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### **Our Mission**

Brewster Place is a retirement community providing all of its residents opportunities for an optimal quality of life.



The Brewster Health Center is accredited by The Joint Commission.

### **Resident Council Is Where It's At!**

Join us for an update on our upcoming construction projects and other great things happening on the Brewster Campus!

by Claudia Larkin, Vice President and Chief Operating Officer

s I move around our Brewster campus, what I enjoy most is interacting with our residents. We talk about all kinds of things — from the great work provided by members of our awesome staff, to last night's dinner offering. These days, however, one of the questions I'm asked most often is, "What's the latest news on the

Cottonwood Villas and the expansion happening on the south side of campus?"

After much work and planning, we're happy to report that all aspects of our upcoming construction projects have been approved by the Brewster Board and much of the



Update of Campus Additions with CEO David Beck

Resident Council Meeting
Thursday, July 13
10:00 am
Klinge Activity Center
Redwood lower level

design work has been finalized. In fact, construction on the Villas will start in July!

With President Diana Siegel's permission, the staff report offered at July's Resident Council meeting will be a PowerPoint presentation offering residents a thorough review of the upcoming campus additions. The presentation will be offered by our visionary President and CEO and main mover on this project, David Beck.

If you haven't been to a Resident Council meeting lately, you're missing out on some great information. In addition to a staff report, we have wonderful Resident Council Representatives reporting on the tremendous work they are doing all over campus — beautification projects, Brewster history, recycling efforts, restaurant services, new resident welcome activities, and more. Their reports are the highlight of this bi-monthly meeting. So, mark your calendars and I hope to see you there! ■

### **Words from Wellness**

### **KU Audio-Reader on BPTV 1961**

**AUDIO-READER** 

The University of Kansas

Now on Brewster TV

Tune to channel 1961

by Eileen McGivern, RN, BSN | Vice President Wellness and Community Initiatives

**B** rewster Place is excited to share the news of collaboration with Audio-Reader/KANU radio,

Lawrence. Audio-Reader is now being offered on one of our two closed-circuit television channels, BPTV 1961. BPTV 1960 will continue regular programming with music,



movies, announcement screens and church services.

Audio-Reader began in October of 1971. The founder, Lawrence philanthropist Petey Cerf, was reading to a friend in a nursing home and decided there had to be a way to share this information with more than one person. After a trip to Minnesota to visit Radio Talking Books in St. Paul, she approached the University of Kansas and its public radio station about providing a "reading service for the blind." Audio-Reader began in 1971 by broadcasting on the sub-channel of KANU radio. The signal reached about a 50 mile radius of Lawrence. Since then, Audio-Reader has expanded

to provide service across Kansas and Missouri and is accessible to anyone, anywhere, via the Internet.

Although the initial population served by Audio-Reader was the visually impaired, the goal now is to serve anyone who may be challenged by reading printed materials. This can include people who deal with

arthritic hands, fibromyalgia, or other issues with dexterity.

The emphasis of Audio-Reader is providing current, LOCAL, print information. All reading is done by community volunteers. The volunteers read obituaries from every newspaper, grocery store ads, discount store ads, newsletters, magazines, and books. These programs are aired on a set schedule. Audio-Reader's broadcast schedule is available at <a href="http://reader.ku.edu/program-schedule">http://reader.ku.edu/program-schedule</a> or large print copies are available in the Redwood Office and the Evergreen Office. Copies can also be sent out via campus mail by calling Janis Swanson, 274-3389. ■

new men's group for Brewster Place residents and BrewsterConnect members is beginning in July! The purpose of the group is to enhance older —



or shall we say more seasoned — men's holistic health needs. This includes not only physical health, but emotional and spiritual health, as well. An additional bonus for partici-

pating is simply to enjoy each other's company.

Those interested, please contact Tim

McManus, Spiritual Wellness Support Specialist at 274-3310.

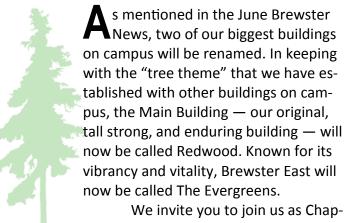
### Topics Include (but are not limited to):

- Married Life/Family
- Social Life
- Careers
- Retirement
- Adapting to Change
- Aging
- Finances
- Spirituality
- Loss and Bereavement
- Exercise/Fitness
- Depression
- And, of course, Sports! (Perhaps this should come before the subject of depression depending on how your team is doing!)

Men's Group First Meeting | Monday, July 3 | 10:30 am | Cedar Lounge

If you need assistance getting to Cedar Lounge, please call Transportation at 274-5000.

# Blessing of the Buildings Redwood and The Evergreens



We invite you to join us as Chaplain Roger leads us in a special "Blessing of the Buildings" on Monday, July 10. ■

Blessing of the Buildings Monday, July 10 Redwood (formerly Main Building)

10:00 am | Outside on the Veranda

The Evergreens (formerly Brewster East)

10:20 am | Outside the west entrance

# **National Night Out**

ational Night Out 2017 is August 5. This is a community policy awareness-raising event in the United States. National Night Out was created to increase awareness about police programs in communities. Some of these programs include:



- Drug Prevention
- Town watch
- Neighborhood watch
- Other watch programs

This year's National Night

Out will be held on Saturday, August 5. We will have activities and food here at Brewster Place to promote awareness to this important campaign. Look for more information on BPTV and your weekly bulletin.

## **Candidate Forums**

In an effort to keep residents informed during election season, we will host Candidate Forums for the Mayor's race as well as the City Council District 5 race. All candidates have been invited to attend. Please join us to meet the candidates and ask questions. Be an informed voter!

Primary Election Day Tuesday, August 1

**General Election Day Tuesday, November 7** 

The top two candidates from each race will move on to the General Election.

Mayoral Candidate Forum
Thursday, July 27
10:00 am | Klinge Activity Center

**Candidates** 

Michelle De La Isla Spencer Duncan Chris Schultz Clark W. Trammell Mark E. Weiser City Council District 5 Candidate Forum Monday, July 31 10:00 am | Klinge Activity Center

**Candidates** Scott Bowman Brett Kell

Mike Padilla

# From the Chaplain | I Pledge Allegiance to the Lamb

by Chaplain Roger Jackson, M. Div.

uly marks our nation's Independence Day. Families celebrate in a variety of different ways. Some picnic, while others barbecue. Some go camping, and still others light fireworks. You might stay up later than usual to watch the city's fireworks display.

We enjoy our freedom as Americans, in part, because of the men and women of our Armed Forces who paid a dear price. We enjoy many rights as Americans — to own property and homes as well as pursue dreams and make them a reality. We owe these freedoms, in part, to the many brave souls who fought and also died for this great country. But, men and women of the Armed Forces were not all who died for us. Long before July 4, 1776 there was another Independence Day.

The *first and greatest* Independence Day did not take place on the 4<sup>th</sup> of July or even in the USA. Instead, it happened on a hill called Mt. Calvary. On that day, Jesus Christ died willingly for the entire world. John 3:16 says, "For God so loved the world that He gave His only begotten Son, that whoever believes in Him should not perish but have everlasting life." (NKJV)

Several years ago, Christian music artist, Ray Boltz, wrote a song entitled, "I Pledge Allegiance to the Lamb."



### One of the verses says:

"Now the years have come, and the years have gone, but the cause of Jesus still goes on. Now our time has come to count the cost, to reject this world, to embrace the cross. And one by one let us live our lives for the one who died to give us life. Till the trumpet sounds on the final day, let us proudly stand and boldly say."

### Then the chorus goes:

"I pledge allegiance to the Lamb. With all my strength, with all I am. I will seek to honor His commands. I pledge allegiance to the Lamb. To the Lamb of God who bore my pain. Who took my place, who wore my shame. I will seek to honor His commands. I pledge allegiance to the Lamb."

I hope that on this July 4<sup>th</sup> and throughout the month of July you will celebrate not only the birth of our wonderful Nation and the freedom we have but also the freedom God gives us because of the cross at Calvary. "I pledge allegiance to the Lamb. To the Lamb of God who bore my pain." Happy Independence Day!



### MOVIE AND DISCUSSION

The Shack is based on the fictional best-selling book of the same name. After experiencing a devastating family tragedy, Mack Phillips spirals into a deep depression and questions his long held religious beliefs. Facing a crisis of faith, he receives a mysterious letter urging him to an abandoned shack deep in the Oregon wilderness. Mack encounters the Triune God who transforms his understanding of the tragedy and changes his life forever.

The Shack Monday, July 17 1:00 pm | Chapel Facilitated by Chaplain Roger

intermission refreshments discussion



AT THE UNIVERSITY OF KANSAS

## Hollywood vs. the Civil War Wednesdays, July 12, 19 and 26 2:00—4:00 pm | Chapel on Main Street

The course will examine three acclaimed Hollywood movies set in the Civil War: Glory (1989), Gettysburg (1993), and Cold Mountain (2003). These films dealt with the African American Massachusetts 54th Regiment, the important battle of Gettysburg, and the turbulent home front in wartime North Carolina. We will supplement these movies with excerpts from two documentaries as well as written historians' comments about the movies or events relevant to these films. We will also listen to Civil War music from the period and from the movie soundtracks. Participants will learn which scenes were "History" and which were "Hollywood."

#### Instructor

**Carl Graves** holds a master's degree in U.S. history from KU and a Ph.D. from Harvard. He taught university and community college classes and was a high school instructor at The Pembroke Hill School in Kansas City, where he created a Hollywood vs. the Civil War mini-course after touring Southern battlefields.

# KU Osher Class Coming in October! Kelly Hunt Presents Joyful Singing for Everyone

Medical research shows that singing can reduce stress, release endorphins, lower blood pressure and allow you to literally breathe easier. Plus, singing in a group helps build confidence and connection with others. In this class, you'll learn safe, easy ways to find and use your voice in a group setting, including relaxation/warm up techniques and active listening. Reading music is NOT required and you will not be asked to sing alone. As Ella Fitzgerald said, "The only thing better than singing is more singing." Expect to leave energized, uplifted and inspired!

### To Register:

Brewster Place residents, BrewsterConnect members and Live Well at Home by Brewster members attend for free. Please call Jamie at 274-3398 for reservations.

For those coming from off-campus, please call 785-864-5823 for registration and fee information. ■



# Trash & Treasure SALE Friday and Saturday August 4 and 5

Donations welcomed until Friday, August 21. If you need assistance bringing your items to the Klinge Activity Center, please call Kim Jenkins at 274-3399.

Remember, all proceeds from the Trash & Treasure Sales benefit the Brewster Service Fund. The money is allocated for programming needs at Brewster Place.

# Helpers Needed! Brewster Place Annual Charity Bazaar Coming in November

Projects of all shapes and sizes are in the works for upcoming Bazaar, and many hands make light work. If you would like to have projects to work on at home, contact Joline at 274-3317, and she'll fix you up. You are also welcome to attend Workshop & Quilting to work on projects. Every Monday-Wednesday-Friday from 10:00 am—Noon, Joline and the group meet in the Redwood Penthouse Art Studio to work together on projects. Come join the fun and creativity — coffee is always served and sometimes cookies!

# BREWSTER OF FOUNDATION

# **Topeka Gives**

by Jeremy R. Hall, Director

enjoy the transition from spring to summer — kids are out of school, summer vacations are getting started, and the excitement of the annual Topeka Gives event! On June 6, the Brewster Foundation participated in the 5th annual Topeka Gives event hosted by the Topeka Community Foundation.

Topeka Gives brings together not-for-profit agencies from Shawnee County for a day to meet and greet people, make friends, and build collaboration for projects in our community. Most importantly, it is also a great day of giving to our community. The 2017 event brought in a total of \$595,665.00. This incredible amount is dollars given in Topeka in just one day!

The Brewster Foundation received \$3,042.79 from the Topeka Gives event with \$2,600 being donated and an additional \$442.79 in matching funds from the Topeka Community Foundation. This is a wonderful amount, but even more importantly, we were able to spend time speaking to people in our community about Brewster and all we have to offer. Many people are unaware that Brewster is a not-for-profit organization and that our Foundation has many funds that lend support to our residents, staff, and community. In this respect, Topeka Gives was an outstanding success!

Sometimes, we hear people say, "Why should I give? My gift will be so small that it won't make a difference." When

we hear in the news that someone has given a \$23 million gift to a university, or to build a hospital wing, or another noble cause, that makes us feel that our smaller gifts aren't important.

The Topeka Gives event teaches us that each and every gift makes a difference — no matter the size. The average gift this year at Topeka Gives was \$160. Obviously, we would be happy to accept a \$23 million gift, but we value, love, and survive on the kindness of each and every gift — no matter the size.

The Brewster Foundation works to make sure that we receive a steady flow of gifts during the entire year. We do that by working with those who value us and by structuring gifts that work for each donor. Sometimes we are able to provide a **Charitable Gift Annuity** 

that provides a small payment back to the donor and provides tax advantages. We can help by structuring your required minimum distribution to be paid directly to the Foundation to assist in your tax situation. The Brewster Foundation often receives the wonderful compliment and honor of being listed as a memorial designation from one of our special residents who has passed away.

We should all be proud of the Topeka Gives results. It shows that caring for others and the community around us is alive and well in our part of the world. We should also be thankful that it is all of us working together to create one big, beautiful, thriving community that makes our campus such a wonderful place to be. The Brewster Foundation thanks you for your continued support! ■

# **Retirement Reception for Phyllis Lansford**

Place for 18 years and has decided to retire. Her last day at Brewster Place came at the end of June. We will celebrate Phyllis' service on Thursday, July 27 at 3:00 pm in the Klinge Activity Center.

Phyllis has been a dedicated staff member in our marketing department — making sure our campus stays full with vibrant residents. It's hard to imagine how many people she has impacted in her years of service. Please join in the celebration and wish Phyllis a fond farewell! ■



Retirement Reception Thursday, July 27 3:00 pm | KAC

### The Foundation Forum

KSNT Meteorologist Matt Miller Thursday, July 6 | 10:00 am | EV CR



he July Foundation Forum will feature KSNT weatherman, Matt Miller. Matt was to join us in June, but was unable to be here due to illness. We look forward to welcoming him to our July Forum! Matt will discuss the total eclipse of the sun that

will happen later this summer. Matt is the Chief Meteorologist at KSNT. He is passionate about this topic and always loves to talk about the weather. Matt enjoys the challenges that forecasting in the Midwest provides. He has three children and is very active in their community with their many activities. Please join us for this informative presentation. ■

# **Brewster Place Residents: Change In Food Pricing**

reminder that on July 1, ala carte prices will be going up slightly at The Evergreens (Brewster East) and the Market.

At the Greenleaf Restaurant in Redwood (Main Building), all prices remain the same for residents—ala carte ordering is still available for breakfast, and a flat \$10.10 covers anything residents choose to eat off the lunch and dinner menus. Catered Living residents will see no changes to their meal plans. What IS changing is the price for a guest meal at the Greenleaf, which increases to \$12.00 and includes anything a guest chooses to enjoy off of the Greenleaf menu, including beverages and dessert.

As always, these prices include all sales tax and tipping is not allowed. ■

# Dillon's Community Rewards Program

Did you know if you shop at Dillon's and have a shopper's card, you are able to designate a percentage of your sales to the Brewster Foundation under their Community Rewards Program?



It's easy to sign up! Just visit Dillons.com and set up an account, which registers your Dillon's Plus card. Once you

## **Community Rewards**

have done that, go to the Community Rewards section of your account page, click on "Enroll Now" to choose the Brewster Foundation as the organization you want to support. This does not cost you anything, and will be a benefit to the Brewster Foundation!

If you do not have access to a computer or need help signing up, please visit Jeremy Hall or Gaylene Dibbern in the Foundation Office and we will assist you. You must have an e-mail address to sign up. Be sure to bring your Dillon's card!

Please share this opportunity with family and friends. ■

## At the Movies!

Thursdays at 2:00 pm BPTV 1960

#### July 6

"Philomena" (2013 drama)

#### July 13

"Miss Potter" (2006 romantic drama)

#### July 20

"A Dog's Purpose" (2017 drama)

### July 27

"Beauty and the Beast" (2017 family)

### **Brewster Place Television Channels**

### **BPTV 1960**

Information screens, music, movies, church services and more!

### **BPTV 1961**

**KU Audio-Reader Service** 



# Special Excursion to St. Joe View the Total Solar Eclipse

he total solar eclipse of June 8, 1918 crossed the United States from Washington State to Florida. This path is roughly similar to the August 21, 2017 total solar eclipse and was the last time totality crossed the nation from the Pacific to the Atlantic. (greatamericaneclipse.com)

A total solar eclipse occurs when the new moon comes between the Sun and Earth and casts the darkest part of its shadow, the umbra, on Earth. A full solar eclipse is almost as dark as night. Monday, August 21, 2017 is a special day as it's the next time a total eclipse of the sun will occur — and we won't see another until 2205!

We have planned a special excursion to view this incredible sight. Join us as we venture north into the direct path of the eclipse in St. Joseph, Missouri. St. Joseph is the 5th largest city along the path, where you will experience just over 2 minutes and 38.6 seconds of totality, only 1.4 seconds short of the maximum time possible along the path.

The Brewster bus will depart at 8:30 am so we won't miss any of the action. We will enjoy a picnic lunch, don our special eclipse glasses and sit back and watch this once in a lifetime scene.

If you would like to attend, please call Jamie at 274-3398 for reservations. You must bring your own lawn chair. The cost of the trip is approximately \$30. ■



Excursion to St. Joe, MO Monday, August 21, 2017 8:30 am | Lobbies

Call Jamie at 274-3398 for reservations.

Cost is \$30

# Feed Your Mind, Body and Soul Enjoying Nature

**Below:** Kathy Howard can be found outdoors often as she tends to her garden or enjoys coffee with friends. When complimented recently on her garden, she said, "Isn't it marvelous what God can do!"

**Above:** Bill Douthett, like many of our residents, enjoys gardening. Many grow vegetables while others fancy flower gardening. Either way, being outside is great for your mind, body and soul!

**Below:** Betsy Packard joined a group outside The Evergreens at the gazebo for coffee, conversation and quite a few laughs. You can't beat that!



# **july** remembrances | celebrations | new beginnings | fond farewells

Birthdays	
Lillie DaMetz	2
	4
Carl Roney Barbara Larson	5
June Golden	6
Merlin Johnson	7
	7
Gary McGinnis	9
Polly Collins Mary Petrik	9
Mary Allen	10
Alice Sundermeyer	13
Ann Cousins	14
Virginia Mansfield	15
Marilyn Hypse	16
Jim Banks	17
Lola Parkerson	19
June Cunningham	20
Garland Roseberry	20
Dick Nichol	21
Daisy Douthett	22
Joyce Harbaugh	22
Tom McMahon	22
Harold Hula	23
Jean McKenzie	23
Betty Bulkley	24
Rosemary Henson	24
Reeta Akins	25
Donald Finson	26
Erma Lee Nuss	26
Patsy Brewster	27
Judy Cutright	27
Edna Snook	27
Nolan McKenzie	31
Anniversaries	
Dick and Shirley Fuller	7/04/1948
Lawrence and Tina Heide	7/04/1945
Jack and Gloria Barron	7/12/1948
David and Sue Smith	7/26/1952
N D 11 4	
New Residents	
Shirley Albright	AL 21
Joan Gatewood	EV G-18
Janet Paduh	NT 12
Phil and Joan Farmer	EV 127
Eddie Fowler	ST 22
Debby Hunt	RW 103
Jeanene Johnson	EV 136
Tuonofono	
Transfers	_, ,
Anderson Chandler	EV
Dorothy Pooler	AL
Jane Ryan	Off-campus

### **Staff Anniversaries**

Brewster staff members who are celebrating their employment anniversaries in July!

Department	Location	Years			
<u>Administration</u>					
Melissa Reynolds	EV	14			
Community Relations					
Carol Bradbury	SH	1			
Health Services Administration					
Barb Kemble	BHC	14			
<b>Environmental Services</b>					
Larry Maddux	Campus	9			
Michael Brown	BHC	3			
Michael Tetuan	RW	1			
Jordan Downs-Bugg	BHC	3			
Mary Stephens	EV	12			
Health Services					
Jonathan Snyder	BHC	3			
Kendra Besenyi	BHC	4			
Katelynn Hoobler	BHC	1			
Brenda Patterson	BHC	1			
Rosanna Bradford	BHC	2			
Cassia Lester	BHC	2			
Gwendolyn Courter	BHC	1			
Jaimie Casto	BHC	7			
<u>Rehab</u>					
Crystal Fosdick	Rehab	4			
Danielle Spaid	Rehab	1			
Security/Transportation					
Helen Paxson	Campus	2			
<u>Therapy</u>					
Carla Bryant	BHC	3			

### **In Memoriam**

Mr. Wayne Fernkof (former resident)	5/30/2017
Ms. Mary Lowman	6/12/2017
Mrs. Edna Mae Peterson	6/15/2017
Mrs. Marcina Baker	6/25/2017
Mrs. Margaret Marcell	6/24/2017

The Brewster News is a monthly publication for the residents and friends of Brewster Place.

The Brewster News is also available online at:

### www.BrewsterLiving.org

Janis Swanson, Editor Janis.Swanson@BrewsterLiving.org

# july | on-campus events

### Independence Day Eve Celebration | Monday, July 3 | 11:30 am | The Evergreens Dining Room

Let's kick off July 4<sup>th</sup> with an early celebration. We will offer an All American Luncheon and some magic. We will serve a lunch of BBQ pork sandwiches and fixings. The entertainment will be provided by the Astonishing World of Curtis Sneden. Lunch cost \$10.10 and the entertainment is complimentary. Reservations are required. Please call Jamie at 274-3398 for reservations by June 30<sup>th</sup>. Space is limited.

### Craft with Jamie | Wednesday, July 5 | 1:00 pm | Redwood Founders Room

Please join Jamie for a fun summer craft! It's always great to be together while we create something new!

### Foundation Forum | Thursday, July 6 | 10:00 am | The Evergreens Community Room

Please join us as we welcome meteorologist Matt Miller from KSNT. He will inform us about all-things solar eclipse and weather.

### Helping Hands Humane Society Pet Visit | Thursday, July 6 | 2:00 pm | Redwood Veranda

HHHS is bringing a few furry friends to visit and be loved by our Brewster residents. Volunteers are available to help us meet these sweet furry friends. Please join us on the front patio and say hello.

### Violin Music with Carlos | Friday, July 7 | 3:00 pm | Redwood Lounge

Come and enjoy the beautiful Violin music of Carlos Cabezas. He is preparing for a competition and wants to share with us.

### Renaming and Blessing of the Buildings | Monday, July 10 | 10:00 am | Redwood Veranda/The Evergreens

Please join us at 10:00 am on the west side of the Main Building (being renamed Redwood) for a short ceremony and blessing. We will then move to Brewster East (being renamed The Evergreens) for a similar ceremony.

### Hunter Nelson Music Program | Monday, July 10 | 2:00 pm | Redwood Lounge

Join us to listen to Hunter Nelson sing. He's very talented and enjoys performing for you.

### Bridge | Tuesdays, July 11 and 25 | 7:00 pm | Redwood Lounge

If you are interested in playing Bridge, please call Doris Davidson at 286-1432 or Christel Marquardt at 274-5509.

KU Osher Lifelong Learning: Hollywood vs. the Civil War | Wednesdays, July 12, 19 & 26 | 2:00 pm | Chapel Please see article on page 5 of this issue.

### Resident Council Meeting | Thursday, July 13 | 10:00 am | Klinge Activity Center

Please see front page article about this special Resident Council meeting. Don't miss it!

### Movie and Discussion with Chaplain Roger | Monday, July 17 | 1:00 pm | Chapel

Please see article on page 4 of this issue.

### Healthwise 55 Luncheon | Tuesday, July 18 | 11:30 am | Klinge Activity Center

In July, we'll be talking "Flu Shots and Other Vaccines for Older Adults." Chip Marker, pharmacy clinical nurse liaison specialist, will talk about all the recommendations currently out there (not just for flu but for pneumonia, whooping cough, etc.), why they're important and how they can keep us safe. Due to price increases to maintain the quality of lunch the price will be \$7. We request that you put this on your Brewster Bill to make accounting easy for our volunteer, Clara. To guarantee your space, please make your reservation by Friday, July 14. Please call Jamie at 274-3398 for reservations.

### Santa Fe Band | Tuesday, July 18 | 7:00 pm | Redwood Veranda

Let's strike up the BAND. Come enjoy the great sounds and music of the Santa Fe Band. Refreshments will be served.

### Trivia for Fun! | Friday, July 21 | 1:30 pm | Klinge Activity Center

Join us for a fun-filled Friday afternoon! We will enjoy playing some games and testing our knowledge.

### Violin Music with Dr. Craig Yorke | Friday, July 21 | 3:00 pm | Redwood Lounge

Let Dr. Craig Yorke entertain you with some beautiful violin music. He will be accompanied by Char Taggart.

### Mayoral Candidate Forum | Thursday, July 27 | 10:00 am | Klinge Activity Center

Please see page 3 for more information.

# City Council District 5 Candidate Forum | Monday, July 31 | 10:300 am | Klinge Activity Center Please see page 3 for more information.

### Floats with Friends | Monday, July 31 | 2:00 pm | Evergreens Parlor

Come chat with Brewster Friends while enjoying an ice cream float. It will be nice to catch up with all our friends.

### Sweet Adeline's Concert | Monday, July 31 | 6:00 pm | Redwood Lounge

Please join us for the sweet voices of these lovely and talented ladies. Summertime and music is a perfect match!

# july | off-campus events

### Rotary Freedom Festival | Saturday, July 1 | 3:30 pm | Lobbies

The Downtown Rotary is hosting a Freedom Festival to celebrate Topeka's history. This includes an free outdoor evening concert with a beer garden and food trucks. Please note there will be a lot of walking between events. At 4:00 pm the Smooth Tones featuring Kelvin Ross will play and at 5:15 pm The Skirts, a women's bluegrass group from Chase County, will play. You must bring a chair or pay \$10 for reserved seats. Please call Jamie at 274-3398 for transportation reservations.

### Shopping and Dinner in Kansas City | Thursday, July 6 | 2:30 pm | Lobbies

Let's go enjoy some light shopping at the Country Club Plaza. Then we will head to a gourmet dinner at one of Kansas City's finest restaurants, Chaz on the Plaza. On Thursday one special is a classic food dinner and wine pairing that's as right for today as it was nearly 40 years ago when The Raphael opened. Enjoy a choice of entree and a choice of beginning or dessert course with a chef-selected glass of wine or throwback craft cocktail, \$40. Transportation will be \$13. Please call Jamie at 274-3398 for reservations.

### Topeka Farmer's Market and Breakfast | Saturday, July 15 | 8:00 am | Lobbies

Let's go check out the Downtown Topeka Farmers Market. There is sure to be lots of home grown vegetables and homemade bake goods. YUMMY!!!! Please call Jamie at 274-3398 for reservations.

### Volunteer at Ronald McDonald House | Monday, July 17 | 1:00 pm | Lobbies

Join us in making dinner for families staying at the Ronald McDonald House. Jamie will do the heavy lifting. Please call Jamie at 274-3398 for reservations.

### Swimming and Dinner at Topeka Country Club | Monday, July 17 | 4:00 pm | Lobbies

Come and work out with Julie in the Topeka Country Club pool. We will stay for dinner served in the pool area. Sure to be a nice evening. Please call Jamie at 274-3398 for reservations.

### Prairie Band Casino | Thursday, July 20 | 10:00 am | Lobbies

Let's try our luck at the Casino. It is sure to be a fun time when we hit it rich. We will enjoy lunch at the casino. Please call Jamie at 274-3398 for reservations.

### **Key to Campus Abbreviations** | **How to Navigate Campus**

ASSISTED LIVING (south end of Redwood)		REDWOOD (formerly Main Building)	
AL	Assisted Living	RW	Redwood
Monarch	AL first floor	RWL	Redwood Lounge
Frontier	AL second floor	RW FR	Redwood Founders Room
HH	Home Health (AL first floor)	RW PH	Redwood Penthouse Art Studio
		<b>RW Veranda</b>	Redwood Veranda
BREWSTER HEALTH CENTER GL		GL	Green Leaf Restaurant
ВНС	Brewster Health Center	CSP	Chandler Sun Porch
BHC FLR	Brewster Health Center	KAC	Klinge Activity Center
	Fink Living Room		
	_	THE EVERGREENS (formerly Brewster East)	
MAIN STREET	(lower level of Assisted Living)	EV	The Evergreens
WWC	Winchell Wellness Center	EV CR	The Evergreens Community Room
MSP	Main Street Pavilion	EV DR	The Evergreens Dining Room
Chapel	Chapel on Main Street	EV WC	The Evergreens Wellness Center
The Market	The Market on Main Street	<b>EV Parlor</b>	The Evergreens Parlor
	<u> </u>		

**Lobbies** For off-campus trips, if you meet in the lobby of Redwood or The Evergreens, the Brewster

bus will pick you up from that location.

Stone House SH