



ENJOY A SLICE OF THE GOOD LIFE

ASSISTED LIVING AT BREWSTER PLACE

ASSISTED LIVING OPEN HOUSE

*Join us for
Happy Hour!*

**Friday, July 28
2:00—4:00 pm**

Assisted Living
is located in
Redwood South

Do what
you love
and let us
take care
of the rest.
Brewster Place
is *your place* for
Assisted Living
at its best!

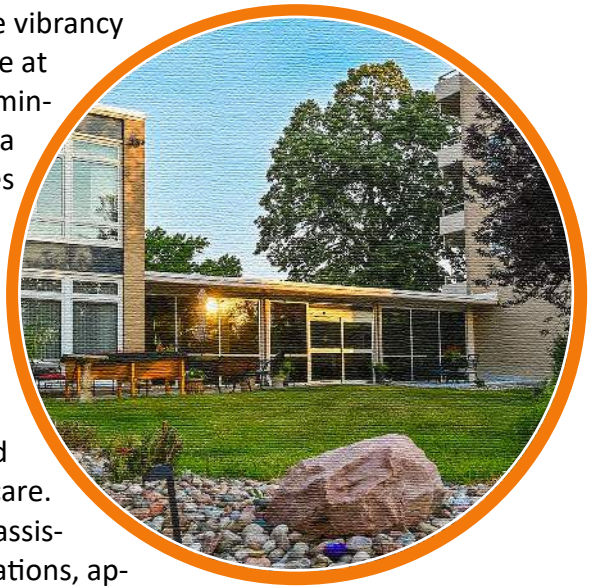
Enjoy a *Slice of the Good Life* at the upcoming **Assisted Living Open House** on July 28! We invite you to join us for Happy Hour from 2:00—4:00 pm in the Assisted Living commons area to experience the vibrancy of this wonderful living space at Brewster Place. Meet staff, mingle with residents, and take a tour of the apartment homes on Monarch and Frontier.

Assisted Living offers residents and their families the opportunity to have peace of mind. At Brewster Place, we provide residents with options based on their needs and level of care. If you or a loved one needs assistance with managing medications, appointments, treatments, or activities of daily living such as dressing, showering, or housekeeping, then Assisted Living at Brewster Place might be just what you're looking for!

We have spacious studios and one-bedroom apartments with kitchenettes. Don't worry, be happy while we offer the wide range of services that can help you maintain independence and improve your quality of life.

Fun activities and opportunities abound both on and off-campus. We foster a warm, home-like atmosphere with a variety of programs and a robust events calendar full of activities that encourage enrichment and socialization within our community.

Whether you are curious about what your future options are at Brewster Place, or if you are ready to make the move, come to our Open House to see what Assisted Living is all about! ■



MISSION

Brewster Place is a retirement community providing all of its residents opportunities for an optimal quality of life.



The Brewster Health Center is accredited by The Joint Commission.

SCHOOL SUPPLY GIVEAWAY



DONATIONS ACCEPTED

A JOINT PROJECT OF HUMAN RESOURCES
AND THE BREWSTER FOUNDATION

It's almost *'back to school time'* and that means parents will be gathering school supply lists for their kids. When thinking of school supplies, some of us might remember only having to bring a pencil, scissors, lunch pail, and ruler. Times have certainly changed and nowadays school supply lists have become lengthy — **and expensive**.

Brewster Place supports its staff in many ways. Last year Brewster's Human Resources team stepped up to help with the stressful and costly process of buying school supplies by providing a **School Supply Giveaway Day**. In early August 2022, staff and their kids brought their supply lists and shopped for free!

Many of you noticed this event and wondered if you could donate items too. This year Human Resources is partnering with the Brewster Foundation to make this possible. **Beginning Wednesday, July 5** there will be bins available at Maxine's desk at The Evergreens, Cheryl's office at Redwood, and at the south entrance of Brewster Health Center where you can place your donations. If you want to donate but don't want to do the shopping, cash or check donations made out to the Brewster Foundation with **'School Supply Giveaway'** noted on the memo line are also accepted. Donations will be accepted throughout July.

The School Supply Giveaway will occur in early August. If you have questions, please contact Human Resources at 785-217-3394. Thank you in advance for your generosity! ■

ITEMS NEEDED

- #2 pencils
- Mechanical pencils
- Pens (black, blue and red)
- Crayons
- Markers
- Colored pencils
- Erasers (big and pencil tops)
- Notebooks (wide and college ruled)
- Loose leaf paper (wide and college ruled)
- Three-ring binders
- Two-pocket folders
- Scissors (regular and kid safety)
- Highlighters
- Kleenex
- Lysol wipes
- Expo markers (preferably black)
- Glue (bottles or sticks)
- Rulers
- Pencil boxes

BREWSTER STAFF ART SHOW RECEPTION

Thursday, July 27

3:00 pm (after the Birthday Party)

Brewster Events Center Art Gallery

Did you know that the staff at Brewster place aren't just talented at their work, but also in art? Come celebrate the artwork of staff members in the new gallery exhibit. The reception to talk with the artists and learn more about their works will be July 27, right after the Brewster Birthday Party. The exhibit will be up from July 14—August 31. ■



**New
Menu
Items!**

Now Open Monday—Friday

7:00 am—11:00 am

The Evergreens

Phone: 785-274-3310

EVERYONE HAS A STORY TO TELL



BOBBIE SMELTER
BY DIANA REED, RESIDENT

“
I’ve enjoyed living
at Brewster Place
and would not
like living
anywhere else.
Where else
would I have
been so happy.
The fellowship
has been great!

”

Bobbie Smelter has lived at Brewster Place for 22 years. She knows it inside and out and loves everything about this community. All who know her love her, too. Here is her story.

Bobbie and her husband Chuck, who owned his own plumbing company, had three daughters. They were quite happy in Topeka but also really enjoyed their winters in Arizona. Bobbie and Chuck were longtime members of New Hope United Methodist Church in Topeka and raised their children in that church.

In 2002, Bobbie found that she had breast cancer, a devastating discovery. Bobbie and Chuck looked for a retirement community in Topeka where Bobbie could be cared for during treatment and where they could have a home. Their search led them to Brewster Place where they moved into Aspen 1 in 2002. Commenting on her cancer diagnosis, treatment and care, Bobbie stated, “I’m a survivor.”

While living at Aspen, the Smelters found wonderful neighbors. They enjoyed couples dinner nights, and Bobbie volunteered in the Main Office (now called Redwood) once-a-week. At that time Jeanene Johnson was the activity coordinator. Jeanene took residents on many fun and interesting trips. Bobbie said, “I loved her. She was friendly, outgoing, and gracious. She took us to Lindsborg, to the New Theatre in Kansas City, and to the salt mines and space center in Hutchinson.

Unfortunately, Bobbie’s husband Chuck passed away in 2008 and for the wonderful eight years they had together at Brewster Place, Bobbie commented, “and now, I was by myself.”

Bobbie moved to South Terrace where she enjoyed a new way of life. She said, “I kept busy. I went on trips, was active in the church, played lots of cards, and volunteered in the office. It was so important to socialize.”

After four years at South Terrace, Bobbie moved to the fifth floor of Redwood. She commented, “I lost my eyesight from macular degeneration. I had to quit volunteering, so I played cards four or five days a week and I enjoyed it. I did continue exercising in Julie’s classes. Julie Schmanke made exercise fun and I loved it!”

Bobbie made many friends at Redwood. She said, “I met a lot of friends on my floor. It was a fun floor! One friend was Dottie Prager. In fact, the Dottie Salad we had named for her!”

After about four years at Redwood, Bobbie experienced an injury from a fall. She spent about two months at Brewster Health Center, where she remembered, “the food was very good there. I met some very nice people and had very good care.”

After recuperating at Brewster Health Center, Bobbie moved to Assisted Living on the garden level where she continues to live. After 22 years as a resident, Bobbie has experienced the full continuum of living spaces and care. At Brewster Place Bobbie has enjoyed all of its possibilities and has kept a positive attitude and made many friends over the years.

Everyone who knows Bobbie admires her strength, courage, sense of humor, and positivity. She is beloved by staff and residents alike and is always serving as an advocate for her fellow residents. She never gives up and is a joy to know! ■

KU OSHER LIFELONG LEARNING SERIES

2023 SUMMER SESSIONS AT BREWSTER PLACE



Eleanor Roosevelt:
Her Private Struggles and Public Triumphs
Tuesdays, July 18, 25 and August 1
1:00—3:00 pm
Cultural Arts Center

Eleanor Roosevelt overcame an affluent but unhappy childhood when both parents and a brother died before she was ten. Sent to school in London, she returned to marry Franklin Roosevelt, a marriage that combined a complicated personal life with an extraordinarily successful political role as FDR's surrogate, First Lady, civil rights activist, and international diplomat.

Instructor: Jim Peters, J.D., is director emeritus of the Osher Lifelong Learning Institute at KU and author of "Arlington National Cemetery: Shrine to America's Heroes." He also teaches a course on the Underground Railroad in Northeast Kansas.

To register, please call Jamie at 785-274-3398. Brewster Place residents and BrewsterConnect members attend for free. ■



STRONGER TOGETHER
SUPPORT GROUP

The Stronger Together Support Group is a group that provides residents with a place to talk about their struggles with chronic conditions. Residents will gain insight and comfort hearing from others' experiences and sharing their own.

This support group is open to those seeking a safe place to discuss the struggles they face due to their disease, illness, and/or ailment. Participants will gain resources and hear from knowledgeable staff and community partners. Please call Alyssa Granado at 785-274-3395 for more information. ■

FUTURE TRAVEL EXCURSIONS

New Theatre and Restaurant Presents Dreamgirls

Wednesday, August 23 | 10:00 am
Shuttle pick up in Evergreen Lobby only

Your soul will sing with this dazzling roller-coaster ride through 1960s show business. With unforgettable, spine-tingling vocals that send audiences wild. Dreamgirls will explore the ambition, hope, friendship and betrayal through gospel, R&B, smooth pop, disco and more, while all set in the glamorous and competitive world of entertainment industry.

- **Tickets are \$38 and includes lunch.**
- **Transportation is \$13.**

Please call Jamie at 785-274-3398 to make reservation as space is limited.

Trip to St. Louis
September 11—13, 2023
Cost: \$475 for a Double

Highlights Include:

- Warm Springs Ranch in Boonville, Missouri
- Missouri Botanical Garden with Chihuly Day Exhibit
- Stop at St. Louis Art Museum
- Tram Ride on the Katy Trail

Please call Jamie at 785-274-3398 to find out more or make your reservations! ■





FROM the CHAPLAIN | REV. CAROLINE VAUTRINOT, M.DIV MAY GOD BLESS YOU ALL

“How lucky I am to have something that makes saying goodbye so hard.” — A.A. Milne

Words cannot adequately express how privileged I have felt these past two and a half years to be the chaplain at Brewster Place. This community has been the perfect place to begin my ministry and has shaped me in so many ways. As I think back to all that has happened during my time here, I am reminded that while life may be fleeting, our experiences make lasting impacts on us.

The lessons and care shared with me here will continue to make a mark on my future ministry and will stay with me wherever life may lead. I have been so blessed to be surrounded by this caring community here at Brewster Place and I will continue to cherish the memories of my time here.

“How lucky I am to have something that makes saying goodbye so hard.” These words so beautifully encapsulate my feelings as I prepare to depart. Saying goodbye is rarely easy, and it is because it is so difficult to do that I know the time I spent here was a personal blessing. And so, as I go, I would like to leave one last word.

Centuries ago, the word ‘goodbye’ entered our vocabulary. It was a word comprised of a common phrase pushed together; ‘God be with ye.’ So, as I go, I would like to leave you with this blessing and farewell and simply say...May God bless you all and goodbye. ■



SOUTH TERRACE 27

HOME OF THE MONTH

Hello, *sunshine!* is what you’ll say when you walk through the door of this completely renovated one bedroom, one bath South Terrace apartment. The apartment is light and bright with luxury wood vinyl plank flooring throughout, white six panel doors, and a cheery kitchen with light yellow cabinets. Also featured are white appliances including a refrigerator with ice maker, electric range, microwave, and dishwasher!

With 500 square-feet of living space and an affordable entrance and monthly fee, this apartment is move-in ready. South Terrace 27 is conveniently located next door to laundry facilities and steps away from covered parking and storage space. You’ll be ‘beaming’ with excitement when you Call Chris Gallagher with Sales & Marketing at 785-274-3351 to schedule your tour!

Residents in Independent Living who make a new referral to Brewster Place will receive one month’s free rent once the friend moves in! ■



CREATIVE ARTS

WITH SAMANTHA BANKS, CREATIVE ARTS COORDINATOR | 785-274-3317

TEA TOWEL TUESDAYS

Tuesdays (except July 4) | 10:00 am

Klinge Activity Center

Help us make our most popular item — the tea towel — for the upcoming Bazaar in November. If you are an embroiderer, or want to learn, come join us. All supplies provided.

STITCHIN' TIME

Thursdays, July 6 and 20 | 6:00 pm | Main Street Pavilion

Join local knitting and crocheting extraordinaire Susan Ford and stitch the night away. Even if you are new to knitting or crocheting, come join in the fun! Supplies provided (or bring your own).

CALLING CARDS AND NAME TAGS

Thursday, July 13

1:30 pm | The Evergreens Art Studio

Registration required by calling Sam at 785-274-3317

Ever find yourself in need of a convenient way to leave your name and contact information with someone? Come design your own calling card with Sam in this workshop. Spend 15 minutes with Sam coming up with a custom design with icon, font, and color options. Plus, work on a custom name tag while you wait for your 15-minute design time.

MOVIE WITH SAM: ART AND CONSERVATION

Friday, July 21 | 2:00 pm | Main Street Chapel

Celebrate National Parks month and the outdoors! This series of videos will discuss how artists helped designate Yellowstone as the first ever National Park, the National Park Artist Residency program, and features of artists inspired by nature today.

WATERCOLOR WEDNESDAYS

Wednesdays | 1:30 pm

Klinge Activity Center

July is World Watercolor Month! To celebrate, join Sam in the KAC every Wednesday afternoon for a watercolor activity anyone will enjoy (you don't have to be an "artist"). Some projects will be to take home, and others will be incorporated into community artworks to be displayed during the Dot Day art display going up in September.

OPEN PAINT

Tuesdays (except July 4)

1:00—3:00 pm

Klinge Activity Center Studio

Join with other painters in this self-directed class. Bring your idea or look through the library of reference pictures. Sam is available to help you through the painting process. All supplies provided, or bring your own!

SAM IN THE STUDIO

Mondays and Tuesdays

(except July 4)

9:00—11:00 am

Klinge Activity Center

Mondays and Fridays

1:00—3:00 pm

The Evergreens Art Studio

Did you miss a class you wanted to attend? Would you like help with a project? Just want to chat? Sam in the Studio is the time for any and all of the above!

CRAFT 'N CHAT

Thursday, July 6 and 20

2:30 pm

Klinge Activity Center

With the Bazaar open to the public in just a few short months, we would like to invite you to come craft with us. During Craft 'n Chat, our efforts will be focused on making projects to sell in the Bazaar. Projects for this month include sewn bookmarks and jewelry making. ■

NEW RESIDENT RESOURCE MEETINGS

First Quarterly Meeting

Monday, July 17

10:00 am | Cultural Arts Center

We had a great turnout for our campus-wide Resident Resource Meetings in May and have decided to continue these informational meetings twice a year. In addition, we will provide quarterly resource meetings to our new residents on campus, and anyone else who would like a refresher of resources offered at Brewster Place.

Staff from various departments will provide information and answer your questions. Presenters will include the Director of Resident Services, Director of Therapy, Director of Nursing, and Admissions Coordinator.

The first **New Resident Resource Meeting** will be on Monday, July 17 at 10:00 am in the Cultural Arts Center. Please join us if you would like to learn about Brewster's therapy team, nursing team, in-home supports, and different levels of care at Brewster Place. We hope to see you there! ■

MEAL PLAN CHANGES

In an effort to ease the strain on dining services at the end of each month as residents are trying to utilize their meal plan balances, we are making a change to meal plan effective dates.

Beginning August 1, residents whose last name begins with A-L will continue to have meal plans that are effective from the first day of the month to the last day of the month.

Residents whose last names begin with M-Z will have meal plans that begin on the 16th of the month and end on the 15th of the following month. *For August only*, those residents will have a prorated meal plan effective from the August 1–15, and then their new meal plan cycle will begin on August 16.

We hope that these changes will make it easier for the dining teams to plan for meal attendance, and for residents to see improved customer experiences in our dining venues. If you have any questions about these changes, please call the **Accounting Hotline at 785-274-5570**. ■

PURSES WITH A PURPOSE LEAGUE OF WOMEN VOTERS

The **League of Women Voters of Topeka-Shawnee County** is looking for donations of like-new or gently-used purses. A sale will be held on September 7 and 8 in the community with the proceeds used for the League's voter education efforts.

Please call Brewster Place resident Grace Wilson at 785-235-8452 or email her at gracwilsoneditor@gmail.com to arrange for her to pick up purses that you would like to donate. To attend the **Preview Sale** from 4:00–7:00 pm on September 7, or the **Public Tag Sale** on September 8, please contact Grace for more information. ■

REMINDER



The speed limit at Brewster Place is 12 mph.

BREWSTER

diversity &
INCLUSION

SPECIAL MOVIE AND DISCUSSION

Thursday, July 13
5-9 pm

Cultural Arts Center

Pizza will be served
courtesy of Brewster
Dining Services.

The **Brewster Place Diversity and Inclusion Group** invite you to a special night to view the movie, *Till*, enjoy pizza, and participate in a meaningful discussion after the movie. Special invited guests for the evening include members of Asbury Mt. Olive United Methodist Church and Antioch Missionary Baptist Church.

MOVIE: *TILL*

Till is a profoundly emotional and cinematic film about the true story of Mamie Till-Mobley's relentless pursuit of justice for her 14-year-old son, Emmett Till, who, in 1955, was lynched while visiting his cousins in Mississippi. In Mamie's poignant journey of grief turned to action, we see the universal power of a mother's ability to change the world. This movie centers on the response of Mamie to the funeral and burial of her only child, and on the trial of the two white men, and Mamie's role in the trial.

DISCUSSION

Professor Darren Canady from the University of Kansas and Professor Eric McHenry from Washburn University will lead the post-movie discussion. Brewster Board member Glenda Duboise will assist with the discussion.

The mission of the Brewster Place Diversity and Inclusion Group is to create an environment that reflects the diversity of Topeka/Shawnee County, respecting the racial, ethnic, economic, religious, and cultural diversity of those who live and work here and within the local community. ■

BBQs, VBS AND SUMMER BLOOMS, YOU CAN'T BEAT IT!



Above: Dick Crawford along with Doug and Jan Mauck attended the Summer Kick-Off BBQ and Santa Fe Band concert in June. We had a full house along with full stomachs after a wonderful burger and brat meal. We always appreciate the Santa Fe Band for coming to entertain us. It's a summer tradition!



Left: Pat Gideon attended the first ever Vacation Bible School — for adults and kids! Chaplain Caroline and Sam Banks coordinated this event with the Spiritual Life Committee. A great idea!



North Terrace and its beautiful blooms!



BrewsterLiving.org

OFF CAMPUS — A few highlights!

SUMMER GAREN TOUR IN TOPEKA

Wednesday, July 12 | 8:45 am | Shuttle (pick up from EV lobby only)

The Brewster Garden Committee has organized a trip to view gardens around Topeka. We will be seeing the summer blooms in the gardens. Lunch is Dutch treat. Please call Jamie at 785-274-3398 to make reservations as space is limited.

CHEAP AND CHEERFUL SHOPPING

Wednesday, July 19 | 9:45 am | Shuttle (pick up from EV lobby only)

Whether you call it bargain shopping, retail therapy, or simply procurement of necessities it's time to head out and SHOP. We will celebrate the Dog Days of Summer by stopping for a delicious lunch. Lunch is Dutch treat. Please call Jamie at 785-274-3398 to make a reservation as space is limited.

TOPEKA CIVIC THEATRE PRESENTS: WEST SIDE STORY

Thursday, July 27 | 6:00 pm | Shuttle (pick up from EV lobby only)

The Topeka Civic Theatre summer specular is West Side Story, one of the most memorable musicals and greatest love stories of all time. Arthur Laurents' book remains as powerful, poignant and timely as ever. The score by Leonard Bernstein and lyrics by Stephen Sondheim are widely regarded as among the best ever written. The world's greatest love story takes to the streets in this landmark Broadway musical that is one of the theatre's finest accomplishments. Shakespeare's *Romeo and Juliet* is transported to modern-day New York City as two young, idealistic lovers find themselves caught between warring street gangs, the "American" Jets and the Puerto Rican Sharks. Their struggle to survive in a world of hate, violence and prejudice is one of the most innovative, heart-wrenching and relevant musical dramas of our time. We are offering a special price on tickets of \$25 for this outstanding show. This is NOT a dinner show. Please call Jamie at 785-274-3398 to purchase a ticket as space is limited.

BREWSTER PLACE ONLINE

WEBSITE

BrewsterLiving.org

Access to:

- Brewster News
- Monthly Calendar
- Menus
- Weekly Bulletin
- Exercise Videos
- J and J Show
- Blog

FACEBOOK

Facebook.com/brewsterplace.org

Access to:

- Life at Brewster Place
- Events
- Video Links
- Photos

VIMEO

Vimeo.com/brewsterliving

Access to:

- Library of all videos including exercise classes, J and J Show and more!

CATIE WEB

Available to Brewster Place residents and family members only (not a public site). Call **785-274-3334** to get set up!

Access to:

- Weather
- Menus
- Brewster News
- Monthly Calendar
- Campus Maps
- Exercise Class Schedule
- Weekly Bulletin
- Community Directory
- Staff Directory
- Video Calls
- CATIE Radio
- CATIE TV Screens
- Maintenance Requests
- Brewster Website
- Brewster Videos
- Resident Council Minutes

ON CAMPUS — A few highlights!

KU OSHER LIFELONG LEARNING SERIES

ELEANOR ROOSEVELT: HER PRIVATE STRUGGLES AND PUBLIC TRIUMPHS Tuesdays, July 18, 25; August 1 | 1:00 pm | Cultural Arts Center

Eleanor Roosevelt overcame an affluent but-unhappy childhood when both parents and a brother died before she was ten. Sent to school in London, she returned to marry Franklin Roosevelt, a marriage that combined a complicated personal life with an extraordinarily successful political role as FDR's surrogate, First Lady, civil rights activist, and international diplomat. Instructor: Jim Peters. Please call Jamie Fritz at 785-274-3398 to register.

SUMMER MOVIE: *EVERYTHING EVERYWHERE ALL AT ONCE* Wednesday, July 26 | 1:00 pm | Cultural Arts Center

We will be showing 2022 academy award winning moving *Everything Everywhere All at Once*. It is an American absurd comedy drama film written and directed by Daniel Kwan and Daniel Scheinert. Michelle Yeoh stars as Evelyn Quan Wang, a Chinese-American immigrant who, while being audited by the IRS, discovers that she must connect with parallel universe versions of herself to prevent a powerful being from destroying the multiverse. Come, relax and enjoy a movie on the Brewster big screen.

COMMON CAMPUS ABBREVIATIONS

Below is a list of abbreviations for the most common areas on campus where activities and events are held. These abbreviations are used on the monthly calendar and weekly bulletin. Where space permits on other communications materials, we will spell out the locations instead of using abbreviations.

BEC	BREWSTER EVENTS CENTER	MS	MAIN STREET
BEC AC	Aquatic Center	MS Chapel	Chapel
BEC CAC	Cultural Arts Center	MSP	Pavilion
BEC WC	Wellness Center	MSM	The Market
BEC WS	Wood Shop	VHH	Veterans Hall of Honor
EV	THE EVERGREENS	WWC	Winchell Wellness Center
EV AS	The Evergreens Art Studio	RW	REDWOOD
EV BB	The Evergreens Brewster Bean	KAC	Klinge Activity Center
EV CR	The Evergreens Community Room		

SHUTTLE

Brewster Bus/Cars/Shuttle

For off-campus trips and events where residents will be picked up from the lobbies of Redwood and The Evergreens, we will now denote these events with Shuttle (instead of Lobbies).