



June 18, 2020

A Message from Joe Ewert, President & CEO:

Thank you all for your support over these past few months. Coronavirus has dominated so much of life these past few months. I know many are anxious to move past this chapter of 2020, to begin using the many campus amenities again, and to visit with family members.

Shawnee County moved to the third phase of its reopening plan Monday, June 8. I have watched the number of cases, new cases, and other metrics as the state and county have gone through the various re-opening stages. The overall number of new cases each week across the state has gone down since the peak of the virus in early May. The rate of new cases in Shawnee County does not appear to be declining, but it does appear to be relatively stable.

It is time to begin our own re-opening of Independent Living at Brewster Place. The following guide is intended to inform your plans for family visits, and other activities over the next few months. Please understand that changes may become necessary to the plan as we observe changes in risk related to the COVID-19 virus, or receive additional guidance or government directive.

Please note: Plans for Brewster Health Center and Assisted Living are pending after a review with health authorities.

Thank you for all your support.

Joe

Communication:

This letter serves to provide a high level understanding of how we will reopen campus gradually, while maintaining proper precautions against the transmission of COVID-19. Additional information and instructions will be provided on an ongoing basis. Communication continues to be available on BPTV 1960. In addition, frequent communication/updates are also available on Brewster's Facebook page and website www.Brewsterliving.org

Standard Guidelines:

Over the last several months, we have learned that COVID-19 is most easily spread when people are closer than six feet apart, and not wearing a face covering. Throughout our re-opening, social distancing of six feet or more, and wearing of face coverings, in most instances, will be required. Additionally, brief health screenings including temperature checks will be performed at The Evergreens and Redwood for all residents choosing to travel into these buildings. All staff will continue to be screened daily. Spaces such as the arts and crafts studios, wellness centers, and other common spaces will operate with reduced capacity. Reservations will be required to use these amenities. Please see the attached letter from Serena Kent, Director of Wellness, about reservation procedures and schedules. Additionally, limits will be provided regarding maximum group size for indoor and outdoor visiting on an ongoing basis.

Timeline:

Current

- **Visitors** may visit outdoors in groups no larger than eight. Advanced reservations are required for all visitors until June 22. All visitors must wear a cloth face covering or mask.

Monday, June 22

- **Brewster residents** may access indoor amenities in all Independent Living buildings, regardless of the building of their residence. Residents must wear a face covering indoors, make prior reservation, sign in and be screened upon entry to the building. These spaces would include the arts and crafts studios, the library, wellness centers, and other meeting spaces. The woodshop in The Evergreens will remain closed due to construction. The Main Street Chapel is available to residents for personal use without reservation.
- **Visitors** may go into residences that are accessible directly from the outside without traveling through any common space. Visitors may go into residences of the Grand Homes, Birchwood, Aspen, North and South Terrace, and ground floor homes in Oak, Maple, and Cedar. Visitors should wear face coverings at all times.
*Visitors are considered anyone not living at Brewster, or staff and essential support services.

Tuesday, June 23

- Topeka & Shawnee County Red Carpet Services resume.

Sunday, June 28

- Vespers services will resume in person in the Main Street Chapel.

Monday, July 6

- Many medical offices have closed their waiting rooms and require residents to wait in the vehicle. This has reduced the total number of rides we can provide on any given day. Transportation requests for medical appointments will be prioritized. Other non-essential transportation will be available as we are able to accommodate beginning July 6. Please contact the **Communications Center at 274-3320** to schedule your transportation needs.

Wednesday, July 8

- The **Hair Salons** in Brewster Health Center and Main Street at Redwood will re-open with new operators. The Salon in The Evergreens will remain closed for construction.

Monday, July 13

- The Redwood Dining Room, The Market, and Brewster Bean will open for service. Free meal delivery will continue.

Saturday, August 1

- **Visitors** may access all residences in Independent Living. All visitors must wear face coverings and adhere to social distancing of six feet while inside Brewster buildings. All visitors must sign in at the time of entering The Evergreens or Redwood and be screened for symptoms of COVID-19.
- **Kaw Valley Bank** will re-open its Main Street location.
- **Guest rooms** will be available for rent.

Monday, August 17

- **Meal Delivery** will be available at \$3.15 per delivery.
- **Personal Shopping** will be available at the cost of 10% of the shopping invoice, or \$3.00, whichever amount is lower.
- Public room reservations remain unavailable until further notice.

June 18, 2020

Dear Brewster Residents,

As we look forward to re-opening Brewster programming, I wanted to take this time to share how things are going to open and operate for the Resident Services and Wellness department. Below you will find details regarding classes, services and programs for arts and crafts, activities, Vespers and exercise.

If you have any questions or concerns about programming or procedure, please feel free to call me. Thank you for your patience as we move to reopen our campus.

Serena Kent, LMSW
Director of Wellness | 785-274-3395

ART STUDIOS

The Redwood Penthouse Art Studio and The Evergreens Art Studio will open on Monday, June 22.

Protocols

- Reservations required by calling Kris Saia, Creative Arts Coordinator, at 274-3317.
- Space will be limited to maintain social distancing. The Redwood Penthouse Art Studio is limited to eight people and The Evergreens Art Studio is limited to three.
- There will be no Open Studio or “drop-ins” at this time.
- Upon entering you will be required to use hand sanitizer. Masks are also required the entire session. Social distancing of six feet is required.

Morning Sessions:

Art Projects or Bazaar Sewing or Quilting

Tuesday	9:30—11:30 am	Redwood
Wednesday	9:30—11:30 am	Redwood
Thursday	9:30—11:30 am	Redwood

Afternoon Sessions:

Art Projects or Bazaar Crafting

Tuesday	1:00—3:00 pm	Evergreens
Thursday	1:00—3:00 pm	Evergreens

ACTIVITIES

Beginning Monday, June 22 there will be small, indoor Independent Living activities. Check the Weekly Bulletin that is delivered to your door for details. For questions please call Jamie Fritz, Activities Coordinator, at 274-3398.

CHAPEL AT MAIN STREET

Beginning Sunday, June 28 in-person Vespers services will begin. Chaplain Roger will be providing two services each Sunday. Chaplain Roger will review the following protocols at the beginning of each service.

Protocols

- Services will be limited to 20 people per service.
- No reservations are required. Please be mindful of limited space and capacity.
- Upon entering Chapel, you will be required to use hand sanitizer, stay six feet apart from others and wear a mask the entire time.
- Communion will be a pre-packaged wafer and juice that you can pick up as you enter the Chapel.
- Hymnals will not be used at this time.
- The Chapel will be sanitized between services.

Sunday Vespers

- 2:30 pm
- 4:00 pm

Protocols

- Indoor activities are limited to four residents.
- Outdoor activities are limited to 20 residents.
- Residents must maintain social distancing of six feet.
- Masks are required.

WELLNESS CENTERS

Beginning Monday, June 22 the Winchell Wellness Center on Main Street and The Evergreens Wellness Center will open for indoor classes. Reservations are required by calling Julie Schmanke, Fitness Specialist, at 274-3313.

Protocols

- Class space is limited to eight residents in the Winchell Wellness Center and six in The Evergreens Wellness Center.
- Upon entering residents must use hand sanitizer.
- Social distancing of six feet is required as well as the use of masks.
- Residents will be escorted one at a time both in and out of the wellness centers to maintain social distancing.
- No loitering in the wellness centers.
- All residents must bring their own weights.
- Weights and other exercise equipment must be wiped down before and after use.

CLASS SCHEDULE

Monday | Wednesday | Friday

Sit 'n Bee Fit	10:15—10:55 am	EV WC
Weight Training/Theraband	11:00—11:40 am	EV WC
Sit 'n Bee Fit	2:00—2:40 pm	WWC

Tuesday | Thursday

Low Impact Aerobics	8:25—9:20 am	WWC
Senior Circuit	9:30—10:00 am	WWC
Balance and Breathing	10:15—10:45 am	WWC
Weight Training/Theraband	10:50—11:20 am	WWC
Low Impact Aerobics	1:15—2:00 pm	EV WC
Balance and Breathing	2:15—2:45 pm	EV WC

Monday | Tuesday | Wednesday | Thursday | Friday

Low Impact Aerobics	8:25—9:20 am	WWC
Senior Circuit	9:30—10:00 am	WWC

WELLNESS CENTER USE

The Winchell Wellness Center and The Evergreens Wellness Center will be open for self-directed use only when staff is present.

Protocols

- Residents must maintain social distancing of six feet.
- Masks must be worn.
- Equipment must be wiped down by resident both before and after use.

WELLNESS CENTER HOURS

Winchell Wellness Center

8:00—10:00 am	Mon-Tues-Wed-Thurs-Fri
8:00—11:30 am	Tues-Thurs
1:00—3:00 pm	Mon-Wed-Fri

The Evergreens Wellness Center Hours

8:00—10:00 am	Tues-Thurs
10:15 am—12:55 pm	Mon-Wed-Fri
1:15—3:00 pm	Tues-Thurs

EXERCISE ON BPTV 1960

Video exercise classes on BPTV 1960 will continue as schedule.