

Life Enrichment Opportunities | March 18—24, 2019

Weekly Opportunities

Special Events

<p>Monday, March 18</p>  <p>March Madness BREWSTER Bracket Challenge</p> <p>1. Brackets will be distributed today with instructions. 2. Brackets must be turned in by Wednesday at noon!</p>	<p>8:25 am Low Impact Aerobics WWC 9:00 am Coffee Corner EV 9:30 am Senior Circuit Training WWC 10:00 am Coffee Corner CSP 10:00 am Bazaar Workshop RW PH 10:15 am Sit and Bee Fit EV WC 11:00 am Thera-band EV WC 1:00 pm Blood Pressure Clinic WWC 1:30 pm Pitch RWL 2:00 pm Sit and Bee Fit WWC 2:00 pm Pool Time KAC 6:00 pm Canasta RWL</p>	<p>9:30 am Shopping at Walmart Lobbies 10:30 am Caregiver's Support Group Chapel 1:00 pm Veterans History Project Workshop KAC Learn how to interview and record the stories of veterans to be archived with the Library of Congress 5:00 pm Dining for Dollars at Blue Moose Lobbies</p>
<p>Tuesday, March 19</p> <p>Happy Birthday Don Buchanan Verna Markham Warren Schriener</p>	<p>8:25 am Low Impact Aerobics WWC 8:30 am First Baptist Service BPTV 1960 9:00 am Coffee Corner EV 9:30 am Senior Circuit Training WWC 10:00 am Knitting Group RWL 10:00 am Coffee Corner CSP 10:15 am Balance & Breathing WWC 10:45 am Weight Training WWC 11:30 am Tai Chi with Mae WWC 1:00 pm Cribbage RWL 1:00 pm Senior Yoga with Kelly Canceled 1:00 pm ART! Open Studio RW PH 6:00 pm Rummikub EV Hobby Room</p>	<p>9:30 am Red Carpet RWL 11:30 am Five to Thrive Luncheon KAC Speaker is Jenny Lamb, MSW, LCSW—Beating the Winter Woes 1:00 pm Red Carpet EV Library 3:00 pm Bruce Bower Plays the Piano RWL</p>
<p>Wednesday, March 20</p> <p>Happy Birthday Martha Williams</p>  <p>March Madness Brackets due by noon! Turn in to RW or EV Info Centers or BHC Therapy Room.</p>	<p>8:25 am Low Impact Aerobics WWC 9:00 am Coffee Corner EV 9:30 am Senior Circuit Training WWC 10:00 am Coffee Corner CSP 10:00 am Bazaar Workshop RW PH 10:15 am Sit and Bee Fit EV WC 11:00 am Thera-band EV WC 1:00 pm ART! Open Studio RW PH 2:00 pm Sit and Bee Fit WWC</p>	<p>10:00 am New Theatre in KC Lobbies 1:00 pm Mahjong RWL 2:00 pm Gray Matters RW FR 7:00 pm BINGO KAC</p>
<p>Thursday, March 21</p> <p>Happy Birthday Lois Fowler Dorothy Melchior</p>  <p>March Madness Kick-Off Lunch 11:30 am Main Street Pavilion FREE Hotdog, Chips, Drink and Cookie</p>	<p>8:25 am Low Impact Aerobics WWC 8:30 am 1st Cong. Service BPTV 1960 9:00 am Coffee Corner EV 9:30 am Senior Circuit Training WWC 10:00 am MAKERS Open Studio EV AS 10:00 am Coffee Corner CSP 10:15 am Balance & Breathing WWC 10:45 am Weight Training WWC 1:00 pm Chair Yoga with Kelly Canceled 1:00 pm Trash & Treasure Crew KAC 2:00 pm Pool Time KAC 5:30 pm Rummikub RWL</p>	<p>11:30 am March Madness Kick-Off Hotdog Lunch MSP Free hotdog, chips, drink and a cookie! 2:00 pm At the Movies on BPTV 1960 "Final Portrait" (2018 drama)</p>
<p>Friday, March 22</p>	<p>9:00 am Shopping at Dillon's Lobbies 9:00 am Coffee Corner EV 9:30 am Senior Circuit Training WWC 10:00 am Coffee Corner CSP 10:00 am Bazaar Workshop RW PH 10:15 am Sit and Bee Fit EV WC 11:00 am Thera-band EV WC 2:00 pm Sit and Bee Fit WWC 2:30 pm Pinochle RWL 5:30 pm Canasta RWL</p>	<p>1:00 pm Incredible Kids Card Making RWL Join Kris and Katy to make cards for the incredible kids in your life. We hope Quincy and Meadows buddies will come and make cards for their kids too! 4:00 pm Social MSP</p>
<p>Saturday, March 23</p> <p>Happy Birthday Sally Henson</p>	<p>10:00 am Coffee Corner EV 10:00 am Coffee Corner CSP 11:00 am Senior Yoga EV WC 1:00 pm Blood Pressure Clinic EV Parlor 1:00 pm Mexican Train Dominos RWL 4:00 pm Social Gathering EV Parlor</p>	
<p>Sunday, March 24</p> <p>Happy Birthday Marilyn Nellis</p>	<p>1:00 pm Mexican Train Dominoes RWL 2:30 pm Vespers BHC FLR 4:00 pm Vespers Chapel</p>	