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Our Mission

Brewster Place is a retirement community providing all of its residents opportunities for an optimal quality of life.



The Brewster Health Center
is accredited by
The Joint Commission.

Brewster Community Fair | Building Community

The county fair has a rich history in the United States. In the Midwest, the county fair was a steady reflection of the interests and values of the surrounding rural community. Going to the county fair was a welcome distraction from the normally quiet rural life. It was also something the family did together. County fairs offered a community a connection to the past while bridging into the present. (borrowed from discoverypub.com)

No matter where you were raised, most of you probably attended a county fair (or two) in your life. Whether by exhibiting artwork, baked goods or other creative endeavors, or by competing in a contest or just taking it all in from the sidelines, fairs have always been a great way to build community and have some good old fashioned fun! With this in mind, Brewster is hosting the 2015 Brewster Place Community Fair — “A Brewster ‘a Fair.” Join us September 23, 24 and 25 for contests, exhibits and much more! We will even have the Topeka Civic Theatre’s Senior Class perform for us.

Fair booklets will be distributed to residents in early September. The booklets will include all the details of what will be scheduled each day and how to take part. We have many wonderful sponsors who have volunteered their time and money to make this fair a reality. From the Veterans’ Wall of Honor to the Big Top Tent “A Brewster ‘a Fair” will be an affair to remember. Please join us and invite your friends and family! ■



Veterans Wall of Honor
Fair King and Queen
Outstanding Citizen Award
Outstanding Staff Award
Art and Photography
Watermelon Seed Spitting
Pinewood Derby Racing
Jigsaw Puzzle Contest
Collectibles & Antiques
Road Show
TCT Senior Class
Baked Goods
Woodworking
Textiles
Crafts
Cow Patty Toss
Pet Show
Fish Casting
And much more!

There's more to experience!

Getting to Know Our Residents

By Phyllis McMahan, Resident Volunteer



Jean Ragan

900 SW 31st St., Apt. 227
Ph. 354-9117

Clara Jean Ragan moved to Brewster East in March 2015. She was born in Carmen, Oklahoma. After graduating from high school in Carmen, Jean moved to Kiowa, Kansas in 1954 to do bookkeeping. There she met her future husband, Robert. Born in Burlington, Oklahoma, Robert graduated from Kiowa High School. Robert had been in the military as a paratrooper for two years, stationed at Fort Campbell, Kentucky. He attended Emporia State University on the G.I. Bill.

Jean and Robert were married in 1955 in Kiowa. They moved back to Emporia for Robert to finish college. He earned a bachelor's degree in business and education and a master's degree in school administration. After teaching eighth grade mathematics and coaching basketball at Fort Scott, Robert was assistant superintendent for finance in Garden City, Kansas for nine years. He did the same work in the Topeka and Shawnee Heights districts as well.

Jean and Robert built a new home in Topeka and lived there for 27 years. They enjoyed traveling and took bus tours in "the lower 48." They also visited Alaska and Hawaii. Jean likes to work on jigsaw puzzles, crossword puzzles and read. Jean also has several collections including Precious Moments, Boyds Bears, Beanie Babies, angels and windmills. Since moving to Brewster Place she hasn't even gotten her sewing machine out.

Jean and Robert had been thinking of moving to a retirement community and then Robert became ill and passed away suddenly less than a year ago. Jean received an open house invitation from Brewster Place and after attending, she decided to move here. Jean has two sons each of whom have pharmacy degrees from Kansas University (as do their wives). Jean's son Bob also has an MBA from Wichita State University and is currently head of computer programming at Wesley Hospital. Jean's youngest son, Ronald, earned PhD in pharmacy and is now dean of the school of pharmacy at High Point University in North Carolina. Jean has seven grandchildren, five of whom have completed college. The others are working toward their degrees. ■



Brewster East Tailgate Party
Saturday, September 12
5:00 pm BE DR

Menu

Honey BBQ Wings
Pulled Pork on Slider Bun
Baked Beans
Chuck Wagon Corn
Waldorf Salad
Deviled Eggs
Brownies and Ice Cream

Residents and friends are invited to wear your school colors. Go team!

Please call 274-3359 for reservations. Reservations are limited to 80.

A Brewster a'Fair
2015 Brewster Place Community

FAIR

September 23, 24 and 25!

Getting to Know Our Residents

By Phyllis McMahan, Resident Volunteer

Robert “Bob” and Doris Payne moved to Brewster East in April 2015. A native Topekan, Doris graduated from Topeka High School. Bob was born in Cadus, Kansas and attended a one-room school for seven years. His family moved to a farm near Garnett and later moved into the town of Garnett, where he graduated from high school. The couple met at the Dynamite in Lawrence, Kansas. After they danced for the first time Doris said, “that was it!”



Bob and Doris Payne
900 SW 31st St., Apt. 223
Ph. 272-3988

Doris earned her bachelor’s degree in nursing from Kansas University. She spent three years in Lawrence and two and a half years at the Kansas University Medical Center in Kansas City. Bob majored in journalism and Spanish at Kansas University. After attending summer medical school in Lawrence, Bob completed his medical degree at the Kansas University Medical School. While Bob served an internship in Milwaukee, Doris worked in a county hospital facility with polio patients.

Bob served three years in the military — 14 months as a medical officer on a ship (which was “like a vacation”) — then at Norfolk Dispensary. Doris returned to Topeka and worked at Stormont-Vail and Santa Fe hospitals. They lived in Craig, Colorado for three and a half years where Bob worked with his friend, Dr.

Thurston, in family practice. Bob also worked at St. Luke’s in Kansas City and in Topeka. Doris stayed home with their two children.

Doris enjoys reading and gets good use from TSCPL Red Carpet Service and the library at Brewster East. Bob has several book series such as books on the Civil War. The Paynes have a wonderful wall of bookcases that were built to house their large collections.

One of the Payne’s two sons teaches mathematics at Coffeerville Community College. Their other son is a cardiologist in North Carolina and their daughter is a copy editor for the Lawrence firm, The 451 Group. The Paynes have one grandson.

Doris’ parents, Josephine and Lida Kendall, enjoyed living at Brewster Place several years ago. Lida worked in the woodshop building items for the Bazaar. Josephine also helped by working on craft items including dolls and stuffed animals. Doris points out that her mother never used a pattern. ■

Join the Brewster Singers!

Do you enjoy singing? Are you looking for a way to get involved at Brewster Place? The Brewster Singers might just be the group for you!



This wonderful group of singers is led by resident director, Dick Nichol. They practice once a week and perform three to four times a year. Music varies depending on the theme of each program. This is a great way to share your love of music with others. The first practice

is **Wednesday, September 9 at 12:30 pm** in the Klinge Activity Center. Please call Dick Nichol at 274-5519 for more information. ■



Let us help *you or your loved* one stay safe and independent in your Brewster Place home.

Please call **785-274-3395** for a free consultation with a BeWell Support Coordinator.

Protecting Our Skin in Every Season

by Eileen McGivern, BSN, RN | Vice President Wellness and Community Initiatives

Even though it's not officially fall yet, schools are back in session, football has begun and for the most part, summer is over. Just because summer vacations and other activities are drawing to a close, we still need to protect our skin! Did you know skin cancer is the most common cancer in the United States? It's important for all of us — no matter our age — to educate ourselves about skin cancer, protect our skin from too much sun exposure, and know the signs and symptoms for early detection — whatever the season.

There are three types of skin cancers: basal cell carcinomas, squamous cell carcinomas and melanomas. Basal and squamous cell cancers convey what level of the skin they are located — the outer layer of the skin. These types of cancers are very unlikely to spread to other parts of the body, however, it is important to find and treat them early. Doctors will often conduct skin assessments at annual physicals, but if you notice any skin changes or growths, point them out to your doctor.

Melanomas develop from the brown pigment

that gives skin its pigment called melanocytes. Benign melanocytes are called moles. Melanomas are almost always curable in early stages, but if left undetected can grow and spread to other parts of the body making it difficult to treat. The chest and back are the most common sites for melanoma in men and, in women the legs and face are most common.

How can we protect ourselves even if summer is over? Think of the words, **slip, slap, slop and wrap**. This phrase will remind you to slip on a shirt to cover your skin when outside, slop on sunscreen,

slap on a hat and wrap on sunglasses to protect your eyes and the skin around them. These barriers between our skin and the sun provide the best protection.

Finally, a word about early detection. It is very important to partner with your doctor to provide ongoing monitoring of your skin. Many doctors prepare a "skin map" that locates, identifies and describes any lesions on your body. Often photos are taken and compared from year to year. ■



slip slap slop wrap

WELLNESS wednesday

Hearing Forum: The T-Coil
Wednesday, September 2
11:00 am | Main Lounge

We invite you to join Eileen McGivern, BSN, RN and Larry Brock to attend a Hearing Forum where they will discuss the T-coil and hearing loop technology. Larry will show a video that illustrates the difference of having hearing loop technology in a church setting. They will also discuss the new counter T-coil located at the Main Office front desk. ■



Hearing Loop
Switch hearing aid to T-coil

If you see this symbol and you have T-coil enabled in your hearing aid, switch to T-coil mode and hear better!

Trash & Treasure Sale Total

The grand total of August Trash & Treasure Sale was \$4,798.27. Another BIG thank you goes out to our resident volunteers who work tirelessly sorting, pricing and organizing items for the Sale. Thank you also to those who volunteer to work the Sale as well as everyone who supports the Sale by buying items. Proceeds benefit the Brewster Service Fund which supports resident programming on campus.

Now a word to the wise for residents and their families — please start bringing donations now so you have plenty of time before the next Sale in the spring. Thank you! ■

The third key to being a healthy Christian is to devote oneself to Christian fellowship. The Biblical word for "fellowship" means to share in something that involves participation. Mel Lawrenz gives this definition, "to share material goods, share ministry, and be partners in the gospel." All these are rooted in the spiritual reality of a connection between believers that is

based on their connection to Christ. This fellowship is literally brought forth by the Holy Spirit of God.

We as Christians are called to devote ourselves to the apostles' teachings and be united in the work of spreading the

gospel. Christians in true service are united in feelings, in interest, in dangers, in conflicts, in opinions, and in the hopes of blessedness that comes from serving Jesus Christ. They have a joined life in sharing blessings and gifts bearing each other's burdens, sharing in the conflicts that come and the victories that are won in fulfilling the Great Commission. A healthy Christian has true fellowship because he/she shares Spiritual experiences with other believers.

I read a story about a young man who was fed up with church and went to visit a wise old Christian who lived in an isolated cabin for some advice. He told him all the things that were bothering him about church and that he would be better off without the company of other Christians. As he was speaking, the old man silently took the fire tongs and removed a red-hot glowing coal from the middle of the fire and set it on the hearth. The coal glowed for a while, but eventually it dimmed and turned black. He let it sit there a while and then took the tongs and placed the coal back in the middle of the fire. Within seconds the coal was glowing red-hot once again. The young man took the wordless lesson and left determined to stay in fellowship with others.

The Bible says: *"Two are better than one, because they have a good return for their work: If one falls down, his friend can help him up. But pity the man who falls and has no one to help him up! Also, if two lie down together, they will keep warm. But how can one keep warm alone? Though one may be overpowered, two can defend themselves. A cord of three strands is not quickly broken"* (Ecclesiastes 4:9-12).

A healthy Christian needs to be in fellowship with other believers. Hope to see you at Vespers service on Sunday! ■



Christian Fellowship



Bible Study to Begin in October

"Forgiveness: Finding Peace Through Letting Go"

by Adam Hamilton

This is a four week video series in which Hamilton equates our need to forgive and be forgiven with carrying a backpack filled with rocks. Over time the tiny pebbles and giant boulders weigh us down and break more than our spirit. Freedom, grace, reconciliation and joy are promised to those who embrace forgiveness.

Mondays, October 5 — 26

3:00—4:00 pm

Main Building Chapel

Chaplain Roger Jackson, Facilitator



AT THE UNIVERSITY OF KANSAS

The Civil War in Kansas, Missouri and Arkansas: 1856—1865

Tuesdays, September 15, 22 and 29

2:00—4:00 pm

Klinge Activity Center

We will travel back to the 1850s when people, families, and the country were torn apart over the idea of Freedom. Kansas, Missouri, and Arkansas suffered civil strife over the issues of slavery and states' rights, enduring fear and terrorism on their borders. The battles of Mine Creek, Black Jack, Osawatomie Creek, Marais des Cygne, Westport, Springfield, Pea Ridge, Wilson's Creek and others will be discussed in the context of their strategic locales. We'll also look at the personalities of the Jayhawkers, Red Legs, John Brown, William Quantrill, James Lane, Sterling Price and other leaders of the causes that led to war, and discuss the attitudes, social ideals and philosophies of people of opposing sides.

Instructor

Russ Hutchins teaches United States History, Western Civilization and Economics at Friends University, Topeka. He is a retired public school administrator and educator of 41 years. ■



Why join BrewsterConnect?

BrewsterConnect is a fabulous way to get connected to the benefits of Brewster Place while maintaining your current home! Give us a call at 274-3303 for membership information!

Are you already a BrewsterConnect member?

Do you feel like you need an update regarding your member benefits? Join us for **BrewsterConnect Orientation held each Friday at 3:00 pm at the Stone House**. We will discuss how to help you age in place and enjoy your connection to Brewster Place and all it has to offer. We will then attend the Social for drinks, snacks and conversation. If you have questions, please give us a call at 274-3303. ■

Participants Needed for National Alzheimer's Study

The University of Kansas Alzheimer's Disease Center in Fairway, Kansas (northeast Johnson county) is seeking participants for a national study on an investigational medication for patients diagnosed with mild to moderate cases of Alzheimer's disease. The drug is being examined for its potential to slow the progression of the disease, which affects more than five million Americans.

Criteria for consideration for inclusion in the study follows:

Women and men with mild to moderate Alzheimer's disease who:

- Are aged 55-85 years old
- Are stable on donepezil (Aricept) or (Exelon Patch) treatment
- Are living in the community (not in a nursing home)
- Have a study partner that has at least 10 hours of contact per week, who can attend study visits
- Weigh no more than 220 pounds

To find out more about the study and enrollment information, please contact Annette Becker at 913-588-0555 or email her at abecker@kumc.edu. Screenings for the study will continue through October. ■



facebook.com/brewsterplace.org

The most common gift we receive at the Brewster Foundation is a check. It is easy and simple, and many people may think it is the only way to give. In truth we can accept many types of gifts and have, in the past, accepted things ranging from paintings to property. Another thing that many people may not consider as a gift option is publicly held stock. A donation of appreciated stock is a win—win for the philanthropically inclined.

Here is an example of how this works: If you purchased stock for \$10,000 last August and today it is worth \$20,000, you might consider donating that complete amount to charity. If instead, you sold that same stock, you would pay a capital gains tax on the \$10,000 gain in value. The tax rate for long term capital gains is 15%. However, if you make the choice to donate this amount, it would save you \$1500 in capital gains taxes.

In addition to saving the capital gains tax, you are also able to claim a deduction of the market value of the donated shares. In other words, you would be able to claim a \$20,000 charitable gift. The amount of savings that would generate for you would depend on your tax bracket. If you are in the 25 percent federal tax bracket, this could account for an additional \$5,000 in tax savings. This adds up to a total of \$6,500 in tax savings for you and

a wonderful \$20,000 gift to the charity you have chosen – possibly the Brewster Foundation! This is definitely a win—win scenario!

In order to achieve the greatest tax benefit, you must have held the stock for a total of one year. Stock held less than that would be counted as ordinary income property, and the charitable donation would be based on the stocks’ cost basis. The cost basis is the amount you paid for it – not the appreciated value.

Please remember, the numbers we used are for example only. These may vary based on

your specific tax situation. Always speak with your tax professional and seek outside advice before making a large donation of stock or other property.

The purpose of the Brewster Foundation is to raise funds to support Brewster. The programs supported benefit residents, staff, and our surrounding community. We are very thankful to all of our many supporters and contributors. We are always happy to speak with you about your willingness to provide support. Without you, our donors, we are not able to do the many things we do! ■

News & Views with Kevin McFarland



**Tuesday, September 8
10:15 am
Chandler Sun Porch**

Please join Kevin for another interesting conversation about current events and other topics of your choice. Kevin always facilitates a wonderful discussion about politics, world and local news, entertainment, sports and other topics of the day. Coffee and donuts will be served. This event is sponsored by the Brewster Foundation. ■

The Brewster News is a monthly publication for the residents and friends of Brewster Place.

The Brewster News is also available online at:

www.BrewsterLiving.org

Janis Swanson, Editor | Janis.Swanson@BrewsterLiving.org

ORCHESTRA on the OREGON TRAIL | Sunday, September 6

Where Music Meets the Meadow



Journey with us to Alcove Spring Historic Park for Orchestra on the Oregon Trail, an all-day experience with music and events for all ages. The Topeka Symphony Orchestra and the natural wonder of Alcove Spring will combine as a tribute to a wilderness traversed by the pioneers. Located six miles south of Marysville in Marshall County, Kansas, Alcove Spring Historic Park spans 246 largely undeveloped acres located on the historic Oregon-California Trail. Wagon swales remain, showing the paths pioneers traveled to and from ferry crossings as they headed west. This historic site was the stopping place for many wagon trains, including the legendary Donner-Reed party.

As part of their 70th season, the Topeka Symphony Orchestra's sound will cascade through

the meadow, creating a truly unforgettable experience. Under the accomplished direction of Kyle Wiley Pickett, this Kansas-based orchestra will perform an Old West concert complete with musical themes from Western movies, the sounds of the pioneer days and songs that highlight the American spirit. The orchestra will perform on the main stage at 6:00 p.m. Additional performances will include Cryin' Heart, Lucas Maddy and the Kansas Cartel, Tim Strathman and Susan Werner.

We can bring our own chairs or rent at the venue. We can also bring our own food or buy food there. Please dress in layers for the evening. Tickets are \$55 and transportation is \$13. Please call Jeanene at 274-3398 for reservations. The Brewster bus will depart at 1:00 pm from Brewster Place. ■

Smiles, Sales & Sunshine!



Above: Kaizen Nikki and Marilouise Smith were getting ready to board the bus for a lunch outing at Olive Garden. **Right:** Bill and Daisy Douthett enjoyed a respite on a bench after their daily walk.



Above: Bob Parman and Maggie Killinger are two of our many resident volunteers who make the Trash & Treasure Sales a success. Thank you!



Resident Birthdays

| | |
|--------------------|----|
| Georgia McKeever | 1 |
| Mary Lou Atherly | 2 |
| Maxine Noller | 2 |
| Elizabeth Packard | 2 |
| Darrell Humphries | 4 |
| Lou Arnold | 5 |
| Barbara Harris | 6 |
| Pat McEwan | 7 |
| Mary Ann Bonebrake | 8 |
| Alan Bradbury | 9 |
| Bert Tyrrell | 9 |
| Julia Merrifield | 10 |
| Frank Cohoon | 12 |
| Charlotte Burris | 13 |
| Gene Foltz | 13 |
| Ron Brunsvold | 14 |
| Pauline Yockey | 14 |
| Harry Briscoe | 15 |
| Lenore Marschall | 17 |
| Betty Harley | 19 |
| Alice Barron | 21 |
| Betty Fenton | 21 |
| Tina Heide | 21 |
| Shirley Rausch | 21 |
| Sue Smith | 21 |
| George Riggins | 22 |
| Beth Sparling | 22 |
| Bill Larson | 24 |
| Carolyn Adams | 27 |
| Lorice Ann Woner | 27 |
| Mary Cohoon | 29 |

Anniversaries

| | |
|-----------------------------|---------|
| Keith and Reeta Akins | 9-3-48 |
| Garland and Nancy Roseberry | 9-3-89 |
| Frank and Betty Rice | 9-5-53 |
| Don and Shirley Moses | 9-9-56 |
| Dan and Teresa Cain | 9-29-56 |
| Elmer and Doris Davis | 9-30-45 |

In Memoriam

| | |
|----------------------|---------|
| Mrs. Imogene Quinlan | 8-13-15 |
| Mrs. Wilda Brock | 8-17-15 |
| Ms. Marian Cutler | 8-19-15 |
| Mrs. Eva Courtner | 8-24-15 |

Staff Anniversaries

Brewster staff members who are celebrating their employment anniversaries in September!

| Department | Location | Years |
|--|----------|-------|
| <u>Administration</u> | | |
| Stephen Scheele | MB | 1 |
| <u>Dining Services</u> | | |
| Laura Salas | MB | 1 |
| <u>Environmental Services</u> | | |
| Margaret Hines | MB | 6 |
| Aurora McBeth | BE | 1 |
| Sid Mitchell | Campus | 14 |
| <u>Health Services Administration</u> | | |
| Angala Anderson | BHC | 16 |
| <u>Health Services</u> | | |
| Quontez Livingston | BHC | 5 |
| Myrtle Morris | BHC | 5 |
| Beverly Blasing | BHC | 1 |
| Lessirena Parker | BHC | 1 |
| Pogyena Mpofo | BHC | 4 |
| Lisa Howard | BHC | 1 |
| Raymond Lax | BHC | 1 |
| Erin Presswood | BHC | 4 |
| <u>Brewster Rehab</u> | | |
| Allie Brabb | Rehab | 1 |
| Melissa Ray | Rehab | 3 |
| Serena Kent | Rehab | 1 |
| <u>Therapy</u> | | |
| Kim Mercer | BHC | 4 |

New Residents

| | |
|-----------------------------------|--------|
| Ada Bishop | MB 319 |
| Ann Uhl | BE 336 |
| Margaret Fowler and Carlee Wilson | BE 125 |
| Chuck and Myra Sodergren | MB 102 |
| Mary Coldsnow | BE 204 |

Transfers

| | |
|----------------------------|--------|
| Pat Gehr | MB 422 |
| Lou Arnold | BE G17 |
| Lew and Mary Mills | AL 24 |
| Homer McElroy | BHC |
| Laura Semler | AL 22 |
| Wayne and Barbara Fernkopf | BHC |
| Mary Kresie | BHC |

september | on-campus events

Let's Fly a Plane — Tuesday, September 1 — 2:00 pm MDR

Greg Inkmann is the head of the Foundation for Aeronautical Aviation. This group flies small model airplanes. Greg will demonstrate how easy it is “with a little practice!” This hobby is fun and not terribly expensive. You won't believe what these little planes can do. Come enjoy the fun!

Wellness Wednesday: Hearing Forum — Wednesday, September 2 — 11:00 am ML

Eileen McGivern and Larry Brock will host a hearing forum discussing T-coil and hearing loops (introduced in last month's Brewster News). Larry will show a video that shows the different the hearing loop system can make in a church setting. Please come and learn more about this technology that will be coming to our new chapel.

“News & Views” with Kevin McFarland — Tuesday, September 8 — 10:15 am CSP

Thanks to the Brewster Foundation for bringing Kevin to Brewster Place each quarter for this fun discussion. Everyone loves Kevin who facilitates discussions on current events and other news shenanigans. Come with your questions and discussion topics and enjoy this informative and fun event.

Resident Council Meeting — Thursday, September 10 — 10:00 am KAC

Every other month your Resident Council holds a meeting where all residents are encouraged to attend. This is the place to find out what's happening on campus from administrative staff as well as resident committee chairs. If a new resident lives near you, please invite them to come along.

Healthwise 55 Luncheon — Tuesday, September 15 — 11:30 am KAC

The topic this month is “Fall Prevention — Stepping On.” Join speaker Teresa Taylor, BSN, RN, CEN, CPEN, trauma prevention coordinator/outreach educator as she discusses strategies for minimizing falls in your life. She will also introduce you to a new, free, seven-week program offered by Stormont-Vail for those who meet specific qualifications. Lunch is \$5. Please call Jeanene at 274-3398 for reservations.

KU Osher Lifelong Learning Series

The Civil War in Kansas, Missouri and Arkansas: 1856-1865

Tuesdays, September 15, 22 and 29 — 2:00—4:00 pm KAC

Please see article on page 6 of this issue.

Piano Music with Dick Nichols — Wednesday, September 16 — 2:00 pm ML

Resident Dick Nichol is director of Brewster Singers and is also a wonderful pianist. Please join Dick as he plays a variety of music from marches to classical to old favorites.

Brewster Place Community Fair “A Brewster ‘a Fair”

Wednesday, Thursday and Friday, September 23, 24 and 25

Specific events, dates and times will be in Fair booklet (available first week of September)

Please see the front page for more information.



September 3

“Miss Austen Regrets” (2008 Masterpiece Classic)

September 10

“Tucker: The Man and His Dream” (1988 drama)

September 17

“The Rewrite” (2015 romance)

September 24

“Tammy and the Bachelor” (1957 romantic comedy)

september | off-campus events

First Friday Artwalk — Friday, September 4 — 5:30 pm Lobbies

It's September so hopefully the weather will be cooler as we make our trek out to visit local galleries. If you haven't gone to First Friday Artwalk before, please join us as we browse, visit with friends and have some yummy treats. Please call Jeanene at 274-3398 for reservations.

Orchestra on the Oregon Trail: Where Music Meets the Meadow Sunday, September 6 — 1:00 pm Lobbies

Please see back page for more information.

New Dinner Theatre — Wednesday, September 9 — 10:00 am Lobbies

This month we will see "The Addams Family." In this hit Broadway musical, Wednesday Addams, princess of darkness, has grown up and fallen in love with a sweet, smart, "normal" young man (and her parents know very little about him). Finally she begs her father to keep her secrets. Can Gomez hide the truth from Morticia? A difficult task once Morticia invites the boyfriend's parents for dinner. Tickets are \$35 and transportation is \$13. Please call Jeanene at 274-3398 for reservations.

Spencer Senior Sessions — Thursday, September 10 — 9:00 am Lobbies

The topic this month is "The Reconstruction of an Italian Renaissance Tempera Painting" with Celka Straughn, Director of Academic Programs. Celka will share the reconstruction she made of a fifteenth century Italian tempera painting. She created it while attending a Kress Foundation technical art history workshop. After the program we will have a Dutch treat lunch in Lawrence. Transportation is \$13. Please call Jeanene at 274-3398 for reservations.

Dinner Night Out at Lidia's of Kansas City — Monday, September 14 — 4:00 pm Lobbies

World famous culinary artist Lidia Bastianich owns several top-rated restaurants in New York and now in Kansas City. She gained 3 stars from the New York Times and was a James Beard winner. Lidia's is an upscale spot for Northern Italian dining in a beautiful space. Lidia also had the honor of serving Pope Benedict XVI as well as other well-known people. Dinner is Dutch treat and transportation is \$13. Please call Jeanene at 274-3398 for reservations.

Flint Hills Shakespeare Festival — Friday, September 18 — 4:00 pm Lobbies

Each fall the Shakespeare Festival transforms the woods affectionately known as Sir William Hollow into an outdoor Shakespearean Amphitheatre and Festival. Located on the grounds of St. Mary's College in St. Mary's, Kansas, the festival is self-sustained by patrons and businesses. We will see "The Merry Wives of Windsor." The gates open a few hours before the main stage production, so we will have time to browse the booths and get a bite to eat. Food and drinks are Dutch treat. Tickets are \$10 and transportation is \$13. Please call Jeanene at 274-3398 for reservations.

Lunch Out at Lonnie's BBQ — Monday, September 21 — 10:45 am Lobbies

Lonnie's BBQ has wonderful food including chicken, pork or brisket with baked beans, potato salad and the best cheesy potatoes ever tasted. This will be a delectable Dutch treat lunch. Please call Jeanene for reservations.

Topeka Community Concert — Friday, September 25 — 6:45 pm Lobbies

The 2015-2016 season gets underway with "Fountain City Brass Band." Founded in 2002, FCBB is a volunteer musical ensemble based in the greater Kansas City area. Performing a wide variety of music including opera, jazz, Broadway and modern compositions written especially for brass band, the FCBB seeks to bridge the gap between popular and classical music. Since their first competition in 2004 the Fountain City Brass Band has won multiple U.S. Open Brass Championships and North American Brass Band Championships. Season tickets are \$75 or you may buy tickets at the door. Please call Jeanene at 274-3398 for reservations.