




Life Enrichment Opportunities | October 9—15, 2017

Weekly Opportunities

Special Events

<p>Monday, October 9</p> <p>Happy Birthday Randy Ellis Dale Fooshee Margaret Fowler</p>	<p>8:25 am Low Impact Aerobics WWC 9:00 am Coffee Corner EV 9:30 am Senior Circuit Training WWC 10:00 am Coffee Corner CSP 10:00 am Workshop & Quilting PH 10:15 am Sit and Bee Fit EV WC 11:00 am Thera-band EV WC 1:00 pm Blood Pressure Clinic WWC 1:30 pm Beginning Craft Painting EV 1:45 pm Sit and Bee Fit WWC 1:30 pm Pitch RWL 2:00 pm Pool Time KAC 6:00 pm Canasta RWL</p>	<p>9:30 am Shopping at Walmart Lobbies 1:00 pm KU Audio Reader Presentation RW FR 3:00 pm Paul Kindling Piano Concert RWL</p>  <p>Tune to BPTV 1961 KU Audio-Reader is available 24/7. Program guides are available at the Redwood Info Center.</p> 
<p>Tuesday, October 10</p> <p>Happy Birthday Pat Greenwood</p>	<p>8:25 am Low Impact Aerobics WWC 8:30 am First Baptist Service BPTV 1960 9:00 am Coffee Corner EV 9:30 am Beginning Oil Painting EV 9:30 am Senior Circuit Training WWC 10:00 am Knitting Club RWL 10:00 am Coffee Corner CSP 10:15 am Balance & Breathing Canceled 10:45 am Weight Training Canceled 11:30 am Tai Chi with Mae WWC 12:30 pm Cribbage RWL 1:00 pm Senior Yoga with Kelly WWC 1:30 pm Oil Painting Class PH</p>	<p>2:30 pm Birthday Party KAC 7:00 pm Bridge RWL</p> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>Home Nail Care - AL Call Maxine Thuston at 274-3374.</p> </div>
<p>Wednesday, October 11</p> <p>Happy Birthday Max DaMetz Albert Henry Mary Stryker</p>	<p>8:25 am Low Impact Aerobics Canceled 9:00 am Coffee Corner EV 9:30 am Senior Circuit Training Canceled 10:00 am Coffee Corner CSP 10:00 am Workshop & Quilting PH 10:15 am Sit and Bee Fit Canceled 11:00 am Thera-band Canceled 1:30 pm Beginning Watercolor EV 2:45 pm Sit and Bee Fit Canceled</p>	<p>10:00 am Coffee with David CSP 10:00 am New Theatre in KC Lobbies 2:00 pm KU Osher Lifelong Learning Institute: Kelley Hunt Presents Joyful Singing for Everyone Chapel 7:00 pm BINGO KAC</p>
<p>Thursday, October 12</p> <p>Happy Birthday Adele Wallace</p>	<p>8:25 am Low Impact Aerobics Canceled 8:30 am 1st Cong. Service BPTV 1960 9:00 am Coffee Corner EV 9:30 am Senior Circuit Training Canceled 10:00 am Men's Forum EV CR 10:00 am Craft Painting EV 10:00 am Coffee Corner CSP 10:15 am Balance & Breathing Canceled 10:45 am Weight Training Canceled 1:00 pm Chair Yoga with Kelly WWC 1:30 pm Wood Carving PH 2:00 pm Pool Time KAC 5:30 pm Rummikub RWL</p>	<p>8:00 am Day Trip to Lindsborg, KS Lobbies 2:00 pm At the Movies BPTV 1960 "People Like Us" (2012 family drama) 2:30 pm Ulysses Study EV CR 3:30 pm Ethan Sun Piano Concert RWL</p>
<p>Friday, October 13</p> <p>Happy Birthday Paul Hammond Charlie Paxton</p>	<p>9:00 am Shopping at Dillon's Lobbies 9:00 am Coffee Corner EV 9:30 am Senior Circuit Training Canceled 10:00 am Coffee Corner CSP 10:00 am Workshop & Quilting PH 10:15 am Sit and Bee Fit Canceled 11:00 am Thera-band Canceled 2:45 pm Sit and Bee Fit Canceled 6:00 pm Canasta RWL</p>	<p>9:00 am Furniture Sale KAC 2:00 pm Wellness Skin Clinic WWC Call Maxine at 274-3374 for an appointment. 4:00 pm Social MSP</p> <div style="display: flex; align-items: center;">  <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>Furniture SALE! 9:00 am—3:00 pm KAC</p> </div> </div>
<p>Saturday, October 14</p>	<p>10:00 am Coffee Corner EV 10:00 am Coffee Corner CSP 11:00 am Senior Yoga EV WC 1:00 pm Blood Pressure Clinic EV Parlor 1:00 pm Mexican Train Dominos RWL</p>	<p>10:00 am Alzheimer's Support Group BHC 6:00 pm Saturday Sing-a-long with Marty Edwards RWL</p>
<p>Sunday, October 15</p>	<p>2:30 pm Vespers BHC FLR 4:00 pm Vespers Chapel</p>	