



menus | July 17—21

the Market

on Main Street

HOURS | 274-5087

Monday—Thursday

8:00 am—2:30 pm

Breakfast

8:00 am—10:30 am

Lunch

11:00 am—1:30 pm

Friday

10:00 am—5:00 pm

Lunch

11:00 am—1:30 pm

Supper

4:30 pm—5:00 pm

	Monday 7-17	Tuesday 7-18	Wednesday 7-19	Thursday 7-20	Friday 7-21
BREAKFAST	Scrambled Eggs Biscuits and Gravy Potatoes Bacon Sausage Blueberry Muffin	Scrambled Eggs Biscuits and Gravy Potatoes Bacon Sausage Pecan Roll	Scrambled Eggs Biscuits and Gravy Potatoes Bacon Sausage Cinnamon Rolls	Scrambled Eggs Biscuits and Gravy Potatoes Bacon Sausage Banana Bread	*Lunch Menu * Scoops Salad Bar New England Clam Chowder Chicken Salad Croissant
LUNCH	Italian Salad Bar Root Vegetables Chowder Crunchy Chicken Cheddar Wrap	Chef Salad Bar Poblano Chicken Chowder BLT with Basil Mayo Sandwich Pizza	Asian Chicken Salad Bar Smoked Sausage, Tomato and Mushroom Soup BBQ Pulled Pork	"Killer" Salad Bar Chicken, Bacon and Corn Chowder Rueben Fried Chicken Mashed Potatoes Corn	*Supper Menu * Chicken Alfredo Broccoli

week 1

Fresh made-to-order smoothies available!



menus | July 24—28

the Market

on Main Street

HOURS | 274-5087

Monday—Thursday

8:00 am—2:30 pm

Breakfast

8:00 am—10:30 am

Lunch

11:00 am—1:30 pm

Friday

10:00 am—5:00 pm

Lunch

11:00 am—1:30 pm

Supper

4:30 pm—5:00 pm

	Monday 7-24	Tuesday 7-25	Wednesday 7-26	Thursday 7-27	Friday 7-28
BREAKFAST	Scrambled Eggs Biscuits and Gravy Potatoes Bacon Sausage Cinnamon Coffee Cake	Scrambled Eggs Biscuits and Gravy Potatoes Bacon Sausage Cranberry Orange Scones	Scrambled Eggs Biscuits and Gravy Potatoes Bacon Sausage Cinnamon Rolls	Scrambled Eggs Biscuits and Gravy Potatoes Bacon Sausage Chocolate Coffee Cake	*Lunch Menu * Cobb Salad Bar Crab Chowder Chili Dogs
LUNCH	Taco Salad Bar Loaded Baked Potato Soup The Brewster	Wedge Salad Bar Sweet Potato Chowder Chipotle Turkey Heroes Pork Tenderloin Sandwich Steak Fries	Beef and Blue Salad Bar Plaza III Steak Soup Roast Beef and Onion Panini	Hawaiian Chicken Salad Bar Chicken Noodle Soup Chicken Caesar BLT Wrap Open Faced Roast Beef Green Beans	*Supper Menu * Shrimp Scampi Baked Potato Salad

week 2

Fresh made-to-order smoothies available!