAURANT

Wednesday, August 14 | 9:45 am | Shuttle (Pickup at EV lobby and RW west entrance)

New Theatre summer musical spectacular is Disney's *Newsies*. *Newsies* spins the inspirational tale of Jack Kelly, a charismatic newsboy who dreams of a better life. When the unscrupulous newspaper tycoon, Joseph Pulitzer, raises prices at the newsboys' expense, Jack along with spitfire reporter, Katerine Plummer, rouse the downtrodden "newsies" to stand up against Pulitzer and fight for what's right. Tickets are \$38 and includes lunch. Transportation is \$13. Please call Jamie at 785-274-3398 as space is limited.

LUNCH AND ART AT DOVER

Wednesday, August 21 | 10:30 am | Shuttle (Pickup at EV lobby and RW west entrance)

We will begin our day with a trip to Dover Café for lunch and pie. Hopefully we'll find an adventure on the way home. Lunch is a Dutch treat. Please call Jamie at 785-274-3398 as space is limited.

LUNCH AT LONNIE Q'S BBQ

Wednesday, August 28 | 10:30 am | Shuttle (Pickup at EV lobby and RW west entrance)

Lonnie Q's BBQ is highly rated by customers for its delicious and outstanding BBQ, which is considered the best in Topeka. The portions are huge and the service is friendly and fast. Please call Jamie at 785-274-3398 as space is limited.

BREWSTER PLACE FALL TRIP 2024 | WAITLIST ONLY

September 3—5, 2024

You have requested and we have listened. Let's go to Omaha and Lincoln!

Cost: \$650 for double, \$850 for single

Motorcoach Travel for 3 Days and 2 Nights will include:

Hotel: We are lucky enough to stay 2 nights at the beautiful Lied Lodge at

Arbor Day Farms in Nebraska City. This peaceful setting with scenic views of the farms will be our home base for these days.

Meals: Included are 2 Breakfasts, 1 Lunch, 1 dinner and lots of snacks

Day 1: Explore Arbor Day Farms with special fall tours.

Day 2: Explore Omaha including Zoo, old downtown and more.

Day 3: Explore Lincoln including quilt museum and more.

ON CAMPUS — A few highlights!

COMMUNITY CHAT

Thursday, August 1 | 10:00 am | Cultural Arts Center

Brewster Place management will provide informational update about all the things happening at Brewster Place.

SUMMER MOVIE: ROBOT AND FRANK

Wednesday, August 7 | 10:00 am | Cultural Arts Center

An aging thief with a fading memory finds his love for larceny reinvigorated after receiving a companion robot from his concerned son in this tender Sci-Fi comedy-drama starring Frank Langella. Frank (Langella) is a former criminal living out his twilight years in quiet solitude. Though frequent trips to the local library keep him physically active and mentally stimulated, there's little question that his memory isn't what it used to be, and lately his grown children have begun to express concern over the fact that he lives alone. Bestowed a caretaker robot capable of offering engaging interaction and tending to basic household chores, Frank at first resents his android helper. But in time he lets his guard down and begins to actually enjoy the companionship of his new domestic partner. Later, when the future of the local library is threatened, Frank falls back into his old ways and discovers that his robot also doubles as a competent criminal sidekick.

MUSIC PROGRAM WITH MICHELLE

Thursday, August 8 | 2:00 pm | Cultural Arts Center

Come and enjoy a musical journey on the piano that includes a little jazz, pop, rock and Christian music. This program is paid for by the Brewster Service Fund.

SARA TUCKER PRESENTS

Tuesday, August 13 | 2:00 pm | Cultural Arts Center

Come and learn about the History of Food in Humans. Sara is a former Washburn professor that loves history.

THREE THIRTEEN TOURNAMENT

Thursday, August 15 | 1:00 pm | The Evergreens Brewster Bean

This game is taking over Brewster and its time to learn it. It is just like other rummy games, you're going to need a combination of strategy and luck. With each round presenting new opportunities and challenges, Three Thirteen offers endless possibilities for strategic maneuvers and, of course, a ton of fun with friends! Whether you're a seasoned veteran or new to the game please come and see what all the rage is about. We will have prizes and treats.