



## YOUR ENCOURAGEMENT TRULY MATTERS

BY MATT BURNS, INTERIM CEO

I want to write a quick note to all of you to thank you for your support over the past year while I served as Interim CEO at Brewster. I was thinking this week about my grandfather and how he would come to my football games in high school. He always had a word of encouragement for me as I was going on and off of the field. It didn't matter whether I was playing well or not, he would always encourage me to stay in the fight and do my best.

Many of you have encouraged me in the same manner. I know things have not always gone perfectly this past year, but like my grandfather, you did not demand perfection, only that I stay in the fight and do my best. And for that, I thank you!

As I walk around campus, I am so pleased to see a lot of resident involvement in different areas of interest. Specifically, I'm thinking of the recently enhanced Grounds and Garden Committee of Resident Council and their interest in updating the Resident Council By-laws. This committee is a great example of how you can bring your own interests and passions to life at Brewster Place.

There are many ways to be involved to share your ideas and talents. We have wonderful involvement in the various Resident Council committees. Your ideas and expertise keep us moving forward and on our toes. In addition, the wellness opportunities provided at Brewster Place are second to none. It's a given that being involved will enhance your life and your overall wellness.

The construction at Redwood is moving along quite well. Every day that passes is one less day of noise and disruption and one day closer to new and beautiful amenities. The dining team did an outstanding job in planning and setting up the temporary dining venue in the Klinge Activity Center. Please let them know if there is something more we can do for you to ease this process. Our plan is to have you back in your new dining area by Thanksgiving.

And finally, Tim Wetzel our new CEO has begun his duties a bit early. His first day was Monday, February 27. As he settles in, please give him a warm welcome. Tim's first public appearance will be at the March 9 Resident Council Meeting. I hope you will be in attendance to welcome Tim to our campus. I am excited to pass the reigns to Tim and support him as you have supported me.

I plan to take a little "me" time after Tim arrives and use that spa coupon the staff got me for Christmas. I don't know exactly what "waxing" is, but it must be beneficial. Thanks again for your support. I will see you around campus. ■



**Thank You Matt!**  
**Thursday, March 2**  
**10:00—11:00 am**  
**Cultural Arts Center**  
*Join us to express our gratitude to Matt Burns who has served as our Interim CEO for the past year.*

### MISSION

Brewster Place is a retirement community providing all of its residents opportunities for an optimal quality of life.



The Brewster Health Center is accredited by The Joint Commission.



## FROM the **CHAPLAIN** THE GOOD LIFE

REV. CAROLINE VAUTRINOT, M.DIV

**A**s hard as it may be to believe, the Season of spring officially begins later this month! This time of transition from winter to spring is a welcome one, as we start to think about putting away our thick coats and start to look forward to the warmer months ahead. It is also a time for renewal, as we see the life cycle of the Earth sprouting once again with life.

This new life is a good reminder to us that the grayness of winter, and of our own sadder moments, is only temporary. Life will always bring us around just as the seasons continue their turns. Personally, I enjoy this time of the year, when we are in anticipation of the change that is about to occur. There is something invigorating about the wait, knowing as we do that the whole world is about to change.

It is a good thing to look ahead to what will come. All too often we spend our time focused solely on the 'now' and seem to have tunnel vision for what today – and perhaps tomorrow – will bring to us. Yet, the horizon holds possibilities beyond our comprehension and just as we anticipate the joys of spring, we know that there are endless possibilities for happiness in front of us.

Winter will be back, we know, yet let us all remember to enjoy the good of life when it is available to us, knowing that the gray backdrop of winter makes the colorful explosion of spring all the brighter. In the darker, sadder times of our lives, let us remember that our joy is made far sweeter in comparison. Take a moment, this month, to think of the joys ahead and glory in the wonders of the spring to come. ■

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### **OPEN COMMUNION AND REFLECTION HOUR**

**Mondays During Lent**

**February 27; March 6, 13, 20, 27; April 3 | 1:00—2:00 pm**

**Main Street Chapel**

Come for a time of individual reflection, prayer, and Communion as part of your Lenten practice this year. Available anytime from 1:00—2:00 pm and stay as long or as short as you would like. ■

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### **LENTEN BIBLE STUDY**

**BOOK OF REVELATION**

**Tuesdays During Lent**

**February 28; March 7, 14, 28; April 4**

**1:00—2:00 pm | Main Street Chapel**

Join Chaplain Caroline for a six-week study on the **Book of Revelation**. Though sometimes considered controversial, this biblical book is full of meaningful symbolism deserving of deeper reflection and discussion. Dive deep into the Bible this season of Lent! ■

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### **JUST A CALL**

**Just a Call Info Meeting**

**Tuesday, March 7**

**1:00 pm | Brewster Bean**

**B**rewster Place resident Cynthia Montague and others are interested in starting a resident group called **Just a Call**. This group would make a short phone call each morning to check on the welfare of friends and neighbors at Brewster Place. If you are interested in this group, please attend this organizational meeting. ■

## STANDING YOGA

**Y**ou asked and we delivered! **Standing Yoga** is coming to Brewster Place beginning Friday, March 3 for a trial period to see if we have enough interest in this class. Yoga at Brewster Place is brought to you by our friends at **Topeka Yoga Network**.



Each Friday at 10:15 am, we have a Chair Yoga class at the Brewster Events Center Wellness Center. After Chair Yoga on Fridays, we invite you stay for Standing Yoga beginning at 11:00 am.

Of course, if Chair Yoga is more comfortable for you, classes are available Mondays, Fridays and Saturdays. Please call Taylor Cooper at 785-274-3348 if you have any questions. ■

## BREWSTERCONNECT

**N**ew and current BrewsterConnect members are invited to join a Brewster resident for a campus tour. We hope this tour will help you learn to navigate our beautiful campus so you can enjoy the many programs, classes and events of your choice.

### CAMPUS TOUR

**First Monday of each month**

**3:00 pm | Meet at The Evergreens Lobby**

**4:00 pm | Stay for Social at Main Street**

Please RSVP to Alyssa Granado, Quality of Life Specialist, at 785-274-3395 if you are interested in joining us for a tour or if you are interested in joining BrewsterConnect. ■

*Connect with Brewster!  
You'll be glad you did!*

## BLESSING BOXES HELPING THOSE IN NEED

**B**lessing Boxes for Topeka is a local volunteer organization that is on a mission to feed people in Topeka who have food scarcity. Currently, there are over 40 Blessing Boxes around Topeka with contents offered to those in need who may not have the funds to buy food, or necessary hygiene products.

How can you help? Brewster resident Sara Tucker will be providing a Blessing Box in The Evergreens lobby. Sara has graciously volunteered to empty the Blessing Box and take items to the donation locations.

Sara encourages the following items for donations:

### Food

- Cereal/rice/pasta/oatmeal
- Peanut butter
- Macaroni and cheese
- Canned fruit and vegetables
- Canned tuna
- Granola bars
- Bread
- Soup (dried packet or canned)
- Coffee and creamer

### Hygiene and Toiletries

- Women's sanitary supplies
- Toothpaste/toothbrushes/dental floss
- Shampoo
- Deodorant
- Razors
- Soap ■



# CREATIVE ARTS

WITH SAMANTHA BANKS, CREATIVE ARTS COORDINATOR | 785-274-3317

## SPRING BREAK ART CAMP

Tuesday, Wednesday, Thursday

March 14, 15 and 16

1:30 pm | Klinge Activities Center

Ready to get crafty with some spring inspired projects? Join us for artsy antics! All supplies provided. Even if you claim you aren't creative, you'll enjoy these activities!

- **Monday:** Make flowers for community mural going up in early April
- **Tuesday:** Dye scarves with tissue paper
- **Wednesday:** Canvas tote bag printing with paint and shaving cream
- **Thursday:** Needle felting a shamrock necklace for St. Patrick's Day

Please call Sam at 785-274-3317 to reserve your place. Space is limited.

## MOVIE WITH SAM CELTIC ART

Friday, March 17 | 2:00 pm

Main Street Chapel

Taking inspiration from St. Patrick's Day, Sam has picked out a series of videos about different artifacts and aspects of Celtic art-work. There will be opportunity afterward to discuss what we learned from the videos.

## PRESSED FLOWER WORKSHOP

WITH FRANCES WOOD

Thursday, March 30

1:30 pm | The Evergreens Art Studio

BrewsterConnect member Frances Wood will join us in The Evergreens Art Studio to walk us through a tutorial on the process of pressing flowers and how to use them. Participants will leave with a finished card made with pressed flowers.

Please call Sam at 785-274-3317 to reserve your place. Space is limited.

## PAINT WITH SAM

Tuesdays | 1:00—3:00 pm

Klinge Activity Center Studio

Join with other painters in this self-directed class. Bring your idea or look through the library of reference pictures. Sam is available to help you through the painting process. All supplies provided, or bring your own! No class on March 14.

## SAM IN THE STUDIO

Do you want to have focused time to work on specific art skills? Would you like help with a project? Just want to chat? Sam in the Studio is the time for any and all of the above!

Mondays and Tuesdays

9:00—11:00 am | Klinge Activity Center

Mondays and Fridays

(except March 13 and 17)

1:00—3:00 pm | The Evergreens Art Studio

## CRAFT 'N CHAT

Thursdays, March 2 and 23 | 2:30 pm

Klinge Activity Center

Have a project you want to work on in a change of scenery? Join others in this crafty and chatty hour.

## COMMUNITY MURAL

After the quilt show comes down on March 24, we will be working on an community mural to celebrate the coming of spring and our thankfulness for the warmer, brighter days ahead. If you are interested in helping with this project, call Sam at 785-274-3317. We will work on it together during open studio time in both the Klinge Activity Center and The Evergreens Art Studio. There will also be a session in the Spring Break Art Camp on Monday afternoon. ■

# EVERYONE HAS A STORY TO TELL

DR. BOB PARMAN  
BY DIANA REED, RESIDENT

Many Brewster Place residents know Bob Parman. He has lived at his lovely Birchwood Cottage for 31 years. He knows



many Brewster residents and often walks the campus and enjoys visiting with his friends.

Bob has a long reputation in the Topeka area as a kind and respected pediatrician. He says, "My whole life, I

have helped children."

Bob's life began in Grant City, Missouri in the 1920s. His mother died when he was nine years old, and his father remarried. He said that his new mother was, "a strong-willed woman."

In 1954 Bob married a nurse, Arlene, and joined the Naval Reserves in 1957. He went into active duty in 1958 in Memphis, Tennessee at Camp Lejeune.

Bob chose to go to medical school and looked toward being a pediatrician. By 1960, Bob was a resident at Children's Mercy Hospital in Kansas City and at the age of 31, he was senior resident. He joined a pediatric practice in Topeka in the early 1960s. One of his partners in this practice was fellow Brewster resident, Dr. Bart Ramsey. They continue to be great friends to this day.

Bob and Arlene grew a beautiful family. They had three children, Craig, born in 1956; Dwight, a CPA born in 1962; and Janice, born in 1967, who is a graphic artist. The Parmans also enjoyed a gathering of grandchildren. Unfortunately, Arlene passed away in 1992 of ovarian cancer. Bob said that his wife "could do anything" and proud-

ly named her a "creative woman."

Sometime later, Bob attended the Franklin Elderhostel in Nebraska for a course on Iceland. While there he met a lovely lady, Frankie. Frankie was a facilitator in Nebraska studying quilts and the stories about the people who made them. She visited Topeka and she and Bob married. They have been married for 26 years.

Happily, Bob said, "creative women have always been very important in my life."

Kind and positive, Bob said, "I have helped children all my life. I wanted to know what was in their brains. What I have done all my life is help people."

As a resident of Brewster Place, Bob has always been very involved. He has served on Resident Council, chaired the Garden Committee for many years, and volunteered at Trash & Treasure Sales and the Bazaar. Currently he volunteers his time as a desk volunteer at The Evergreens. Most importantly, Bob has been a steady support and encourager to residents, staff and board members. His words of support and kindnesses shown are valued greatly. ■

## PLEASE NOTE

We will not have home nail service during March. Please stay tuned for more information for the coming months.



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**facebook**

[facebook.com/brewsterplace.org](https://facebook.com/brewsterplace.org)

# SEVERE WEATHER SEASON

## REMINDERS TO HELP YOU PLAN FOR WEATHER EMERGENCIES

BY ED HUG, SECURITY/TRANSPORTATION MANAGER

Living in Kansas means we have the potential for severe weather. Brewster has an emergency plan in place to keep residents, staff and visitors safe in case of an emergency. Please familiarize yourself with this plan not only to help yourself, but your neighbors as well.

### DEFINITIONS

#### Severe Weather Watch

Identified and issued by the Weather Service Office when severe thunderstorms or severe winter storms are likely to develop.

#### Tornado Watch

Identified and issued by the Weather Service Office when the atmosphere is favorable for the development of tornadoes. The watch is issued to alert persons to be prepared to act quickly.

#### Tornado Warning

Warnings are issued by the Weather Service Office. Civil Defense sirens are sounded and information is simultaneously broadcast over radio and television indicating that a tornado has been sighted in the area or on radar. When the warning is sounded, there is a need to immediately take cover.

### TORNADO WARNING SOUNDED

When a tornado warning is sounded, residents of Redwood, Brewster Health Center, Redwood South Assisted Living and The Evergreens will be alerted by the public address system within each building.

#### STATEWIDE TORNADO DRILL

Tuesday, March 7 at 10:00 am

Brewster's two licensed care facilities, Brewster Health Center and Assisted Living, will be participating in the drill. Independent living residents can participate on your own if you choose.

### EVACUATION PROCEDURE

#### TORNADO WARNING EVACUATION PLAN

##### Brewster Health Center and Assisted Living Residents

Staff are responsible for following the evacuation plan for residents.

##### Independent Living Residents

Residents are responsible for their own safety procedures. The following lists areas of campus and where to shelter in case of a tornado warning:

##### Redwood

Move to the nearest hallway and close apartment and fire doors.

##### North and South Terrace

Move to the North or South Terrace storage areas or to the Redwood basement area.

##### Oak, Maple & Cedar

Move to the basement of each building.

##### Stone House

Move to the basement.

##### The Evergreens

Shelter in an interior room or the Community Room.

##### Aspen and Birchwood Cottages

Shelter in the basement or interior room.

##### Grand Homes

Shelter in the basement or interior room.

##### Cottonwood Villas

Shelter in the basement storm shelter.

##### Cultural Arts Center

Shelter in the basement storm shelter. ■

## BREWSTER BLOG

BREWSTERLIVING.ORG/BLOG

### What is a blog?

A blog (or weblog) is a regularly updated website or web page, and can either be used for personal use or to fulfill a business need. The Brewster Blog is a separate page of the Brewster website and is updated regularly with helpful information, tips, and stories. We urge you to check it out. Below is the latest blog post to give you a taste of what's it's all about. Enjoy!

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### **“I really don’t care what other people think.”**

*On Broadway, when a new show opens, everyone waits to read the reviews the next morning. When a new restaurant opens, everyone wants to talk to someone who has eaten there. A student will do a Google search for “which school has the best nursing program? Someone thinking about their future will wonder “where is a great place to live when I retire”? (Brewster Place!)*

*It really does matter what other people think! Even though everyone’s experience may be different, everyone is looking for the same thing – information on which to base their best decision about investing their resources.*

*You can easily, effectively and powerfully contribute to the success of the decisions of others by simply writing a review. A Pew Research survey shows that over 80% of US adults read reviews before they decide to make a purchase.*

*If you have read, but never written a review, give it a go! If you wanted to write one for Brewster Place, that would be great!*

*For more details and links to follow to make it easier to write and post a review, check out the Brewster website blog page for details! ■*

## THANK YOU ALL!

VALENTINE’S DAY CARD GOAL MET

**I**n February Creative Arts Coordinator challenged residents and staff to once again decorate Valentine’s Day cards for clients of Meals on Wheels as well as residents at Brewster Health Center. The goal this year was to make 1,300 cards. That was a lofty goal indeed, but amazingly we surpassed that goal with a total of 1,314 Valentine’s Day cards.

Brewster Place is part of the Topeka community and we are proud to support those in need. What should be the goal next year? Let Sam know when you thank her for organizing and preparing cards to be decorated for this annual “spread the love” event! ■

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## BLOOD PRESSURE CLINIC

**B**rewster’s Community Health department is partnering with Interim Health to provide free blood pressure clinics once again. The clinics will be the first Wednesday of the month in the Winchell Wellness Center at 1:00 pm. ■

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## TUNE-UP TUESDAYS

**Tuesday, March 21**

**11:00 am—1:00 pm**

**Cultural Arts Center**

Tune-Up Tuesday is a time where members of Brewster’s therapy team will assist you in making sure your assistive devices (walkers, wheelchairs, canes, etc.) are in good working order and can be used safely. The next Tune-Up Tuesday will be on June 20, so take advantage of this free service. ■



**M**ore room, more storage and less cost! Redwood 305 is a two bedroom, two bath apartment with wonderful morning light, which can be enjoyed on the large private balcony. This east-facing 1,040 square foot apartment has newer built-ins that add warmth and storage in the second bedroom that also doubles as a den. Books, linens, photos and other family keepsakes can be stored close-at-hand in this lovely apartment. A large walk-in closet in the master bedroom is another plus for storage and convenience.

Redwood 305 is move-in ready, and is being offered at a lower price during the Redwood construction period.

Two discounts are now in place for our **catered living** apartment homes on the second, third, and fourth floors of Redwood.

- A ten percent (10%) construction special discount is being offered on the investment entry fee.
- A Veterans discount is now in place for Veterans or their spouse at a fifteen percent (15%) discount off the investment **entry fee** for **catered living** apartments.

These discounted plans cannot be used together and will be available for a limited time. Apartments range in size from a 500 square-foot one-bedroom Carlton to a 1,040 square-foot two-bedroom apartment home. Enjoy three meals a day plus laundry services as part of the **catered living** monthly fee! ■

*Remember, you can help choose your future neighbors and receive a bonus! Residents who make a referral to Brewster will receive one month's free rent once the friend moves in!*

**Contact Chris Gallagher with Sales and Marketing at 785-274-3351.**

## PROOF THAT PARTICIPATION INCREASES JOY



**Ernie Douglas and Warren Schriener** are part of a *troublesome* foursome who play cards at the Cottonwood Villas lounge. The game is intense with a few shouts and lots of laughter. Players not pictured are Dave Sterbenz and Glenn Wehking.



**Virginia Thompson** joined other Brewster Health Center residents for a Super Bowl Party in February. Their support must have been a success as the Kansas City Chiefs won the Super Bowl!



**Beverly Robards** is an accomplished pianist and has given many programs at Brewster Place. She had the honor of playing the last concert at Redwood on the Steinway before renovation began. Don't worry, the Steinway is in a safe place and will return once renovation is complete!



# OFF CAMPUS — A few highlights!

## **NELSON-ATKINS ART MUSEUM TOUR**

**Thursday, March 2 | 8:30 am | Shuttle (pick up from RW and EV)**

Let's head to Kansas City to exploration of works of art from across the collections at the world famous Nelson Atkins Museum. A skilled volunteer docents will facilitate a lively and interactive discussion as you are introduced to some of the museum's biggest highlights. Galleries visited may include: African art, Contemporary art, Photography, European art, American art, Ancient art, Native American art, and art from China, Japan, and India. Tour costs \$10. Lunch is a Dutch treat. Transportation is \$13. Please call Jamie at 785-274-3398 to make reservation as space is limited.

## **THE WORLD FAMOUS GLENN MILLER ORCHESTRA**

**Saturday, March 4 | 6:30 pm | Shuttle (pick up from RW and EV)**

On Stage Live presents **The World Famous Glenn Miller Orchestra** is the most popular and sought after big band in the world today for both concert and swing dance engagements. With its unique jazz sound, The Glenn Miller Orchestra is considered to be one of the greatest bands of all time. The present Glenn Miller Orchestra was formed in 1956 and has been touring consistently since, playing an average of 300 live dates a year all around the world. Erik Stabnau is the orchestra's present music director. Please call Jamie at 785-274-3398 to make reservation for transportation. Tickets are \$49.11 and must be purchased on the On Stage Live website.

## **TOPEKA FESTIVAL SINGERS**

**Monday, March 6 | 6:30 pm | Shuttle (pick up from RW and EV)**

The Singers will continue their season of hope with songs on the Hope of Loving. Tickets are \$15 at the door. Please call Jamie at 785-274-3398 to make reservations for transportation.

## **CHEAP AND CHEERFUL SHOPPING AND LUNCH**

**Wednesday, March 8 | 10:00 am | Shuttle (pick up in RW or EV Lobby)**

We will wander the shopping spots for bargains in Topeka. We will certainly stop for a delicious lunch and to rest our legs. Please call Jamie at 785-274-3398 to reserve spot for bargains.

## **HISTORIC TOUR OF TOPEKA**

**Wednesday, March 22 | 1:00 pm | Shuttle (pick up from RW and EV)**

We are excited to invite long time Topekan Don Chubb to hop on the Brewster bus and tell us a little about Topeka's sordid past. We will stop for ice cream which is Dutch treat. Please call Jamie at 785-274-3398 to make reservation as space is limited.

## **CASINO AND TRIP TO ST. MARY'S**

**Wednesday, March 29 | 9:30 am | Shuttle (pick up in RW or EV Lobby)**

Are you looking for a fun day out? Let's start at the casino as the yummy lunch buffet is back open. Then we will check out the unique shops in St. Mary's. Lunch is Dutch treat. Transportation is \$13. Please call Jamie at 785-274-3398 to make a reservation as space is limited.

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## **FUTURE EVENTS**

### **New Theatre and Restaurant**

**Wednesday, April 26 | 10:00 am | Shuttle**

Million Dollar Quartet is back by popular demand. All the excitement, all the energy, all the thrills of watching the birth of Rock 'n' Roll by four of its greatest innovators. Once the live band is on stage kicks in, sitting still is nearly impossible. Rock icons Elvis Presley, Johnny Cash, Jerry Lee Lewis and Carl Perkins will take you back to Sun Recording Studios where they gathered for one unforgettable night. Cost is \$35 for lunch and ticket. Transportation is \$13. Please call Jamie at 785-274-3398 to make reservation as space is limited.

# ON CAMPUS — A few highlights!

## **SARA TUCKER PRESENTS: MUSLIM WOMEN'S CHANGING LIVES**

**Wednesday, March 1 | 2:00 pm | Main Street Chapel**

Sara Tucker, a former Washburn University professor and current Brewster resident, has spent many hours studying history and women's studies. She will explain Muslim women and their complex history. The story of women under Islam is actually a complex one. Earliest era Muslim women had perhaps more rights than any other women in 7<sup>th</sup> century civilizations. Then many, but not all, lost status over the next 1200 years. The modern era brought more positive change to some - but definitely not all.

## **CORNERSTONE BOYS CHOIR**

**Thursday, March 2 | 12:30 pm | Main Street Chapel**

Come enjoy the beautiful songs of the Cornerstone High School Boys Choir. They are preparing for nationals and will share their gift of song with us.

## **SCHRIMMER SINGERS**

**Thursday, March 8 | 6:00 pm | Cultural Arts Center**

Come enjoy the wonderful music of Mike and Brenda Schrimmer. They will get your toes a tapping.

## **MARTY EDWARDS SING-ALONG**

**Saturday, March 25 | 6:00 pm | Main Street Chapel**

Due to the construction, we are moving this popular evening activity to the Chapel. Be sure to come, sing, and listen to our fabulous Marty sing the songs of the days gone by. It is a great time.

## **NEW BOOK TALK WITH MARJORIE VAN BUREN**

**Tuesday, March 28 | 10:00 am | Main Street Chapel**

Marjorie (aka M. J.) Van Buren has a new novel to share. *The Coroner Had No Comment* is a "cozy" mystery, set in the 1970s, when a locked room murder rocks the counterculture community in Topeka, Kansas. Did you know Topeka even had a counterculture community? Marjorie will read excerpts from the book, and talk about how it happened. She'll also have a few copies available to sell and sign. (Amazon has it now as paperback or e-book.) And, no — no real Topekans appear in this book! It is fictional, and Marjorie says any similarity to any real person, living or dead, is purely coincidental and not intended by the author.

## **MOVIE DAY IN — NORTH BY NORTHWEST**

**Tuesday, March 28 | 1:00 pm | Cultural Arts Center**

We are going back to 1959 with one of Alfred Hitchcock's greatest movies. Madison Avenue advertising man Roger Thornhill finds himself thrust into the world of spies when he is mistaken for a man by the name of George Kaplan. Foreign spy Philip Vandamm and his henchman Leonard try to eliminate him but when Thornhill tries to make sense of the case, he is framed for murder. Now on the run from the police, he manages to board the 20th Century Limited bound for Chicago where he meets a beautiful blond, Eve Kendall, who helps him to evade the authorities. His world is turned upside down yet again when he learns that Eve isn't the innocent bystander he thought she was. Not all is as it seems however, leading to a dramatic rescue and escape at the top of Mt. Rushmore.

## **SWING DANCE CLASS AND DEMONSTRATION**

**Tuesday, March 28 | 6:30 pm | Cultural Arts Center**

We are excited to try something new hosted by Lindy Swing Dance. We will have a demonstration taught by Mark Elliott and Emily Hartford. Afterwards, those interested in a few swing dance moves will be able to learn from Mark and Emily.

## **CHAT AND GET PHAT — NCAA FINAL FOUR CELEBRATION**

**Thursday, March 30 | 9:00 am | Cultural Arts Center**

Join us for a fun celebration of NCAA basketball. Will KU or KSU still be in the tourney? We hope so!