

WELLNESS OPPORTUNITIES | JUNE 10—16, 2024

DATE	EXERCISE CLASSES			GROUPS, GAMES, EVENTS		
MONDAY, JUNE 10 Happy Birthday Charles Butler	8:25 am Low Impact Aerobics BEC WC 9:30 am Senior Circuit WWC 10:15 am Sit 'n Bee Fit BEC WC 10:15 am Chair Yoga WWC 11:00 am Weights/Theraband BEC WC 11:50 am Shallow Circuit BEC AC 1:15 pm Cardio Splash BEC AC 2:00 pm Talk and Tread BEC AC	9:00 am Coffee & Chat EV BB 9:30 am Quilters Group RW AS 10:30 am Mindfulness Meditation Chapel 1:00 pm Card Games RW GR 1:30 pm Card Games EV BB 1:00 pm Open Studio Time EV AS 1:30 pm Food Committee MSP 4:00 pm Social MSP 6:15 pm Cribbage EV BB				
TUESDAY, JUNE 11 Happy Birthday Don Mahrle Max Prosser June Tebbutt	8:25 am Low Impact Aerobics BEC WC 9:30 am Senior Circuit WWC 10:15 am Balance and Breathing WWC 11:30 am Fall Prevention Tai Chi WWC 1:15 pm B Chi Canceled 2:00 pm Talk and Tread BEC AC	9:00 am Coffee & Chat EV BB 10:00 am Caregivers Support Chapel 10:00 am Phoneography: Editing RW AS 10:15 am Resident Marketing Committee EV CR 1:00 pm Open Studio Time RW AS 1:00 pm Osher: Broadway CAC 3:30 pm Choir Practice Chapel 6:00 pm Buck Academy CAC 6:30 pm Rummikub EV BB				
WEDNESDAY, JUNE 12 Happy 105th Birthday! Jerry Hinton Happy Birthday Tom Newell (BC)	8:25 am Low Impact Aerobics BEC WC 9:30 am Senior Circuit WWC 10:15 am Sit 'n Bee Fit BEC WC 11:00 am Weights/Theraband BEC WC 1:20 pm Shallow Circuit BEC AC 2:00 pm Talk and Tread BEC AC	9:00 am Coffee & Chat EV BB 9:00 am Large Gardens of Topeka Shuttle 10:00 am Aldi's Shopping Shuttle 10:00 am Easy Abstract Watercolor RW AS 10:00 am Therapy Dog Visit CAC 2:00 pm AA Meeting BEC WC 6:30 pm Mex Train Dominoes EV BB				
THURSDAY, JUNE 13 Happy Birthday Shirley Streeter Delores Gutierrez (BC)	8:25 am Low Impact Aerobics BEC WC 9:30 am Senior Circuit WWC 10:15 am Balance and Breathing WWC 12:30 pm Cardio Splash BEC AC 1:15 pm B Chi BEC AC 2:00 pm Talk and Tread BEC AC	9:00 am Coffee & Chat EV BB 1:00 pm Open Studio Time RW AS 2:00 pm Rummikub RW GR 6:00 pm Topeka Civic Theatre Shuttle				
FRIDAY, JUNE 14 Happy Birthday Jerry Reed Freida Schriener Happy Anniversary Eugene and Waunita Shoemaker	10:15 am Chair Yoga BEC WC 11:00 am Mat Yoga BEC WC 	9:00 am Coffee & Chat EV BB 10:00 am Shopping at Dillons Shuttle 1:00 pm Open Studio EV AS 1:00 pm BINGO MSP 1:30 pm Rummikub EV BB 1:30 pm Play Pool KAC 4:00 pm Happy Hour EV BB				
SATURDAY, JUNE 15	10:15 am Chair Yoga BEC WC 2:00 pm Pickleball Canceled	9:00 am Coffee & Chat EV BB 10:00 am Storywise Chat MSP 10:00 am Genealogy Group EV CR 4:00 pm Saturday Social EV BB 5:00 pm Jokers Card Game EV BB				
SUNDAY, JUNE 16 Happy Birthday Onalee Exon Norman Wilms Diane Lawrence (BC)	<div style="border: 1px solid purple; padding: 5px; display: inline-block; color: purple;"> Happy Father's Day! </div> Happy Anniversary Larry and Anita Wolgast	9:30 am Morning Devotions EV BB 1:00 pm Worship Service BHC 2:30 pm Vespers Chapel				

BPTV 1960 SCHEDULE

8:00 am	Announcements	Mon-Fri
9:00 am	Weights/Theraband	Daily
9:30 am	Senior Circuit	Daily
2:00 pm	Movie	Tues/Thurs
3:00 pm	Movie	Saturday
6:00 pm	Movie	Sunday

THIS WEEK'S MOVIES on BPTV 1960

TUESDAY at 2:00 pm
SATURDAY at 3:00 pm
On the Basis of Sex (2018 drama)
 A trailblazing young Ruth Bader Ginsburg takes up a case of sex-based discrimination in an attempt to shatter the status quo.

THURSDAY at 2:00 pm
SUNDAY at 6:00 pm
Wonder (2017 inspirational drama)
 After being homeschooled all his life, a boy with facial differences attends a traditional school, where he must find friends among his bullies.
 (starring Julia Roberts and Owen Wilson)