



Life Enrichment Opportunities | Nov 26—Dec 2, 2018

Weekly Opportunities

Special Events

<p>Monday, November 26</p> <p>Happy Birthday Virginia Tevis</p>  <p>During the shorter days of fall/winter, it's especially important to enjoy some sunshine or soothing indoor light to lift our spirits. Being with friends also helps!</p>	<p>8:25 am Low Impact Aerobics WWC 9:00 am Coffee Corner EV 9:30 am Senior Circuit Training WWC 10:00 am Coffee Corner CSP 10:00 am Bazaar Workshop RW PH 10:15 am Sit and Bee Fit EV WC 11:00 am Thera-band EV WC 1:00 pm Blood Pressure Clinic WWC 1:30 pm Pitch RWL 2:00 pm Sit and Bee Fit WWC 2:00 pm Pool Time KAC 6:00 pm Canasta RWL</p>	<p>9:30 am Shopping at Walmart Lobbies 11:00 am Meadows Elementary Lunch Buddies Lobbies 1:00 pm Writing Group RW FR 3:00 pm Bible Study Chapel <i>Because of Bethlehem</i> facilitated by Chaplain Roger</p>
<p>Tuesday, November 27</p> <p>Kansas Humanities Book Talk Participants: Please bring all of your books to today's book talk. Jamie needs to return them. Thank you!</p>	<p>8:25 am Low Impact Aerobics WWC 8:30 am First Baptist Service BPTV 1960 9:00 am Coffee Corner EV 9:30 am Senior Circuit Training WWC 10:00 am Knitting Club RWL 10:00 am Coffee Corner CSP 10:15 am Balance & Breathing WWC 10:45 am Weight Training WWC 11:30 am Tai Chi with Mae WWC 1:00 pm Cribbage RWL 1:00 pm Senior Yoga with Kelly WWC 1:30 pm PAINT! Open Studio RW PH 6:00 pm Rummikub EV Hobby Room</p>	<p>9:30 am Red Carpet RWL 11:00 am Episcopal Service Chapel 1:00 pm Red Carpet EV Parlor 2:00 pm Kansas Humanities Book Talk EV CR 6:00 pm Cornerstone Choir Fall Concert Lobbies 7:00 pm Bridge RWL</p> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>Home Nail Care Call Maxine Thuston at 274-3374.</p> </div>
<p>Wednesday, November 28</p> <p>Happy Birthday Barbara Wydman</p>	<p>8:25 am Low Impact Aerobics WWC 9:00 am Coffee Corner EV 9:30 am Senior Circuit Training WWC 10:00 am Coffee Corner CSP 10:00 am Bazaar Workshop RW PH 10:15 am Sit and Bee Fit EV WC 11:00 am Thera-band EV WC 1:30 pm PAINT! Open Studio RW PH 2:00 pm Sit and Bee Fit WWC</p>	<p>10:00 am Gray Matters RW FR 2:00 pm Kansas City Lights Tour and Dinner Lobbies 7:00 pm BINGO KAC</p>
<p>Thursday, November 29</p> 	<p>8:25 am Low Impact Aerobics WWC 8:30 am 1st Cong. Service BPTV 1960 9:00 am Coffee Corner EV 9:30 am Senior Circuit Training WWC 10:00 am Bazaar Craft Workshop EV 10:00 am Coffee Corner CSP 10:15 am Balance & Breathing WWC 10:45 am Weight Training WWC 1:00 pm Chair Yoga with Kelly WWC 1:30 pm Wood Carving RW PH 2:00 pm Pool Time KAC 5:30 pm Rummikub RWL</p>	<p>1:00 pm Festival of Trees Lobbies 2:00 pm At the Movies on BPTV 1960 <i>The Children Act</i> (2018 courtroom drama) 6:00 pm Topeka Civic Theatre Lobbies</p>
<p>Friday, November 30</p> <p>Happy Birthday Lila Rice</p>	<p>9:00 am Shopping at Dillon's Lobbies 9:00 am Coffee Corner EV 9:30 am Senior Circuit Training WWC 10:00 am Coffee Corner CSP 10:00 am Bazaar Workshop RW PH 10:15 am Sit and Bee Fit EV WC 11:00 am Thera-band EV WC 2:00 pm Sit and Bee Fit WWC 2:30 pm Pinochle RWL 6:00 pm Canasta RWL</p>	<p>1:00 pm Hymn Sing with JoLana Pinon RWL 4:00 pm Social MSP 6:30 pm On Stage Live Lobbies</p>
<p>Saturday, December 1</p>	<p>10:00 am Coffee Corner EV 10:00 am Coffee Corner CSP 11:00 am Senior Yoga EV WC 1:00 pm Blood Pressure Clinic EV Parlor 1:00 pm Mexican Train Dominos RWL 4:00 pm Gazebo Gathering EV Gazebo</p>	
<p>Sunday, December 2</p> <p>Happy Birthday Norma Douglas</p>	<p>1:00 pm Mexican Train Dominoes RWL 2:30 pm Vespers BHC FLR 4:00 pm Vespers Chapel</p>	<p>6:30 pm Shawnee Choral Society Winter Concert: Glad Tidings Lobbies</p>