


Life Enrichment Opportunities | November 12—18, 2018

Weekly Opportunities

Special Events

	Weekly Opportunities	Special Events
<p>Monday, November 12</p> 	<p>8:25 am Low Impact Aerobics WWC 9:00 am Coffee Corner EV 9:30 am Senior Circuit Training WWC 10:00 am Coffee Corner CSP 10:00 am Bazaar Workshop RW PH 10:15 am Sit and Bee Fit EV WC 11:00 am Thera-band EV WC 1:00 pm Blood Pressure Clinic WWC 1:30 pm Pitch RWL 2:00 pm Sit and Bee Fit WWC 2:00 pm Pool Time KAC 6:00 pm Canasta RWL</p>	<p>9:30 am Shopping at Walmart Lobbies 2:00 pm Veterans Wall of Honor Reception Dorothy Trueblood Resident Art Gallery (lower level of Redwood)</p>
<p>Tuesday, November 13</p>	<p>8:25 am Low Impact Aerobics WWC 8:30 am First Baptist Service BPTV 1960 9:00 am Coffee Corner EV 9:30 am Senior Circuit Training WWC 10:00 am Knitting Club RWL 10:00 am Coffee Corner CSP 10:15 am Balance & Breathing WWC 10:45 am Weight Training WWC 11:30 am Tai Chi with Mae WWC 1:00 pm Cribbage RWL 1:00 pm Senior Yoga with Kelly WWC 1:30 pm PAINT! Open Studio RW PH 6:00 pm Rummikub EV Hobby Room</p>	<p>9:30 am Red Carpet RWL 1:00 pm Red Carpet EV Parlor 2:30 pm Let's Celebrate Birthdays and Anniversaries KAC 7:00 pm Bridge RWL</p> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>Home Nail Care Call Maxine Thuston at 274-3374.</p> </div>
<p>Wednesday, November 14</p> <p>Happy Birthday Marilyn Stanton</p> <p>Happy Anniversary Lew and Mary Mills</p>	<p>8:25 am Low Impact Aerobics WWC 9:00 am Coffee Corner EV 9:30 am Senior Circuit Training WWC 10:00 am Coffee Corner CSP 10:00 am Bazaar Workshop RW PH 10:15 am Sit and Bee Fit EV WC 11:00 am Thera-band EV WC 1:30 pm PAINT! Open Studio RW PH 2:00 pm Sit and Bee Fit WWC</p>	<p>10:00 am Gray Matters RW FR 3:00 pm Piano and Trumpet Program RWL (Ed Farris and Rick Williams) 7:00 pm BINGO KAC</p>
<p>Thursday, November 15</p>	<p>8:25 am Low Impact Aerobics WWC 8:30 am 1st Cong. Service BPTV 1960 9:00 am Coffee Corner EV 9:30 am Senior Circuit Training WWC 10:00 am Bazaar Craft Workshop EV 10:00 am Coffee Corner CSP 10:15 am Balance & Breathing WWC 10:45 am Weight Training WWC 1:00 pm Chair Yoga with Kelly WWC 1:30 pm Wood Carving RW PH 2:00 pm Pool Time KAC 5:30 pm Rummikub RWL</p>	<p>9:45 am Ladies Day Out in KC Lobbies 2:00 pm At the Movies on BPTV 1960 "The Great Gilly Hopkins" (2016 drama)</p>
<p>Friday, November 16</p> <p>Happy Birthday Shirley Albright Betty Casper Diana Siegal</p>	<p>9:00 am Shopping at Dillon's Lobbies 9:00 am Coffee Corner EV 9:30 am Senior Circuit Training WWC 10:00 am Coffee Corner CSP 10:00 am Bazaar Workshop RW PH 10:15 am Sit and Bee Fit EV WC 11:00 am Thera-band EV WC 2:00 pm Sit and Bee Fit WWC 2:30 pm Pinochle RWL 6:00 pm Canasta RWL</p>	<p>4:00 pm Social MSP</p>
<p>Saturday, November 17</p> <p>Happy Birthday Maurice Trower</p>	<p>10:00 am Coffee Corner EV 10:00 am Coffee Corner CSP 11:00 am Senior Yoga EV WC 1:00 pm Blood Pressure Clinic EV Parlor 1:00 pm Mexican Train Dominos RWL 4:00 pm Gazebo Gathering EV Gazebo</p>	<p>9:30 am CASA Holiday Homes Tour Lobbies</p>
<p>Sunday, November 18</p> <p>Happy Birthday Joyce Davis</p>	<p>1:00 pm Mexican Train Dominoes RWL 2:30 pm Vespers BHC FLR 4:00 pm Vespers Chapel</p>	<p>2:00 pm Jackson County Flutes RWL</p>