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Our Mission

Brewster Place is a retirement community providing all of its residents opportunities for an optimal quality of life.



The Brewster Health Center
is accredited by
The Joint Commission.

The Cottonwood Villas at Brewster Place Construction Set to Begin Spring 2017



Construction will begin spring of 2017 on the new Cottonwood Villas at Brewster Place, which will be located just south of the corner of SW 29th Street and Lincoln. The structure will feature 14 apartments ranging from one bedroom, one bath units at 1,050 square feet to two bedroom units featuring dens and two baths at 1,850 square feet.

Development of the Cottonwood Villas is part of Brewster's Long-Range Plan, an important document that is sanctioned by the Brewster Board of Directors and guides the Brewster CEO and his executive staff with regard to Brewster priorities.

The Cottonwood Villas feature six different floor plans, the details of which were influenced by community focus groups who were asked to provide input on the future needs of Topeka-area seniors. Features that were identified as important by this group include nine-foot ceilings, the ability to walk out onto the ground level from some apartments, social gathering spaces on each floor, underground parking and full-size washers and dryers in each apartment. The Villas will also feature granite surfaces, custom cabinetry with convenient pull-out drawers, stainless steel appliances, wall ovens and microwaves that allow easy access, and zero-entry showers.

"New facilities like the Cottonwood Villas provide us with revenue to continue to add services for our current residents," said David Beck, Brewster CEO. "Once we secure enough committed interest in the Villa project, we will begin looking at additional expansion opportunities. We have provided preliminary plans to the Brewster Board to add a new cultural arts center with a stage; a new restaurant, bar and kitchen; a remodel to a portion of Brewster East; additional social spaces; additional covered parking and an indoor warm water exercise pool."

On June 29, Brewster began taking priority deposits on the new Villa apartments. In October, those on the priority list will have the opportunity to select their villa residence.

For more information on the Cottonwood Villas or the proposed Brewster East expansion, contact Claudia Larkin, Brewster Chief Operating Officer, at 785-274-3387. ■

Get to Know Our Residents

by Phyllis McMahon, Resident Volunteer

Mary Hoffman moved to Brewster Place on May 19, 2016. Born and raised in Minneapolis, Minnesota, she attended grade and high schools there. Her husband was from LaCrosse, Wisconsin. He was home from World War II, following a medical discharge, when they met at the University of Minnesota. Mary graduated with a degree in geography, and then went back to school for an advanced degree in education. Her husband



Mary Hoffman

900 SW 31st St., Apt. 123
Ph. 274-5540

earned a degree in business.

After marrying, they moved to Winona, Minnesota, near the Mississippi River for three years. Mary's husband was with Target for 20 years. They came to Topeka where he worked at Josten's Printing and Publishing in labor relations and as an administrator. After their youngest child was in kindergarten, Mary started teaching at Central Park Grade School, and then moved to Whitson Elementary School. She retired after 18 years.

Mary does counted cross stitch and also knits. One of her beautiful counted cross stitch pieces is framed and hangs on her wall. Mary has several different collections that she very much enjoys. She has a beautiful display of apples—some of them are colored paper weights. Her daughter gave her many of them. A large group of different sized Boston Terriers stand under an end table, while another stands at the door to welcome visitors. The family dogs were Boston Terriers. On the wall, behind her divan, hangs a soft, fine hooked rug her mother made.

Mary's husband died thirty years ago. Her daughter died at fifty-one years old. One son, a lawyer, lives in Kansas City. A second son and his wife just moved to Woodland Park, Colorado. His wife is a chief nurse operator there. Her son travels with his work, so needs to live where there is access to an airport. Mary has two granddaughters, three grandsons, and one great granddaughter.

The men of her church moved her to her Brewster Place apartment. She had the boxes packed when they arrived at 8:30 am. Two hours later, they were moving them into her apartment. Mary's good friend, Phyllis Allen, of Brewster East, talked to her about moving to Brewster Place. She is pleased to be here. ■

Mark Your Calendars for These Upcoming Events!

Furniture Sale

Friday, August 12

9:00 am—3:00 pm | KAC

We have an abundance of furniture and our storage space is limited. Great bargains!

Trash & Treasure Sale

Friday, September 30 and Saturday October 1

9:00 am—3:00 pm | KAC

The cut-off date to donate items to the Trash & Treasure Sale is Friday, September 16. If you need to have your items picked up, call Kim Jenkins at 274-3399 to arrange a pick-up time.

All proceeds benefit the Brewster Service Fund.

Main Street Fair

Friday, August 26

3:00 pm—5:00 pm | Main Street

We invite you to join us at Main Street (lower level of Assisted Living) for this unique Fair. Booths will be set up featuring different departments on campus. This will be a great time to learn about the services at Brewster Place and get to know staff members who are here to serve you! It will also be a great time to tour Main Street and see what's happening in this beautiful space.

At 4:00 pm we hope you will join us for Social in the Pavilion and a pizza dinner at 4:30 pm

Drawings for prizes too!

Brewster Place IS community! Join us!

Get to Know Our Residents

by Phyllis McMahon, Resident Volunteer

Dorothy “Dottie” Richard moved to Brewster Place June 1, 2016. Born and raised in Detroit, Michigan, she attended parochial schools there. Losing her mother at age six months and her father when she was eleven, her paternal grandparents raised her, an uncle, an aunt, and her older sister. While in high school, she worked for the Chrysler Corporation and for a jewelry store. She was not quite seventeen when her grandmother died and she was left on her own.



Dorothy Richard

900 SW 31st St., Apt. 406
Ph. 274-5591

Dorothy loved to roller skate and ice skate. It was when roller skating that she met her husband. When he returned from World War II, they were married. They lived in an attic one room apartment. He worked in construction. They lost their baby, who was born with a heart condition. Later, they adopted their daughter when she was three years old.

Dorothy worked for Sears Roebuck and Company. There, she was able to buy a sewing machine, when there were few available after World War II. She took lessons and learned to sew for her family.

After building a house in Michigan, they later moved to California where their son was born. They lived not far from Disneyland. Dorothy’s husband worked as a sheet metal mechanic. Later, they had a Denny’s Restaurant franchise. They came to Topeka, where they had two Denny’s Restaurants. This proved to be a twenty-four hour a day job. Her husband retired, and she went to work for the State of Kansas in the Department of Revenue for nine years.

After retirement, she met her future husband and remarried. They built a duplex, lived in one side, planted beautiful maple trees, and were there for twenty years. Her husband died in 2003.

Dorothy has one daughter, one granddaughter, two great grandsons, and a great granddaughter. Her granddaughter has been very helpful with her move. Dorothy was very pleased to find an available apartment at Brewster Place and likes living here. ■



**August 4 | Emma’s Chance
(2016 drama)**

**August 11 | Race
(2016 drama)**

**August 18 | A Royal Night Out
(2015 romantic drama)**

**August 25 | My Boy Jack
(2007 British Drama)**

Recycling at Brewster Place

Brewster is committed to conserving natural resources and protecting the environment. Employees and residents promote recycling as much as possible and we are proud of the vibrant recycling program that has been established.



Residents recently received the Summer 2016 Resident Directory which has a handy section on pages 19-21 regarding the “Do’s and Don’ts” of recycling. You will find sections about batteries, eyeglasses, fluorescent bulbs, medicines, paper shredding, ink cartridges and electrical items.

Please review the Resident Directory for more detailed information, and if you have any other questions, please call Bob Sparling (266-6147) or Bob Parman (266-2671) — both are members of the Recycling Committee. ■

Words from Wellness

Immunizations and Seniors

by Eileen McGivern, BSN, RN

Vice President of Wellness and Community Initiatives

It is August and back to school for many in the Topeka Community. As parents prepare their students to return to the classroom, there is a focus on annual physicals and immunizations. Immunizations provide protection from many communicable diseases that, if acquired, can range from inconvenient to deadly. Immunizations are not just for children!

The Centers for Disease Control (CDC) offers recommendations regarding schedules of recommended vaccines for seniors. Some recommendations are:

- **Influenza vaccine** — yearly
- **Tetanus, Diphtheria and Pertussis** — Tetanus boosters are needed every 10 years; an additional dose of TDAP is needed every 10 years; Seniors who come into contact with infants less than 12 months of age, should be immunized against Pertussis (included in the TDAP) to reduce the likelihood of transmission of Pertussis to infants.
- **Shingles vaccine**—recommended for all persons 60 years of age or older, even if you have had shingles before.
- **Pneumococcal (PCV13, PPSV23) vaccine**— Seniors should receive at least one dose depending on your age and health condition.

Most of the recommended vaccines are covered by Medicare Part D and by supplemental insurance plans. Talk with your doctor and make a plan to be immunized based on your health conditions and history.

Watch for announcements regarding the upcoming Brewster Flu Shot Clinic dates and times. Brewster Place will offer influenza vaccines for all residents, BrewsterConnect, Live Well at Home members, and employees. Brewster Place adheres to the CDC recommendations regarding the time frame for administering the vaccine. Announcements will be in the Brewster News, on BPTV, and posters will be placed around campus. ■

Wellness Wednesday

Innovative Health Care

Wednesday, August 3

11:00 am | Main Lounge

Come and hear about an innovative way health care is being delivered. Oasis Family Medical Associates provides house calls, sees patients via Skype, and is available 24/7, 365 days a year to their patients. They offer no waiting in the office and are not confined to 15 minute appointments, which allows patients to have undivided attention during their appointments. Dr. Jennifer Harder and Holly Cobb, APRN from Oasis Family Medical Associates will join us. ■

2016 National Night Out

Saturday, August 6

4:00—5:30 pm | Circle Drive and MB Veranda

The Brewster security team and the Brewster Foundation are co-sponsoring National Night Out.



This is a yearly event when neighborhoods join together to connect with their neighbors and take a stance on crime. Events are coordinated through Safe Streets and local law enforcement agencies. Join us for a delicious hot dog picnic, visits by

local law enforcement agencies, and socializing with friends and neighbors! Residents, staff, family and friends are welcome. If friends and family attend, please bring lawn chairs. ■

Thanks to Hy-Vee, Reser's Fine Foods, and Frito-Lay for furnishing some of the food for the picnic.



facebook.com/brewsterplace.org

From the Chaplain | Coping with Grief

by Chaplain Roger Jackson, M. Div.

When a loved one dies, we are torn apart, whether the death was expected or not. Dr. Alan D. Wolfelt writes about grief in his article, “The Spiritual Path to Healing.” He identifies five important areas of need for the grieving: physical, emotional, cognitive, social, and spiritual. Many times, though, persons ignore their spiritual needs during seasons of grief.

Wolfelt writes, “When someone we love dies, it is like a deep hole implodes inside of us. It’s as if the hole penetrates us and leaves us gasping for air. I have always said, we mourn life losses from the inside out. In my experience, it is only when we are spiritually nurtured (inside and outside) that we discover the courage to mourn openly and honestly.”

If you have experienced a recent loss, no matter what the loss, I encourage you to attend to your spiritual needs. Faith and spiritual practice must not be abandoned during these difficult seasons. Wolfelt offers the following advice, “It is in spiritually nurturing ourselves, allowing ourselves the time and loving attention we need to journey through our grief, that we find meaning in our continued living. That is why, if I could, I would encourage all of us, when we are in the midst of grief, to put down ‘nurture my spirit’ first on our daily to-do lists.” ■

Woodlawn

Movie and Discussion
with Chaplain Roger

You are invited to join Chaplain Roger Jackson on Monday, August 15 at 1:00 pm in the Chapel to view the movie, *Woodlawn*.

Woodlawn is set in the 1970s, and centers on football player Tony Nathan, who — despite being African-American — becomes a hometown hero in the racially divided city of Birmingham, Alabama.

Following government-mandated desegregation in 1973, Tony Nathan (Caleb Castille) joins fellow African-American students at Woodlawn High School in Birmingham, Alabama. As violence and anger erupt in the city, Woodlawn football coach Tandy Gerald (Nic Bishop) allows an outsider (Sean Astin) to speak to his players. His message of hope and love leads to a spiritual awakening that inspires star athlete Nathan, his teammates and other members of the community to overcome the hate that surrounds them.

We will watch the movie together and discuss the many issues it presents.



AT THE UNIVERSITY OF KANSAS

Osher classes coming this fall to Brewster Place!

The KU Osher Lifelong Learning Institute provided us with wonderful courses and instructors this summer. We will take a break during August and September, but please mark your calendars for the upcoming courses this fall.

Memoir Writing | Instructor, Judith Galas
Wednesdays, October 5, 12, and 19

Hail to the Chiefs | Instructor, Marvin Burris
Wednesdays, November 2, 9 and 16

You can look forward to more information in the September issue of the Brewster News!



BPTV Channel 1960 or 1961
Your go-to place for daily news,
announcements, updates,
and fun photos!

Audio Announcements
Monday—Friday
8:00—8:30 am

The mission of the Brewster Foundation, “is to raise funds in support of Brewster.” Typically, raising these funds involves asking for cash contributions from individuals. The Brewster Foundation gets most of its support from people that already love Brewster. Residents and resident families provide a great deal of support. Families of past residents are also very active, as they feel thankful for the care given to their loved ones. Employees are also very supportive. Currently we have just under 100 employees who give to the Foundation out of every paycheck.

The title of this article is “Interesting Gifts.” Recently while at a conference, a discussion arose regarding interesting gifts organizations have received. Several representatives discussed how their organizations received sets of tea cups or older chairs. One person mentioned that their organization had received a gift of 10 men’s suits from the 1960s and 1970s as a donation. We have even heard of an organization that received a man’s crop of wheat for the year. Brewster has not received any gifts like these, but it did make us think about some of the other types of gifts, besides cash, that we do accept.

When a gift other than cash is offered to the Brewster Foundation, we want to make sure that the use of the item fits with our mission. We know that when a family wants to give an item to the Foundation it is because that gift matters to them.

We value these gifts and it is important that we explain how the gift will be used. It is important that we inform the person or family giving the item, that it may only be used for a certain amount of time, and then may not be needed anymore. In cases like this, the item will be sold and the proceeds used to benefit Brewster.

Many families are fine with this policy, yet others choose not to give the gift knowing that we may sell it down the road. Times change, styles of décor change, the use of an item in a particular area on campus may change, and these gifts may need to be used in a different fashion or location. And, as mentioned before, sometimes it becomes necessary to sell an item. We work hard to make sure donors are aware of this when they make the donation. We want happy donors.

We have received many interesting gifts in the past few years—gifts that have made a very positive impact on our campus. We have received therapy dolls for the Brewster Health Center; furniture for different areas of campus; pianos; paintings; therapy equipment; decorations; and more. But again, we must evaluate each gift to be sure it can be used and is needed.

We will graciously receive gifts of stock, land, items, cash — really almost anything. The goal of the Brewster Foundation is to make sure you are comfortable with where and how your gift will be utilized. We know we share a common goal of supporting the mission of Brewster. We are happy to sit down with you and talk about how we can reach that goal together. If we are ever in another conversation about interesting gifts, we hope to have something to offer! ■



Foundation Forum Happenings at Noto Arts District

**Thursday, August 4
10:00 am | BE CR**

Please join us as we welcome Anita Wolgast, Co-founder of

the Noto Arts District. Noto Arts District was a part of the Heartland Visioning Project. Anita is now a Noto Board Member, who focuses on fundraising for continued growth and sustainability.

NOTO started in 2010 as a vision with a business plan and has become a thriving district just six years later! Learn about fun places to explore, and new ideas being formulated, which have resulted from guidance of national consultants. ■

Dillon's Community Rewards Program

In a previous issue of the *Brewster News*, we were excited to share with you another way to give to the Brewster Foundation. With the Dillon's Community Rewards Program, when you shop using your Dillon's Plus card, you can now designate a percentage of your sales to the Brewster Foundation. We have had three people sign up to take advantage of this opportunity, and were happy to receive a check from Dillon's for \$49.89 at the end of July. If we can get more residents, families, and friends to sign up, we can increase that amount substantially.

It is easy to sign up! Visit Dillons.com and set up an account to register your Dillon's Plus card. Once you have done that, go to the Community Rewards section of your account page, click on "Enroll Now" to choose the Brewster Foundation as the organization you want to support. This costs you nothing and is a benefit to the Brewster Foundation! If you need help signing up, stop by the Main Office and Jeremy, Gaylene, or Maxine will be happy to assist you. ■



Election Season Is Upon Us

Please Be Aware of These Voting Rules and Guidelines

Information Researched by Diana Siegal, Resident

Primary Election—Tuesday, August 2, 2016

Please note: July 12, 2016, was the deadline to register to vote in the **primary** or to **secure a change of address**.

At the primary, an unaffiliated voter can fill out a form to declare a party affiliation and choose either a Democrat or Republican ballot. This will permanently change their affiliation.

After September 1, 2016, if a voter chooses to change their affiliation again, they can go to the Election Office to do this, or request an Affiliation Change Form to be mailed to them.

Registered voters receive a registration certificate postcard. The certificate includes the districts of the voter's elected officials, voter's party affiliation, ward and precinct, and voting place of the registrant.

Libertarian Party

The only information the Election Office has about the Libertarian Party is the website www.lpks.org/. This website reports that a list of Libertarian candidates is coming soon. No telephone numbers were shown. There is probably not more than one Libertarian candidate for any position in Shawnee County.

General Election—Tuesday, November 8, 2016

Please note: October 18, 2016 is the deadline to change party affiliation, register to vote, or secure a change address before the November 8 general election.

If a person is registered to vote, has moved within Shawnee County, but did not put in a change of address request before July 12 or before October 18, that person can still vote in the primary or general election. They will receive a provisional ballot. The Election Office will mail the Registration Certificate postcard to their new address. If the card is not returned by the post office, the new address is accepted.

Each voter must have a government-issued voter ID to vote. The ID is to confirm picture identity and name, not the address. **After age 65, a voter can use an expired or out-of-state driver's license.** If an election worker questions this at the poll, the voter should request that they make a call to the Election Office to clarify this.

All signatures are scanned, kept, and compared on any form received at the Election Office. ■

Kansas Museum of History



**Captured:
The Extraordinary
Adventures of
Colonel Hughes**

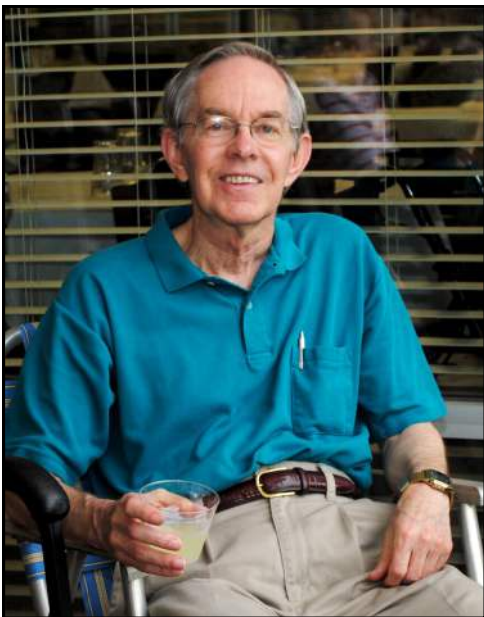
We invite you to join Jamie Fritz, Activities Coordinator, to take a guided tour of the special exhibit, “**Captured: The Extraordinary Adventures of Colonel Hughes**” at the Kansas Museum of History. As part of the 100th anniversary of World War I, this unique exhibit helps us understand some of the intricacies of The Great War.

Eighty thousand Kansans served in World War I. Two hundred and twenty-seven thousand served in World War II. The Kansas Museum of History pays tribute to all Kansas soldiers, past and present, by telling the story of one Kansas soldier, James Clark Hughes. Hughes’ story is both common and exceptional. He was born in Topeka in 1888. The timing of his birth, the influence of his military father, and the impact of world politics shaped his life. He began his service as a member of the Kansas National Guard and was sent to the Texas border with the American Expeditionary Forces in 1916. (*khs.org*)

As a member of the U.S. Army he served from 1917 to 1948 and fought in both world wars. He left many detailed records of his time in service. He photographed battlefields and towns in Europe, recorded his daily survival as a Japanese Prisoner of War (POW), and saving many belongings from the wars that were later donated to this museum. In essence, he captured his life. See this extraordinary collection including the uniform he wore as a member of the 130th Field Artillery in the Kansas National Guard; photographs of France, Germany, and Belgium he took in 1919 as part of the 35th Division’s Army of Occupation; many photographs of the same locations taken in 2000 and much more. (*khs.org*)

This excursion is Friday, August 31 leaving at 9:45 am from Brewster Place. ■

Beating the Heat *with* Summer Smiles



Above: The Santa Fe Band performs at Brewster Place each summer. Residents like Jerry Reed were treated to wonderful patriotic music and cool lemonade on the Veranda.



Above: Marilyn Hypse joined a large crowd of Brewster Place residents and friends on the Veranda for the annual Santa Fe Band concert. We were fortunate to have a cooler than normal evening.

Below: Mary Lear walked across the sidewalk from her Brewster Place home to the Main Street Pavilion for the Friday Social. Each Friday residents enjoy popcorn, snack mix and libations while spending time with friends. Join us at 4:30 pm each Friday and we promise you will have a great time!



There’s more to experience!
BrewsterPlace.org

Birthdays

Don Patterson	1
Beverly Johnson	2
Mary Patterson	4
Don Cousins	6
Joan Walrafen	6
Beverly Rasmussen	7
Vern Belke	8
Richard Ellison	9
Dean Rinner	9
Barbara Fernkopf	10
Ruth Jacobsen	11
Mary Mills	11
Martha Herrick	13
Nadine Yenkey	14
Mary Kresie	15
Bud Burris	16
Marjorie Lloyd	16
Rosaileen Griffin	17
Rowena Scarboro	19
Jean Hinton	20
Myra Sodergren	20
Ann Gregg	21
Betty Rosen	21
Darline Peterson	22
Eugene Shoemaker	22
Monna Bulkley	22
Jane Ryan	24
Mary Haugsness	25
Christel Marquardt	26
Maxine McDaniel	27
Nina Nelson	27
Carol Brock	28
Kathy Howard	28
Lew Mills	30

Anniversaries

Bob and Marion Knight	8/1/1953
Don and Mary Patterson	8/10/1947
Ray and Maggie Beers	8/15/1953
Jack and Polly Collins	8/15/1953
Peter and Betsy Packard	8/21/1954
Bob and Beth Sparling	8/21/1949
Jim and Marilyn Stanton	8/28/1992

New Residents

Gary and Judy McGinness	BE G18
Patricia Greenwood	North Terrace 22
Ermalee Nuss	AL 7
Marie Culver	MB 108
John and Alicia Salisbury	2931 Brewster Ct.

Staff Anniversaries

Brewster staff members who are celebrating their employment anniversaries in August!

<u>Department</u>	<u>Location</u>	<u>Years</u>
<u>Administration</u>		
Leslie Blake	BE	8
David Beck	SH	20
<u>Community Relations</u>		
Eileen McGivern	SH	5
Gaylene Dibbern	MB	2
<u>Dining Services</u>		
Emily Barth	MB	1
Evelyn Castro	BHC	10
Jeffrey Munoz	BHC	1
Junior Zamora	BHC	7
<u>Environmental Services</u>		
Deb Artzer	MB	2
Ashley Myers	BE	2
<u>Health Services</u>		
Faith Nelson	BHC	10
Doreen Woods	BHC	1
Marie-Claire Yundze-Webster	BHC	3
Sarah Gaut	BHC	8
Samantha Royles	BHC	10
Lynn Munoz	BHC	1
Helen Teater	AL	6
<u>Resident Services</u>		
Joline Kovarik	MB	21
<u>Security/Transportation</u>		
Jason Boyd	MB	7
Raymond Miller	Campus	5
Stephanie Hinchey	Campus	1
George Taylor	Campus	2
Robert Ward	Campus	2

In Memoriam

Mrs. Mary Ann Bonebrake	6/29/16
Mr. Robert Keeshan	7/16/16
Bishop Milton Jackson	7/17/16
Mrs. Lela Paden	7/18/16

Transfers

Carol Garrett	BHC
June Golden	BHC
Margaret Mitchell	AL
Bessie Kastl	AL
Edna Fluke	BHC

august | on-campus events

Wellness Wednesday—Wednesday, August 3—11:00 am ML

Oasis Family Medical Associates provides medical care in an innovative way. Join us to learn about how they provide house calls, see patients via Skype, and are available 24/7, 365 days a year to their patients.

The Foundation Forum—Thursday, August 4—10:00 am BE CR

Join Anita Wolgast, co-founder of the NOTO Arts District. Learn about the history of NOTO, fun places to explore, and new ideas being formulated.

Julie Reeves' Presents—Thursday, August 4—2:30 pm ML

Julie Reeves, Brewster Place resident, is back by popular demand. She is going to tell us the riveting story of how Abraham Lincoln got his Presidential nomination. We will learn things about this Presidential election that we never knew.

Let the Games Begin—Friday, August 5—All day Campus wide

Tonight is the opening ceremony for the 2016 Summer Olympics that take place in Rio de Janeiro, Brazil. We will participate by wearing our **Red, White, and Blue! GO TEAM USA!**

Cooking Demonstration—Monday, August 8—2:30 pm KAC

Our own Claudia Larkin, Vice-President and Chief Operating Officer, will provide us with a cooking demonstration on yummy snacks. She is a gourmet cook and has lots of interesting cooking information to share. We will be able to sample her tasty dishes.

Karli Swedlund Sings—Monday, August 8—6:00 pm ML

Karli Swedlund is the great granddaughter of Verna Markham. Karli is a high school student who sings and plays the ukulele. She is on the road to a very successful musical career.

True Light Singers—Saturday, August 13—2:30 pm ML

Back by popular demand, the True Light Singers, directed by Sherby, are back to entertain and move us in the spirit of the Lord. It will be a great show!

Movie and Discussion—Woodlawn—Monday, August 15—1:00 pm Chapel

Join Chaplain Roger Jackson to view the movie Woodlawn (2015) followed by a discussion. See more about the movie and page 4 of this issue.

Healthwise 55—Tuesday, August 16—11:30 am KAC

Beverly Rice, director of volunteer services for Stormont Vail Health, will discuss how volunteering is good for your health. She will share her perspective on the many benefits that volunteering affords us. Whether you are interested in learning about opportunities to share your talents at Stormont Vail Health, or simply want to learn more about the positive effects of volunteering, you'll enjoy her presentation. Please call Jamie at 274-3398 for reservations. Lunch is \$5.

Book Group Discussion—Thursday, August 18—3:00 pm BE

Let's read the book **Worst Hard Time** and discuss it. This book is about the dust storms that terrorized the High Plains in the darkest year of the Great Depression. Timothy Egan's critically acclaimed account rescues this iconic chapter of American history from the shadows in a tour de force of historical reportage. Following a dozen families and their communities, Egan tells of their desperate attempts to carry on through blinding black dust blizzards, crop failure, and the death of loved ones. Brilliantly capturing the terrifying drama of catastrophe, Egan does equal justice to the human characters who become his heroes. Jamie will have these books available for loan on August 1.

Reminiscing About Vacations—Wednesday, August 24—1:00 pm ML

Reminiscing is an important activity for everyone. We all cherish our happy memories and enjoy talking about them. Let's gather and remember your favorite vacations — where you traveled, funny stories and special memories. It will be a nice chance for us to get to know each other better. Please bring a picture, if possible, or just bring your memories.

Brewster Women's Luncheon—Tuesday, August 30—11:30 BE

Let's celebrate being women and gather together for a luncheon sharing fellowship, sustenance, and laughter. The speaker will be Connie Michaelis, who will provide an interesting perspective on aging. The lunch will be chicken salad with fruit and ice cream for dessert. The cost is \$8.00 for this blue plate special. Reservations are limited to 70 women, so please call Jamie at 274-3398 by Friday, August 26. All Brewster women are welcome!

august | off-campus events

Topeka Civic Theatre—Thursday, August 11—6:00 pm Lobbies

Topeka Civic Theatre presents their summer musical, Disney's, "The Little Mermaid." It is the story of a magical kingdom beneath the sea. The beautiful young mermaid, Ariel, longs to leave her ocean home to live in the world above. Tickets are \$33.00. Please call Jamie at 274-3398 for reservations.

New Theatre Restaurant in Kansas City—Wednesday, August 17—9:45 am Lobbies

It's time to see the much anticipated musical "Chicago." This musical is set in the roaring twenties in Chicago. The main character, Roxie Hart, murders a faithless lover and convinces her hapless husband, Amos, to take the rap — until he finds out he's been duped and turns on Roxie. Convicted and sent to death row, Roxie and another "Merry Murderess," Velma Kelly, vie for the spotlight and the headlines, ultimately joining forces in search of the "American Dream" — fame, fortune, and acquittal. Tickets include lunch and are \$35.00. Transportation is \$13.00. Please call Jamie at 274-3398 for reservations.

Swim and Dinner at the Topeka Country Club—Thursday, August 18—4:00 pm Lobbies

We will head back to the Topeka Country Club for a swimming/exercise class taught by our own Julie Schmanke. Then we will float and chat! Dinner will be served poolside, so no change of clothes is necessary—just a cover up. Towels are provided. The cost to swim is \$5.00. Dinner is Dutch Treat. Please call Jamie at 274-3398 for reservations.

Topeka Farmer's Market—Saturday, August 20—8:00 am Lobbies

Let's check out the Downtown Farmer's Market. There are sure to be lots of home grown vegetables and homemade baked goods. YUMMY!!!! Please call Jamie at 274-3398 for reservations.

Lunch at Olive Garden—Monday, August 22—11:00 am Lobbies

Join us for a Dutch treat lunch at Olive Garden. The food is sure to be delicious. Please call Jamie at 274-3398 for reservations.

Steamboat Arabia—Tuesday, August 23— 9:00 am Lobbies

The Steamboat Arabia Museum is a unique Kansas City attraction. It is a time capsule of life on the American frontier in the mid-nineteenth century. The Steamboat Arabia sank on September 5, 1856, carrying 200 tons of mystery cargo. After 132 years, in 1988, the steamboat was discovered and put on display. The discovery is a truly modern day treasure-hunting story. The cost of tickets is \$13.50. We will go to lunch afterward, Dutch treat. Transportation is \$13.00. Please call Jamie at 274-3398 for reservations.

Shopping at Dillard's and Lunch—Thursday, August 25—10:00 am Lobbies

Let's go check out the Dillard's sale and then grab lunch. Please call Jamie at 274-3398 for reservations.

Volunteer at Ronald McDonald House—Monday, August 29—1:00 pm Lobbies

Join us in making dinner for families staying at the Ronald McDonald House. We enjoy the fellowship of making a meal together. Jamie will do the heavy lifting. Afterward, we will celebrate with a tasty dessert. Please call Jamie at 274-3398 for reservations.

Kansas Museum of History Special World War I Exhibit—Wednesday, August 31—9:45 am Lobbies

Let's explore the museum and take a guided tour of their special exhibit, Captured: The Extraordinary Adventures of Colonel Hughes. Please see more information on page 8 of this issue. Please call Jamie at 274-3398 for reservations.



Market Coupon

Any Size Iced Coffee — 99 cents!

HOURS { Monday—Thursday and Saturday
8:00 am—2:30 pm
Friday
10:00 am—6:30 pm

**Offer expires
August 31, 2016**