


Life Enrichment Opportunities | January 14—20, 2019

Weekly Opportunities

Special Events

<p>Monday, January 14 Happy Birthday Mary Lou Kiene</p> 	<p>8:25 am Low Impact Aerobics WWC 9:00 am Coffee Corner EV 9:30 am Senior Circuit Training WWC 10:00 am Coffee Corner CSP 10:00 am Bazaar Workshop RW PH 10:15 am Sit and Bee Fit EV WC 11:00 am Thera-band EV WC 1:00 pm Blood Pressure Clinic WWC 1:30 pm Pitch RWL 2:00 pm Sit and Bee Fit WWC 2:00 pm Pool Time KAC 6:00 pm Canasta RWL</p>	<p>9:30 am Shopping at Aldi's Lobbies 1:00 pm Make It Monday RWL Join Kris and Jamie to make something creative! It's always an easy, fun project that requires no artistic skill.</p>
<p>Tuesday, January 15 Happy Birthday Phil Farmer</p>	<p>8:25 am Low Impact Aerobics WWCWC 8:30 am First Baptist Service BPTV 1960 9:00 am Coffee Corner EV 9:30 am Senior Circuit Training WWC 10:00 am Knitting Group RWL 10:00 am Coffee Corner CSP 10:15 am Balance & Breathing WWC 10:45 am Weight Training WWC 11:30 am Tai Chi with Mae Canceled 1:00 pm Cribbage RWL 1:00 pm Senior Yoga with Kelly WWC 1:30 pm PAINT! Open Studio RW PH 6:00 pm Rummikub EV Hobby Room</p>	<p>11:30 am Five to Thrive Luncheon KAC Speaker is Brian Florea, CPA Updates on changes in tax law.</p> <div style="border: 1px solid black; padding: 5px; margin: 10px 0;"> <p>Listening Session with Exec Team 9:30—11:00 am EV CR 1:30—3:00 pm Chapel We'd like to limit each session to eight people. Please call Jenny Boggs at 274-5050 to reserve your spot.</p> </div> <div style="border: 1px solid black; padding: 5px; margin: 10px 0;"> <p>Home Nail Care Call Maxine Thuston at 274-3374.</p> </div>
<p>Wednesday, January 16 Happy Birthday Maggie Killinger</p> <p>Happy Anniversary Bob and Doris Payne</p>	<p>8:25 am Low Impact Aerobics WWC 9:00 am Coffee Corner EV 9:30 am Senior Circuit Training WWC 10:00 am Coffee Corner CSP 10:00 am Bazaar Workshop RW PH 10:15 am Sit and Bee Fit EV WC 11:00 am Thera-band EV WC 1:30 pm PAINT! Open Studio RW PH 2:00 pm Sit and Bee Fit WWC</p>	<p>1:00 pm Mahjong RWL 1:00 pm Movie Series: The Marvelous Mrs. Maisel Chapel 7:00 pm BINGO KAC</p> <div style="border: 1px solid black; padding: 5px; margin: 10px 0;"> <p>Listening Session with Exec Team 9:30—11:00 am RW FR 1:30—3:00 pm RW FR We'd like to limit each session to eight people. Please call Jenny Boggs at 274-5050 to reserve your spot.</p> </div>
<p>Thursday, January 17 Happy Birthday Connie Buergin Carlee Wilson</p>	<p>8:25 am Low Impact Aerobics Canceled 8:30 am 1st Cong. Service BPTV 1960 9:00 am Coffee Corner EV 9:30 am Senior Circuit Training Canceled 10:00 am Bazaar Craft Workshop EV 10:00 am Coffee Corner CSP 10:15 am Balance & Breathing Canceled 10:45 am Weight Training Canceled 1:00 pm Chair Yoga with Kelly WWC 1:30 pm Wood Carving RW PH 2:00 pm Pool Time KAC 5:30 pm Rummikub RWL</p>	<p>2:00 pm At the Movies on BPTV 1960 "Operation Finale" (2018 drama)</p>
<p>Friday, January 18</p>	<p>9:00 am Shopping at Dillon's Lobbies 9:00 am Coffee Corner EV 9:30 am Senior Circuit Training Canceled 10:00 am Coffee Corner CSP 10:00 am Bazaar Workshop RW PH 10:15 am Sit and Bee Fit Canceled 11:00 am Thera-band Canceled 2:00 pm Sit and Bee Fit Canceled 2:30 pm Pinochle RWL 5:30 pm Canasta RWL</p>	<p>1:30 pm Woodworking Session with Mike Keil from Kaw Valley Woodworkers RW PH 2:00 pm Abraham Lincoln Program RWL 4:00 pm Social MSP</p>
<p>Saturday, January 19</p>	<p>10:00 am Coffee Corner EV 10:00 am Coffee Corner CSP 11:00 am Senior Yoga EV WC 1:00 pm Blood Pressure Clinic EV Parlor 1:00 pm Mexican Train Dominos RWL 4:00 pm Social Gathering EV Parlor</p>	<p>6:30 pm Topeka Symphony Orchestra Lobbies</p>
<p>Sunday, January 20</p>	<p>1:00 pm Mexican Train Dominoes RWL 2:30 pm Vespers BHC FLR 4:00 pm Vespers Chapel</p>	<p>Happy Birthday Theresa Cain, Ernie Douglas, Charlotte Marriott, George Marschall and Janet Paduh</p>