

January 27, 2021

Brewster Place Independent Living has new interventions effective through Tuesday, February 23.

Below are a series of questions and answers to help you better understand what is expected during this time.

FREQUENTLY ASKED QUESTIONS:

Q. What does quarantine mean?

A. Quarantine means a person is secluded in their home out of precaution. While in quarantine a person remains in their home and does not venture out to retrieve mail, walk the halls, or engage with others outside their household. Residents in quarantine may receive certain services from Brewster staff.

Q. What does isolation mean?

A. Isolation means a person has been or is suspected of having COVID-19. Residents in isolation in Independent Living do not interact in person with anyone including staff unless being assessed or transferred to the COVID neighborhood in Brewster Health Center.

Q. How do I dispose of my trash when I'm in quarantine?

A. Please bag and set your trash outside your front door on the day your housekeeping is usually done. Brewster staff will dispose of the trash for you.

Q. Can I walk my dog while I'm in quarantine?

A. No. You must remain in your home while on quarantine. Contact the Security at 274-5000 to arrange for someone to walk your dog.

Q. How can I get groceries and other necessary items while I'm in quarantine?

A. Your family may drop off deliveries for you at the security office in Redwood. Brewster also provides personal shopping as a service to individuals in quarantine. **Please contact Security at 274-5000 to request this service.**

Q. How do I get my mail while I'm in quarantine if I live in Redwood or The Evergreens?

A. Call Security at 274-5000 and they will get your mail key from you and run your mail up to your apartment and return your key to you.

Q. Can I continue to get housekeeping and laundry services if I am in quarantine?

A. Call the Help Desk at 274-3399 for further information.

Q. Can I go to the store, the salon, or other destinations off campus?

A. Yes. However, a 14-day quarantine is required if you leave campus, go inside of the destination and return. Brewster will not transport to or from any of these locations.

Q. Can I visit my family and friends outside without quarantining for 14 days?

A. Yes. All parties must maintain social distance and wear a mask the entire time.

Q. Is quarantine required if I go to a medical appointment?

A. No, however you should limit your contact with others anytime you leave campus and return. Residents are encouraged to contact their physician to discuss whether routine medical appointments should be held or postponed at this time.

Q. Can I drive myself to medical appointments without having to self-quarantine?

A. Yes

Q. Can family drive me to medical appointments without having to self-quarantine?

A: Yes

Q. Can I go to the drive-thru pharmacy, drive-thru bank, and drive-thru restaurants without having to self-quarantine?

A: Yes

Q: Can I go inside the grocery store or a restaurant without having to self-quarantine?

A: No, but you can do curbside pick-up at grocery stores and restaurants.

Q: Can I do curbside pick-up for my groceries without having to self-isolate?

A: Yes

Q: Can I go to an outdoor park or walking trail without having to self-quarantine?

A: Yes

Q: Can I go on a drive around town?

A: Yes, as long as you do not exit your car and go into a building.

Q. Can I have guests visit me at my home at Brewster?

A. Yes. You may have up to two guests at one time in your home. A 14-day quarantine is required following any such visit.

Q. Can I have overnight guests in my home at Brewster?

A. Yes. However, a 14-day quarantine is required following such a visit.

Q. Must I report to Brewster if I have visitors, leave campus, or otherwise self-quarantine?

A. Yes. Please contact the Help Desk at 274-3399 if you meet the criteria to quarantine so we may cancel housekeeping and other services. We will follow up with you to provide more information and details to help you through your quarantine period.

Q. Are the wellness centers, arts and craft studios, and swimming pool open?

A. Yes. Residents who are not in quarantine may use the Winchell Wellness Center, The Evergreens Wellness Center, the Brewster Events Center Wellness Center, art studios at Redwood and The Evergreens, swimming pool and woodshop. **These spaces must not exceed two people at a time.**

Q. May I eat or socialize with another resident in my apartment?

A. Yes. Residents who are not in quarantine may visit each other in their apartments including dining together. We recommend not more than three households gather in an apartment.

Q. Are the wellness centers, arts and craft studios, and swimming pool offering classes?

A. Yes, but class size is limited. Please call Julie at 274-3313 for exercise or swimming classes, Kris at 274-3317 for arts and crafts classes, or Jamie at 274-3398 to reserve a spot for activities.

Q. When will Brewster Place be open to families and guests?

A. Wednesday, February 24.

Q. Is Brewster open to BrewsterConnect members?

A. No. Brewster will reopen to BrewsterConnect when we reopen to families and guests on Wednesday, February 24.

Q. Do we still have to wear masks and socially distance if we've had the vaccine?

A. Yes. Brewster Place is still subject to rules and regulations determined by local, state, and federal authorities including such rules on masking and gatherings.

Q. When will we be able to do our own shopping and go off campus to visit without an automatic quarantine?

A. Wednesday, February 24

Q. Can I visit my family between now and Tuesday, February 23?

A. Yes. You may visit your family off campus at any time. However, all such visits will require a 14-day quarantine following the visit.