


Life Enrichment Opportunities | April 16—22, 2018

Weekly Opportunities

Special Events

<p><u>Monday, April 16</u></p> 	<p>8:25 am Low Impact Aerobics WWC 9:00 am Coffee Corner EV 9:30 am Senior Circuit Training WWC 10:00 am Coffee Corner CSP 10:00 am Bazaar Workshop RW PH 10:15 am Sit and Bee Fit EV WC 11:00 am Thera-band EV WC 1:00 pm Blood Pressure Clinic WWC 1:30 pm Pitch RWL 2:00 pm Sit and Bee Fit WWC 2:00 pm Pool Time KAC 6:00 pm Canasta RWL</p>	<p>9:30 am Shopping at Walmart Lobbies 10:30 am Caregiver's Support Group Chapel 3:00 pm Grace Morrison Sings RWL Brought to us by On Stage Live! 3:00 pm Beginning Chess MSP</p>
<p><u>Tuesday, April 17</u></p>	<p>8:25 am Low Impact Aerobics WWC 8:30 am First Baptist Service BPTV 1960 9:00 am Coffee Corner EV 9:30 am Senior Circuit Training WWC 10:00 am Bazaar Craft Workshop EV 10:00 am Knitting Club RWL 10:00 am Coffee Corner CSP 10:15 am Balance & Breathing WWC 10:45 am Weight Training WWC 11:30 am Tai Chi with Mae WWC 1:00 pm Cribbage RWL 1:00 pm Senior Yoga with Kelly WWC 1:30 pm PAINT! Open Studio RW PH 6:00 pm Rummikub EV Hobby Room</p>	<p>9:30 am Red Carpet RWL 10:00 am Muffins & Masterpieces EV Art Studio 11:30 am Healthwise 55 Luncheon KAC 1:00 pm Red Carpet EV Parlor</p> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>Home Nail Care Call Maxine Thuston at 274-3374.</p> </div>
<p><u>Wednesday, April 18</u></p> <p style="text-align: center;">Happy Birthday Elizabeth Stubbings</p>	<p>8:25 am Low Impact Aerobics WWC 9:00 am Coffee Corner EV 9:30 am Senior Circuit Training WWC 10:00 am Coffee Corner CSP 10:00 am Bazaar Workshop RW PH 10:15 am Sit and Bee Fit EV WC 11:00 am Thera-band EV WC 1:30 pm PAINT! Open Studio RW PH 2:00 pm Sit and Bee Fit WWC</p>	<p>10:00 am Coffee with David EV CR 1:00 pm Mahjong RWL 2:00 pm Osher: Abraham Lincoln Revealed Chapel 6:30 pm Celebrate My Life Learning Session Chapel</p>
<p><u>Thursday, April 19</u></p>	<p>8:25 am Low Impact Aerobics WWC 8:30 am 1st Cong. Service BPTV 1960 9:00 am Coffee Corner EV 9:30 am Senior Circuit Training WWC 10:00 am Men's Forum EV CR 10:00 am Bazaar Craft Workshop EV 10:00 am Coffee Corner CSP 10:15 am Balance & Breathing WWC 10:45 am Weight Training WWC 1:00 pm Chair Yoga with Kelly WWC 1:30 pm Wood Carving RW PH 2:00 pm Pool Time KAC 5:30 pm Rummikub RWL</p>	<p>8:30 am Tour Eisenhower Center in Abilene Lobbies 2:00 pm At the Movies on BPTV 1960 "Stronger" (2017 drama based on real life)</p> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>Home Nail Care Call Maxine Thuston at 274-3374.</p> </div>
<p><u>Friday, April 20</u></p>	<p>9:00 am Shopping at Dillon's Lobbies 9:00 am Coffee Corner EV 9:30 am Senior Circuit Training WWC 10:00 am Coffee Corner CSP 10:00 am Bazaar Workshop RW PH 10:15 am Sit and Bee Fit EV WC 11:00 am Thera-band EV WC 2:00 pm Sit and Bee Fit WWC 6:00 pm Canasta RWL</p>	<p>1:00 pm Team Trivia: Entertainment KAC 4:00 pm Social MSP</p>
<p><u>Saturday, April 21</u></p>	<p>10:00 am Coffee Corner EV 10:00 am Coffee Corner CSP 11:00 am Senior Yoga EV WC 1:00 pm Blood Pressure Clinic EV Parlor 1:00 pm Mexican Train Dominos RWL</p>	
<p><u>Sunday, April 22</u></p>	<p>1:00 pm Mexican Train Dominoes RWL 2:30 pm Vespers BHC FLR 4:00 pm Vespers Chapel</p>	<p>2:15 pm "Music...Just What the Doctor Ordered!" Lobbies Call Jamie at 274-3398.</p>