



On the first anniversary of the end of World War I — November 11, 1919 — Armistice Day originated and in 1938 it would become an annual observance. The date November 11 was chosen in honor of the “*eleventh hour of the eleventh day of the eleventh month*” of 1918 that signaled the end of World War I. Now known as Veterans Day, on November 11 across our nation tributes, parades, celebrations and services are held honoring all American veterans who served their country honorably during war or peacetime.

At Brewster we have honored veterans in a variety of ways. In addition to the many programs and special services held over the years, in the early 2000s we also began collecting photographs of Brewster veterans to display on BPTV 1960. More recently, these photos have been displayed year-round in the **Dorothy Trueblood Resident Art Gallery** on the lower level of Redwood. This Veterans Wall of Honor has become a place of honor, reverence, and respect as well as the impetus for meaningful conversations among visitors. Our current Veterans Wall of Honor has united residents,

staff, family members and guests — of all generations — in gratefulness of the service and sacrifice of those who served.

Brewster is now in the middle of an incredible expansion project that will enhance and improve the amenities we offer to those we serve. As part of this project, we want to make a more *lasting tribute to those who have bravely served us* — our veterans. A new **Veterans Hall of Honor** will be located in the area outside the Winchell Wellness Center that will connect new construction with Redwood south. Each branch of service will have its own section, with names of veterans affiliated with Brewster, being honored. To make the Brewster Veterans Hall of Honor a reality, the Brewster Foundation is working to secure an additional \$250,000 to make this area one of which we can all be proud.

During November the Brewster Foundation will host several events to highlight the service of veterans and the invaluable role they have played in our shared history of freedom and liberty. We hope you will join us for these special events. For details regarding events, please see page 6. ■

MISSION

Brewster Place is a retirement community providing all of its residents opportunities for an optimal quality of life.



The Brewster Health Center is accredited by The Joint Commission.

LEADERSHIP TEAM



RON DEAN
SECURITY,
TRANSPORTATION,
SAFETY MANAGER

"I enjoy conversations with people who appreciate and love life. Service at Brewster is a privilege and I look forward to many years to come."

Ron Dean joined Brewster in June 2018 as Security, Safety and Transportation Manager. Ron graduated from Santa Fe Trail High School and received his bachelor's degree in criminal justice administration from Washburn University and his master's degree in management from Friends University. Ron is also a State Certified Law Enforcement Officer.

Living in Overbrook, Kansas, Ron and his wife Stacy have two sons, Ethan and Evan. Recently Stacy joined the Brewster team as rehab nurse manager so you might see Stacy and Ron carpooling to work. Their son Ethan is a red-shirt junior at Baker University competing as the varsity heavyweight on the wrestling team. Younger son Evan is a senior at Santa Fe Trail High School and competes in football, wrestling and track. Completing the family are three dogs, two cats, two rabbits and yes, a hedge hog.

Ron enjoys attending events at Crossroad Evangelical Church in Scranton, spending time with his wife and sons and watching his sons compete in sports. He also loves to read books and listen to podcasts on leadership, business, history and nutrition. Outdoor activities are also a favorite as well as "following orders from his wife." ■



TAKE NOTE

SARA ALARMS

If your SARA alarm is activated, Brewster security will need to come reset your pendant to insure the pendant is reset properly and in working order. We urge you to wear your pendants at all times. Please do not hesitate to press your pendant for help.

SECURITY

It is absolutely crucial for you to lock your cars, doors and garages. Do not leave your keys, purses, wallets or bags containing valuables in your car. This only creates opportunities for crime victimization, whether you are on or off campus.

SAFETY

As we get closer to winter, it is important to winterize your vehicles and prepare for travel on icy roads. Check your tires and make sure they have the required tread. It's a good idea to keep a blanket and/or warm clothing in your trunk in case you are stranded. Before going out, always be aware of road conditions. It's better to stay home and safe than risk an outing on snowy or icy roads.

SHOPPING

Beginning Friday, November 8 **Shopping at Dillons** will return to Fridays leaving at 9:00 am. ■



UNIVERSITY OF KANSAS
OSHER LIFELONG LEARNING INSTITUTE
 Sponsored by Brewster

THE ELECTORAL COLLEGE: DOES IT STILL WORK?

Wednesdays, November 6, 13 and 20

2:00—4:00 pm — Main Street Chapel

No homework.
 No tests.
 No pressure.
 It's just learning for the joy of it!

Brewster Place residents and members attend for free.

Please call Jamie Fritz at 274-3398 to register.

George W. Bush and Donald Trump won recent presidential elections despite getting fewer popular votes than their opponents. They owed their victories to the role of the Electoral College, a unique institution mandated by the American Constitution.

Why was the Electoral College included in the Constitution? How did it work initially? How does it work now? What prompted the changes in its functioning over the course of American history? What are its strengths and weaknesses? Can it be eliminated or reformed? What are the leading proposals to change the method by which we select our presidents? This course will address these questions.

INSTRUCTOR

Paul Schumaker, PhD is a retired University of Kansas political science professor. He has taught courses in American political history and democratic history. ■

INTERGENERATIONAL PROGRAMS



Meadows Mentors
 Friday, November 15
 1:15 pm | Lobbies

Chelsy Wessel, Wellness Case Manager, will take a group to Meadows Elementary School for a time of sharing thoughts about what residents and students are thankful for.

The Intergenerational Program at Brewster is partially funded with monetary gifts which go toward buying supplies and paying for the school bus to come to Brewster Place. If you are interested in joining or supporting this program, please call Chelsy at 274-3394. ■

FIVE to THRIVE
 wellness luncheon

We are excited to welcome **Steve Anderson, CEO of The University of Kansas Health System St. Francis Campus**

Tuesday, November 19
 11:30 am
 Klinge Activity Center

who will provide updates as well as answer

your questions. Lunch is \$7. Please make reservations by Friday, November 15 by calling Jamie at 274-3398. ■



**FROM the
CHAPLAIN**
REV. ROGER JACKSON,

Give thanks with a grateful heart.

Fall is here and before you know it, we will be celebrating Thanksgiving. Some of you may have experienced a loss this past year — a spouse, child, sibling or friend — and you might be thinking to yourself, “*there is nothing for me to be thankful for this year.*” I urge you, however, to look around and you **will** find something to be thankful for.

You can be thankful that you live at Brewster and you have loving and caring staff to serve you; the new friends you have met; all the smiling faces; the great memories you have of your loved one; and your family doesn’t have to worry about your care or your safety. You can be thankful for your family and the love they have for you; the beautiful fall weather we are having; the sunshine; and the rain. God has given us so many blessings through the years that we have so much to be thankful for even when we can’t think of anything.

Psalm 100:4 says, “***Enter his gates with thanksgiving, and his courts with praise. Give thanks to him, bless his name.***” As Christians, even in the direst of circumstances, we are to be thankful for what we have, giving thanks and praise to our God. We need to give God our thanks not just during this holiday season but all year round.

There is a worship song that shares our praise and thanksgiving to God; it is simply entitled, “**Give Thanks,**” written by Henry Smith. The song goes:

***Give thanks with a grateful heart
Give thanks to the Holy One
Give thanks because He's given
Jesus Christ, His Son***

***And now let the weak say,
“I am strong”
Let the poor say,
“I am rich
Because of what the Lord
has done for us”***

Give thanks!

When you are sitting around the dinner table this Thanksgiving, whether it is with your family or with your Brewster family, share with others one thing you are thankful for. We have so much. Then, I encourage you to give thanks everyday throughout the year. As you get up in the morning just shout out, “I am thankful for...” and you finish the sentence. Let us be a thankful people! Happy Thanksgiving 2019! ■

SPECIAL SERVICES
THANKSGIVING

Tuesday, November 26
2:30 pm
Brewster Health Center Fink Living Room
4:00 pm
Main Street Chapel

BIBLE STUDY

Coming in December...
The Case for Christmas
by Lee Strobel
Mondays, December 2—23
3:00 pm | Main Street Chapel

EMOTIONAL



WELLNESS

stress management | finding joy | mindfulness | wholeheartedness

Brewster offers several groups to help you connect with those who might share similar stressors, journeys or experiences. For questions about these groups or for more information about wellness support services, please call Debbie Holroyd, Wellness Case Manager, at 274-3348.

MEN'S GROUP

Monday, November 4
10:30 am
Main Street Chapel

The **Men's Group** at Brewster meets the first Monday of each month in the Main Street Chapel. Topics of discussion include married and family life, social life, careers, retirement, adapting to change, spirituality, finances, loss, exercise, sports and anything else you want to discuss. Men are invited to join this group — you just might make some new friends in the process!

ALZHEIMER'S SUPPORT GROUP

Saturday, November 9
10:00 am
Brewster Health Center
Fink Living Room

Whether you are caring for someone who has Alzheimer's disease or have a family member or friend who needs support, the Brewster **Alzheimer's Support Group** is here for you. The Alzheimer's Support Group is facilitated by Val Jahnke and meets the second Saturday of each month at Brewster Health Center. Sometimes just visiting with others who are on the same difficult journey can help you manage the day.

CAREGIVERS SUPPORT GROUP

Monday, November 18
10:30 am
Main Street Chapel

Are you caring for a loved one? Are you stressed, tired and overwhelmed by your caregiving role? Do you feel no one understands what you are going through? The **Caregivers Support Group** at Brewster meets the third Monday of each month to provide support and information.

The purpose of the group is to provide an open environment for the exchange of thoughts, feelings and information in dealing with a loved one who requires care. Participants also gain perspective, encouragement and caregiver

stress management tools that come from hearing others talk about their experiences. Participants in the group gain a sense of empowerment and control improved coping skills and feeling less lonely, isolated or judged.

We invite you to join us to discover you are not alone. This group is facilitated by members of the Wellness Team. If you have questions, please call Debbie Holroyd, Wellness Case Manager, at 274-3348. ■

HONORING OUR VETERANS EVENTS

SACRIFICE WITHOUT VICTORY

Tuesday, November 5

3:00 pm | Evergreens Community Room

Join us as local military historian and author, Tad Pritchett, presents “Sacrifice Without Victory.” Tad was a Second Lieutenant in 1968 assigned to the Third Marine Division as an Infantry Platoon Commander.

Fifty years ago this month, as part of President Nixon’s Vietnamization program, the Third Marine Division was withdrawn from northern South Vietnam. Tad’s company was part of that withdrawal. He presents what it was like to survive a year of combat, many times living in jungles for months at a time, and then to be withdrawn without victory.

DINING FOR DOLLARS AT BLUE MOOSE BAR & GRILL

Wednesday, November 6

4:45 pm | Lobbies

Blue Moose Bar & Grill will give a portion of sales that occur between 5:00—10:00 pm to the Brewster Foundation to support the Veterans Hall of Honor. Please tell your waiter that you are “Supporting Brewster” so that your purchase will be included. You may join Jamie Fritz and ride the bus at 4:45 pm or you are welcome to drive yourself to this event. Tell your friends and family too!

VETERANS DAY PROGRAM

Monday, November 11

3:00 pm | Klinge Activity Center

We will pay tribute to both residents and staff who have served in the armed forces with a patriotic program.

TOUR EISENHOWER MUSEUM

Thursday, November 21

8:30 am | Lobbies

Board the bus with Jamie and Jeremy and trek to Abilene to tour the Eisenhower Museum and Boyhood Home. Tour cost is \$17. A \$5 sack lunch will be provided — sandwiches prepared by Jamie and Jeremy. Transportation is \$13. After our tour we will stop at Russell Stover for sweet treats. Reserve your spot by calling Jamie at 274-3398.

MOVIE — MIDWAY

Wednesday, November 27

2:00 pm | Main Street Chapel

Starring Charlton Heston, Henry Fonda, James Coburn and Tom Selleck, Midway is a dramatization of the battle that was widely heralded as a turning point of the Pacific Theatre of World War II.

COMING IN DECEMBER

**“Government Sponsored Vacation”
with Matt Burns**

Director of Environmental Services

Thursday, December 5

10:00 am | Evergreens Community Room

Our very own Matt Burns will present a program about when he was called to serve in 2005-2006. ■

FOCUS GROUP SPECIALIZED DIETS

**Monday, November 11
10:00 am**

Redwood Founders Room

Lea Chaffee invites you to join her following the Food Committee meeting (meets from 9:00—10:00 am), for a focus group regarding specialized diets. Lea is looking for residents who require gluten-free, vegetarian or diabetic diets to share their thoughts and discuss recommendations, preferences and plans. ■

SKIN CARE CLINIC RICK'S DERMATOLOGY

**Friday, November 15
9:00 am—12:00 pm**

Winchell Wellness Center

Please call Maxine Thuston at 274-3374 for an appointment. ■



HOURS

Monday—Friday
7:00—10:30 am
2:00—4:30 pm

The Brewster Bean
is located at
The Evergreens.

MOVIES ON BPTV 1960

Thursdays at 2:00 pm

NOVEMBER 7

They Shall Not Grow Old
(2018 military documentary)

NOVEMBER 14

Running for Grace
(2018 drama)

NOVEMBER 21

Breathe
(2017 drama based on real life)

NOVEMBER 28

*No movie today due to the
Thanksgiving holiday.*

WINTER ART SHOW AND TELL

**Friday, December 13
4:00 pm**

Main Street

Residents, staff and BrewsterConnect members are invited to participate.

If you have work to “show-and-tell,” please call Kris Saia, Creative Arts Coordinator, at 274-3317 to reserve your spot.

We enjoyed this art show so much last year — we're going to do it again. On Friday, December 13 we will be exhibiting all kinds of handmade arts and crafts during the Social hour on Main Street. We are especially looking for things with a wintery feel — hand painted Santas and snowmen, snowy paintings, cozy crocheted throws, knit hats and mittens, lovely quilts — but we want to see anything you've made by hand: jewelry, pottery, photography, textiles, embroidery, woodworking and more. We are constantly amazed at the talent of Brewster staff and so this year we want to invite them to share their creative talents as well! ■

BREWSTER BAZAAR & OPEN HOUSE

Friday & Saturday, November 8 & 9

BREWSTER BAZAAR

Friday and Saturday

9:00 am—3:00 pm

Klinge Activity Center

Hand Crafted Items

Quilt Drawing

Holiday Accents

Ornaments

Baby Gifts

Tiny Tea Room (Friday)

Bake Sale (Saturday)



HOLIDAY OPEN HOUSE

Friday and Saturday

10:00 am—1:00 pm

Begin at Redwood

The autumn winds are here and it is a great time to warm up in some of the coziest homes Brewster offers. We invite you to come shop at the Bazaar and then tour these homes.

Proceeds benefit charitable organizations in Topeka.

 BREWSTER

Cash, checks, credit cards accepted.

Aspen Cottage 7

This two bed, two bath 1,400 square foot home has a single attached garage and offers beautiful built in cabinets and a great patio with the option to fence in the area for pet owners.

Redwood Cozy Carltons 402 and 420

The cozy Carltons are 500 square feet offering many amenities. Come for apple cider and tour the lovely comfy Carltons.

THE GREATEST PLACE ON EARTH!



CONNECTIONS

John Petterson enjoyed the sunshine, music and fun of the Fall Parade in October. The weather could not have been better which made for lots of colorful scenes and huge smiles.



COMMUNITY

Carlee Wilson along with many other residents and staff dressed in circus themed outfits to celebrate the parade theme, "***Greatest Place on Earth.***"



ENGAGEMENT

Ethlyn Irwin was perched in front of Redwood to enjoy the warmth of the sunshine while the parade traveled by. The event ended with a concert from the Washburn Rural High School Band.



NOVEMBER

celebrations | new beginnings | fond farewells

BIRTHDAYS

Mary Fallon	1
Carol Ann Garrett	1
Hilda Lundgren	1
Beth Neuer	1
Ed Soule	1
Joan Briman	2
Paul Beck, Jr	3
Glenda Sleeper	3
Ann Uhl	3
Dorothy Funk	4
Bob Knight	4
Gloria Barron	5
Julie Reeves	8
Ginger Cain-Davis	10
Dorothy Fager	10
Michael Long	11
Larry Bowser	14
Marilyn Stanton	14
Shirley Albright	16
Betty Casper	16
Diana Siegal	16
Maurice Trower	17
Joyce Davis	18
Susan Anderson	21
James Holm	21
Marcella Montgomery	22
Anne Heim	23
Norma Ward	24
Marilyn Witham	24
Virginia Tevis	26
Barbara Wydman	28
Lila Rice	30

ANNIVERSARIES

Lew and Mary Mills	11-14-04
Ted and Anne Heim	11-17-62
Bruce and Glenda Bower	11-23-84
Eldon and Linda Danenhauer	11-29-57

IN MEMORIAM

Mrs. Mary Stryker	10-6-19
Mrs. Laurita Dinkle	10-9-19
Mrs. Shirley Kossoy	10-13-19
Mrs. Cherrie Koehn	10-16-19
Mrs. Janet Strukel	10-18-19

STAFF ANNIVERSARIES

Congratulations to these staff members!

Department	Years	Location
Administration		
Lea Chaffee	3	EV
Dining Services		
Breanna Cunliffe	4	RW
Environmental Services		
Jennifer Biggs	5	RW
Teri Gibbs	1	RW
Health Services Administration		
Layla Sullivan	8	BHC
Health Services		
Julia West	3	AL
Kathy Hosey	15	BHC
Jeveny Nolting	4	BHC
Sarah Watson	3	BHC
Jayce Heiman	3	BHC
Raven McElroy	2	BHC
Emily Nelson	1	BHC
Haven Bradford	1	BHC
Shawntara Carter	1	BHC
Kay Uhlich	19	RW
Tatiana Bryant-Wilmore	1	RW
Security/Transportation		
Dan Brooks	3	Campus
Precious Nelson	1	RW
Cynthia Stone	1	Campus
Samuel Allbritton	1	Campus
Deanna Howard	1	Campus
Rehab		
Shavonne Bennett	8	Rehab
Therapy		
Sherry Geisler	9	BHC
Tamra Price	1	BHC

NEW RESIDENTS

John Bueltel	Redwood 505
Ruth Cook	Redwood 407
Esther DeSoigne	The Evergreens 239
Raphael DeSoigne	The Evergreens 239
Art and Sandra Brennan	Redwood 303

On Campus — A few highlights!

BRIDGE

Tuesdays, November 12 and 26

6:30 pm — Redwood Lounge

Are you an experienced Bridge player? This group is always looking for new players. Please call Doris Davidson at 286-1432 if you are interested.

MARTY EDWARDS SING-ALONG

Saturday, November 16

6:00 pm — Redwood Lounge

Marty Edwards will provide popular music from the 40's through the 80's. Feel free to join in the singing and just relax to the music.

POETRY GROUP

Monday, November 18

3:00 pm — Redwood Founders Room

We are still open to new members for the Brewster Poetry Group lead by Brewster resident, Jim Ransom. Please call or email Jim at jransom1@cox.net or 221-9551 if you have any questions.

ED FARRIS JAZZ CONCERT

Monday, November 25

1:00 pm — Redwood Lounge

Come and enjoy some toe-tapping music from this talented musician.

Programs and events featured inside this issue!

p 3 KU Osher Lifelong Learning Series
Five to Thrive Luncheon
Intergenerational Program

p 4 Thanksgiving Services
Bible Study

p 5 Men's Group
Alzheimer's Support Group
Caregiver's Support Group

p 6 Sacrifice without Victory
Dining for Dollars at Blue Moose
Veterans Day Program
Tour Eisenhower Museum
Movie: Midway
Veterans Program with Matt Burns

p 7 Dietary Focus Group
Skin Care Clinic
Movies
Winter Art Show

p 8 Brewster Bazaar
Open House



AUDIO-READER
Sharing the Gift of Sight Through Sound

Did you know that **KU Audio-Reader** is available for Brewster Place residents on **BPTV 1961**. Program guides are available by calling Maxine Thuston at 274-3374 or coming by the Redwood Information Center (office). Tune in and hear the latest news from around the region.

Off Campus — Don't miss the trips!

TOPEKA SYMPHONY ORCHESTRA

Saturday, November 2

6:45 pm — Lobbies

Topeka Symphony Orchestra will perform the music of America. While living in New York, Czech composer Antonin Dvořák became interested in Native American music and African-American spirituals. His **Symphony No. 9—*From the New World***, is a thrilling and poignant synthesis of American folk and indigenous melodies woven into the traditional Western symphonic structure and is one of the most popular masterworks in the orchestral repertoire. The audience will also be introduced to Joan Tower's Grammy Award-winning composition ***Made in America***, which weaves *America the Beautiful* into an intriguing and haunting tone poem. And, TSO will feature their very own principal oboe, Alyssa Morris, performing her own composition—***Dreamscape***, a concerto for oboe and orchestra. You may purchase tickets by calling 785-232-2032, emailing the TSO office tso@TopekaSymphony.org. Please call Jamie for transportation reservations at 274-3398.

HIGH SCHOOL SHOWCASE CONCERT

Monday, November 4

6:30 pm — Lobbies

Join us to hear the beautiful voices of the premier high school groups in the Topeka Area. The concert is a benefit for the Stacie Beaver Music Scholarship. Cost is \$6 at the door. Please call Jamie at 274-3398 for transportation reservations. We must have a minimum of five reservation to take a bus.

FLINT HILLS DAY TRIP

Thursday, November 7

10:30 am — Lobbies

Let's get into the spirit of fall with a trip to the Flint Hills. Our first stop will be lunch and pie at the Sommerset Hall Café in Dover, Kansas. Their pie is award-winning and scrumptious. Our second stop will be The Volland Store in Alma. This historic and award-winning store has been repurposed from a general store to an art

gallery. Finally, Jason Newell will take us on a guided tour of the Flint Hills. Lunch is Dutch treat and transportation is \$13. Please call Jamie at 274-3398 for reservations.

ON STAGE LIVE

Friday, November 8

6:30 pm — Lobbies

The program will feature pianist **Thomas Pandolfi** as he performs the music of Franz Liszt. Be prepared to be dazzled, amazed and inspired by this program. Additionally, he will also perform his own "Lisztian" influenced transcriptions on some of Burt Bacharach's and Barry Manilow's biggest hits! To purchase tickets call 408-1877. Please call Jamie at 274-3398 for transportation reservations.

NEW THEATRE AND RESTAURANT

Wednesday, November 13

10:00 am — Lobbies

New Theatre presents *The Last Romance*. This is a heart-warming boy-meets-girl comedy. What makes it unique is that the boy and the girl are senior citizens! Love, like aging, they discover, is not for the weak or those without a lively sense of humor. Charlie Robinson plays Ralph Bellini, a vigorous, full-of-life octogenarian with an eye for the ladies. Ralph has had a few years to hone his best jokes and pick-up lines. Michael Learned is Carol Reynolds, an attractive, very well-dressed woman of a certain age who never expected another chance at love and had no defenses against Ralph. Tickets are \$33. Transportation is \$13. Please call Jamie at 274-3398 for reservations.

CASA HOME TOUR

Saturday, November 23

10am | Lobbies

For over 30 years, CASA of Shawnee County has been showcasing exquisite homes beautifully decorated by expert designers each fall as a way of raising money and awareness of CASA programs. Tickets are \$15. Lunch will be a dutch treat. Please call Jamie at 274-3398 for reservations.