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Our Mission

Brewster Place is a retirement community providing all of its residents opportunities for an optimal quality of life.



The Brewster Health Center is accredited by The Joint Commission.

SOLAR eclipse

Planet
Brewster

On Monday, August 21, 2017, all of North America will be treated to an eclipse of the sun. Anyone within the path of totality can see one of nature's most awe inspiring sights — a total solar eclipse. This path, where the moon will completely cover the sun and the sun's tenuous atmosphere — the corona — can be seen, will stretch from Salem, Oregon to Charleston, South Carolina. Observers outside this path (Topeka, Kansas) will still see a **partial solar eclipse** where the moon covers part of the sun's disk. (eclipse2017.nasa.gov)

As outlined in the July Brewster News, our original plan was to journey to St. Joseph, Missouri to view the **total solar eclipse**. After some research we learned that tens of thousands of others from all over the world plan to do the same thing. Out of an abundance of caution, we decided to avoid the crowds and traffic and enjoy the **partial solar eclipse at home!**

Join us for some or all of the events — learn, enjoy, thrive, bloom, flourish! ■

Solar Eclipse Events

Trivia | Test Your Knowledge

Tune to BPTV 1960 to see the daily trivia question and answer!

Banner Creek Observatory & Lunch

Thursday, August 17
9:30 am | Lobbies

Team Trivia for Fun!

Solar Eclipse and Astronomy

Friday, August 18
1:30 pm | KAC

Day of the Solar Eclipse

Monday, August 21

Live Stream NASA's Eclipse Coverage

12:00 pm | Chapel

Solar Eclipse Glasses | \$2 each

Glasses meet the safety standards of NASA.
9:30 am | Outside The Market

Walking Taco Lunch | \$5

11:30 am—1:00 pm | The Market
Lunch includes a walking taco, cookie and drink.

Start of Partial Eclipse

11:39 am | Main Street Patio

Maximum Eclipse in Topeka (99%)

1:07 pm | Main Street Patio

Free Ice Cream

1:30 pm | Outside The Market

End of Partial Eclipse

2:35 pm | Main Street Patio

Words from Wellness | Wednesday Writing

by Jenny Lamb, LCSW, MSW | Director of Community Wellness

Isn't it funny how a clever alliteration like *wonderful Wednesday Writing* can get our attention? That literary stylistic device has a way of grabbing our attention and sticking in our minds. The good news is you don't have to be skilled at writing or privy to the tricks of the trade to reap the rewards writing has to offer. Putting pen to paper can be cathartic and research has demonstrated the benefits writing can have on our health and well-being.

In his article, *The Health Benefits of Journaling*, Maud Purcell, LCSW, CEAP writes, "The act of writing accesses your left brain, which is analytical and rational. While your left brain is occupied, your right brain is free to create, intuit and feel. In sum, writing removes mental blocks and allows you to use all of your brainpower to better understand yourself, others and the world around you." This better understanding can include finding some peace for a busy mind, being able to mentally finish the day's business, finding gratitude, having a place to put the difficulties that are hard to say out loud, help with better thinking and communication, and enhance learning.

Stacey Colino advises of the physical health benefits as well in her article, *The Health Benefits of Expressive Writing*. She states, "In recent years, research has found that it [expressive writing] improves symptoms of irritable bowel syndrome or IBS, asthma, and rheumatoid arthritis; helps with recovery from childhood sexual abuse and postpartum depression, and improves the state of mind in those with Parkinson's, cancer and many other health conditions." Expressive writing such as journaling is personal and emotional writing without regard to form or other writing conventions like spelling, punctuation and verb agreement.

Expressive writing is not a new concept. People have been keeping journals and diaries for centuries. While there is much to gain from expressive writing, sometimes it can be quite difficult to get started. That blank piece of paper or screen can be daunting when you don't quite know where to begin. To get a head start join us for **Wednesday Writing on Wednesdays August 16 and 23 at 1:00 pm in the Redwood Founders Room**. We will discuss various expressive writing forms and concentrate on creating your own *Where I'm From* poem. *Where I'm From* is a poem written by George Ella Lyon and we will use a template to help get the creative juices flowing to create your own writing straight from your heart. No experience is necessary and remember these wise words from Mini Grey, "Writing is a journey of discovery because until you start, you never know what will happen, and you can be surprised by what you do — expect the unexpected!" ■

Where I'm From

by George Ella Lyon

I am from clothespins,
from Clorox and carbon-tetrachloride.
I am from the dirt under the back porch.
(Black, glistening,
it tasted like beets.)
I am from the forsythia bush
the Dutch elm
whose long-gone limbs I remember
as if they were my own.

I'm from fudge and eyeglasses,
from Imogene and Alafair.
I'm from the know-it-alls
and the pass-it-ons,
from Perk up! and Pipe down!
I'm from He restoreth my soul
with a cottonball lamb
and ten verses I can say myself.

I'm from Artemus and Billie's Branch,
fried corn and strong coffee.
From the finger my grandfather lost
to the auger,
the eye my father shut to keep his sight.

Under my bed was a dress box
spilling old pictures,
a sift of lost faces
to drift beneath my dreams.
I am from those moments--
snapped before I budded --
leaf-fall from the family tree.

Groups to Support and Encourage

Part of holistic wellness is taking care of our emotional, spiritual and intellectual selves. When life experience calls for support — or even just a listening ear — we hope you will consider being part of a group with others who understand. To learn more about a group, please contact the facilitator or you may call Tim McManus, Spiritual Wellness Support Specialist, at 274-3310.

Men's Group | Monday, August 7

- Meets the first Monday of each month
- 10:30 am | Cedar Lounge
- Facilitator: Tim McManus (274-3310)

This is a new group for men that focuses on men's holistic health needs — and to enjoy each other's company!

Alzheimer's Support Group | Saturday, August 12

- Meets the second Saturday of each month
- 10:00 am | BHC FLR
- Facilitator: Valerie Jahnke

This group is for families and friends of those suffering with Alzheimer's and dementia-related issues.

Caregiver's Support Group | Monday, August 21

- Meets the third Monday of each month
- 10:30 am | Chapel on Main Street
- Facilitator: Tim McManus (274-3310)

This group is for family members and residents who are in a caregiver role.

Tremor/Parkinson Support Group | Wednesday, August 23

- Meets the fourth Wednesday of each month
- 2:00 pm | Monarch (Assisted Living)
- Facilitator: Jenny Lamb, LCSW, MSW (274-3395)

For more information, contact the facilitator of the group you are interested in attending. ■

Twilight

*Written by a
Brewster Place resident*

*Darkness now clouds the mind
That once was bright and clear.
Thoughts you seek but never find,
The words just disappear.*

*Beneath that crusty veneer
For which there seems no cure,
Lies a soul of one who's dear,
And a heart of gold so pure.*

*When you search with haunted eye
For faces you once knew,
Names lost in times gone by
Now won't come back to you.*

*God grant that you are blessed
With peace that you once knew,
That puts tormented soul at rest
Till it comes home to you.*

Being Mortal

Wednesday, August 30

1:00 pm | Main Street Chapel

Terry Downing with Kansas Hospice Care will provide a showing and accompanying presentation of *Being Mortal*, a documentary based on the #1 New York Times Bestseller book *Being Mortal, Medicine and What Matters in the End*, by Atul Gawande. Snacks will be provided. ■



Beach Party Lunch and Hawaiian Happy Hour

Friday, August 18

Beach Party Lunch

Noon meal | Greenleaf Restaurant

- Fried Chicken
- Homemade Potato Salad
- Cole Slaw
- Corn on the Cobb
- Homemade Strawberry Shortcake

Friday, August 18

Hawaiian Happy Hour!

4:00 pm | Main Street Pavilion

Join Julie and Jamie for a special Happy Hour with fun drinks and décor. Please wear your Hawaiian attire if you desire to help make the event festive and fun! ■



CRYSTAL BRIDGES
MUSEUM OF AMERICAN ART

September Overnight Excursion

Join Jamie Fritz, Activities Coordinator, for this overnight excursion to Crystal Bridges Museum of American Art in Bentonville, Arkansas. The mission of Crystal Bridges Museum of American Art is to welcome all to celebrate the American spirit in a setting that unites the power of art with the beauty of nature. The trip will also feature a stop in Fort Scott, Kansas, a guided tour of a Frank Lloyd Wright Home and much more!

DETAILS

- Admission Cost: \$37
- Travel Cost: \$50
- Hotel
 - Double—\$62.50
 - Single—\$125



MEALS

- Continental breakfast
- Lunch and dinner are Dutch treat

RESERVATIONS

Please call Jamie at 274-3398 to reserve your spot. We must have at least eight people and the trip is limited to 16.

ITINERARY

Thursday, September 7

8:00 am | Leave Brewster Place

10:30 am | Fort Scott, Kansas

Here we will visit the Lowell Milken Center for Unsung Heroes which promotes educational projects that bring to light unsung heroes. We will view the exhibit entitled “Life In a Jar” which tells the story of Irena Sendler, a Polish Catholic social worker who rescued 2,500 Jewish children during WW II.

11:30 am | Lunch at a yummy eatery

1:30—3:30 pm | Drive to Arkansas

4:00 pm | Guided Tour of Frank Lloyd Wright Home

5:30 pm | Check in to hotel and dinner out

Friday, September 8

8:00 am | Continental breakfast at hotel

9:30 am | Depart for Mildred B. Cooper Memorial Chapel

This chapel was inspired by the cathedrals of the middle ages. It was designed by E. Fay Jones, a student of Frank Lloyd Wright.

11:00 am | Self-guided tour of Chihuly Outdoor Exhibit

12:00 pm | Lunch at Crystal Bridges

1:30 pm | Guided tour of Collection Highlights at Crystal Bridges

3:00 pm | Leave to return home ■

James Joyce’s Ulysses | A Book Group



Was James Joyce an author you always wanted to read? Tanya Walsh, Topeka and Shawnee County Public Librarian, who focuses on modern literature — especially James Joyce — will lead a book group at Brewster Place on Ulysses. The group will meet weekly for four weeks starting October 5 at 2:30 pm in The Evergreens Community Room. Many of you know Tanya as she staffs the afternoon Red Carpet Service at The Evergreens.

Tanya will order copies of Ulysses and a study guide and we will reimburse her. If you are interested and would like more information or would like to sign up, please call Diana Siegal at 274-5575. Diana needs to know if you plan to participate by August 25. ■

From the Chaplain | Plant, Water, and Cultivate Your Faith

by Chaplain Roger Jackson, M. Div.

Roots are not only important for plants but also for people. Over the course of time, we become rooted in our families, churches, locations, schools, and workplaces. To further this analogy, we understand that in order to develop healthy, strong, and fruitful lives, deep roots are essential. Roots do not grow overnight, though, and we now live in a society characterized by immediate



gratification and supported by drive-thru windows, microwaves, Google, and Amazon. I've been pondering the concept of rootedness myself and thinking about how important being rooted is to our faith and spiritual lives. More specifically, how do we "put down roots" so that our faith grows strong and produces good fruit when we haven't learned the patience necessary for gardening?

I love the parable of the sower from **Matthew 13** because Jesus felt it was so important that he actually explains it after telling the story. I can imagine Jesus so fed up with people just not getting it that once he looked in their faces and saw that once again, they had no clue what he was talking about, he decided to say, "Okay, let's take this slowly. Here is what I meant by that."

And, what he says that we must allow seeds of the Word to burrow deep within us so that our lives might grow to be the fruitful lives that God dreams they can be. When we have developed roots, the deep roots of the Word of God and the work of the Holy Spirit, our lives become healthy and strong to bear the fruit of Christlikeness that can nurture the lives of others. But, if we expect our faith to come in a tidy cardboard box delivered to us immediately and asking very little of us in return, then we can expect to wither on the vine. Developing roots requires patience and takes time.

Jesus said in verse 23, **"But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundred-fold, in another sixty, and in another thirty."** If we offer ourselves to the Master Gardener, our lives will yield the fruit of Christlikeness beyond what we could ever imagine.

And it doesn't matter what age you are. You can be 30, 50, 70, or 90 years old, and your faith can continue to grow and produce fruit. Faith only ceases growing when you stop planting seeds, watering, and cultivating it. So continue to plant, water, and cultivate your faith, and over time you will develop strong roots that produce abundant fruit. ■



MOVIE AND DISCUSSION

Soul Surfer is the inspiring true story of Bethany Hamilton — a teen surfer, who lost her arm in a shark attack, courageously overcame all odds to become a champion again through sheer determination and unwavering faith. Though a life-changing event took her arm and nearly her life, nothing would steal Bethany's hope.

Come and join us for this inspirational movie! ■

Soul Surfer
Monday, August 28
2:00 pm | Chapel
Facilitated by
Chaplain Roger

intermission
refreshments
discussion

It is getting hot, or I should say, it **IS** hot! As the heat moves through, it is important to take care of yourself. I know whenever I get in the car I buckle my seat belt. We often say to people before they go someplace to “Drive safely,” “Be careful,” and other phrases to help them ward off accidents. None of us plans for an accident. An accident is something you do not expect. We do not plan to slip. We do not plan to bump our head. The very nature of these things is unexpected.

I am sure by now you are wondering why the article from the Brewster Foundation, whose purpose is to raise funds to support Brewster, is so concerned with accidents. Well, it is simple, we care about you. You support us, and we care about you. We are thankful to have you in our lives and community.

The Brewster Foundation was approached by a donor about a very interesting and fun way that we could raise some extra funds and also promote awareness for safety. During August we will select five events that will help us raise extra funds. Our donor has pledged to give a gift for every resident at these events who has their SARA emergency pendant on. All you have to do is show up to the event with your pendant. You should have your pendant on all the time anyway, because you never know when you may need to press it to help yourself or someone around you.

Here’s how it works!

- If 50% of our residents at the event have on their pendant, we will receive \$2.00 per person.
- If 51-90% of our residents at the event have on their pendant, we will receive \$3.00 per person.
- If 100% of our residents at the event have on their pendant, we will receive \$5.00 per person.

This is a very simple fundraising event. All you have to do is come to one, or all of the events, with your pendant on. This is something that many people do anyway, and hopefully this will be a great reminder to wear your pendant. This costs you nothing, but does provide great peace of mind knowing that in the event of an accident, you are prepared with that connector to quick help and support.

Mark your calendar and come as many of these events as possible to help the Foundation and get into the safe and important habit of wearing your pendant. ■

Topeka’s Fascinating History

Tuesday, August 2 | 2:00 pm | Chapel

The Foundation Forum

Thursday, August 3 | 10:00 am | EV CR

Coffee with David

Wednesday, August 9 | 10:00 am | CSP

Coffee with David

Wednesday, August 23 | 10:00 am | EV CR

National Night Out

National Night Out 2017

Saturday, August 5

4:30—6:00 pm

Redwood Veranda

Enjoy a complimentary hotdog dinner as we promote safety awareness!



You are invited to join Brewster’s Security Team and Brewster Foundation for the 2017 National Night Out on August 5. This is a community policy awareness-raising event in the United States. National Night Out was created to increase awareness about police programs in communities. ■

Foundation Forum

First Year Beekeeping with KayLynn Hall
Thursday, August 3 | 10:00 am
The Evergreens Community Room

KayLynn Hall (Jeremy Hall's lovely daughter) will join us to tell about her first year as a beekeeper. KayLynn received a scholarship from the NEKBA (North East Kansas Bee Keepers Association) to learn how to manage a hive. She will discuss the fears, and the good and bad things involved with having several thousand bees in your back yard.

As part of her scholarship, she received training, was provided with a mentor, and is required to give several presentations in the community about the impact bees and pollinators have on our environment. She is excited to come and share some of the fun and serious issues she has learned during her short beekeeping adventure. KayLynn will have a slide show with some photographs and will try to answer all of your questions. **Buzz** on over to The Evergreens Community Room and join us! ■

Trash & Treasure Sale Volunteer Schedule

Resident volunteers are needed to help set up and organize the Trash & Treasure Sale. Please come and go as you need to, but your help is appreciated.

Wednesday, August 2

8:00 am—3:00 pm

Thursday, August 3

8:00 am—1:00 pm

Klinge Activity Center

We will also need volunteers to help box up items after the Sale is over on Saturday, August 5. Thank you! ■

Intergenerational Opportunities Quincy Elementary and Washburn University

At Brewster Place we believe in lifelong learning. We believe in building relationships and enhancing our community. We believe in wellness. We believe that no matter your age or the generation you belong to, you have something to offer. We also **know** that bringing the generations together enhances all of our lives — improving all aspects of our wellness.

We are excited about two unique opportunities where Brewster Place residents will have the opportunity to connect with young people to share their life experiences. Below is a brief description of what is being planned.

Quincy Elementary School

Quincy Elementary School has an after school program where students spend time reading, doing homework as well as taking classes in such things as sewing, woodworking, crafts, photography and art. The classes are taught by community volunteers. We are in the beginning stages of planning our partnership with Quincy Elementary and would love to know if you are interested in participating in this program.

Washburn University

We love to partner with Washburn University and have a great opportunity for you. The first week of September, we will need 23 residents who are willing to meet with and be interviewed by freshman composition students. The students will be learning interview skills as well as learning to write an essay about their interviews. The students will come to Brewster Place for the interviews.

If you are interested in either or both of these opportunities, please call Janis Swanson, Director of Resident Services and Community Relations, at 274-3389. ■

At the Movies!

Thursdays at 2:00 pm
BPTV 1960



August 3
"Finding Forrester"
(2000 drama)

August 10
"Young at Heart"
(1954 romance)

August 17
"Half Past Autumn:
The Life and Works
of Gordon Parks"
(2000 documentary)

August 24
"Gifted"
(2017 drama)

August 31
"Amelia"
(2009 biography)

trash & treasure
SALE

Friday and Saturday | August 4 and 5 | 9:00 am—3:00 pm
Klinge Activity Center | Open to the public!

Terrific Treasures!

- Furniture
- Antiques
- Jewelry
- Kitchen Items
- Books
- Electronics
- Lamps
- Bedding
- Linens
- Pots and Pans
- Small Appliances
- Christmas Items
- Florals
- Oriental Rug

The semiannual Trash & Treasure Sale is upon us once again and as the old saying goes, “One person’s trash is another person’s treasure.” Residents, staff and friends have donated items they no longer need or use so that our Trash & Treasure Sale can be successful. From fine jewelry to antiques, kitchen items, books, electronics, lamps — and anything and everything you can think of — this Sale is not one to miss.

To make the Sale happen, resident volunteers and staff work each day collecting, organizing, pricing, and storing items. Proceeds from the Sale benefit the Brewster Service Fund. This Fund is managed by a resident committee and funds are allocated for programming and special projects at Brewster Place. In essence, by purchasing items at this fabulous Sale, you are supporting the mission of Brewster Place by providing funds to assist us in making opportunities available to our residents.

Lastly, it takes a village to make the Trash & Treasure Sale a success, and for 22 years, Joline Kovarik, has provided steady leadership and lots of energy and time on behalf of all of us. Happy 44th Sale to Joline and we say “thank you!” ■

Residents and Staff | Making a Difference Together



Above: Chaplain Roger Jackson and Ann Conley both participated in the Renaming and Blessing of the Buildings in July. Chaplain Roger provided meaningful words and prayer and Ann had the honor of smashing a bottle of champagne on the newly named Redwood building.

Below: Susan Anderson makes a difference by volunteering her time at the Brewster Health Center front desk as well as in the Redwood Information Center. Thank you, Susan, for your dedication!



Above: Rosaileen Griffin wanted to visit her sister who she hadn’t seen for several years. Through the Dream Makers program at Brewster Health Center, staff made the trip possible. Kaizens Shay Mason and Tonya Blatt drove Rosaileen to Missouri for a nice lunch and visit with her sister. Thanks to everyone who made this special trip happen!

Birthdays

Don Patterson	1
Beverly Johnson	2
Mary Patterson	4
Ona Maydew	5
Don Cousins	6
Joan Walrafen	6
Beverly Rasmussen	7
Verne Belke	8
Dean Rinner	9
Ruth Jacobsen	11
Martha Herrick	13
Nadine Yenkey	14
Bud Burris	16
Marjorie Lloyd	16
Rosaileen Griffin	17
Pat Kratina	19
Rowena Scarboro	19
Jean Hinton	20
Ann Gregg	21
Betty Rosen	21
Monna Bulkley	22
Darline Peterson	22
Eugene Shoemaker	22
Larry Latta	26
Christel Marquardt	26
Maxine McDaniel	27
Nina Nelson	27
Kathy Howard	28
Royce Walz	29
Lew Mills	30

Anniversaries

Robert and Marion Knight	8/01/1953
Don and Mary Patterson	8/10/1947
Ray and Maggie Beers	8/15/1953
Jack and Polly Collins	8/15/1953
Peter and Betsy Packard	8/21/1954
Bob and Beth Sparling	8/21/1949
Kent and Elizabeth Stubbings	8/25/1951
James and Marilyn Stanton	8/28/1992

New Residents

Jack Strukel	NT 22
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Transfers

Anderson Chandler	(correction) RW
Mary Mills	BHC
Doris Payne	BHC

Staff Anniversaries

Brewster staff members who are celebrating their employment anniversaries in August!

Department	Location	Years
<u>Accounting</u>		
Leslie Blake	EV	9
<u>Administration</u>		
David Beck	SH	21
Eileen McGivern	SH	6
<u>Brewster Foundation</u>		
Gaylene Dibbern	RW	3
<u>Dining Services</u>		
Evelyn Castro	BHC	11
Jeff Munoz	BHC	2
Rogelio Zamora, Jr.	BHC	8
Heidi Hulsether	RW	1
<u>Environmental Services</u>		
Deb Artzer	RW	3
Ashley Myers	EV	3
<u>Health Services</u>		
Faith Nelson	BHC	11
Doreen Woods	BHC	2
Donna Riddle	BHC	1
Sarah Gaut	BHC	9
Lynn Munoz	BHC	2
Helen Teeter	AL	7
<u>Rehab</u>		
Patrick Mitchell	BHC	1
<u>Resident Services</u>		
Joline Kovarik	RW	22
<u>Security/Transportation</u>		
Jason Boyd	EV	8
Raymond Miller	Campus	6
Robert Ward	Campus	3

In Memoriam

Mrs. Mildred Stone	7/1/17
Mr. Deane Casebeer (former resident)	7/7/17
Miss Constance "Connie" Smith	7/17/17
Mr. Robert Harrington	7/21/17
Mrs. Joyce Bernard	7/24/17

The Brewster News is a monthly publication for the residents and friends of Brewster Place.

The Brewster News is also available online at:

www.BrewsterLiving.org

Janis Swanson, Editor

Janis.Swanson@BrewsterLiving.org

august | on-campus events

Topeka's Fascinating History | Wednesday, August 2 | 2:00 pm | Chapel

Come and listen to the fascinating stories of former Topeka residents whose final resting place is the Topeka Cemetery. Lisa, the Topeka Cemetery resident historian, will tell us about both infamous and famous dwelling there. She has been featured on the show Sunflower Journeys.

Foundation Forum | Thursday, August 3 | 10:00 am | The Evergreens Community Room

First Year of Beekeeping with KayLynn Hall (Jeremy's daughter). See article on page 7 of this issue.

Helping Hands Humane Society Pet Visit | Thursday, August 3 | 2:00 pm | Redwood Veranda

HHHS is bringing a few furry friends to visit and be loved by our Brewster residents. Volunteers are available to help us meet these sweet furry friends. Please join us on the front patio and say hello.

Violin Recital | Monday, August 7 | 5:30 pm | Redwood Lounge

Come and enjoy the music of some young violin students. Let's encourage them to keep up their music studies!

Bridge | Tuesdays, August 8 and 22 | 7:00 pm | Redwood Lounge

This group is for *seasoned* bridge players. If interested please call Doris Davidson at 286-1432 or Christel Marquardt at 274-5509.

Healthwise 55 Luncheon | Tuesday, August 15 | 11:30 am | Klinge Activity Center

In August, we'll be talking about medication management and trying to make sure you are taking your medications safely. More medicine can mean more mistakes and interactions. Learn to keep yourself safe. The speaker will be Stefanie Baines, MA, CHES, from the University of Kansas Hospital Poison Control Center. The lunch is \$7. We request that you put this on your Brewster statement to make accounting easy for our volunteer, Clara. Reservations are required. To guarantee your space, please make your reservation by Friday, August 11. Please call Jamie at 274-3398 for reservations.

Writing on Wednesday | Wednesdays, August 16 and 23 | 1:00 pm | Redwood Founders Room

Please see article on page 2 of this issue.

Grace Morrison Sings | Thursday, August 17 | 6:30 pm | Redwood Lounge

Grace Morrison is a talented singer and loves it when she visits Brewster Place. She is a member of the Topeka Festival Singers and always puts on a fabulous performance.

Trivia for Fun! | Friday, August 18 | 1:30 pm | Klinge Activity Center

Join us for a fun-filled Friday. We will enjoy playing some games and testing our knowledge. Our topic will be the solar eclipse and other astronomical phenomenon!

Hawaiian Happy Hour | Friday, August 18 | 4:00 pm | Main Street Pavilion

Let's celebrate this week with a Hawaiian Happy Hour! Wear your Hawaiian attire if you please!

Solar Eclipse at Planet Brewster | Monday, August 21 | Please see details on the front page

Movie and Discussion: Soul Surfer | Monday, August 28 | 2:00 pm | Chapel

See article on page 5 of this issue.

The Sounds that Soothe | Tuesday, August 29 | 2:30 pm | The Evergreens Community Room

James Mosher, who most of you know as our Red Carpet staffer at The Evergreens, will be here to give a presentation on how music helps us.

Being Mortal | Wednesday, August 30 | 1:00 pm | Chapel

Terry Downing with Kansas Hospice Care will provide a showing and accompanying presentation of *Being Mortal*, a documentary based on the #1 New York Times Bestseller book *Being Mortal, Medicine and What Matters in the End*, by Atul Gawande. Snacks will be provided.

august | off-campus events

Dinner Out at Lawrence Country Club | Thursday, August 3 | 5:00 pm | Lobbies

Let's go enjoy a gourmet dinner at Lawrence Country Club. It is sure to be a special dinner. Transportation will be \$13. Dinner is Dutch treat. Please call Jamie at 274-3398 for reservations.

Topeka Farmer's Market and Breakfast | Saturday, August 5 | 8:00 am | Lobbies

Let's go check out the Downtown Topeka Farmers Market. There are sure to be lots of home grown vegetables and homemade bake goods. YUMMY! Please call Jamie at 274-3398 for reservations.

Night Out Against Crime | Saturday, August 5 | 4:30—6:00 pm | Redwood Veranda

Article on page 6 of this issue.

Volunteer at Ronald McDonald House | Monday, August 7 | 1:00 pm | Lobbies

Join us in making dinner for families staying at the Ronald McDonald House. Jamie will do the heavy lifting. Please call Jamie at 274-3398 for reservations.

Swimming and Dinner at Topeka Country Club | Wednesday, August 9 | 4:00 pm | Lobbies

Come and work out with Julie Schmanke, Wellness Specialist, in the Topeka Country Club pool. We will stay for dinner served in the pool area. Beat the heat and have fun! Please call Jamie at 274-3398 for reservations.

Topeka Civic Theatre | Thursday, August 10 | 6:00 pm | Lobbies

Come and enjoy the enchanted world of Broadway's modern classic, *Disney's Beauty and the Beast*. The classic story tells of Belle, a young woman in a provincial town, and the Beast, who is really a young prince trapped under the spell of an enchantress. If the Beast can learn to love and be loved, the curse will end and he will be transformed to his former self. But time is running out. If the Beast does not learn his lesson soon, he and his household will be doomed for all eternity. Tickets are \$33 and are limited. Please call Jamie at 274-3398 for reservations. **Brewster is a proud Co-Associate Producer of this production!**

Healthwise Senior Supper | Monday, August 14 | 4:30 pm | Lobbies

It is time for the annual indoor picnic and senior health fair, featuring Stormont Vail and Cotton O'Neil services. Dinner cost \$5. Please call Jamie at 274-3398 for reservations.

Banner Creek Observatory and Lunch at Prairie Band Casino | Thursday, August 17 | 9:30 am | Lobbies

Let's go learn more about the Total Solar Eclipse. Banner Creek Science Center and Observatory is the premier natural and physical sciences education and research center in the area. Their expert will provide timely information about the eclipse. Then we will head to Prairie Band Casino for lunch and 30 minutes to try our luck at the slots. Transportation cost is \$13. Please call Jamie at 274-3398 for reservations.

Shopping at Dillard's and Lunch | Thursday, August 24 | 10:00 am | Lobbies

Let's go shopping! It is summer sale time and we must check it out. Please call Jamie at 274-3398 for reservations.

Historic Cemetery Tour and Lunch | Thursday, August 31 | 10:30 am | Lobbies

Cemetery Historian Lisa will take us on an engaging tour of the Topeka Cemetery. She will detail the lives of the residents of the cemetery. You will learn things about Topeka you never knew. She will make us proud to be in Topeka. Please call Jamie at 274-3398 for reservations.



Just a reminder that **KU Audio-Reader** is now available for Brewster Place residents on BPTV 1961. Program guides are available by calling Maxine Thuston at 274-3374 or coming by the Redwood Information Center (office).