

## **Brewster Health Center/Brewster Assisted Living Phased Re-opening Plan in Response to COVID-19 Pandemic**

Understanding the risks posed by the 2020 COVID-19 global pandemic, Brewster Health Center and Brewster Assisted Living (BHC/AL) will implement a phased reopening plan. BHC/AL will work to ensure the prevention of COVID-19 from entering the building, early identifications of infections, preventing spread of infection, assessing and obtaining supply of PPE and ability to identify and manage severe illness. Brewster Health Center utilizes guidance from CMS, KDHE, KDADS and is in contact with the Shawnee County Health Department throughout the pandemic and reopening. BHC/AL values the social, emotional, and physical wellbeing of all residents and acknowledges the risks posed by long term resident isolation from family members. BHC/AL considers this isolation a threat equivalent to that posed by COVID-19. In order to meet the needs of those in our care and considering the climate will change frequently, the following tiered approach will be utilized to inform re-opening. When it is necessary to change tiers, communication will be sent to residents, staff and family members.

This plan is based on factors identified in consultation with Shawnee County Health Department. In general, reopening of BHC/AL to visitors and outside services and resumption of activities will be slower than the rest of the county or community. Tiers are subject to change depending on community and Brewster Health Center COVID-19 active cases.

### ■ **RED TIER** – Red indicates the highest level of alert and safety measures

- Residents may be asked to quarantine in room based on active case(s).
- All staff will be required to screen for COVID-19 exposure and have their temperature taken before reporting to work. All staff will wear protective face masks when working with residents, in public spaces, when working in proximity to one another, when around food or dining areas, and as deemed necessary. Staff will continue to practice social distancing recommendations.
- Non-essential personnel or contractors will not be allowed in the building.
- No visitation. Essential visitors and personnel will be allowed inside Brewster Health Center in accordance with the Essential Visitor Policy.
- No group activities
- Communal dining will not occur except in situations where independent eating is difficult for the resident. In that case, residents will sit no more than 1 to a table and 6' apart.

### ■ **YELLOW TIER** – Yellow tier indicates some opening activities can occur with caution

- Staff will be required to screen for COVID-19 exposure and have their temperature taken before reporting to work. All staff will wear protective face masks when working with residents, in public spaces, when working in proximity to one another, when around food or dining areas, and as deemed necessary. Staff will continue to practice social distancing recommendations.

- Vendors and business partners including medical personnel, barber and beauty providers, and others deemed essential for operations will be permitted in the building for the minimum time necessary to complete their work. All vendors/partners will be screened at the door, have their temperature taken, wear protective face masks at all times, and be required to adhere to the same safety and infection control protocols expected of staff.
- Scheduled visits with family members will be accommodated by appointment.
  - **BHC Visits:** All BHC visits must be scheduled through the [Brewster Health Center Sign Up Genius](#) link. We ask that any weekend visits be scheduled on that link by 4:00 pm on the Friday before the visit. Visits will be 50 minutes in length and will occur in the Fink Living Room to prevent outside activity in the neighborhoods.
  - **AL Visits:** Indoor and outdoor visits will be scheduled through the [Brewster Assisted Living Sign Up Genius](#) link. Visits may occur in resident apartments. There will be no more than 2 visitors at a time, per floor, for a total of 6 visitors in the building at a time.
  - Visitors will be screened upon arrival, must bring their own face masks, and will be required to adhere to social distancing and infection control protocols. Visitors will be required to take a direct path from the front door to their visit location and exit the building in the same manner. No contact with other residents or staff will be allowed. Visitors may be escorted by trained staff members as deemed necessary.
- Activities will be limited to 15 individuals at a time with appropriate social distancing and encourage residents to use face masks or face shields. Through time, numbers allowed in activities in this tier may increase.
- Communal dining will be allowed with one person per table with 6' social distancing observed.
- Transportation will be provided for limited non-medical trips relating to health and hygiene, but require the resident and staff member to wear a protective mask at all times and comply with social distancing recommendations

■ **GREEN TIER** – Green indicates it is safe to resume most normal activities.

- Staff will be required to continue screening for COVID-19 exposure and have their temperature taken before reporting to work. All staff will wear protective face masks when working with residents, in public spaces, when working in proximity to one another, when around food or dining areas, and as deemed necessary. Staff will continue to practice social distancing recommendations.
- Family members may visit their loved ones without an appointment. No more than 2 visitors at a time per resident. In BHC semi-private rooms, families will be asked to visit at different times, so there are no more than 2 visitors per room at any given time. Visitors will be screened for COVID-19 risk and exposure and have their temperature taken before being allowed access to the building. Visitors must bring and wear protective face masks. Visitors will be allowed to spend

time in their loved one's room and may only travel between the front door and the room, making no contact with other residents or staff members.

- Residents may attend outside family and group events. Residents will be screened upon return and are asked to wear a mask for the duration of the event and comply with social distancing recommendations
- Activities may be conducted with up to 30 individuals at one time, face masks and social distancing will be encouraged. Outside volunteers will be allowed and must follow the same screening protocols as staff and vendors. Volunteers must wear a cloth face covering at all times when in Brewster Health Center.
- Communal dining will continue with up to two people from the same neighborhood sharing a table and 6' social distancing.
- Transportation will resume for all activities, as available. The use of face masks and avoiding participating in large public group activities is encouraged.

**TIERS PHASED OUT** - To occur at the direction of Shawnee County Health Department

- Operations will resume to pre-COVID status.
- Staff will screen for temperature when reporting for work. Staff demonstrating a temperature of 100 degrees Fahrenheit will not be permitted to work.
- Visitors, volunteers and vendors will screen for temperature before proceeding through the building. Anyone demonstrating a temperature of 100 degrees Fahrenheit or above will not be permitted to enter the building.
- Group meetings will resume with no size restrictions.
- Communal dining will resume with no restrictions. Guest meals will be made available for visiting families.
- Scheduled transportation will be unrestricted.

### **PPE Preservation Plan**

BHC/AL will continually assess supply of PPE and initiate measures to optimize current supply. Brewster will implement contingency strategies for PPE use during shortage periods, including PPE extended use and re-use. <https://www.cdc.gov/coronavirus/2019-ncov/hcp/ppe-strategy/>

In the event BHC/AL experiences a PPE shortage, Shawnee County Emergency Management will be notified to obtain emergency supplies of PPE. See COVID-19 policy.

While the resident and staff population remain asymptomatic all staff and visitors will be required to wear cloth face coverings while in the buildings, in public spaces accessible by residents, and when providing direct care. Residents will be provided with and encouraged to wear cloth face masks when caregivers are present in their rooms and when they are in commons areas within a building.

## **COVID-19 Testing Plan**

BHC/AL will follow the recommendations as set forth by the CDC, CMS, KDHE, KDADS, and County Health Department to the greatest degree allowed with available resources. Brewster will utilize the algorithm for testing from the CDC/ACHA/.

[https://www.ahcancal.org/facility\\_operations/disaster\\_planning/Documents/Algorithm-Testing-Cohorting.pdf](https://www.ahcancal.org/facility_operations/disaster_planning/Documents/Algorithm-Testing-Cohorting.pdf)

BHC/AL has contracted with Stormont Vail Laboratory and Quest Diagnostics Laboratories to provide testing. Both contracted laboratory providers report directly to KDHE. Should Brewster need testing outside the capacity of the contracted laboratory providers, KHEL state laboratory will be utilized in partnership with Shawnee County Health Department and KDHE.

Should a resident decline to be tested, they will be as quarantine in their room for 14 days.

Should an employee decline testing, they will be asked to refrain from work for 14 days. Attendance points will be assessed for missed work. Repeated declines could result in termination from employment.

## **Active Case Co-horting Plan**

Brewster has a dedicated COVID neighborhood with dedicated caregivers, outside entrance and dedicated equipment. This area is located in the west hallway of Brewster Rehab and can be completely isolated from the rest of the Rehab and BHC neighborhoods. Should a resident become ill with COVID-19, they would be transferred and cared for in that neighborhood for the duration of their illness.

## **Reporting**

Brewster will report any active case of COVID-19 (resident or staff) to the following:

- Residents, primary family contacts and staff
- SNCO, KDHE, KDADS and CDC/NHSN