

**Brewster Place Independent Living has new interventions effective through November 30.** Below are a series of questions and answers to help you better understand what is expected during this time.

## **FREQUENTLY ASKED QUESTIONS**

### **Q. What does quarantine mean?**

**A.** Quarantine means a person is secluded in their home out of precaution. While in quarantine a person remains in their home and does not venture out to retrieve mail, walk the halls, or engage with others outside their household. Residents in quarantine may receive certain services from Brewster staff.

### **Q. What does isolation mean?**

**A.** Isolation means a person has been or is suspected of having COVID-19. Residents in isolation in Independent Living do not interact in person with anyone including staff unless being assessed or transferred to the COVID neighborhood in Brewster Health Center.

### **Q. How do I dispose of my trash when I'm on quarantine?**

**A.** Please bag and set your trash outside your front door on the day your housekeeping is usually done. Brewster staff will dispose of the trash for you.

### **Q. Can I walk my dog while I'm on quarantine?**

**A. No.** You must remain in your home while on quarantine. Contact the **Security at 274-5000** to arrange for someone to walk your dog.

### **Q. How can I get groceries and other necessary items while I'm on quarantine?**

**A.** Your family may drop off deliveries for you at the security office in Redwood. Brewster also provides personal shopping as a service to individuals on quarantine. Please contact **Security at 274-5000** to request this service.

### **Q. How do I get my mail while I'm on quarantine if I live in Redwood or The Evergreens?**

**A.** The mail carrier separates mail and leaves mail for quarantined residents at the front desks of Redwood and The Evergreens. Brewster staff will then deliver to the tray outside the quarantined apartment.

### **Q. Can I visit my family between now and December 1?**

**A. Yes.** You may visit your family off campus at any time. However, all such visits will require a 14-day quarantine following the visit.

**Q. Can I go to the store, the salon, or other destinations off campus?**

**A. Yes.** However, a 14-day quarantine is required if you leave campus and return. Brewster will not transport to or from any of these locations.

**Q. Is quarantine required if I go to a medical appointment?**

**A. No,** however you should limit your contact with others anytime you leave campus and return. Residents are encouraged to contact their physician to discuss whether routine medical appointments should be held or postponed at this time.

**Q. Can I have guests visit me at my home at Brewster?**

**A. Yes.** You may have up to two guests at one time in your home. A 14-day quarantine is required following any such visit.

**Q. Can I have overnight guests in my home at Brewster?**

**A. Yes.** However, a 14-day quarantine is required following such a visit.

**Q. Must I report to Brewster if I have visitors, leave campus, or otherwise self-quarantine?**

**A. Yes.** Please contact the **Help Desk at 274-3399** if you meet the criteria to quarantine so we may cancel housekeeping and other services. We will follow up with you to provide more information and details to help you through your quarantine period.

**Q. Are the wellness centers, arts and craft studios, and swimming pool open?**

**A. Yes.** Residents who are not on quarantine may use the Winchell Wellness Center, The Evergreens Wellness Center, the Brewster Events Center Wellness Center, art studios at Redwood and The Evergreens, swimming pool and woodshop. **These spaces must not exceed two people at a time.**

**Q. Must I quarantine if I have an outdoor visit?**

**A. No.** You may visit with up to two guests at a time outdoors without quarantining afterward. **All parties must maintain social distance and wear a mask the entire time.**

**Q. Can my family drop things off for me?**

**A. Yes.** Your family may drop off items for you at the **Security Office in Redwood**. Brewster staff will deliver them from there.

**Q. May I eat with another resident in my apartment?**

**A. Yes.** Residents who are not in quarantine may visit each other in their apartments to include dining together. I recommend not more than three households gather in an apartment.