



EXPLORE THE JOYS OF LIFELONG LEARNING

BREWSTER IS A PROUD SPONSOR OF KU OSHER LIFELONG LEARNING



In January 2007 Brewster announced that it became a “Pioneer Partner” with the **Osher Lifelong Learning Institute at the University of Kansas**. This partnership has continued since then with Brewster hosting classes in the fall, spring and summer. We are excited to offer in-person classes once again. Brewster residents and members of BrewsterConnect can attend the following classes for free.

AMERICA'S FIRST LADIES

Tuesdays, June 1, 8 and 15

1:00—3:00 pm

Brewster Cultural Arts Center

Behind every successful man, there is a woman, and throughout history, America's First Families have embodied this saying. The role of America's First Lady is ever changing with each new occupant of the White House. They are embedded in our memory as activists and leaders of the causes they championed. Women such as Eleanor Roosevelt, Betty Ford, Abigail Adams, and Hillary Clinton have advanced discussions on once-taboo subjects and have led as fascinating lives as their husbands. This course will examine the often-secluded lives of these women, their actions behind the scenes and their impact on our nation.

Instructor Bio: Tyler Habiger holds a bachelor's degree in American politics and theatre and a master's in human services from Drury University. He has served as a college instructor and is now happily employed at KU Endowment in Lawrence.

All Osher classes require pre-registration. Please call Jamie at 274-3398 to register. Classes will be held in-person at Brewster Place and the public is allowed to attend.

TEDDY ROOSEVELT: AN AMERICAN ICON

Tuesdays, July 13, 20 and 27

1:00—3:00 pm

Brewster Cultural Arts Center

Theodore Roosevelt sits atop Mount Rushmore, nestled between Thomas Jefferson and Abraham Lincoln. He was chosen to be a part of this historical structure in 1927 because he was considered among our greatest presidents, a position he retains among historians today. We'll examine T.R.'s life, overcoming debilitating asthma as a child to build a reputation as a robust outdoorsman, astute politician, pioneering conservationist and international statesman. Roosevelt was New York City's police commissioner, assistant secretary of the Navy, volunteer Rough Rider, New York governor and vice president before becoming the youngest president at age 42 following William McKinley's assassination in 1901.

Instructor Bio: Jim Peters, J.D., is director emeritus of the Osher Lifelong Learning Institute at KU and author of *Arlington National Cemetery: Shrine to America's Heroes*. He also teaches a course on the Underground Railroad in Northeast Kansas. ■

MISSION

Brewster Place is a retirement community providing all of its residents opportunities for an optimal quality of life.



The Brewster Health Center is accredited by The Joint Commission.

EVERYONE HAS A STORY TO TELL

LT COL J U RICKS

BY DIANA REED, RESIDENT



Our Brewster community is filled with many armed services veterans. This month we proudly lift up Vietnam veteran J Ricks.

Lieutenant Colonel J Ricks is a native of Port Arthur, Texas. After high school graduation, J attended the University of Texas for one year. In 1952 he signed up for the Air Force in their aviation cadet program. He went to Harlingen Air Force Base in Texas for five months to their navigator bombardier school and finished bombardier training in December 1953 in Sacramento, California. He was commissioned as a second lieutenant.

Mather Air Force Base in Sacramento was his assignment in May 1954. It's here where a beautiful girl caught his eye at an officer's club dance. J learned that Pauly was a nurse from Canada who worked at a children's hospital in Sacramento. He asked her to marry him after four dates. She said "Yes," after five dates! It must have been in the stars!

Soon J was assigned to a B-36 crew in Ft Worth, Texas. He flew on 24-hour navigator missions. This was on B-36 planes with six prop engines and later four jets for more boost.

J took twelve days leave to go to Yorkton, Saskatchewan to get married to Pauly. You can't lose a good dance partner! The young couple began to travel. In 1955 J went to pilot training in Mission, Texas and

from there to Bryan, Texas for jet training. He then went to Elgin Air Force Base Field Nine in Florida and flew four different planes. By the time the family was sent to Myrtle Beach, South Carolina, they had two children. The next moves prepared J for the war in Vietnam. They moved to France, then to Ohio and from there to a large military base in Okinawa, Japan in March 1966. J's wife and four children lived with fair housing, a school, a beach, a hospital, and the company of other families. While J's family was in Okinawa, J flew missions in Vietnam and came back for several days at a time for rest and relaxation when possible before flying missions again. The Ricks' fifth and last child was born in Okinawa. They were there for about three and a half years.

From Vietnam, J went to Lockbourne Air Force Base, south of Columbus, Ohio. He was promoted to the rank of lieutenant colonel. He also earned two college degrees from the University of Nebraska, through a program called Operation Bootstrap. One degree was in business and the other in military science.

J's final move was to Forbes Air Force Base in Topeka in 1971. He was Director of Transportation and Squadron Commander. He retired in 1973.

What made this Air Force bombardier pilot who flew missions in Vietnam, who had a distinguished career, retiring as a lieutenant colonel most proud of his past

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FROM the CHAPLAIN REV. CAROLINE VAUTRINOT, M.DIV

FEEL THE SPIRIT OF GOD

This time of year, when we are surrounded by windy conditions, I cannot help but think of Pentecost. Occurring fifty days after Easter, Pentecost is the day when Christians celebrate the coming of the Holy Spirit amongst Christ’s apostles and the world.

We are told that on the day of Pentecost, a sound like a rushing wind swept through the crowd and tongues of fire were present. The imagery of rushing wind stands out at this time of year when I feel the wind gusting by me, tugging at my hair. I can imagine the Pentecostal scene. Everyone’s clothes and hair being whipped around in the sudden gale that sprung out of nowhere only to disappear again.

The wind is often shown as the spirit of God throughout the Bible, signifying the creative power of God and the breath of life. The spirit of God symbolized by wind can be

a powerful reminder in our daily lives of our connectivity to one another. Just as the Holy Spirit connects us to God, it also connects each of us to one another.

It is a connection of love that nothing can sever; despite safety measures or distance. This is a connection that enhances our resiliency in times of stress, as we know we are part of a larger community that is always there for us. Whether that community is that of the Family of God, or the smaller community we have here at Brewster, each one of us is connected.

As you spend time out-of-doors this month – or even sitting by an open window – take a moment to feel the wind on your skin. Feel the wind and think of these words from Nicolas Sparks’ *A Walk to Remember...* God’s “love is like the wind, you can’t see it but you can feel it.” ■

BIBLE STUDY
SERMON ON THE MOUNT
Tuesdays in May
1:00 pm | Main Street Chapel



Join Chaplain Caroline for this new Bible Study, Sermon on the Mount. Each Tuesday in May the group will look at the Gospel of Matthew’s rendition of Jesus’ famous sermon. Each week a different portion of the text will be studied and discussed as to its meaning and context.

You are invited to join Chaplain Caroline for this meaningful discussion and greater understanding of this important Biblical moment. ■



**VOLUNTEERS
NEEDED**
PIANISTS FOR WORSHIP

Are you musically talented? Are you looking for a wonderful volunteer opportunity right here at Brewster? Do you like to play the piano for others? Chaplain Caroline is looking for a few piano players who would like to volunteer their gifts to enrich the 1:00 pm Worship Service on Sundays at Brewster Health Center. The schedule will rotate so you will not need to commit to every Sunday. If you would like to learn more, please contact Chaplain Caroline at 274-3349. ■

at the **KITCHEN TABLE**



PONDER & STIR
WITH SHARON ADERMAN

“A good cook knows that while she is waiting for her bread dough to rise — she can make all the beds in the house, practice a Bach fugue, and dig up and transplant all the pot-bound plants.”

I have always loved May Day, delivering May baskets to neighbors, family and friends. In our family we didn't do “fancy or complicated” when it came to May baskets. We made paper cones with paper handles, or used paper cups with ribbon handles. Always adding a flower or two and candy — usually fudge. The thrill was ringing the doorbell on the front porch and then running like mad to hide and giggle while waiting for someone to open the door.

FIVE MINUTE FUDGE

Mix 2/3 cup Carnation milk, 1 and 2/3 cup sugar and 1/2 tsp salt in a heavy saucepan. Bring to a boil, cook five minutes, stirring constantly. Remove from heat. Add 16 medium, diced marshmallows and 1 and 1/2 cups chocolate chips plus vanillas flavoring. Stir vigorously for 1 minute, then pour into a buttered 8” pan. Cool and cut into squares. Wrap in wax paper then add to your May Day baskets. ■



BPTV Channel 1960
Your go-to place for daily news, announcements, updates, music, classes, and fun photos!

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years of service?

“It’s my family that makes me most proud,” J said. “I am most thankful for my five kids, my 13 grandkids, my great grandchild and my late wife.” His eyes filled with loving tears.

J has traveled to many places in the world. When asked about all the places he had been to — whether due to military assignments or personal travel — what location did he like best?

Lt. Colonel Ricks thought for a moment and quietly spoke, “My wife and I did some traveling. We went to Ireland, Germany, Spain, England, Scotland, Australia, and New Zealand. We cruised the Alaskan Inner Passage, Boston, Montreal, and Eastern Canada. I loved seeing those places with Pauly the most.”

J Ricks gave so much to our country, it is difficult to imagine the sacrifice. But, he kept the best for his children, his grandchildren, and precious great-grandchild. To his wife, he kept the very best.

Lt. Col. J Ricks, we thank you for your service! ■

YOU ARE INVITED!

PAULINE YOCKEY BIRTHDAY *and* BON VOYAGE CELEBRATION

Pauline’s birthday is September 14, but her family invites you to this early celebration as she is also moving to North Carolina to be closer to her kids. Staff and residents invited! No gifts please.

Sunday, May 2
2:00—4:00 pm
Klinge Activity Center

VOLUNTEER OPPORTUNITIES BREWSTER BEAN AND THE MARKET



We could use your help at the Brewster Bean and The Market on Main Street. Do you enjoy visiting with residents and staff? These volunteer opportunities require some light (very easy) food preparation and use of technology. If you are interested, please call Lea Chaffee at 274-3305. ■

SINGERS NEEDED! JOIN THE BREWSTER CHOIR

Chief Operating Officer and all-around musical talent Lea Chaffee is forming a special staff and resident choir. The choir will have four practices, a dress rehearsal and a special performance at our Independence Day celebration on July 1 at 2:00 pm. Members will learn one song for the performance.

If you are interested in dusting off your singing chops and want to join, please call Lea at 274-3305 or email her at Lea.Chaffee@BrewsterLiving.org ■

AQUATIC CENTER

The Brewster Aquatic Center has been open for several months and we want your feedback about how it's going. Please contact Serena Kent, Director of Resident Services, at 274-3395 with your thoughts. ■



facebook.com/brewsterplace.org



We are excited to launch our K4 technology in the next few months. This technology and app is specifically designed for senior living communities. The user-friendly system facilitates resident engagement by allowing residents to view the monthly activity calendar, register for upcoming events and classes, and so much more.

If you are interested in attending an informational meeting to learn more about this program, please reach out to Serena Kent, Director of Resident Services, at 274-3395 or email her at Serna.Kent@BrewsterLiving.org. ■

INTERESTED IN WOODCARVING?

Our instructor extraordinaire Mike Keil is returning for a class Monday, May 24 at 1:00 pm. Beginners are welcome! Call Kris Saia 274-3317 for details.

NAIL CLINIC CHARGES

Beginning May 1, Cheryl West will increase her price to \$20 for toe nail clipping. This is due to increase cost of supplies. ■



CREATIVE ARTS WITH KRIS SAIA

BREWSTER ART CAMP

A week full of creative shenanigans! We had so much fun last summer at our first Art Camp, we are doing it again. No artsy-craftsy skills are necessary, and all supplies are provided for our projects. Space IS limited, so please call Kris Saia at 274-3317 today to save your spot.

SHIBORI TIE DYE

Monday, May 10

1:30 pm | Klinge Activity Center

Join us to practice Shibori — a traditional Japanese art of folding and binding fabric for tie-dyeing. We will dye dishtowels with beautiful indigo in different patterns. Help us make a stack for the Brewster Bazaar or make one to take home!

CREDIT CARD ART

Tuesday, May 11

1:30 pm | Klinge Activity Center

Calling all free spirits! Join Kris to paint some vivid abstract designs — without paintbrushes! We will use plastic credit cards to move vibrant paint around the canvas. Fun, free-wheeling, and absolutely no painting skills needed. All supplies provided (including plastic gloves).

{ no experience necessary
just come and create! }

ART BAR

Wednesday, May 12

1:30 pm | Klinge Activity Center

What do shaving cream, baggies, tinfoil and bubble wrap have in common? All ingredients for making some very interesting greeting cards! Our Art Bar will include blank greeting cards, paper and all the fix-in's for printing a stack of wonderful stationery to take home with you.

SILK SCARVES

Thursday, May 13

1:30 pm | Klinge Activity Center

So pretty! We'll start with plain white silk scarves, and end up with beautifully-colored pieces of wearable art. Easy and fun to make — every scarf turns out differently. Can't wait to see yours'!

PATRIOTIC SUNFLOWER DOOR DECORATION

Friday, May 14

1:30 pm | Klinge Activity Center

Kansas sunflowers are usually golden, but this time, we are making them red, white and blue! Let's paint some banners to get your door ready for Independence Day. Come, sit, paint! ■



HOME OF THE MONTH

THE EVERGREENS G-4

With all the new amenities adjacent to The Evergreens, this ground floor apartment is the perfect space to enjoy being close to what's happening!

The Evergreens G-4 is located on the west side of the building just about 60 paces from the Brewster Bean — our quaint coffee shop that serves lots of great items including hot coffee! This home is perfect for an individual or couple!

The Evergreens G-4 is nearly move-in ready with indirect lighting in the living room with an updated kitchen featuring beautiful cabinets and white appliances. Both the master and guest bathrooms feature onyx easy-to-step-in showers already in place. To complete this lovely home, all you need to do is choose your flooring and paint colors and a move-in date could be

just in time for summer.

Your summer can be enjoyed on the oversized patio, that is nearly twice the size of most outdoor spaces at The Evergreens. The view includes the lovely outdoor eating area of The Evergreens Grill, and of the neighborhood to the south of the Brewster campus. This home is also upgraded with plumbing and electrical hooks ups for a washer and dryer.

To take a private or small group tour of this Evergreens apartment with loads of upgrades, please call Lifestyle Consultants Chris Gallagher at 274-3351 or Kathy Clark at 274-3314. Remember, you can help choose your future neighbors, and receive a bonus! Residents who make a referral to Brewster will receive one month's free rent once the friend moves in! ■

SAVE THE DATE!

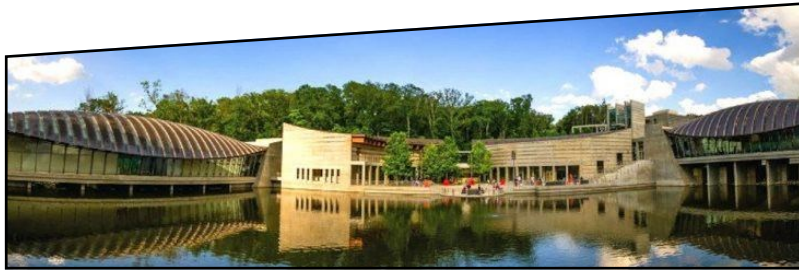
BREWSTER VETERANS HALL OF HONOR CELEBRATIONS WEEK OF MAY 24

Preparations are being finalized for the unveiling and opening of the Brewster Veterans Hall of Honor. We hope you'll join us the week of May 24 for special events and the unveiling of the 109 Honor Tiles on the beautiful black granite wall. We hope you'll take time to tour the Veterans Hall of Honor during the Memorial Day weekend. And remember, you can still purchase Honor Tiles that we will continue to add to the Hall in the future. ■

THANK YOU!

BREWSTER WOODSHOP CLUB

Recently the Brewster Woodshop Club received a request from a very special grandmother. Her grandson, Dawson, has cerebral palsy and required a special desk in order to get his wheelchair under the top. This type of desk is not commercially available. Dawson's grandmother asked the woodshop fellas to build a desk that had 36" of clearance. She furnished the materials and made a contribution to the woodshop. Brewster's cabinet supplier painted the desk with a special finish. This was a rewarding and fun project and made a huge difference in Dawson's life. Thank you to everyone who made this happen! ■



AUGUST EXCURSION!
**CRYSTAL
BRIDGES TRIP**
AUGUST 25—27, 2021

Activities Coordinator Jamie Fritz is planning another big trip to Crystal Bridges in Arkansas. This trip has been a favorite in the past and she’s excited to offer it again. The trip will include:

- Crystal Bridges Museum of American Art
- Lowell Miliken Center for Unsung Heroes
- Walmart Museum
- Momentary Museum
- Museum of Native American History
- Guided Tour of Bentonville, Arkansas
- Louisburg Cider Mill

**Non refundable after July 15.
Please call Jamie at 274-3398 for reservations.**

DETAILS

- ▶ Three days, two nights with lodging in Bentonville, Arkansas
- ▶ Double Occupancy \$475 per person
- ▶ Single Occupancy \$565 per person
- ▶ Luggage handling
- ▶ Two breakfasts, two lunches, two dinners
- ▶ Deluxe motor coach transportation
- ▶ Escorted by Jamie Fritz ■

WE CELEBRATE WITH GRATITUDE



Virginia Kaufmann enjoyed the sunshine and grilled hotdogs with fellow residents and staff during an April outdoor event. It is great to gather again — according to county protocols, of course! April brought sunshine, rain and even some snow, but it didn’t dampen our spirits for what’s to come this spring and summer!



Norma and Ernie Douglas also enjoyed the grilled hotdogs and fellowship with friends. One of the best things about living at Brewster Place — a sense of community!



David Wexler and Susan Holm attended the first birthday party after a year-long hiatus due to the pandemic. Residents enjoyed cake and ice cream in the Cultural Arts Center. We are so grateful for our residents and staff!

ON CAMPUS — A few highlights!

BIRTHDAY CELEBRATION

Thursday, May 13 | 2:00 pm | Cultural Arts Center

Let's celebrate the gift of another year of life with cake and ice cream. Please join the resident services team in celebrating residents with May birthday and anniversaries.

CALLING ALL SINGERS!

Fridays, May 14 and 28 | 2:15 pm | Cultural Arts Center

It's time to reinstate the Brewster Singer for a special performance. Lea Chaffee has offered to direct our new group of singers. If you have a joy for singing, please join our group of both staff and residents. Please call Jamie at 274-3398 to reserve a seat in the choir.

HUMANITIES KANSAS BOOK TALK

Tuesday, May 25 | 2:00 pm | Brewster Bean

We have received a grant from Humanities Kansas for a book group titled Ghost Stories. Literature, like folklore, is filled with the spirits of the dead: King Saul asks the Witch of Endor to call up Samuel's ghost; Odysseus tries to embrace his mother's wraith in Hades; and Hamlet asks whether his father's image is ghost or demon. People tell stories to try to explain what death is, where loved ones go, and why the good suffer. The books in this series represent some classic explanations. Our first book is *The Haunting of Hill House* by Shirley Jackson (1959). A lonely woman is strangely drawn to a house that others find hateful. We gradually discover what it is in her past and in the house's past that draws them together. This story provides some truly scary moments. Book Discussion Leaders: Tom Prasch. Other books in the series are *The Woman in Black* and *The Graveyard Book*. Please call Jamie at 274-3398 for a copy of the books.

OFF CAMPUS — A few highlights!

FLOWER SHOPPING

Tuesday, May 4 | 10:00 am | Lobbies

April showers bring May flowers. Let's go check out the local hardware store for flowers to decorate your home. Please call Jamie at 274.3398 to sign up.

DAY OUT IN MANHATTAN

Wednesday, May 5 | 9:00 am | Lobbies

We will start with a beautiful drive to Manhappiness then a guided tour of the Insect Zoo at KSU. The zoo features a number of exciting educational exhibits, including a Tropical tree/flooded Amazonian Rainforest, Tropical Nighthouse (Cave), Observation Beehive, a Mock Kitchen, a Freshwater Display, and a number of terraria with numerous species of tropical insects, tarantulas and spiders, scorpions, and other arthropods. We will also tour the KSU gardens. We will then rest our feet at a yummy lunch in Manhattan followed by ice cream at Call Hall. Please call Jamie at 274-3398 to make a reservation. Transportation is \$13. Tour fees are \$4.25. Lunch is Dutch treat.

FIRST FRIDAY ARTWALK

Friday, May 7 | 5:00 pm | Lobbies

We will travel to some of the wonderful art spots that Topeka has to offer. We will not stop for dinner so eat before you come. Please call Jamie at 274-3398 to make a reservation.

TRIP TO SABETHA

Wednesday, May 11 | 9:30 am | Lobbies

We will start our day with a leisurely drive down Hwy 75 to Sabetha Kansas. We will stop at Brick Street Furniture Company and Wine Lounge where we will shop and have a delightful lunch. Then we will proceed back home with a stop or two on the way back. Please call Jamie at 274-3398 to reserve a seat on the bus.

SCENIC SPRING DRIVE

Wednesday, May 12 | 10:00 am | Lobbies

Enjoy a beautiful morning drive around the city. Please call Jamie at 274-3398 to reserve a seat on the bus.

TRIP TO VIEW WORLD WAR II VEHICLES

Wednesday, May 12 | 1:00 pm | Lobbies

We will travel to Billard Airport Hanger and look at WWII vehicles that Mr. Mogge has collected over time. Please call Jamie at 274-3398 to reserve a seat on the bus.