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Our Mission

Brewster Place is a retirement community providing all of its residents opportunities for an optimal quality of life.

Find us on the web at:

BrewsterLiving.org or
facebook.com/brewsterplace.org

Wine, Cheese & Chocolate Celebration

Friday, October 17 | 4:30 pm | Klinge Activity Center

As of last January we began celebrating the 50th anniversary of Brewster Place. Our kick-off event was held at Topeka Country Club and included a lovely meal, drinks, dancing and a program.

In February we celebrated “50 Years of Valentines” with a social and fun photo booth. We could not let March go by without the March Madness Brewster Bracket Challenge and on May 16 the Brewster Birthday Bash and Block Party was held outside, complete with BBQ, live music, cake and a special hip hop dance.

We headed to Lake Shawnee in June for the 50th Anniversary Day in the Park picnic. In July we celebrated our anniversary and our freedom on Independence Day. To celebrate our support of the arts, in August we hosted the 50th Anniversary Art Exhibit that showcased resident artwork as well as works from local artists.

Please join us for our culminating event, “Wine, Cheese and Chocolate Celebration,” proudly sponsored by the Brewster Foundation and the 50th Anniversary Committee. We hope to see you there! ■

Join us!
50 cheers for
50 years!



50th Anniversary Committee | We Thank You!



Committee Members

(left to right)
Virginia Tevis
Kevin Doel — Co-chair
Judy Soule — Co-chair
Freida Schriener
Diana Siegal
Mary Allen
Not pictured:
Maggie Beers
Larry Riggins
Tobias Schlingensiepen

Getting to Know Our Residents | by Kevin Doel, Director of Marketing

“They said it wouldn’t last,” said Jean Hinton of her whirlwind one-month courtship with her husband, Jerry. Sixty seven years later, they have more than proved the skeptics wrong.

“We have had and are having a great life!” Jerry and Jean Hinton met while working at Beech Aircraft in Wichita. Jerry returned from his service with the Army during World War II (during



Jerry and Jean Hinton
1208 SW 29th Terrace, Apt. 16
Ph. 272-8269

which he was assigned to an infantry division and served

throughout Europe) and Beech Aircraft reinstated him to the position he held before the war. Jean, however, was one of many workers employed by Beech who was let go upon the return of the soldiers when the company had to rehire them.

“I was driving a big Buick Roadster and often drove young ladies to their homes following our Beech Club meetings, and one of them asked if I had a date for New Years Eve. I replied that I did not,” said Jerry.

The young lady said, “Well, Jean is in town and you should go with her!” And so he asked Jean out as his date for New Years Eve and one month later they decided to get married.

They were driving up to see his parents in Wetmore and stopped in Topeka along the way and got married at the courthouse.

“We walked into my parents’ house the next day and I introduced them to my bride,” Jerry said with a smile.

The young couple bought a farm near Holton in 1954 and Jerry built their house himself—from carpentry to electrical to plumbing. They farmed and raised their two sons, Larry and Ron, and lived on that property until they retired in 1980. They sold the farm and moved to a home north of Topeka to live closer to their sons.

Larry, a Navy veteran, worked in Topeka for

a state agency followed by a career with United Way, and Ron is a sculptor who specializes in crafting beautiful bronze sculptures. The Hintons also enjoy their two granddaughters, Laura and Elizabeth.

For the first 30 plus years of their retirement, Jerry and Jean traveled south for winters, most often to South Texas, but now they are happily settled in their new home at Brewster Place and plan to stay put.

“Our sons wanted us to pick a place to live where services could be available when we need them, rather than waiting until we need services and we may not be able to choose the place we’d want to be,” Jean said.

The Hintons are now enjoying a great life at Brewster Place. Their favorite activities include attending music programs and playing cards with friends in the South Terrace lounge on Monday nights.

“We like it at Brewster Place. We have known many friends who live here, and while we looked at other places we just liked Brewster Place better than the other options.” ■

Coming in November...

Quilt Show

November 3—28

If you would like to submit a quilt for the show, please deliver it to Joline Kovarik, Arts and Crafts Coordinator, by Friday, October 31. You can bring it to the Penthouse Art Studio (Main Building 6th floor) or give Joline a call at 274-3317.

Veterans Day Photos on BPTV 23

November 10—16

Every November during the week of Veterans Day we show photos of residents and staff in their uniforms. If you have participated before, Janis still has your photo on file. If you would like to participate, please submit a photo to Janis in the DocADuck Resource Center by Friday, November 7.

Brewster Place Annual Holiday Charity Bazaar

November 14 and 15

We will have a Bake Sale as part of the Bazaar on Saturday. If you would like to make something, Joline can get you the supplies. Calls for volunteers will be made so when you are asked, please say “yes!” ■

Catered Living Open House

Thursday, October 30

1:00—4:00 pm

1205 SW 29th St.

Main Building



*There's
more to
experience!*

Have you reached the point in your life where you want to enjoy life to the fullest and maintain as much independence as possible, while at the same time know that access to meals, programs, wellness opportunities and quality healthcare is nearby?

If this describes you, Brewster Place offers a style of living designated as “Catered Living” with you in mind. Rather than spending time cooking, cleaning, doing yard work and laundry, residents of the Brewster Place Main Building enjoy eating with friends in the luxurious dining room, going to shows with groups of residents, exercising in the on-site fit-

ness facility, listening to live music performed in the Main Lounge, and working on arts and crafts in the Penthouse Art Studio.

Catered Living at Brewster Place includes many services in its affordable monthly fee: all food (including nutritious meals and snacks), weekly laundry service, housekeeping with your bed linens changed every other week and 24 hour coverage by security and nursing staff when needed.

Please invite a friend and join us at our Open House. There will be food, tours and a chance to win prizes. ■

New Age Thought

By Richard Fuller

Brewster Place resident

The day is bright and new,
The world shines with dew.
Just look how that grass grew!
I'm glad there's a yard crew!

Do you remember when?
Each chore came back again?
Like whiskers on your chin?
And then your hair grew thin?

When we are slowed by age,
It is no time for rage.
It's time to turn the page,
And now act like a sage.

Get out of that rat-race,
With all those goals to chase.
Just seek a life of grace,
And move to Brewster Place.



At the Movies

BPTV 23

Thursdays

2:00 pm

October 2

“Gravity” (2013 science fiction)

October 9

“Draft Day” (2014 sports drama)

October 16

“Letters to Juliet” (2010 romance)

October 23

“Charlotte’s Web” (2006 family)

October 30

“Winter’s Tale” (2014 romantic drama)

If you have a movie suggestion, please let Janis Swanson, Communications Coordinator, know by calling 274-3389 or emailing her at: janiss@brewsterplace.org

**Topics in European Geography:
 The Northern Isles of the British Isles**

Tuesdays, October 14, 21 and 28
 6:30 pm Lobbies



Have you ever wanted to play the game of Ba', walk the Ring of Broghdar, sit in a Black House, smell a peat fire, speak Orcadian or sail Scapa Flow? If the answer is yes, come aboard the ferry departing from the

Scottish mainland on October 14 for Shetland, Orkney and the Outer Hebrides. We will explore the physical, economic and cultural geography of these fantastic islands. After an introduction to the geography of Highland Scotland, we will discuss topics such as archaeology (why Orkney is the "Egypt of the North"), land tenure (clans, crofts and clearances), ecology (the machair) and economies (sheep and oil) of each of the three island groups.

Instructor

Tom Schmiedeler, Ph.D., is Professor of geography at Washburn University. He teaches environmental and regional geography courses for Osher.

World War II Prisoner of War Camps in Kansas

Wednesdays, October 15, 22 and 29
 2:00—4:00 pm KAC



During the Second World War, German POWs were sent to camps in Kansas—Waconda, Eskridge, Lawrence. We will explore how the men transitioned from

fighting on the battlefields of Europe to farming in the wheat fields of Kansas as a prisoner and enemy to the people they live near. How did Kansas react and treat the soldiers? What was it like during those years? What happened to the men after 1945 when the war ended? Was the language barrier a major problem? We will discuss these and other questions about the period.

Instructor

Russ Hutchins, a retired public school administrator and educator of 40 years, teaches U.S. History, Western Civilization, and Economics at Friends University—Topeka. ■

3rd Annual Brewster East Spooktacular

Saturday, October 25

5:15 pm

Brewster East Dining Room

Menu

- Sinister Rib (Prime Rib)
- Ghostly Taters (Twice Baked Potatoes)
- Ghoulish Greens (Green Beans Almandine)
- Goblin Fingers with Bloated Ants (Carrots with Raisin Glaze Sauce)
- Scary Salad
- Jack-O-Lantern Pie (Pumpkin Cheesecake)
- Witches Brew (Punch)

Please call 274-3359 for reservations.
 Seating is limited to 80.



Tour of Terror

Wednesday, October 29

10:30 am

Areas around campus will be decorated and you may vote on your favorite. Winners will be announced at the Halloween Parade.

Annual Halloween Parade

Friday, October 31

10:30 am

Klinge Activity Center
 Residents and staff are encouraged to dress up or just come and watch this fun annual event. Prizes awarded to the top three creative costumes. Don't miss the fun! ■

Meet Our Members

by Julie Schmake, Wellness Specialist

Rosemary Williamson grew up in Ottawa, Kansas. She attended Ottawa High School and from there attended Kansas University where she earned a bachelor's degree in history and a master's in social work. Rosemary married Ray Waddell and together they opened Team Sporting Goods in Topeka (the name was Rosemary's idea).

Rosemary had one older sister growing up and two loving parents. Her mother had a huge interest in politics and was the first woman to run for anything on the Democratic ticket in Franklin County. She ran twice for State Representative and lost both times. Her mother kept Rosemary involved in her campaign by sending her to tap and voice lessons so she could entertain at rallies by singing "On the Good Ship Lollipop" (just the way Shirley Temple might have done it). Rosemary said her interests as a young girl were roller skating, bicycling and dating.

Rosemary was divorced and in 1985 married a very kind southern gentleman named Bill Williamson. He was a wonderful stepfather to her three daughters and they had 29 beautiful years together before his death in August of 2014. There are a total of six grandchildren and four great grandchildren in Rosemary's family — no great greats yet!

Rosemary used to enjoy golf until she started having back trouble. She also loved to collect antiques. I have been personal training her in her home for the last month and she is really doing super. I always look forward to our time together. Next time we meet I'm going to play "Animal Crackers in My Soup" sung by Shirley Temple and see if she can teach me a few tap moves. ■



In Home Companion Care

Remain Safe and Successful at Home

We all need assistance every now and then with our activities of daily living. Sometimes we need



assistance on a more consistent basis (daily, weekly, etc.) Either way, Brewster Place offers five different companion companies that can assist you in your home. These agencies provide a wide

array of services from increased socialization to more hands on care such as assistance with showering, toileting, taking you to meals and much more. We are here to keep our residents safe and successful in their home.

You have your choice of companion agencies which include:

- Home Instead Senior Care
- A Helping Hand Home Care
- Comfort Keepers
- Blessingame Home Care
- Interim Health Care

There is a cost per hour for these great services and they do vary depending on which agency you choose. Most of the companion agencies have a two hour minimum. If you are interested in learning more about companion services, please contact Stacy Wenger, LSCSW, at 785-274-3395. ■

Brewster Place History: Volume 3

We had hoped to have the third volume of the History of Brewster Place: 1990—2014 available at the culminating 50th anniversary event "Wine, Cheese and Chocolate Celebration" on October 17. Due to some unforeseen delays, the book will not be available until the end of the year. We will keep you updated as to its publication and release date. We apologize for any inconvenience. ■



For Your Wellness | Understanding Hearing Loss

By Eileen McGivern, BSN, RN, Director of Strategic Community Initiatives

Hearing is one of our essential senses. Our ability to hear impacts our ability to receive information from the outside world and share and communicate our thoughts and feelings.

physical WELLNESS

Wellness Wednesday
Wednesday, October 1
11:00 am
Main Lounge

Our ears are complex structures and, unfortunately as we age, may lose function. Studies show that one third of people 65-75 years of age have mild to moderate hearing loss, and for those over 75 years of age, fifty percent are affected.

There are three types of hearing loss: conductive, sensorineural and mixed hearing loss. Conductive occurs when sound is not conducted easily through the outer ear canal to the eardrum and the ossicles, or tiny bones of the middle ear. This type of hearing loss is the inability to hear faint sounds and people may ask you to “speak up.” Possible causes of conductive hearing loss include: infections, poor eustachian tube function, impacted earwax, absence or malformation of the outer ear, canal or middle ear.

Sensorineural hearing loss occurs when there is damage to the inner ear or cochlea, or to the nerve

pathways from the inner ear to the brain. This type of loss makes it difficult to hear faint sounds and even when speech is amplified, is unclear or muffled. Common causes of this type of hearing loss include drugs that are toxic to ear structures, genetics, aging, head trauma and exposure to loud sounds over the years. Sensorineural is the most common type of permanent hearing loss.

Mixed hearing loss is a combination of conductive and sensorineural hearing loss. This type of hearing loss is exactly what the term implies, damage to the outer or middle ear and the cochlea and auditory nerve.

Our hearing is precious and regular examinations by our physicians are crucial for good hearing. Often referrals are made to an Ear, Nose and Throat specialist to determine what is causing the hearing loss. After a determination as to the cause of the hearing loss is made, surgery or hearing aids may be part of the treatment plan.

For the October Wellness Wednesday, we will welcome Topeka ENT audiology team to speak to us about hearing and also show us the newest technology in hearing aids. We look forward to seeing everyone there! ■

Flu Shot Clinics

Brewster Place will have Flu Shot Clinics in October. A complete schedule will be posted soon. We urge all staff and residents to get the flu shot.

According to the Centers for Disease Control (CDC) the single best way to prevent the flu is to get a flu vaccine each year — especially for people 65 years of age and older and people with compromised health conditions. (cdc.gov)

Preventing the Flu: Good Health Habits

- Get your flu shot
- Avoid close contact with people who are sick
- Stay home when you are sick
- Cover your mouth and nose when coughing and sneezing
- Wash your hands often
- Avoid touching your eyes, nose or mouth
- Get plenty of sleep, be physically active, manage your stress, drink plenty of fluids and eat nutritious foods



2nd Annual Fall Parade and Brewtoberfest

Friday, October 3

1:15 pm

Campus wide

The parade route will begin by BHC and circle around to all areas of campus. Feel free to watch from your porch, deck or join us on the Main Building Veranda or along the sidewalks. Seating will be available.

After the parade we will celebrate “Brewtoberfest” in the parking lot east of the Main Building with beer and pretzels. Prizes will also be awarded for best entries. Celebrate fall with us! ■

Heritage Society

The Brewster Place Heritage Society is made up of individuals who have notified the Brewster Foundation that they have made a lifetime gift to Brewster Place, helping to guarantee future residents and community members the quality of programming and care they have come to enjoy.

You may join through gifts of:

- A Bequest in your Will
- A gift from your Trust
- A Charitable Gift Annuity

Brewster Place accepts gifts of:

- Property
- Life Insurance
- A gift from your Retirement Plan
- Publicly traded Securities and Mutual Funds
- A percentage of your Brewster Place Life Accommodation Plan or Estate Preservation Plan

The Brewster Foundation encourages all donors to consult their trust officer, financial planner or tax advisor when determining the advantages of any gift they may wish to consider. If you have any questions about the Heritage Society or anything else about the Brewster Foundation, please feel free to call Jeremy Hall, Director, at 274-3327.

SARA Device Donation Update

In last month's newsletter, information was shared about an anonymous donor who wanted to connect their donation to the number of people wearing their SARA (Situational Awareness Response Assistant) device. The donor feels strongly that it is important for *all* residents to wear their monitoring device, as it can be vital for your health and safety in times of an emergency.

Recently at different events, we have been asking the question, "*Are you wearing your SARA Device?*" Our generous donor pledged to the Benevolent Care Fund, an amount based on the number of residents wearing their device. If 100% of residents are wearing their monitoring device the Brewster Foundation will receive \$5 per person. If 75% are wearing their device the Foundation will receive \$3 per person, and if at least 50% are wearing their device, the Brewster Foundation will receive \$2 per person.

Our results in August were good, but not great. Our goal for September was to reach the 100% mark. We didn't make it! There were five events where counts were taken:

1. **Wellness Wednesday (August 6) — 18/21 = 86%**
2. **Coffee with David (CSP) (August 13) — 32/42 = 76%**
3. **Coffee with David (BE) (August 20) — 18/25 = 72%**
4. **The Forum (August 28) — 13/20 = 65%**
5. **Resident Council Meeting (September 11) — 76/83 = 92%**

To date, over \$450 has been earned by this program. The donor has allowed the Foundation to continue this program into September and October for several select events. The first additional event was the September 17 Coffee with David where we had 19/24 (79%) wearing their SARA device. We have yet to reach 100% at an event. With your help, we hope to do so in October.

We thank our donor for his/her effort to encourage Brewster Place residents to think about safety and wellness by wearing their SARA Device. Brewster Place Foundation would like to continue to promote the importance of wearing your emergency monitoring device at all times, so that help can be summoned quickly if needed. ■

Free Bus Route Reminder

Tuesdays and Thursdays

8:00 am—5:00 pm

Residents and Brewster at Home members can use the bus route leaving from Brewster Place for free on these days. The route is as follows:

- A. Brewster Place
- B. Stormont-Vail Healthcare
- C. St. Francis Health and Medical Facilities
- D. Tallgrass Medical Center
- E. Westridge Mall
- F. Hobby Lobby/Michaels
- G. Colmery-O'Neil VA Medical Center



The Edith Lessenden Chandler Recital Series Presents International Artist Jeongwon Ham, South Korea



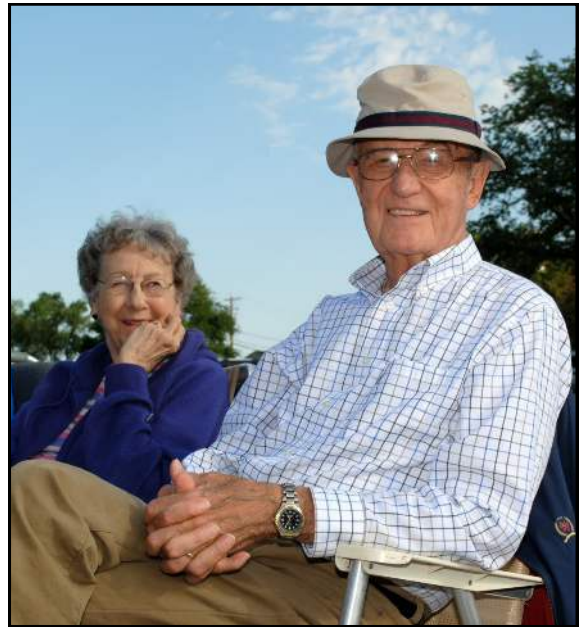
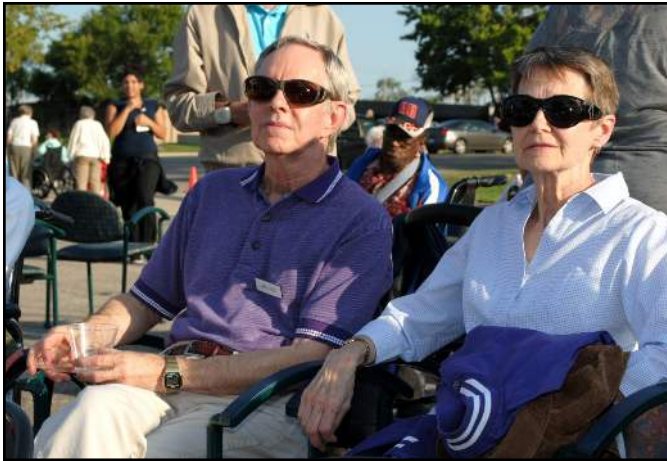
The Edith Lessenden Chandler Recital Series memorializes a well-known Topeka and Brewster Place resident who, along with numerous other contributions to society, was an avid promoter of classical music. The Emporia State University Department of Music and the Emporia State University Foundation are sponsoring this recital series underwritten by Drs. Marged Lessenden Amend and Douglas J. Amend.

Brewster Place is proud to invite you to attend a recital given by Jeongwon Ham. Ms. Ham is an international piano competitor, a gifted teacher, and an adjudicator at many international and national competitions. From her debut recital in New York City to Germany she has “possessed astonishing and effortless technique. She received degrees in Essen and Berlin, Germany before obtaining her Doctor of Musical Arts degree from the University of Kansas. She will be performing works of Bach-Busoni, Beethoven, Chopin, and Debussy.

We look forward to the spring recital in April that will feature international pianist, Eva del Carmen Medina Amezcua from Mexico. The recitals are free and open to the public. ■

Saturday, October 11
3:00 pm
Brewster Place
Main Building Lounge

Date Night with The Topeka Big Band



Above Left: New residents Jerry and Judy Reed enjoyed the music of The Topeka Big Band as well as the beautiful weather. Looks like we have more KSU fans on campus now too!

Above: Lorice Ann and Martin Woner brought their lawn chairs and joined the big crowd listening to the music. What a great evening we had!

Left: Newlyweds Waunita and Eugene Shoemaker were all smiles and are a great example of finding love and companionship and knowing there is always “more to experience!”

Resident Birthdays

Pat Oppitz	2
Jean Lamb	3
Jim McCune	3
Cliff Heckathorn	4
Doris Pellegrini	4
Lucille Harris	8
Al Peterson	8
Marjorie Smith	8
Lola Thornton	8
Randy Ellis	9
Dale Fooshee	9
Max DaMetz	11
Albert Henry	11
Mary Stryker	11
Mary Waxse	11
Adele Wallace	12
Paul Hammond	13
Shirley Fuller	16
Willna Zweifel	16
Jessie Cunningham	18
Wanda Meyer	18
Ken Peery	18
Doris Dillinger	19
Maxine Swanson	19
Frankie Parman	20
Pat Finson	21
Ruth Hodges	21
Lawrence Heide	22
Erma Anderson	24
Alberta Breece	24
Betty Bomar	25
Millie Murphy	25
Bette Tompkins	25
Shirley Martin	27
Cherrie Koehn	28
Thelma Robinson	29
Woody Bulkley	31
Doris Kinnett	31

Anniversaries

Max Baker and Naomi Gibeson	10-1-05
Bob and Frankie Parman	10-3-97
Donnie and Ann Cousins	10-4-75
Wayne and Barbara Fernkopf	10-7-50
Albert Henry and Peggy Ackerman	10-21-05
Fred and Shirley Rausch	10-30-43

Staff Anniversaries

Brewster staff members who are celebrating their employment anniversaries in October!

Department	Location	Years
<u>Administration</u>		
Angela Dailey	MB	15
Pat Shehi	MB	2
<u>CCTP</u>		
Derek Fowles	Community	2
<u>Community Relations</u>		
Kevin Doel	MB	1
<u>Dining Services</u>		
Connie Geartz	BHC	10
<u>Environmental Services</u>		
Kenny Nitsche	Campus	7
LaRonn Moss	BHC	4
Sapphire Chamness	BE	1
Christy Allen	MB	14
<u>Health Services Administration</u>		
Cindy Tanner	BHC	5
<u>Health Services</u>		
Patricia Grant	BHC	2
Ariel Baez	BHC	1
Emily Hull	BHC	5
Brenda Dobler	BHC	6
<u>Rehab</u>		
Chrystal Miller	Rehab	2
Gayle Grape	Rehab	3
<u>Security/Transportation</u>		
Roy Tanner	Campus	2
Eduardo Baynham	Campus	5
Sophia Chapman	Campus	7
Carl Farmer	Campus	2
<u>Therapy</u>		
Bailey Mushock	BHC	2

New Residents

John and Darlene Morrow	MB 110
George Paris	MB 405

Transfers

George and Lenore Marschall	MB 307
Jessie Cunningham	AL 3
Sarah Murrell	BHC

In Memoriam

Mrs. Betty Barker	9-3-14
Mr. Lloyd Purcell	9-8-14
Mrs. Virginia Feeley	9-9-14
Mrs. Evelyn Halbert	9-12-14
Mr. Linn Morrow	9-15-14
Mr. Carl Dell	9-17-14