



December 30, 2020

I want to thank everyone for the level of caution exhibited over the last several weeks. We understand the interventions are difficult for everyone. Due to everyone's caution however, Brewster's cases declined while the number of cases were growing rapidly in Topeka. I have appreciated the phone calls and discussions with many of you and your family members which inform our decisions and aid us in continuously improving our systems. We have been more than a month with no new positive residents in Brewster Health Center. We currently have only one active case of COVID-19 among residents on campus. The single case is in Independent Living.

The transmission of COVID-19 in Topeka has fallen over the past few weeks. The daily number of new cases is now under 100. It is time to restore some semblance of normal living to campus.

- **Group activities will resume Monday, January 4** with social distance and face coverings required. Please watch for additional information regarding planned activities and how to join in these programs.
- **Dining**
  - Dining rooms in **The Evergreens** and **Redwood** will reopen for dine-in service **Monday, January 4**.
  - **The Market** and the **Brewster Bean** will open **Monday, January 11** for take-out service only.
  - If you previously established a seating time in Redwood or The Evergreens Grill, you may return to using that time. If you would like to confirm your seating time or make a new reservation please contact **Maxine at 274-3374**.
  - We will continue **free meal delivery** until **Monday, February 1**.
- **Self-quarantine** following visiting with non-campus guests or visiting a public space will cease **Monday, January 11**.
- **BrewsterConnect** members will be welcomed back on **Monday, January 11**.
- **Personal Shopping** will continue free of charge until **Monday, February 1**.

We are excited to return to a more active life on campus, but we must remember that we are still vulnerable to contracting and spreading COVID-19. It is prudent to be responsible with individual caution and I strongly encourage everyone to continue with the greatest diligence possible when making decisions to interact in public. If you must visit the store, the salon, or family, try to do so when crowds are sparse. Continue to use face coverings

and social distance. If you participate in a gathering of non-Brewster participants, consider limiting your interaction with Brewster residents for several days. **The average time from exposure to COVID-19 to development of symptoms is five days.** Carriers are considered contagious for much of that time.

Lastly, we are working very hard to bring the COVID-19 vaccine to campus. We are in contact with CVS Pharmacy and anticipate they will come to campus to vaccinate Brewster Health Center and Assisted Living in January and February. We have requested vaccine for the entire campus but have not had word from CVS regarding vaccine for Independent Living.

**We will disseminate information regarding the vaccine as soon as we have information to share.** Residents in Independent Living should not wait for the vaccine to be brought to campus. If you have the ability to get vaccinated, please do so at your earliest option.

Please do not hesitate to contact me at 274-3392 if you have any questions or have other feedback. Thank you.

**Brewster operations are in the following categories:**

- **Brewster Independent Living** recommendations detailed in this letter
- **Brewster Health Center** is in the Yellow Phase.
- **Brewster Assisted Living** is in the Yellow Phase.

Joe Ewert  
President and CEO