

## CONTINUING EDUCATION FOR QUALITY CARE

**A**s a Life Plan Community, Brewster Place serves residents along the continuum of care from independent living to assisted living to skilled and memory care. We provide opportunities for all of our residents to have opportunities that will enhance their lives and support them when needed.

In addition, our health services professionals — kaizen, nurses, therapists and quality of life specialists — are required to receive training and education related to care, services, best practices, and safety. This includes specialty education on caring for those with dementia.

On **Friday, August 4**, we are pleased to welcome **Linda Farrar, RN, LNHA**, to Brewster Place to share her insights and knowledge with regard to caring for those with dementia. While all Brewster Place nurses, CMAs, kaizen and Brewster Health Center administrative staff are required to attend one of the sessions, we would also like to invite all staff and residents to attend as well. As members of a community where some of our family members, neighbors and friends suffer with dementia, we believe it is imperative for all of us to learn more about how we can provide the best care and support for those we love.

### Improving Dementia Care the Right Way by

### Using the Elder's Voice

with Linda Farrar, RN, LNHA

**Friday, August 4**

*Three Optional Times*

**8:00—9:50 am**

**10:00—11:50 am**

**1:00—2:50 pm**

**Cultural Arts Center**



**Linda Farrar** is a Registered Nurse, a Licensed Nursing Home Administrator, and a certified Dementia Trainer. Linda has dedicated her professional career to providing elders in senior living centers with quality of life and quality of care. Linda received her BSN from The University of Iowa and her post-graduate Licensed Adult Care Home Administrator education from Kansas University. Linda has served in the roles of administrator, Executive Director, Executive Management and Chief Operating Officer. In July, 2011, Linda retired from her full-time administrative position to enable her the time to enhance her work with elders in a consulting and teaching role. Linda's passion is the provision of caring, compassionate care for elders residing in long term care facilities. ■

### MISSION

Brewster Place is a retirement community providing all of its residents opportunities for an optimal quality of life.



The Brewster Health Center is accredited by The Joint Commission.

# EVERYONE HAS A STORY TO TELL

RAY AND BETTY LIPPE

BY DIANA REED,  
RESIDENT



Part of the G.S. Zell Pottery collection of the Lippes.

In October 2022 the Brewster Place community was gifted with a lovely new couple who moved to The Evergreens, Ray and Betty Lippe. Several residents already knew the Lippes through their community associations. The Lippes are active members of First United Methodist Church. Ray's career was in journalism and Betty was a private piano teacher. Betty has also volunteered playing piano at the Cotton O'Neil Cancer Center on a monthly basis. The Lippes fit comfortably into the Brewster Place family.

Ray and Betty met on a blind date at Kansas State University. After they were married, they lived in several cities and states before permanently settling in Topeka in 1972. They have two sons, David and Darren, who live close, and four grandchildren and one great grandchild.

For 40 years, the Lippes enjoyed traveling. They went on 15 overseas cruises and 43 Roads Scholar Tours in the United States — including Alaska and Hawaii. They enjoyed these trips very much and Ray wrote about their vacations in a series of notebooks which are kept in their home. The details and fine points of their wonderful visits will never be lost.

The Lippes also bring with them a story of a fascinating interest that the entire family has shared throughout the years — it involves Zell Pottery.

Ray's mother and Betty's father had original Zell Baby Pottery dishes and neither of them knew they had this common family history until later. After they were married, they had "a lot of fun" going to antique stores finding and collecting old Zell Pottery.

Ray traveled for his work, and he stopped in antique stores to find the old Zell Pottery. Ray said, "The old Zell was from 1900-1910 and looked older and was sometimes chipped."

The Lippes collected over 200 pieces of G.S. Zell Pottery, much of which has been shared with members of their family. They say that the pottery "reflects charming little Dutch children, cleanliness, freshness, sweetness and the nurturing life." They added that the pottery, "represented a good life, having fun, family, enjoying the searching."

Ray and Betty are involved in many classes and programs at Brewster Place and we are certainly glad they chose to join our community. ■



## CREATIVE ARTS

WITH SAMANTHA BANKS  
CREATIVE ARTS COORDINATOR

### DOT DAY WORKSHOPS

Wednesdays in August

1:30 pm | Klinge Activity Center

International Dot Day, inspired by the children's book "The Dot" by Peter H. Reynolds, is a day to celebrate that creativity is for everyone. Through these workshops, we will follow our own creative processes by starting with a dot to see where it takes us! All sorts of art media and styles will be used (you definitely don't have to be an "artist"). Our end results will be on display in the Brewster Events Center Art Gallery wall throughout September and October.

### STEP BY STEP SUNFLOWER PAINTING

Thursday, August 10 or 31 | 1:30 pm

The Evergreens Art Studio

Registration required by calling Sam at 785-274-3317

Back by popular demand, Sam will walk you through each step of painting a stylized sunflower (we like those in Kansas, right?). We will use acrylic paint, and all supplies are provided. No prior experience necessary!

### ART FEATURE: SCULPTURE ON A LARGE SCALE

Friday, August 18 | 2:00 pm | Main Street Chapel

"Regular sized" sculpture is all well and good, but 3D forms on a massive scale impress, excite, and sometimes, cause controversy. Works featured in these videos include the large shuttlecocks in front of the Nelson Atkins Museum, an artist who creates larger-than-life portraits crafted out of tulle, a Lego Master Builder who creates huge Lego models, and an engineer who holds records for the biggest playing card structures.

### PRESSED FLOWER JARS

Thursday, August 24

10:00 am | The Evergreens Art Studio

Registration required by calling Sam at 785-274-3317

Come play with arranging pressed flowers on a glass jar. In this workshop, leave with a completed jar that is both pretty and practical. Use it to hold a tea light, pens and pencils, or more flowers!

### BREWSTER BAZAAR WAYS TO HELP!

#### TEA TOWEL TUESDAYS

Tuesdays | 10:00 am

Klinge Activity Center

We are working on one of our top-selling items, the embroidered tea towel. If you are an embroiderer, or want to learn, come join us. All supplies provided.

#### CRAFT 'N CHAT

Thursday, August 3 and 17

2:30 pm

Klinge Activity Center

Everything we make will be used as inventory for the Bazaar. Sam will have a project to work on, or you may bring your own project. You can also just come for the chat. We'd love to see you!

#### BAZAAR MEETING

Tuesday, August 29

10:00 am

During Tea Towel Tuesday

Find out information about the upcoming Brewster Bazaar in November. This is an informal meeting where we will share ideas and ways to help promote the Bazaar, what to make for inventory, etc.

#### STITCHIN' TIME

Thursdays, August 3 and 17

6:00 pm | Main Street Pavilion

Join local knitting and crocheting extraordinaire Susan Ford and stitch the night away. Even if you are new to knitting or crocheting, come join in the fun! Supplies provided (or bring your own). ■



# KU OSHER LIFELONG LEARNING SERIES

2023 FALL SESSIONS AT BREWSTER PLACE

In 2007 Brewster Place became a “Pioneer Partner” with the University of Kansas Osher Lifelong Learning Institute. For the past 17 years this partnership has provided classes on topics ranging from theology, history, culture, music, science and technology, and health and well-being. Brewster Place residents and BrewsterConnect members can attend these on-campus classes for free. The general public is also welcome to attend by registering online at: [jayhawkglobal.ku.edu/osher-home](http://jayhawkglobal.ku.edu/osher-home).

## 2023 FALL CLASS SCHEDULE

### Presidential Debates:

#### Why We Watch and Why They Matter

Tuesday, October 17, 24 and 31

1:00—3:00 pm

Cultural Arts Center

After a 16-year gap between 1960 and 1976, general election presidential debates have occurred in every election cycle. This course explores the history of presidential debates— both their high and low points-- and looks ahead to the 2024 primary and possible general election debate seasons. We’ll discuss why we watch them and why they matter.

**Instructor: Diana Carlin, Ph.D.**, is professor emerita of communication at Saint Louis University and a retired professor of communication studies at KU. Carlin has written several articles and co-authored a book on gender and politics. She also taught courses on women as political leaders, the rhetoric of women’s rights, and communication and gender.

### A Family, Freud, and Friendliness:

#### The Menninger Clinic in Topeka

Fridays, November 17; December 1 and 8

1:00—3:00 pm

Cultural Arts Center

Beginning in a Topeka farmhouse, the Menninger Clinic became a psychiatric hospital that treated patients and trained clinicians from across the globe. We’ll review the clinic’s founding family who directed it for 75 years, until its move to Houston. We’ll also examine how patients were treated and what the clinic contributed to Topeka and vice versa.

**Instructor: Karl Menninger** retired from a legal career in federal and state government, mostly dealing with issues concerning persons with disabilities. He teaches courses on disabilities and the law and the insanity defense at the University of Missouri—Kansas City School of Law. ■

*The Osher Lifelong Learning Institute at the University of Kansas is able to provide university-quality programming throughout the nation because of the strong commitment of their partners. Brewster Place has been a proud partner of The KU Osher Lifelong Learning Institute since 2007.*

# GARDENS AND GROUNDS COMMITTEE

AN UPDATE ON PROJECTS, PROGRAMS AND CONTESTS

The Brewster Place Gardens and Grounds Committee is one of the many committees of Resident Council. Co-chairs of the committee are residents Bruce Bower, Julian Efird and Lonna Reinecke with staff support from Groundskeeper Josh Saunders and Activities Coordinator Jamie Fritz. With our beautiful 35-acre campus, this committee is very active and involved. They meet every third Thursday at 1:30 pm in the Main Street Chapel.

## GREAT TOMATO CONTEST

*'One tomato, two tomatoes, three tomatoes, four...'*

It's tomato season and everyone who grows tomatoes wants to show off their crop. The Gardens and Grounds Committee decided to have a contest where each resident building would submit a plant for this healthy competition.

Look around and you'll see more tomatoes on our campus as part of the Great Tomato Contest. They can be seen on porches, patios, gardens and planted in containers or garden plots. Plants have been variously watered daily (morning and/or evening), several times per week, or when the contestant saw the need, and fed a variety of nutrients including egg shells, coffee grounds, banana-peel-soaked water, and treated with fertilizer, Miracle Gro and sprayed with Neem oil. One participant even stuck plastic forks (tines up) in the ground (to ward off critters?).

Although all tomato plants were the same variety, and were started in same-sized pots, with the same soil type, and from the same nursery, yields ranged from blossoms to several large fruits — a whopping 17! (Alice Bowser attributes her success to talking to and touching her crop). As of this writing, no one has tried playing classical music or reading them poetry.

### Participants

#### Cedar

Alice Bowser

#### Cottonwood Villas

Virgil Funk

#### Oak

Susan Hsia

#### The Evergreens

Kathy Howard

#### Maple

Jan and Jim Litfin

#### South Terrace

Mary McNabb

#### Birchwood

Doris and Larry Moreland

#### Grand Homes

Lonna Reinecke

#### North Terrace

Ronnie and Lavella Richey

#### Aspen

David Wexler

#### Assisted Living

Three plants

#### Redwood

No submission

## POWELL GARDENS IN KANSAS CITY

Wednesday, August 2

8:00 pm | Shuttle

Please call Jamie at 785-274-3398 for reservations. Lunch is Dutch treat. Transportation is \$13.

You are invited to visit Powell Gardens in Kansas City, Missouri to explore the botanical garden. During this trip we will attend the Festival of Butterflies 2023.

Festival of Butterflies invites nature enthusiasts to celebrate the Midwest's most whimsical pollinator in Gardens and many indoor exhibits.

## BREWSTER PLACE POLLINATOR GARDEN

Don't forget to keep checking the pollinator garden located at Brewster Place in the Aspen courtyard area. During the summer there are lots of interesting blooms and insects as we await the monarch migration in September. ■

# RESPIRE CARE AT ASSISTED LIVING

**B**rewster Place offers respite care in Assisted Living for individuals needing support as they transition from a medical facility. Whether recovering from an illness or surgery, or to give regular caregivers a break, respite care is a wonderful way for guests to experience all of Brewster's amenities and services during a short-term stay for up to 60 days.

## PRICING

- Studio | \$200 per day
- One Bedroom | \$275 per day

Transportation to medical appointments is available for a fee.

**Please note:** A doctor's note is required.

## FEATURES

- 24-hour assistance
- Hospital bed
- Recliner
- Basic cable TV
- Phone
- Wireless internet

## SERVICES INCLUDE

- Three meals daily with snacks
- Housekeeping
- Laundry
- Activities

## NURSING SERVICES

- Insulin administration
- Ostomy
- Catheter care
- Wound care

**For additional information contact:**

Michael Joens, Director of Community Health Services at 785-274-3385. ■

## FUTURE EVENTS

**New Theatre and Restaurant**

**Wednesday, November 8 | 10:00 am**

**Shuttle pick up in Evergreen Lobby**

The Theatre will kick off the new season with *Always a Bridesmaid* starring the beautiful Morgan Fairchild. It is a show about four dateless teenagers who promised to be there for each other — for better or worse. Now, over 30 years later, that promise is put to the test in a series of high-strung, ill-fated and riotous weddings as this quirky quarter looks for love again and again and again. This show about love and enduring friendship will provide an afternoon of laughter. Tickets are \$36 and includes lunch. Transportation is \$13. Please call Jamie at 785-274-3398 as space is limited. ■

## INTERESTED IN GENEALOGY?

**A**re you currently studying your family heritage? Do you have an interest in genealogy? We have residents who are interested in starting a group at Brewster Place to learn, encourage and support each other while researching your family tree.



If you are interested in this topic, please contact Larry Moreland at 785-608-8517. More information about a possible group and meeting time will be in the September Brewster News. ■

## STAFF SMOKING POLICY UPDATE

In January 2003 Brewster Place became a “tobacco free” campus as part of our *wellness first* initiative. At that time, a few exceptions were allowed for current residents who smoked. The policy was updated in 2006 to create a truly “tobacco free” campus that included all residents, staff, vendors and guests. With regard to employees, a smoke break required them to clock out and leave campus. Today, in an effort to be more flexible with this policy, two on-campus designated smoking areas have been added for employees only.

### Designated Staff Smoking Locations:

1. Southeast side of the Brewster Health Center
2. Loading dock behind the Brewster Events Center

To keep our campus clean, each area includes a tall, black ash tray. Staff may use these designated areas for their smoke breaks without clocking out (during

their regular 15-minute required breaks).

In addition, staff will have the option to sit in their vehicles to smoke if they would prefer. However, they need to ensure they are using their own ash trays and not disposing of cigarette butts in the parking lot or anywhere on campus grounds. Outside of individual cars, the only place cigarette butts should be disposed of on the Brewster Place campus, is in the ashtrays in the above designated smoking areas.

As we begin this new policy for Brewster Place staff, please keep in mind we will be monitoring staff to make sure the policy is being followed. Improper disposal of cigarettes, misuse of 15-minute breaks, or inappropriate behavior with regard to the policy could result in disciplinary action.

If you see anyone violating this policy, please contact Security at 785-274-5000. ■

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## PURSES WITH A PURPOSE LEAGUE OF WOMEN VOTERS

The League of Women Voters of Topeka-Shawnee County is looking for donations of like-new or gently-used purses. The proceeds of the sale on September 7 will be used for the League’s voter education efforts.

Please call or email Grace Wilson, Aspen 5 at 785-235-8452 or [gracewilsoneditor@gmail.com](mailto:gracewilsoneditor@gmail.com) to arrange for her to pick up purses that you would like to donate.

To attend the sale as a guest from 4:00—7:00 pm on September 7, and also meet leaguers and learn more about the League of Women Voters, contact Grace for more information. ■

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## VISITOR PARKING AT THE EVERGREENS

Please be reminded that the parking stalls on the north side of The Evergreens are for visitors. Residents who have a second vehicle may park them on the top or bottom levels of the parking garage. There is also parking available in the parking lot on the north side of the parking garage.

Also, remember that along the curb outside the east door of The Evergreens is a loading zone only. Cars that park there for more than a few minutes make it difficult for residents who park in the carport to get their vehicles in or out. Please limit parking in this area to five minutes or less. ■



GRAND HOME 2937

## HOME OF THE MONTH

Take a tour of this wonderful home. It's something special indeed!

**O**h lá lá, *cest trop beau!* Have you ever dreamt about living in a French Chateaux? Would you think it possible to make that dream a reality at Brewster Place? Mon, chéri! May we introduce you to 2937 SW Brewster Court! Become the *lord of the manor* in this spacious Grand Home with 2,352 square feet of living space on the main level and 1,868 square feet of finished living space on the lower level. This home has a French country feel with beautiful cabinetry, lovely kitchen, gas burning fireplace, generous primary bedroom with three closets and a stackable washer and dryer, gorgeous hardwood floors, and upgrades galore.

When entering the home from the garage, there is a door plaque with *"Essuyez Vos Pieds S.V.P."*, and stenciled on the kitchen wall, *"On ne fait pas d'omelette sans casser des oeufs."* The first resident to leave a voicemail message on the Marketing cell phone (785-857-8564) with the correct English translation, will receive a crepe breakfast for two at the **World Cup Coffee House** courtesy of Sales and Marketing!

Call Chris Gallagher, Director of Sales and Marketing, at 785-274-3351 today for your no obligation tour. Remember, residents in Independent Living who make a new referral to Brewster Place will receive one month's free rent once the friend moves in! ■

## BEATING THE EXTREME HEAT WITH INDOOR CELEBRATIONS



**Above: Joanne Harrison** participates in a variety of classes, trips and events at Brewster Place. Here she was attending the monthly birthday party where we celebrate with cupcakes and ice cream!



**Above: David Wexler and Sue Holm** are very involved with the Diversity and Inclusion Group and have been instrumental in planning classes and programs regarding diversity in our community and the world. Here they attended the Mexican Fiesta at Brewster Place where an authentic Mexican meal was served. Thanks to our resident services and dining services teams for their work coordinating this event.



**Frances Wood** looked beautiful in her authentic Mexican dress. Many residents wore their colorful dresses and shirts to celebrate at our very own fiesta!





# OFF CAMPUS — A few highlights!

## **POWELL GARDENS IN KC**

**Wednesday, August 2 | 8:00 am | Shuttle (pick up from EV lobby only)**

The Brewster Gardens and Grounds Committee has organized a trip to visit Powell Gardens in Kansas City, Missouri to explore the botanical garden. During our visit we will attend the Festival of Butterflies 2023 at the Garden. Festival of Butterflies invites nature enthusiasts of all ages to celebrate the Midwest's most whimsical pollinator in Gardens and many indoor exhibits. We will spend a day exploring tropical and native butterflies alongside stunning botanic displays. The garden offers a tram to view the Chapel. Lunch is Dutch treat at the Garden's windows by Hummingbird Feeders. Admission is \$12. Transportation is \$13. Please call Jamie at 785-274-3398 to make a reservation as space is limited.

## **TOUR OF WASHBURN LAW SCHOOL**

**Wednesday, August 9 | 12:45 pm | Shuttle (pick up from EV lobby only)**

Washburn University School of Law has just recently opened the new Senator Robert J. Dole School of Law Building. This \$33 million-dollar building has been in the planning and under construction for much of the past decade. Then we will wet our whistle with some yummy ice cream. Ice Cream is Dutch treat. Please call Jamie at 785-274-3398 to make a reservation as space is limited.

## **TOUR OF THE IMMACULATA CHURCH AND A DAY IN ST. MARY'S**

**Wednesday, August 16 | 8:45 am | Shuttle (pick up from EV lobby only)**

We will start with a guided tour the Immaculate Church in St Mary's that is part of the Society of St. Pius X. The Church cost more than \$42 million to build and was consecrated in May 2023. This beautiful church seats 1,500 people and stands 12 stories tall while sitting high on a hill. Those attending are required to cover their knees and shoulders so no tank tops or shorts. Afterward we will have a box lunch in town and do some shopping. Tour cost is a recommended \$5 goodwill donation payable by participant. Brewster will bill \$13 for transportation and \$13 for lunch. Please call Jamie at 785-274-3398 to make a reservation as space is limited.

## **NEW THEATRE AND RESTAURANT PRESENTS DREAMGIRLS**

**Wednesday, August 23 | 10:00 am | Shuttle pick up in Evergreen Lobby only**

Your soul will sing with this dazzling roller-coaster ride through 1960s show business. With unforgettable, spine-tingling vocals that send audiences wild, Dreamgirls will explore the ambition, hope, friendship and betrayal through gospel, R&B, smooth pop, disco and more, while all set in the glamorous and competitive world of entertainment industry. **Tickets are \$38 and includes lunch. Transportation is \$13. This show is SOLD OUT.** Please call Jamie at 785-274-3398 to add your name to the waitlist.

# ON CAMPUS — A few highlights!

## **KU OSHER LIFELONG LEARNING SERIES**

### **ELEANOR ROOSEVELT: HER PRIVATE STRUGGLES AND PUBLIC TRIUMPHS**

**Tuesdays, August 1 | 1:00 pm | Cultural Arts Center**

Eleanor Roosevelt overcame an affluent but-unhappy childhood when both parents and a brother died before she was ten. Sent to school in London, she returned to marry Franklin Roosevelt, a marriage that combined a complicated personal life with an extraordinarily successful political role as FDR's surrogate, First Lady, civil rights activist, and international diplomat. Instructor: Jim Peters. Please call Jamie Fritz at 785-274-3398 to register.

## **INVITE YOUR GRANDCHILD TO BINGO — END OF SUMMER CELEBRATION!**

**Friday, August 11 | 1:00 pm | Main Street Pavilion**

It is time for our summer guest bingo players to go back to school. Let's celebrate with an ice cream treat and a few extra prizes. Everyone is invited to bring a guest. Cards cost \$.25

## **SARA TUCKER PRESENTS:**

### **HISTORY AND STRUGGLES OF UKRAINE AND RUSSIA**

**Tuesday, August 15 | 1:00 pm | Main Street Chapel**

Sara is going to help us understand the history and struggles of Ukraine and Russia. She is a former professor at Washburn University and has studied history all of her life. She is a brilliant presenter of this information.

## **CHAT AND GET PHAT — ROOT BEER FLOATS!**

**Tuesday, August 22 | 1:00 pm | Cultural Arts Center**

Come and Celebrate Summer with root beer floats. Life is like ice cream, we must enjoy it before it MeLTs!!!

## **SUMMER MOVIE AND POPCORN**

**Wednesday, August 30 | 1:00 pm | Cultural Arts Center**

We will be showing *Book Club 2: The Next Chapter*. Favorite gals, Diane Keaton, Jane Fonda, Candice Bergen and Mary Steenburgen, are off for a European adventure. They decide to take their book club to Italy for a fun girls trip they never had. However when things go off the rails and secrets are revealed their relaxing vacation turns into a once in a lifetime cross country adventure. Come, relax and enjoy a movie on the Brewster big screen.



**Reception Celebrating Maxine McDaniel**

**Sunday, August 27, 2023**

**2:00 – 4:00 pm**

Brewster Health Center Activity Room

RSVP to Nancy Park, 785-274-3314

(Hosted by her family)