



November 23, 2020

We continue to experience the global increase in COVID-19 right here at Brewster. I was notified this morning of one new positive case each in Independent Living, Assisted Living, and the Brewster Health Center. These residents were placed in isolation last week while awaiting test results. We are making great efforts to keep the virus from spreading. We need your help too.

My letter last week included instructions that residents should shelter in place at this time, to the extent possible. Our interventions do allow residents to venture into the public or to host family; however, we do require residents to quarantine if selecting this option. Please review the attached "**Frequently Asked Questions**" document carefully. If you have any additional questions please contact me at 274-3392.

It is very important that you do not congregate in public spaces even here on campus. The amenities continue to be open for individual use, however, please pay careful attention to the space you're in. There should be no more than two residents in the wellness centers, arts studios, etc. at one time. Please avoid gathering at mail boxes, the Redwood Information Center and The Evergreens Information Center and other public areas. We are observing this virus being passed between individuals even when masks are being worn. Please understand that the face coverings we wear, while very important, do not act as a virus proof shield. Being around others is still very risky.

Everyone should monitor themselves for symptoms of COVID-19. **Common symptoms may appear as minor allergies - scratchy throat, congestion. Other symptoms may include body aches, fever, fatigue, and upset stomach.** If you have any of these symptoms, **PLEASE STAY IN!** Please contact the community health nurse at 274-3342.

Brewster operations are in the following categories:

- **Brewster Health Center** operations will continue in the Red Phase.
- **Assisted Living** will move to the Red Phase.

Joe Ewert
President and CEO