



menus | October 9—13

# the Market

on Main Street

**HOURS | 274-5087**

**Monday—Thursday**

8:00 am—2:30 pm

**Breakfast**

8:00 am—10:30 am

**Lunch**

11:00 am—1:30 pm

**Friday**

10:00 am—5:00 pm

**Lunch**

11:00 am—1:30 pm

**Supper**

4:30 pm—5:00 pm

	Monday 10-9	Tuesday 10-10	Wednesday 10-11	Thursday 10-12	Friday 10-13
BREAKFAST	Scrambled Eggs Biscuits and Gravy Potatoes Bacon Sausage Blueberry Muffin	Scrambled Eggs Biscuits and Gravy Potatoes Bacon Sausage Pecan Roll	Scrambled Eggs Biscuits and Gravy Potatoes Bacon Sausage Cinnamon Rolls	Scrambled Eggs Biscuits and Gravy Potatoes Bacon Sausage Banana Bread	<b>*Lunch Menu *</b> Scoops Salad Bar New England Clam Chowder Chicken Salad Croissant Lemon Poppy Seed
LUNCH	Italian Salad Bar Root Vegetables Chowder Crunchy Chicken Cheddar Wrap	Chef Salad Bar Poblano Chicken Chowder BLT with Basil Mayo Sandwich <b>Chicken Wing Bar</b> <b>French Fries</b>	Asian Chicken Salad Bar Smoked Sausage, Tomato and Mushroom Soup BBQ Pulled Pork	"Killer" Salad Bar Chicken, Bacon and Corn Chowder Rueben <b>Open Faced Roast Beef Sandwich</b> <b>Mixed Vegetables</b>	<b>*Supper Menu *</b> <b>Shrimp Scampi</b> <b>Rice Pilaf</b> <b>Green Beans</b> <b>Cheddar Biscuit</b>

week 1

**Fresh made-to-order smoothies available!**



menus | October 16—20

# the Market

on Main Street

**HOURS | 274-5087**

**Monday—Thursday**

8:00 am—2:30 pm

**Breakfast**

8:00 am—10:30 am

**Lunch**

11:00 am—1:30 pm

**Friday**

10:00 am—5:00 pm

**Lunch**

11:00 am—1:30 pm

**Supper**

4:30 pm—5:00 pm

	Monday 10-16	Tuesday 10-17	Wednesday 10-18	Thursday 10-19	Friday 10-20
BREAKFAST	Scrambled Eggs Biscuits and Gravy Potatoes Bacon Sausage Cinnamon Coffee Cake	Scrambled Eggs Biscuits and Gravy Potatoes Bacon Sausage Cranberry Orange Scones	Scrambled Eggs Biscuits and Gravy Potatoes Bacon Sausage Cinnamon Rolls	Scrambled Eggs Biscuits and Gravy Potatoes Bacon Sausage Chocolate Coffee Cake	<b>*Lunch Menu *</b> Cobb Salad Bar Crab Chowder Chili Dogs Chocolate Chocolate Chip Muffin
LUNCH	Taco Salad Bar Loaded Baked Potato Soup The Brewster	Wedge Salad Bar Sweet Potato Chowder Chipotle Turkey Heroes <b>Meatloaf</b> <b>Mashed Potatoes</b> <b>Green Beans</b> <b>Rolls</b>	Beef and Blue Salad Bar Plaza III Steak Soup Roast Beef and Onion Panini	Hawaiian Chicken Salad Bar Chicken Noodle Soup Chicken Caesar BLT Wrap <b>Fried Catfish</b> <b>Steak Fries</b>	<b>*Supper Menu *</b> <b>Fried Chicken</b> <b>Fried Potato</b> <b>Corn</b>

week 2

**Fresh made-to-order smoothies available!**