



menus | September 10—14

the Market

on Main Street

HOURS | 274-5087

Monday—Thursday

8:00 am—2:30 pm

Breakfast

8:00 am—10:30 am

Lunch

11:00 am—1:30 pm

Friday

10:00 am—5:00 pm

Lunch

11:00 am—1:30 pm

Supper

4:30 pm—5:00 pm

	Monday 9-10	Tuesday 9-11	Wednesday 9-12	Thursday 9-13	Friday 9-14
BREAKFAST	Breakfast Burritos Cinnamon Rolls	Biscuits and Gravy Bacon Lemon Poppy Seed Muffins	French Toast Bake Bacon Cinnamon Rolls	Pancakes Bacon Apple Strudel Muffins	Lunch Menu Salad Bar Chili Chicken Nuggets Tater Tots Cheese, Turkey, Tomato and Spinach Panini Cinnamon Rolls
LUNCH	Salad Bar Beef Stew Tuna Melt Panini Taco Salad Soft Tacos	Salad Bar Sandwich Bar Cheeseburger Soup Chicken Pot Pie	Salad Bar Sandwich Bar Gumbo Soup Chicken Salad Croissants	Salad Bar Sandwich Bar Mexican Tortilla Soup Spaghetti Garlic Bread	Supper Menu Sweet and Sour Chicken Rice Oriental Vegetables Egg Roll



menus | September 17—21

the Market

on Main Street

HOURS | 274-5087

Monday—Thursday

8:00 am—2:30 pm

Breakfast

8:00 am—10:30 am

Lunch

11:00 am—1:30 pm

Friday

10:00 am—5:00 pm

Lunch

11:00 am—1:30 pm

Supper

4:30 pm—5:00 pm

	Monday 9-17	Tuesday 9-18	Wednesday 9-19	Thursday 9-20	Friday 9-21
BREAKFAST	Breakfast Burritos Cinnamon Rolls	Biscuits and Gravy Bacon Blueberry Muffins	French Toast Bake Bacon Cinnamon Rolls	Pancakes Bacon Banana Nut Muffins	Lunch Menu Salad Bar Brewster Sandwich Lasagna Soup Chicken Strips Tater Tots Cinnamon Rolls
LUNCH	Salad Bar Loaded Baked Potato Soup Tuna Melt Panini Taco Salad Soft Tacos	Salad Bar Sandwich Bar Beefy Tomato Soup Hamburger French Fries	Salad Bar Sandwich Bar Plaza III Steak Soup Chicken Salad Croissants	Salad Bar Sandwich Bar Chicken Noodle Soup Chicken Fried Steak Mashed Potatoes Green Beans	Supper Menu Chicken Alfredo Green Beans Breadstick