

WEEKLY BULLETIN SEPT 20—26	IN-PERSON ACTIVITIES Activities Jamie Fritz 274-3398 Arts/Crafts Kris Saia 274-3317 Exercise Julie Schmanke 274-3313 Vespers/Chaplain Caroline Vautrinot 274-3349			BPTV 1960 PROGRAMS Suggestions, Questions, Schedule Janis Swanson 274-3389
MONDAY, SEPTEMBER 20 Happy Birthday Alicia Salisbury <div style="border: 1px solid black; border-radius: 15px; padding: 5px;"> <p>PRAYER WALK View hand-painted signs and scriptures at Aspen Square</p> <p>ROCK PAINTING 1:00 pm KAC We will paint rocks to place around campus to encourage walkers.</p> </div>	8:25 am 9:30 am 9:30 am 10:15 am 10:15 am 11:00 am 1:00 pm 1:00 pm 1:30 pm 2:30 pm 4:00 pm	Low Impact Aerobics Coffee Corner Senior Circuit Sit and Bee Fit Yoga Weights/Theraband Rock Painting Cards for All Splash Dance Cardio Tread Social	8:00 am 9:00 am 9:35 am Announcements Sit 'n Bee Fit Senior Circuit 	
TUESDAY, SEPTEMBER 21 Happy Birthday Alice Barron Sue Smith <div style="border: 1px solid black; padding: 5px;"> <p>Home Nail Care Call Maxine Thuston at 274-3374.</p> </div>	8:25 am 9:30 am 9:30 am 10:15 am 11:30 am 1:30 pm 2:30 pm	Low Impact Aerobics Senior Circuit Coffee Corner Balance and Breathing Fall Prevention Tai Chi B Chi Cardio Tread	8:00 am 9:00 am 9:35 am 11:00 am Announcements Sit 'n Bee Fit Senior Circuit Resident Council Meeting (recorded on 9.9.2021)	
WEDNESDAY, SEPTEMBER 22 <div style="border: 1px solid black; border-radius: 15px; padding: 5px;"> <p>KICK-OFF WALK AND EGG SMASHING 1:00 pm BHC Parking Lot Buy an egg for \$1 (it might be hard or soft boiled) and smash it on a staff members head. We will then have our own Walk to End Alzheimer's around campus with treats at BHC after.</p> </div>	8:25 am 9:30 am 9:30 am 10:15 am 10:00 am 11:00 am 1:00 pm 1:30 pm 2:30 pm	Low Impact Aerobics Coffee Corner Senior Circuit Sit and Bee Fit Shopping at Walmart Weights/Theraband Alzheimer's Kick Off Walk and Egg Smashing Splash Dance Cardio Tread	8:00 am 9:00 am 9:35 am Announcements Sit 'n Bee Fit Senior Circuit	
THURSDAY, SEPTEMBER 23 Happy Birthday Jo Ann Carlson Diana Reed Dave Sterbenz	8:25 am 9:30 am 9:30 am 10:00 am 10:15 am 10:15 am 11:00 am 1:00 pm 1:00 pm 1:30 pm 2:30 pm	Low Impact Aerobics Senior Circuit Coffee Corner K4 Digital Photo Session Yoga Balance and Breathing Episcopal Service Rummikub Deo Gloria Singers B Chi Cardio Tread	8:00 am 9:00 am 9:35 am Announcements Sit 'n Bee Fit Senior Circuit	
FRIDAY, SEPTEMBER 24 Happy Birthday Bill Larson <div style="border: 1px solid black; border-radius: 15px; padding: 5px;"> <p>WALK TO END ALZ CAMPUS PARADE 1:00 pm Campus Wide Floats, marching band and more!</p> </div>	9:30 am 10:00 am 1:00 pm 1:00 pm 2:00 pm 2:30 pm 4:00 pm	Coffee Corner Shopping at Dillons Walk to End Alzheimer's Campus Parade BINGO Rummikub NEW Pickleball Group Happy Hour	8:00 am 9:00 am 9:35 am Announcements Sit 'n Bee Fit Senior Circuit 	
SATURDAY, SEPTEMBER 25	10:15 am 1:00 pm 4:00 pm	Yoga Mexican Train Dominoes Social	<div style="border: 1px solid black; border-radius: 15px; padding: 5px;"> <p>WALK TO END ALZHEIMER'S 9:05 am Lake Shawnee Shelter House 1 and 2 Brewster staff hosts the Kid's Corner</p> </div>	
SUNDAY, SEPTEMBER 26	1:00 pm 1:00 pm 2:30 pm	Worship Service Mexican Train Dominoes Vespers		

PLEASE NOTE

FLU SHOT CLINICS

Senior Care has not received flu shots yet, so our Flu Shot Clinics for September 21—23 are postponed. We are looking at the first week of October. Stay tuned for more information. Thank you!